
Spring Lake Park Girls Tennis 2022

Location: Spring Lake Park High School, Stadium Suite Room B205

Date: Monday, August 1st, 2022

Time: 6:00PM

Parent/Guardian Meeting

I. Welcome

- a. Coach Dave Kuether - background as athlete/coach/parent



- b. Coach Toren Johnson/Coach Blair Hanson/Coach Ali Bolland

II. Coaching Philosophy

- a. Three Crowns: **Positive Attitude – Full Effort – Good Sportsmanship**
- b. Lead with positivity – complement people doing good deeds and acknowledge them! – this becomes contagious reinforcing to others what this program strives for: **Creating a positive culture for the team as a whole**

III. Goals and Hopes for the Season

- a. Coaches goals
 - Good communication – transparency – honesty – being respectful on and off the court*
- b. Parents goals and roles
 - Emotional Support “*how did practice go today? How was your match?*”
 - Booster Club? There is none, just the coaches and **YOU!**

IV. Logistics

- a. Practices 9-11AM before the school year begins, then 3:15-5:15 once school starts
- b. Communication – “GroupMe” App from the app store
- c. Lettering – 60% of Varsity Matches – coaches’ discretion as well
- d. Schedule – 16 matches scheduled – subject to change due to weather!
- e. **MUST REGISTER BEFORE YOU CAN PRACTICE! Practice starts August 15th, 9-11AM**
- f. Uniforms/Wearables – Team Store: **COMING SOON!!!**
- g. Proper shoes/clothing/sunscreen – websites midwestsports.com tennisexpress.com tenniswarehouse.com for equipment
- h. New Racquet? “Tennis on Selby” owners name is Deb– mention I directed you there and you’ll receive 10% off bags/shoes/apparel. Racquets? HEAD Instinct MP or HEAD Extreme MP are 2 options. Grip size 4 ¼ - website: tennisonselby.com (*you can demo racquets – no charge*)

V. COVID PROTOCOLS – we will follow the district guidelines – expect changes

VI. Questions

***“Helping one person may not change the world,
but it could change the world for that one person”
-Anonymous***