

**GOLD STANDARD
ATHLETICS**



**PERSONAL
TRAINER &
OLYMPIC GOLD
MEDALIST
KELLY WILLIE**

GOLD STANDARD FITNESS PROGRAM

**CALORIE BURNER
WEIGHT TRAINING
WEIGHT LOSS**

**CARDIOVASCULAR TRAINING
MUSCULAR DEVELOPMENT
TONING**

ATHLETIC FITNESS TRAINING

SCHEDULE TODAY!!

**FLEXIBLE LOCATIONS
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FREE ASSESSMENT**

ONLINE PROGRAMS AVAILABLE!!!

**EMAIL: KELLY.WILLIE@OLYMPIAN.ORG
PHONE: 713-398-7346**



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