



2022 FALL SPORTS TRYOUT INFORMATION

CROSS COUNTRY

August 8 & 9, 2022 6:30 p.m.

Location: Meet at SJA Outdoor Theater or
Shanahan Commons, if raining

August 10-15, 2022 - check website for times

Location: check website for locations

Coach: Scott House, shouse@sja1840.org

DANCE TEAM

June 6-7, 2022 9:00-12:00 p.m.

Location: SJA Dance Studio

Coach: Amy Stumpf, astumpf@sja1840.org

FIELD HOCKEY

August 8-9, 2022 7:00-9:30 a.m. (Everyone)

August 10, 2022

7:00-9:00 a.m. (Sophomores, Juniors, Seniors)

4:00-5:30 p.m. (Freshmen)

August 11-12, 2022 3:30-5:30 p.m. (Everyone)

Location: SJA Fields

Coach: Claire Aubel, caubel@sja1840.org

VOLLEYBALL

August 8, 2022

12:00-2:00 p.m. (Returning players)

3:00-5:00 p.m. (Returning Freshmen and incoming
Freshmen)

August 9-10, 2022

12:00-2:00 p.m. (Returning Varsity and JV players)

5:30-7:00 p.m. (Returning Freshmen and incoming
Freshmen)

August 11-12, 2022

3:30-5:30 p.m. (Everyone)

Location: SJA Gym

Coach: Jacqui Zancanata, jzancanata@sja1840.org

ATTENDANCE AT ALL PRACTICES IS MANDATORY TO MAKE THE TEAM.

You must have your MSHSAA physical form completed by a doctor and annual history form completed and uploaded to your School Admin account before you will be allowed to tryout. Deadline for uploading forms is July 20. Physical forms are available online at www.sja1840.org. Click on "Athletics." For any questions, please contact Maureen McVey, Athletic Director, at (314) 394-4134. Please do not mail forms to the school.

GOLF

August 8-9, 2022

3:00-4:00 p.m. (Freshmen and new golfers)

4:00-5:00 p.m. (All returning golfers)

Location: St. Joe Fields

August 10-12, 2022

3:30-6:00 p.m.

Location: All golfers play 9 holes at Ballwin Golf Course.

All new golfers, contact Coach Fromuth

Coach: Carol Fromuth, cfromuth@sja1840.org

SOFTBALL

August 8-12, 2022, 3:30-5:30 p.m.

Coach: Marvin Medcalf, mmedcalf@sja1840.org

TENNIS

August 8-9, 2022

1:00-3:00 p.m. (Freshmen and new players)

3:30-5:30 p.m. (All returning Varsity and JV players)

August 10, 2022

3:00-5:00 p.m. (Freshmen and new players)

5:30-7:30 p.m. (All returning Varsity and JV players)

August 11, 2022

1:00-3:00 p.m.

(All players who made team, except Freshmen)

August 12, 2022

1:00-3:00 p.m.

(All players who made team, except Sophomores)

August 13-14, 2022

All who make the team will play matches to establish positions. Keep both days wide open.

Location: SJA Tennis Courts

Coach: Doug Smith, dsmith@sja1840.org