



Should school start later in the morning so teens can get more sleep?

Your alarm goes off. The room is still dark. You squint at the alarm clock. It's not even 6 a.m.! Still, you have to get up for school.

You brush your teeth and stumble into your clothes. You know that by 10 a.m. you will be struggling to stay awake in class.

"No one should have to get up this early for school," you say to yourself.

Some adults agree. Studies show that teens need about nine hours of sleep per night. Some adults would like to see middle schools and high schools open later in the morning so teens can get the extra sleep they need.

Other people oppose the change in school starting times. Changing the start times would disrupt other parts of students' lives, some parents and school officials say. They say a time change would do more harm than good.

What do you think? Should school start later in the morning than it does now? Read the debate. Then decide for yourself.

Yes! School Should Start Later

School should begin later in the day. It would be best for students and their families. Schools that have changed their opening times have had good results. "Test scores and grades are rising," said an official at a school that made its start time later.

Parents would not have to bug their teens to wake up early. Students would get home from school the same time of the day as many of their parents get home from work.

Students would need less "catch-up" sleep on weekends. That would give them more time and energy to do things on weekends.

Many students and adults think that opening school later is a good idea. It's time to listen to them.

No! School Should Not Start Later

Opening school later is not a good idea. Schools that start later would have to stay open later. That would mean that students would have to give up other important things.

Plenty of students get good grades when their schools open early. Students who are too tired should just go to bed earlier at night.

Also, many parents need their teens to get home early. Many teens work or have to watch younger siblings in the afternoon.

Late start times affect many after-school sports and club schedules. Some outside activities may have to be cut short because of a lack of daylight hours.

It's a busy world. People get tired. Big deal. School hours should stay the same.

ReadWorks[®]

Name:	Date:

- 1. What is one solution proposed in the passage to the problem that teens often do not get enough sleep?
 - A. One solution proposed in the passage is for teens to go to bed earlier at night.
 - B. One solution proposed in the passage is for schools to start later.
 - C. One solution proposed in the passage is for sports and activities to run later.
 - D. One solution proposed in the passage is for parents to wake up their teens later.
- 2. What is one argument against school starting later that is presented in the text?
 - A. One argument against school starting later is that sports and activities might be cut short if school starts later.
 - B. One argument against school starting later is that teenagers do not need as much sleep as people think.
 - C. One argument against school starting later is that test scores and grades would be lower if school started later.
 - D. One argument against school starting later is that students would have more time and energy on the weekends.
- 3. What might be a good solution to the problem mentioned in the text that sports schedules might be shortened because of a lack of daylight hours if schools start later?
 - A. One good solution would be to cancel the sports activities.
 - B. One good solution would be to install lights on sports fields so practice could run later.
 - C. One good solution would be for teens to get more sleep so they have energy to play sports.
 - D. One good solution would be for parents to wake their teens up earlier and have sports practice in the morning.
- 4. Read the following sentence: "You brush your teeth and stumble into your clothes."

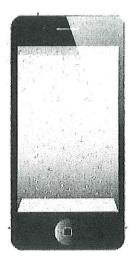
In this sentence the word stumble means

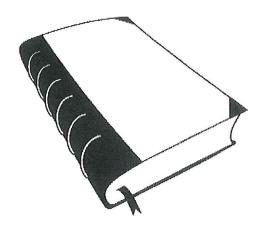
- A. wake up fully
- B. move smoothly
- C. move awkwardly
- D. run quickly

ReadWorks

5. The primary purpose of this passage is to describe
A. reasons why it is a good idea to start school later
B. thoughts about why schools should start early in the morning
C. ideas about how to help teenagers get more sleep
D. arguments for and against schools starting later
6. According to the passage, how much sleep do teenagers need?
7. The passage describes both positive and negative effects for parents of school starting later. Name one positive and one negative effect discussed in the text.
8. The question below is an incomplete sentence. Choose the word that best completes the sentence.
Some people think that middle and high schools should not open laterteenagers would then not be able to work after school.
A. unless
B. so
C. because
D. until

9. Which image shows something that your teacher may oppose you using in class?



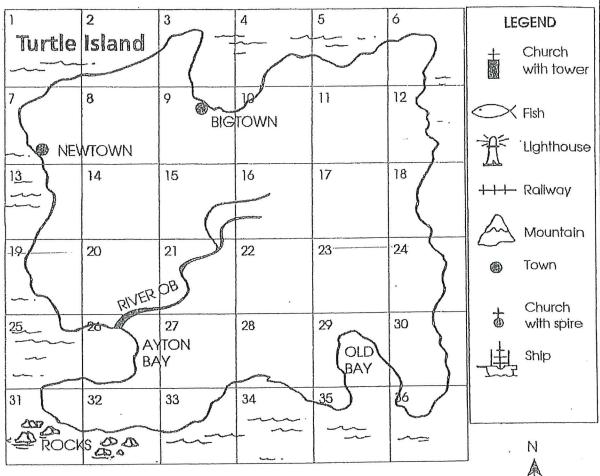


10. Would you oppose a new rule allowing kids to eat candy in class? Why or why not?

Jocial Studies
North Day 2

Reading Maps

Use the **symbols** to provide answers to the questions below. These **symbols** are found in the map's **legend**



- 1. Draw fish in Ayton Bay in square 26. Color them brown.
- 2. Draw a church with a tower in number 15 square.
- 3. Draw three mountains in square 16 where the River Ob begins.
- 4. Draw a lighthouse on the coast in square 32 to warn ships about the rocks found there.
- 5. Draw a railway joining Newtown in square 7 to Bigtown in square 9.
- 6. Put your own town in square 21. It is on the west bank of the river.
- 7. A river starts in square 16 and flows into the eastern side of Old Bay. Draw it.
- 8. Draw a church with a spire (steeple) in square 11.
- 9. This is Turtle Island. Draw your own turtle symbol in square 6 and put it in the legend.
- 10. Draw a ship waiting in the harbor in square 3. Color it red.

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Grasslands

NAME:

Story by Andrew Frinkle

Earth has lots of grasslands. Grasslands usually have very few trees. Grasslands can have lots of animals. Many of them like to eat grass.

animals to hide in. Many animals eat the grass, too. Animals like elephants, zebras, and lions might live in A savanna is a warm or tropical grassland area. The grasses can be very tall. This is good for

a savanna.

must use the grass. They eat the grass, hide in the might seem like large grassy fields, but the grasses get much taller. The animals that live in a grassland Temperate grasslands, like prairies and steppes, grass, and make their homes in the grass. Buffalo, wolves, owls, and bugs might live in a grassland.

Life Science Reading Comprehension Stories

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Grasslands

l. Grasslands usually have very few ...

(B) plants (A) trees

© animals

O clouds

2. Which of these is a warm grassland?

(A) arctic

B jungle

© savanna

O desert

3. What kind of plant covers most grasslands?

(B) grass A) flowers

(C) trees

O rooks

(D) jungles

(C) deserts

B prairies

(A) oceans

4. DEFINITION: another name for temperate grasslands

5. Grasslands have lots of trees.

B) False

(A) True

Life Science Reading Comprehension Stories

lext Generation Standards 3-LS4-3, 3-LS4-4

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Estimating the Crowd

It is Kids' Month at the city baseball park. The table shows how many people went to the baseball games during Kids' Month. Estimate to answer each question.

Attendance					
Game	Adults	Children			
Game 1	235	324			
Game 2	257	399			
Game 3	189	404			
Game 4	477	398			
Game 5	317	197			

- 1. Which game did the fewest people attend? _____
- 2. Which game did about 650 people attend? _____
- 3. Which game did the most people attend? _____
- 4. Stretch Your Thinking Suppose the total attendance at Game 6 was about 800 and there were more children than adults at the game. About how many children and how many adults could have attended? Explain how you know your answer is correct.

Chapter Resources

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NTI Day $2 - 2^{nd} \cdot & 3^{rd}$ Grades

Name _____

Class

Directions: Use the pictures below to create a rhythmic pattern. Cut out the pictures and glue them into the boxes in any order that you like. Clap your rhythm. If you have an instrument available, try playing your rhythm.

	Sugar	Buffer
-	Peanut Butter	Oatmeal Raisin
	M & M	Gingerbread
	Chocolate Chip	Snickerdoodle
		M&M Peanut Butter