Kentucky School Wellness and Annual Reporting Requirements

WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD
A collaborative approach to learning and health

1. Involve all shareholders in the development of the wellness policy.

Best Practice:
○ A district wellness committee representative of the Whole School, Whole Community, Whole Child model will meet at least quarterly.

○ School level wellness committees at each school representative of the WSCC that report at least quarterly to the district committee.

2. Set goals for nutrition education, physical education/activity and nutrition guidelines.

Best Practice:
○ School committees will utilize the CDC's School Health Index online via the Alliance for a Healthier Generation's Healthy Schools Program to assess their school environments.

3. Measure implementation progress of wellness policy.

Best Practice:
○ District wellness committee will utilize the WellSAT tool to evaluate the district wellness policy.

○ District wellness committee will analyze the district Healthy Schools Program report to assess wellness policy implementation.

4. Publicly report progress of wellness policy.

Best Practice:
○ Publically report the summarized findings and recommendations of the district to the local board of education. *Annual public forum by January 31st annually is required by KRS 158.856 with a report submitted to KDE by May 1st.*

How This Can Work!

Roles of District Wellness Committee:

- Annually review and update District Wellness Policy
- Ensure that each school establishes a wellness committee
- Ensures all schools are implementing the district wellness policy via a school wellness policy
- Integrate CSH goals into Comprehensive District Improvement Plan (CDIP)

Roles of School Level Wellness Committee:

- Meet regularly throughout school year and provide input into school's PLCS Program Review
- Provide program and data feedback to district wellness council
- Integrate school wellness goals into Comprehensive School Improvement Plan (CSIP)