















How do I register my son/daughter for sports? We are transitioning to an online registration system called Rank One for all middle and high school athletic programs in this district. You will fill out some forms electronically within that system. This includes providing documentation of a current athletic physical by a licensed doctor. These physicals will be effective for two calendar years from the time they are issued before expiring. There will likely be a few additional forms that are middle school specific that you will still fill out and sign on paper as well.

Where can I take my son/daughter to get their physical? For the first time ever, in partnership with Aviva Health, we will be offering athletic physicals at Registration on August 18 from 1:00-5:00. Of course, you may also go to any urgent care or your regular primary care physician as well.

What is this Impact Testing I've heard about? It's the most common, scientifically proven computer-based test used for concussion management. Our district is now using this in middle and high school to provide baseline and post-injury testing for our athletes. Your son/daughter will be brought in together with their teammates to complete the short assessment on a computer at one of their practices.

How much does it cost to participate in sports? The Roseburg School District is covering the costs so that all eligible athletes who make a team may take part in athletics without worrying about payment.

When do fall sports begin? The first day for fall athletics is Monday, August 22.

What sports are available?

Fall:

Cross Country (for Grades 6, 7, & 8) Football (for Grades 7 & 8) Volleyball (for Grades 7 & 8)

Early Winter:

Boys Basketball (for Grades 7 & 8)

Late Winter

Wrestling (for Grades 6, 7, & 8) Girls Basketball (for Grades 7 & 8)

Spring

Track (for Grades 6, 7, & 8)

Who do I contact if I have questions? Beginning August 1, contact Allison Tidwell in our athletic office by calling 541-440-4105 or by email at atidwell@roseburg.k12.or.us.