



SECONDARY BREAKFAST AUGUST 2022

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
		*=WHOLE GRAIN OPTIONS		
8	9	10	11	12
15-1ST DAY OF SCHOOL!	16	17	18	19
Breakfast Pizza* Cereal* or Muffin* Apples Milk	Pancakes* Cereal* or Cereal Bar* Grapes Milk	Bagel* & Sausage Sandwich Cereal* or Muffin* Strawberries Milk	Strawberry Bagel* Cereal* or Muffin* Banana Milk	No School
22	23	24	25	26
Donuts Cereal* or Muffin* Peaches Milk	Waffles* Cereal* or Cereal Bar* Strawberries Milk	Biscuit* & Sausage Sandwich Cereal* or Muffin* Pineapple Milk	Pancake on a Stick* Cereal* or Muffin* Pears Milk	No School
29	30	31		
Breakfast Pizza* Cereal* or Muffin* Applesauce Milk	French Toast* Cereal* or Cereal Bar* Mixed Fruit Milk	Bagel* & Sausage Sandwich Cereal* or Muffin* Grapes Milk		

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