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METRO Records	Page 26

O[†]GORMAN NIGHTS KNIGHTS

BOYS TRACK AND FIELD "TOP 5 ALL TIME" LIST

O'Gorman Track Top Five All-Time Performances

100m Dash

1. Jade Anstine 10.65 2023 2. Jase Thiesse 10.83 2024

100 Me

200 N

400 N

800 N

1600

3200

110 H 300 H

Long

Triple Shot F Discus

High

Javel

Pole \ 4 X 10

4 X 20

4 X 40

4 X 80

Medie

- 3. Sullivan Schlimgen 10.89 2024 4. Canyon Bauer 10.94 2018
- 5. Peyton Mausbach 10.96 2024

200m Dash

1. Jade Anstine 21.98 2023

- 2. Jase Thiesse 22.38 2024 3. Alex Butterfield 22.44 1997
- Trevor Hooten 22,44, 2008
- 4. Peyton Mausbach 22.46 2024

- 400m Dash 1. Sam Castle 49.26 2023 2. Kellen Askew 49.30 2024 3. Rick Kiley 49.34 1972
- 4. And rew Reuter 49.42 2016
- 5. Tyler Bartling 49.74 2002

- 800m Run 1. Sam Castle 1:54.26 2023
- 2. Tiegen Lindner 1:54.29 2016 3. Chance Freese 1:55.10 2013
- 4. Tyler Kendle 1:55.50 2004 5. Aaron Strand 1:56.60 1997

1600m Run

- 1. Tiegen Lindner 4:18.64 2016 2. Jason Greene 4:18.80 1995
- 3. Mike McCulloch 4:22.70 1984 4. Jack Castelli 4:24.04 2023 5. Jeff Eneboe 4:25.60 1995

3200m Run

- 1. Jason Greene 9:36.50 1995 2. Jack Castelli 9:43.65 2023
- Tiegen Lindner 9:45.30 2016
 Connor Branick 9:45.60 2012
 Sam Kean 9:47.60 1997

110m Hurdles

- 1. Matt Merritt 14.64 1995
- 2. Anthony Blaine 14.84 2000 3. Mike Sabers 14.96 1993
- 4. Jerry Marr 15.14 1969
- 5. Steve Sabers 15.34 1984 Mike Bollinger 15.34 1998

BOYS TRACK AND FIELD RECORDS Anstine

2023

eters:	Jade Anstine 2023	10.65
eters:	Jade Anstine 2023	21.98
leters:	Sam Castle 2023	49.20
leters:	Sam Castle 2023	1:54.3
Meters:	Tiegen Lindner 2016	4:18.
Meters:	Jason Greene 1995	9:36.
rdles:	Matt Merritt 1995	14.64
urdles:	Matt Merritt 1995	38.74
Jump:	Henry Theobald 2024	22'10
Jump:	Luke Fritsch 2016	46'5'
ut:	Jeff Lukens 1976	59'7'
2	Tom Slattery 1983	173'5
ump:	Joe Lynch 2021	6'7"
1:	Hayden Groos 2024	165'8
ault:	Brendan Branick 2014	14'0"
0 Relay:	Jase Thiesse Bennett Dannenbring Maverick Jones Jade Anstine 2023	42.63
0 Relay:	Jase Thiesse Kyle Konechne Bennett Dannenbring Jade Anstine 2023	1:28.2
00 Relay:	Kellen Askew Kyle Konechne Ashton Bierema Sam Castle 2023	3:20.
00 Relay	Scott Hargens Jared Greenfield Patrick Klotzbach Tyler Kendle 2004	7:50.
y Relay:	Greg Frankman Dave Cota Dan Crawford Randy Headrick 1970	3:32.

O'Gorman Track Top Five All-Time Performances 300m Hurdles 1. Matt Merritt 38.74 1995

Matt Hornt 30.94 (1955)
 Matt Begeman 39.84 2002
 Alex Hortz 39.94 2018
 Luke Fritsch 40.18 2016
 Mike Sabers 40.24 1993

Pole Vault

50

00

- 1. Brendan Branick 14'0" 2014 Brandan Branker (40) 20
 Jay Carlson 13'6" 1981 Tycho Clausen 13'6" 2018 Mikal Bennett 13'6" 2022
 Brad Freidel 13'3" 1979

- High Jump 1. Joe Lynch 6'7" 2021 2. Mark Payne 6'6" 1978 Jack Peery 6'6" 2016 Manny Struck 6'6" 2022 5. Dave Bruhn 6'4" 1985

Triple Jump

1. Luke Fritsch 46'5" 2016 2. Kelby Tague 45'5" 2010 3. Brian Ross 45'5" 2010 4. Aidan Hofer 44'8"/4" 2023 5. Ryan Good 44'8" 1990

- Long Jump Henry Theobald 22'10%/4" 2024
- 2. Dennis Schoenwald 2216/1 2024 3. Jim Hargens 223/4 1970 4. Kelby Tague 22'2' 2010 5. Luke Fritsch 21'10'/2'' 2015

Shot Put 1 Joff Lukons 59'7" 1976

- Jeff Lukens 59'7" 1976
 Steve Lukens 55'10" 1979
 Mike Hardie 55'4" 2010
 Cedrick Lang 54'11" 2011
- 5. Jared Kantack 54'8" 2003

Discus Tom Slattery 173'5" 1983

- Nolan Vandel 171'8" 2024
 Jason Whiting 170'6" 1997
 Ryan Sheppard 165'2" 2002
 Austin Pharis 161'6" 2013
- Javelin

Havden Groos 165'8" 2024

- Gabe Tschetter 146'1" 2022
 Gabe Tschetter 146'1" 2022
 Dylan Majeres 140'3" 2024
 Preston Vucurevich 138'9" 2024
 Sam Pardy 116'6" 2022

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State Track Meet Team Results

Season	Coach	Points	Place	
1965-66	Bill Dunn		None Member	
1966-67	Bill Dunn	16	5th	Page
1967-68	Bill Dunn		No Entries	3
1968-69	Bill Dunn	20	5th	
1969-70	Bill Dunn	10	10th	
1970-71	Bill Dunn	12	6th	
1971-72	Bill Dunn	23	5th	
1972-73	Bill Dunn	3	T 14th	
1973-74	Bill Dunn	1	T 19th	
1974-75	Mike Breidenbach	3	T 19th	
1975-76	Mike Breidenbach	6	T 12th	
1976-77	Steve Schulte	6	T 13th	
1977-78	Steve Schulte	13	T 9th	
1978-79	Rod Garrison	26	5th	
1979-80	Rod Garrison	4	T 17th	
1980-81	Rod Garrison	8	12th	
1981-82	Rod Garrison	10	T 9th	
1982-83	Rod Garrison	12	10th	
1983-84	Rod Garrison	31	7 th	
1984-85	Doug Lindner	17	13th	
1985-86	Doug Lindner	7	12th	
1986-87	Doug Lindner	23	10th	
1987-88	Doug Lindner	17	10th	
1988-89	Doug Lindner	8	16th	
1989-90	Rick Lynch	30	7th	
1990-91	Doug Lindner	38	7th	
1991-92	Doug Lindner	19	11th	
1992-93	Doug Lindner	70	4th	
1993-94	Doug Lindner	35	7th	
1994-95	Doug Lindner	59	4th	
1995-96	Doug Lindner	43	8th	
1996-97	Doug Lindner	68	5th	
1997-98	Doug Lindner	30	11th	
1998-99	Doug Lindner	26	13th	
1999-00	Doug Lindner	20	12th	
2000-01	Doug Lindner	40	7th	
2001-02	Doug Lindner	48	8th	
2002-03	Doug Lindner	47	6th	
2003-04	Doug Lindner	66	3rd	
2004-05	Doug Lindner	21 25	12th	
2005-06	Doug Lindner	25 17	12th 13th	
2006-07	Doug Lindner	28	10th	
2007-08 2008-09	Doug Lindner	28	T 15th	
2008-09 2009-10	Doug Lindner Doug Lindner	9 40	8th	
2009-10	Doug Lindner	40 12	14th	
2010-11	Doug Lindner	12	14th	
2011-12	Doug Lindner	21.5	15th	
2012-13	Doug Lindner	14.5	15th	
2013-14	Doug Lindhei	14.5	1501	

State Track Meet Team Results				
Season	Coach	Points	Place	
2014 –15	Doug Lindner	32	9 th	
2015 –16	Doug Lindner	62	7 th	
2016 –17	Aaron Strand	38	7 th	
2017–18	Aaron Strand	36	7 th	
2018–19	Aaron Strand	26	10 th	
2019–20	Aaron Strand	Season Ca	ncelled	
2020–21	Aaron Strand	32	10 th	
2021–22	Aaron Strand	27	12 th	
2022-23	Aaron Strand	100.5	1 st	
2023-24	Aaron Strand	63	4 th	

Sioux	Interstate Confere	ence Meet Tea	m Results
<u>Season</u>	<u>Coach</u>	Points	Place
1974-75	Mike Breidenbach	17	5 th
1975-76	Mike Breidenbach		
1976-77	Steve Schulte	48	5 th
1977-78	Steve Schulte	67	4 th
1978-79	Rod Garrison	45	6 th
1979-80	Rod Garrison	5	7 th
1980-81	Rod Garrison	39	7 th
1981-82	Rod Garrison	51	6 th
1982-83	Rod Garrison	56	5 th
1983-84	Rod Garrison	101	2 nd
1984-85	Doug Lindner	49	5 th
1985-86	Doug Lindner	63	4 th
1986-87	Doug Lindner	34	5 th
1987-88	Doug Lindner	48	5 th
1988-89	Doug Lindner	60	5 th
1989-90	Rick Lynch	61	6 th
1990-91	Doug Lindner	82	4 th
1991-92	Doug Lindner	97	3 rd
1992-93	Doug Lindner	120	1 st
1993-94	Doug Lindner	73	4 th
1994-95	Doug Lindner	86	2 nd
1995-96	Doug Lindner	95	2 nd
1996-97	Doug Lindner	121	2 nd
1997-98	Doug Lindner	63.5	4 th

Greater Dakota Conference Meet Team Results				
<u>Season</u>	<u>Coach</u>	Points	<u>Place</u>	
1998-99	Doug Lindner	45	7 th	
1999-00	Doug Lindner	35	T 7 th	
2000-01	Doug Lindner	68	4 th	
2001-02	Doug Lindner		Cancelled	
2002-03	Doug Lindner	72	3 rd	
2003-04	Doug Lindner	69	3 rd	
2004-05	Doug Lindner	25	6 th	
2005-06	Doug Lindner	56	5 th	
2006-07	Doug Lindner	34	7 th	
2007-08	Doug Lindner		Cancelled	
2008-09	Doug Lindner	65	6 th	
2009-10	Doug Lindner	50	7 th	
2010-11	Doug Lindner	60.5	6 th	
2011-12	Doug Lindner	29	7 th	
2012-13	Doug Lindner	65	6 th	

Metro Conference Meet Team Results				
Season	Coach	Points	Place	
2013-14	Doug Lindner	44.5	5 th	
2014-15	Doug Lindner	55	4 th	
2015-16	Doug Lindner	74	4 th	
2016-17	Aaron Strand	50	5 th	
2017-18	Aaron Strand	69	3 rd	
2018-19	Aaron Strand	32.5	4 th	
2019-20	Aaron Strand	Season Cance	elled	
2020-21	Aaron Strand	28	5 th	
2021-22	Aaron Strand	71	6 th	
2022-23	Aaron Strand	101.5	4 th	
2023-24	Aaron Strand	95	4 th	

<u>Year</u>	Event	<u>Runner</u>	<u>Place</u>	
1966-67	100 yd	Mike McConnell	2nd	Page
1966-67	440 yd	Dan Donohue	2nd	8
1966-67	Medley Relay		4th	
1966-67	220 yd	Mike McConnell	1st	
1967-68		None		
1968-69	100 yd	Dave Cota	2nd	
1968-69	880 yd Relay		2nd	
1968-69	220 yd	Dave Cota	2nd	
1968-69	2 mile	Denny Barnett	2nd	
1968-69	Long Jump	Jim Hargens	4th	
	o .	6		
1969-70	100 yd	Dave Cota	4th	
1969-70	Medley Relay		2nd	
1969-70	880 yd	Tom Donahue	5th	
1969-70	220 yd	Dave Cota	5th	
	- , -			
1970-71	100 yd	Keith Severson Jr.	3rd	
1970-71	880 yd Relay		3rd	
1970-71	220 yd	Keith Severson Jr.	5th	
1970-71	Mile Relay		3rd	
1972-73	440 vd	Rick Kiley	1st	
1972-73	Medley Relay	-	2nd	
1972-73	220 yd	Rick Kiley	3rd	
1972-73	Mile Relay	,	1st	
1972-73	Discus	Brian Galvin	5th	
1972-73	Low Hurdles	Bill Pederson	4th	
1973-74	Triple Jump	Bill Pederson	5th	
1974-75		None		
1975-76	Shot Put	Jeff Lukens	1st	
1976-77	Shot Put	Steve Lukens	2nd	
1976-77	High Jump	Mark Payne	4th	
1977-78	Shot Put	Steve Lukens	4th	
1977-78	High Jump	Mark Payne	T 4th	
1977-78	Mile Relay		4th	
1977-78	Medley Relay		1st	

Year	Event	Runner	Place	
1978-79	Shot Put	Steve Lukens	4th	
1978-79	Discus	Steve Lukens	3rd	
1978-79	200 Meter	Jamie Kiley	5th	Page
1978-79	800 Meter Relay		3rd	9
1978-79	1600 Meter Relay		1st	
1978-79	Medley Relay		1st	
101010	Modely Rolay		, internet	
1979-80	Pole Vault	Jay Carlson	2nd	
1980-81	Triple Jump	Brian Ross	2nd	
1980-81	Pole Vault	Jay Carlson	2nd	
1981-82	800 Meter Relay		5th	
1981-82	Discus	Tom Slattery	2nd	
1981-82	Long Jump	Brian Ross	5th	
1981-82	Triple Jump	Brian Ross	2nd	
1901-02	Thple Julip	Dildii R055	2110	
1982-83	Discus	Tom Slattery	1st	
1982-83	Shot Put	Tom Slattery	1st	
1983-84	100 Meter	Jeff Meinen	1st	
1983-84	800 Meter	Mike Wetrich	5th	
1983-84			3rd	
	1600 Meter Relay		6th	
1983-84	3200 Meter Relay			
1983-84	Medley Relay		2nd	
1983-84	High Jump	Dave Bruhn	4th	
1984-85	800 Mater	Mike Wetrich	6th	
1984-85	1600 Meter Relay		3rd	
1984-85	3200 Meter Relay		4th	
1984-85	Medley Relay		3rd	
1985-86	400 Meter Relay		4th	
1985-86	Medley Relay		4th	
1986-87	800 Meter	Mike Carr	3rd	
1986-87	400 Meter Relay		6th	
1986-87	3200 Meter Relay		3rd	
1986-87	Medley Relay		1st	
1987-88	400 Meter	Aaron Ferrie	4th	
1987-88	400 Meter Relay		6th	
1987-88	1600 Meter Relay		4th	
1987-88	Medley Relay		2nd	
1988-89	1600 Meter	Pat Castle	5th	
1988-89	3200 Meter	James Ramesbothom	6th	
1988-89	400 Meter Relay		6th	
1988-89	1600 Meter Relay		4th	

Year	Event	Runner	Place	
1989-90	100 Meter	Jason Miller	4th	
1989-90	200 Meter	Jason Miller	4th	Page
1989-90	3200 Meter	Curt Daughters	2nd	10
1989-90	400 Meter Relay		6th	
1989-90	1600 Meter Relay		4th	
1989-90	Discus	Mike Brandhagen	6th	
1989-90	Long Jump	Dennis Schoenwald	5th	
1989-90	Triple Jump	Ryan Good	3rd	
1990-91	100 Meter	Jason Miller	6th	
1990-91	400 Meter	Dennis Schoenwald	1st	
1990-91	1600 Meter	Curt Daughters	6th	
1990-91	3200 Meter	Curt Daughters	3rd	
1990-91	400 Meter Relay		5th	
1990-91	Medley Relay		2nd	
1990-91	High Jump	Ryan Matson	4th	
1990-91	Long Jump	Dennis Schoenwald	3rd	
1991-92	3200 Meter	Jonathan Krass	6th	
1991-92	Medley Relay		3rd	
1991-92	Discus	Willie Cummings	4th	
1991-92	Long Jump	Dennis Schoenwald	2nd	
1992-93	400 Meter	Mitch Maguire	1st	
1992-93	400 Meter	Josh Pierce	5th	
1992-93	800 Meter	Chris Karpen	6th	
1992-93	1600 Meter	Jonathan Krass	6th	
1992-93	110 Hurdles	Matt Merritt	1st	
1992-93	110 Hurdles	Mike Sabers	3rd	
1992-93	300 Hurdles	Mike Sabers	1st	
1992-93	400 Meter Relay		4th	
1992-93	1600 Meter Relay		3rd	
1992-93	3200 Meter Relay		4th	
1992-93	Medley Relay		3rd	
1992-93	High Jump	Justin Olson	6th	
1992-93	Long Jump	Dennis Schoenwald	2nd	
1992-93	Triple Jump	Rob Hillman	6th	
1993-94	1600 Meter	Jason Greene	6th	
1993-94	3200 Meter	Jason Greene	1st	
1993-94	110 Hurdles	Matt Merritt	2nd	
1993-94	300 Hurdles	Matt Merritt	1st	
1993-94	3200 Meter Relay		4th	
1993-94	Medley Relay	Deb Lillmer	6th	
1993-94	Triple Jump	Rob Hillman	6th	

Year	Event	Runner	Place	
1994-95	1600 Meter	Jason Greene	2nd	
1994-95	1600 Meter	Troy O'Hara	5th	Page
1994-95	3200 Meter	Jason Greene	1st	11
1994-95	110 Hurdles	Matt Merritt	1st	
1994-95	300 Hurdles	Matt Merritt	1st	
1994-95	400 Meter Relay		6th	
1994-95	800 Meter Relay		5th	
1994-95	3200 Meter Relay		3rd	
1994-95	Medley Relay		1st	
1995-96	100 Meter	Alex Butterfield	2nd	
1995-96	200 Meter	Alex Butterfield	2nd	
1995-96	800 Meter	Pat Burke	5th	
1995-96	3200 Meter	Sam Kean	6th	
1995-96	300 Hurdles	Mike Bollinger	7th	
1995-96	4x100 Relay		4th	
1995-96	4x800 Relay		4th	
1995-96	Medley Relay		2nd	
1996-97	100 Meter	Alex Butterfield	1st	
1996-97	200 Meter	Alex Butterfield	1st	
1996-97	800 Meter	Aaron Strand	3rd	
1996-97	1600 Meter	Sam Kean	5th	
1996-97	110 Hurdles	Mike Bollinger	8th	
1996-97	300 Hurdles	Mike Bollinger	4th	
1996-97	300 Hurdles	Ed Whiting	6th	
1996-97	4x100 Relay		4th	
1996-97	4x200 Relay		6th	
1996-97	4x400 Relay		5th	
1996-97	4x800 Relay		4th	
1996-97	Medley Relay		1st	
1996-97	Shot Put	Jason Whiting	7th	
1997-98	200 Meter	Bill Josten	8th	
1997-98	800 Meter	Jason Twedt	4th	
1997-98	1600 Meter	Jason Twedt	5th	
1997-98	300 Hurdles	Mike Bollinger	5th	
1997-98	4x100 Relay		6th	
1997-98	4x400 Relay		6th	
1997-98	4x800 Relay		4th	
1997-98	Medley Relay		4th	

Year	Event	Runner	Place	
1998-99	3200 Meter	Jon Beatch	7th	
1998-99	4x100 Relay		5th	Page
1998-99	4x200 Realy		7th	12
1998-99	4x400 Relay		6th	
1998-99	4x800 Relay		5th	
1998-99	Medley Relay		2nd	
1998-99	Shot Put	Pat Dickes	8th	
1998-99	Discus	Kelly Meeker	7th	
1999-00	100 Meter	Ryan Corcoran	8th	
1999-00	3200 Meter	John Hage	8th	
1999-00	110 Hurdles	Anthony Blaine	4th	
1999-00	4x100 Relay		5th	
1999-00	4x200 Relay		6th	
1999-00	4x800 Relay		6th	
1999-00	Triple Jump	Anthony Blaine	6th	
2000-01	400 Meter	Tyler Bartling	4th	
2000-01	4x100 Relay		2nd	
2000-01	4x200 Relay		2nd	
2000-01	4x400 Relay		3rd	
2000-01	Sprint Medley		2nd	
2000-01	High Jump	Casey Woster	4th	
2001-02	200 Meter	Tyler Bartling	5th	
2001-02	400 Meter	Tyler Bartling	1 st	
2001-02	300 Hurdles	Matt Begeman	3rd	
2001-02	3200 Meter	Kaleb Boese	6th	
2001-02	4x100 Relay		3rd	
2001-02	4x200 Relay		2nd	
2001-02	4x400 Relay		6th	
2001-02	4x800 Relay		5th	
2001-02	Shot Put	John Kramer	7th	
2001-02	Discus	Ryan Sheppard	7th	
2002-03	400 Meter	Tyler Kendle	4th	
2002-03	800 Meter	Josh Twedt	6th	
2002-03	110 Hurdles	Jacob Steenholdt	5th	
2002-03	4x400 Relay		1st	
2002-03	4x600 Relay		1st	
2002-03	Shot Put	Jared Kantack	2nd	
2002-03	Shot Put	Will Kappenman	6th	
2002-03	Discus	Jared Kantack	5th	

Year	<u>Event</u>	Runner	Place	
2003-04	4x100		8th	
2003-04	4x200		7th	Page
2003-04	400 Meter	Tyler Kendle	4th	13
2003-04	400 Meter	Scott Hargens	5th	
2003-04	4x400		1st	
2003-04	800 Meter	Tyler Kendle	1st	
2003-04	800 Meter	Jared Greenfield	2nd	
2003-04	800 Meter	Scott Hargens	6th	
2003-04	4x800		1st	
2003-04	1600 Sprint Relay		1st	
2003-04	Long Jump	Tyler Schulte	6th	
2004-05	4x100		6th	
2004-05	4x800		6th	
2004-05	1600 Sprint Relay		3rd	
2004-05	Long Jump	Jason Reisch	3rd	
2004-05	Long Jump	Tyler Schulte	7th	
2005-06	Long Jump	Tyler Schulte	5th	
2005-06	4x100		1st	
2005-06	4x200		2nd	
2005-06	4x400		7th	
2005-06	1600 Sprint Relay		8th	
2006-07	4x100		4th	
2006-07	4x200		3rd	
2006-07	1600 Sprint Relay		5th	
2006-07	Discus	Mike Pharis	7th	
2007-08	Discus	Dan Oswald	2nd	
2007-08	Discus	Mike Pharis	4th	
2007-08	100 Meter	Phil Wright	7th	
2007-08	4x100		8th	
2007-08	200 Meter	Phil Wright	8th	
2007-08	4x200		2nd	
2007-08	400 Meter	Trevor Hooten	7th	
2007-08	4x400		8th	
2008-09	Discus	Dan Oswald	8th	
2008-09	Long Jump	Alex Robey	7th	
2008-09	Pole Vault	Trevor Hooten	8th	
2008-09	4x100		8th	
2008-09	200 Meter	Trevor Hooten	6th	
2008-09	4x200		8th	

Year	Event	Runner	Place	
2009-10	Discus	Mike Hardie	3rd	
2009-10	Long Jump	Kelby Tague	5th	Page
2009-10	Long Jump	Alex Robey	6th	14
2009-10	Shot Put	Mike Hardie	1st	
2009-10	Triple Jump	Kelby Tague	2nd	
2009-10	110 Hurdles	Alex Robey	6th	
2009-10	200 Meter	Kelby Tague	3rd	
2010-11	1600 Sprint Medley		8th	
2010-11	Long Jump	Kelby Tague	6th	
2010-11	Shot Put	Cedrick Lang	2nd	
2011-12	3200 Meter Relay		6th	
2011-12	800 Meter Relay		6th	
2011-12	Medley Relay		7th	
2011-12	3200 Meter Run	Connor Branick	7th	
2011-12	Discus	Austin Pharis	8th	
2011-12	High Jump	Tanner Schulte	T 5th	
2012-13	Discus	Austin Pharis	2nd	
2012-13	Discus	Max Smith	8th	
2012-13	Pole Vault	Brenden Branick	T 8th	
2012-13	800 Meter Run	Chance Freese	3rd	
2012-13	3200 Meter relay		6th	
2012-13	1600 Meter Run	Chance Freese	6th	
2013-14	High Jump	Tanner Schulte	T 6th	
2013-14	Triple Jump	Luke Fritsch	5th	
2013-14	300 Hurdles	Luke Fritsch	8th	
2013-14	400 Meter	Chris Scharpe	7th	
2013-14	3200 Meter Relay		6th	
2013-14	1600 Meter	Tiegen Lindner	8th	
2013-14	3200 Meter	Tiegen Lindner	8th	
2014-15	100 Meter	Dodi Makwinja	7th	
2014-15	800 Meter	Tiegen Lindner	6th	
2014-15	1600 Meter	Tiegen Lindner	5th	
2014-15	4X100		6th	
2014-15	4X400		8th	
2014-15	4X800		6th	
2014-15	High Jump	Jack Peery	2nd	
2014-15	Triple Jump	Luke Fritsch	2nd	

Year	Event	Runner	Place		
2015-16	800 Meter	Tiegen Lindner	2 nd		
2015-16	1600 Meter	Tiegen Lindner	2 nd		Page
2015-16	400 Meter	Andrew Reuter	2 nd		15
2015-16	300 Hurdles	Luke Fritsch	3 rd		
2015-16	Triple Jump	Luke Fritsch	1 st		
2015-16	High Jump	Jack Peery	2 nd		
2015-16	4x800	,	2 nd		
2015-16	4x400		3 rd		
2016-17	200 Meter	Andrew Reuter	8 th		
2016-17	400 Meter	Andrew Reuter	1 st		
2016-17	400 Meter	GarangLongar	4 th		
2016-17	800 Meter	Dylan Pierson	8 th		
2016-17	1600 Meter	Dylan Pierson	8 th		
2015-17	4x400		1 st		
2016-17	4x200		4 th		
2016-17	4x800		4 th		
2017-18	Pole Vault	Tycho Clausen	6 th		
2017-18	800 Meter	Dylan Pierson	8 th		
2017-18	110 Hurdles	Alex Hertz	7 th		
2017-18	400 Meter	GarangLongar	2 nd		
2017-18	400 Meter	Jackson Meyer	4 th		
2017-18	Shot Put	Bradley Beck	8 th		
2017-18	4x800		4 th		
2017-18	4x200		8 th		
2017-18	Sprint Medley		7 th		
2017-18	4x400		2 nd		
2018-19	800	Cole Hardie	3 rd	2:00.47	
2018-19	3200	Dylan Hilger	7 th	10:07:54	
2018-19	4 x 100		5 th	44.65	
2018-19	4 x 200		7 th	1:33.77	
2018-19	4 x 400		4 th	3:32.77	
2018-19	4 x 800		8 th	8:26.54	
2018-19	1600 Sprint Medley	Taska Olaman	4 th	3:45.55	
2018-19	Pole Vault	Tycho Clausen	8 th	13 ft	
2019- 20		Season Cancelled Due to Covid-19			
2020-21	4 x 100	Carson Langston, Ethan Cox,	4 th	43.49	
		Preston Konechne, Joe Lynch			
2020-21	Shot Put	Ed Meylor	5 th	49 ft 7 in	
2020-21	High Jump	Manny Struck	1st	6'6"	
2020-21	High Jump	Joe Lynch	2nd	6'6"	

2022 State Track Meet Results – 12th Place 27 Points Athlete Year Event Place Performance 2022 4x800 Andrew Dally, Logan Mebius, 7th 8:23.98 Page | 16 Dominic Ripperda, Jack Castelli 17th 2022 100 Meter Dash 11:57 **Preston Konechne** 2022 Manny Struck 14^{th} 20-05 Long Jump 2022 Long Jump Henry Theobald 24^{th} 17th Discus Alex Farke 126-01 2022 3200 Meter Run Jack Castelli 9:50.73 7th 16th 2022 3200 Meter Run Evan Mahrous 10:09.55 9th 2022 4x200 Relay Maverick Jones, Andy White, 1:31.53 Preston Konechne, Ryland Satter 18th 2022 800 Meter Run Andrew Dally 2:03.44 16^{th} 2022 200 Meter Dash 23.42 **Preston Konechne** 2022 4x400 Relay Kyle Konechne, Andy White, 11th 3:31.78 Kellen Askew, Maverick Jones 3rd 2022 **Triple Jump** Manny Struck 43-04 2022 Henry Theobald 9th 41-03 **Triple Jump** 2022 **Triple Jump** 18^{th} 39-03.5 Kyle Konechne 2nd 2022 High Jump Manny Struck 6-06 4th 2022 Shot Put Nate Ratzlaff 51-10 12th 2022 Shot Put **Ryland Satter** 46-07.5 1600 Meter Run 7th 4:28.08 2022 Jack Castelli 7th 2022 4x100 Relay Jaewon Lee, Preston Konechne, 43.89 Ryland Satter, Sullivan Schlimgen 2022 1600 Sprint Ryland Satter, Easton beavers, 14^{th} 347.35 Medley Kellen Askew, Andrew Dally 2022 Javelin Throw Hayden Groos 20th 131-04 2022 Javelin Throw Gabe Tschetter 21st 128-10

2023 State Track Meet Results – Team State Champions with 100.5 Points

BOYS		ATHLETE	PLACE	SECTION	RESULTS	
10.65	SB	Jade Anstine	4th	Prelims H1	100 METER DASH	Page
<mark>10.66</mark>		Jade Anstine	<mark>2nd</mark>	Finals H1	100 METER DASH	17
11.08	SB	Bennett Dannenbring	11th	Prelims H1	100 METER DASH	
11.09	SB	Jase Thiesse	12th	Prelims H1	100 METER DASH	
22.35		Jade Anstine	2nd	Prelims H1	200 METER DASH	
<mark>22.82</mark>		Jade Anstine	<mark>6th</mark>	Finals H1	200 METER DASH	
<mark>49.26</mark>	SB	Sam Castle	2nd	Finals H1	400 METER DASH	
<mark>49.86</mark>	SB	Kellen Askew	<mark>5th</mark>	Finals H1	400 METER DASH	
50.46		Kellen Askew	4th	Prelims H1	400 METER DASH	
50.67		Sam Castle	3rd	Prelims H1	400 METER DASH	
51.18	SB	Ashton Bierema	7th	Prelims H1	400 METER DASH	
<mark>52.14</mark>		Ashton Bierema	<mark>8th</mark>	Finals H1	400 METER DASH	
<mark>1:54.26</mark>	<mark>SB</mark>	Sam Castle	<mark>2nd</mark>	Finals H1	800 METER RUN	
<mark>1:57.68</mark>	<mark>SB</mark>	Jack Castelli	<mark>7th</mark>	Finals H1	800 METER RUN	
2:00.94		Andrew Dally	15th	Finals H1	800 METER RUN	
<mark>4:24.99</mark>		Jack Castelli	<mark>6th</mark>	Finals H1	1600 METER RUN	
4:39.77		Evan Mahrous	18th	Finals H1	1600 METER RUN	
9:54.26	SB	Evan Mahrous	11th	Finals H1	3200 METER RUN	
43.96		KraytonRaasch	21st	Prelims H1	300 METER HURDLES	
<mark>42.90</mark>		Relay Team	<mark>5th</mark>	Finals H1	4X100 METER RELAY	
43.22		Relay Team	6th	Prelims H1	4X100 METER RELAY	
<mark>1:28.29</mark>		Relay Team	2nd	Finals H1	4X200 METER RELAY	
1:29.18		Relay Team	2nd	Prelims H1	4X200 METER RELAY	
<mark>3:20.18</mark>		Kellen Askew, Kyle Konechne, Ashton Bierema, Sam Castle School Record and State Meet Record	<mark>1st</mark>	Finals H1	4X400 METER RELAY	
3:24.01		Relay Team	1st	Prelims H1	4X400 METER RELAY	
3:35.30		Relay Team	2nd	Finals H1	SPRINT MEDLEY RELAY	
8:00.70		Jack Castelli, Evan Mahrous, Andrew Dally, Sam Castle	1st	Finals H1	4X800 METER RELAY	
6-0		Matt Eng	7th	Finals H1	HIGH JUMP	
5-10		Henry Theobald	15th	Finals H1	HIGH JUMP	
<mark>21-7.25</mark>		Henry Theobald	<mark>7th</mark>	Finals H1	LONG JUMP	
19-2.75		Aidan Hofer	21st	Finals H1	LONG JUMP	
19-1.75	SB	Jase Thiesse	22nd	Finals H1	LONG JUMP	
<mark>44-8.75</mark>		Aidan Hofer	<mark>1st</mark>	Finals H1	TRIPLE JUMP	
<mark>44-7.75</mark>		Henry Theobald	2nd	Finals H1	TRIPLE JUMP	
42-2.75		Kyle Konechne	9th	Finals H1	TRIPLE JUMP	
146-10		Alex Farke	9th	Finals H1	DISCUS	
137-9		Lathan` Wilcox	16th	Finals H1	DISCUS	
135-4		Ryland Satter	19th	Finals H1	DISCUS	
<mark>161-4</mark>		Hayden Groos	<mark>7th</mark>	Finals H1	JAVELIN	
126-0		Gabe Tschetter	23rd	Finals H1	JAVELIN	
49-8.5		Nate Ratzlaff	9th	Finals H1	SHOT PUT	
49-2.5		Ryland Satter	10th	Finals H1	SHOT PUT	

2204 State Track Meet Results						
Event	Athlete	Place	Performance			
Boys 100m	Sullivan Schlimgen	10 th	10.89			
	Jase Thiesse	12 th	10.93			
	Peyton Mausbach	13 th	10.96			
Boys 110m Hurdles	Brody Tynan	19 th	16.36			
Boys 200m	Peyton Mausbach	8 th	23.13			
Boys 300m Hurdles	Krayton Raasch	18 th	43.80			
	Brody Tynan	22 nd	44.41			
Boys 400m	Kellen Askew	2 nd	<mark>49.30</mark>			
	Ashton Bierema	7 th	<mark>50.58</mark>			
	Maverick Jones	11 th	53.19			
Boys 800m	Jack Castelli	12 th	2:03.83			
Boys 1600m	Evan Mahrous	12 th	4:27.66			
	Dominic Ripperda	20 th	4:32.52			
	Jack Castelli	24 th	4:40.83			
Boys 3200	Evan Mahrous	15 th	9:47.65			
Boys Discus	Lathan Wilcox	15 th	137-03			
	Ryland Satter	17 th	136-02			
	Nolan Vande	23 rd	105-07			
Boys High Jump	Henry Theobald	17 th	5-10			
Boys Javelin Throw	Hayden Groos	6 th	<mark>154-10</mark>			
Boys Long Jump	Henry Theobald	1 st	22-10.25			
	Jase Thiesse	DNS				
Boys Shot Put	Ryland Satter	7 th	<mark>50-04</mark>			
	Nolan Vandel	10 th	47-05			
Boys Triple Jump	Henry Theobald	4 th	<mark>43-03</mark>			
	Jack Hove	18 th	39-08			

2024 State Track Meet Relay Results						
Boys 1600 Meter Sprint Medley			3 rd			<mark>3:37.61</mark>
	A. Bierm	a	A. White	K. A	sketew	J. Castelli
Boys 4x100 Relay - Preliminary			3 rd			43.48
A.	White	S.	Schlimgen	P. Mausb	ach	G. Schoenwald
Boys 4x100 Relay Finals			3 rd			<mark>42.84</mark>
А.	White	P.	Mausbach	M. Jon	es	G. Schoenwald
Boys 4x200 Relay - Preliminary			3 rd			1:30.27
	N. 1	Nor	th A. Wh	ite M.	Jones	P. Mausbach
Boys 4x200 Relay – Finals			5 th			1:29.53
	N. 1	Nor	th A. Wh	ite M.	Jones	P. Mausbach
Boys 4x100 Relay – Preliminary			1 st			3:28.14
	A. Bieren	ma	M. Kwa	sa N	. North	K. Askew
Boys 4x400 Relay – Finals			1 st			<mark>3:20.51</mark>
	B. Biere	ema	M. Jone	es M.	Kwasa	K. Askew
Boys 4x800 Relay			3 rd			<mark>8:13.45</mark>
	E. Mah	rou	s M. Kwa	sa D.	Ripperda	J. Castelli

Metro Conference Track Meet Place-winners

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Year	Event	Runner	<u>Place</u>	
2014	1600 Meter	Tiegen Lindner	2nd	
2014	110 Hurdles	Gunnar Sommervold	4th	Page
2014	Sprint Medley		4th	19
2014	High Jump	Tanner Schulte	1st	
2014	Pole Vault	Brendan Branick	1st	
2014	Pole Vault	Nick Staudenmier	T 5th	
2014	Long Jump	Luke Fritsch	3rd	
2014	Triple Jump	Luke Fritsch	2nd	
2014	Shot Put	Nate Byrd	5th	
2015	100 Meter	Dodi Makwinja	3rd	
2015	200 Meter	Andrew Reuter	5th	
2015	400 Meter	Andrew Reuter	5th	
2015	1600 Meter	Tiegen Lindner	5th	
2015	110 Hurdles	Luke Fritsch	4th	
2015	300 Hurdles	Luke Fritsch		
2015	300 Hurdles	Gunnar Sommervold	4th	
2015	4X100		4th	
2015	4X200		3rd	
2015	4X400		4th	
2015	4X800		4th	
2015	Sprint Medley		2nd	
2015	High Jump	Jack Peery	3rd	
2015	Long Jump	Luke Fritsch	2nd	
2015	Triple Jump	Luke Fritsch	1st	
2015	Shot Put	Nate Byrd	2nd	
2016	100 Meter	Dodi Makwinja	2nd	
2016	4X800		4th	
2016	1600 Meter	Tiegen Lindner	1st	
2016	400 Meter	Andrew Reuter	2nd	
2016	300 Meter Hurdles	Luke Fritsch	1st	
2016	Sprint Medley		4th	
2016	800 Meter	Preston Knobloch	3rd	
2016	200 Meter	Andrew Reuter	2nd	
2016	4X400		1st	
2016	Discus	Lucas Anderson	5th	
2016	Pole Vault	Alex Hertz	T 2nd	
2016	High Jump	Jack Peery	2nd	
2016	Long Jump	Luke Fritsch	3rd	
2016	Triple Jump	Luke Fritsch	1st	

Metro Conference Track Meet Place-winners

Year	Event	Runner	<u>Place</u>	
2017	4x800		4th	
2017	4X200		2nd	Page
2017	400 Meter	Andrew Reuter	1st	20
2017	400 Meter	Tres Jones	3rd	
2017	Sprint Medley		2nd	
2017	200 Meter	Andrew Reuter	3rd	
2017	4X400		1st	
2017	Shot Put	Dylan Khallhoff	4th	
2017	Pole Vault	Tycho Clausen	3rd	
2017	High Jump	Sam Sutcliffe	4th	
2017	Triple Jump	Sam Sutcliffe	3rd	
2018	4x800		1st	
2018	110 Hurdles	Alex Hertz	3rd	
2018	100m	Canyon Bauer	3rd	
2018	4x200		3rd	
2018	400 Meter	Garang Longer	3rd	
2018	400 Meter	Jackson Meyer	4th	
2015	300 Meter Hurdles	Alex Hertz	2nd	
2018	300 Meter Hurdles	Zach Northon	5th	
2018	1600 Sprint Msdley		2nd	
2018	800Meter	Dylan Pierson	4th	
2018	200 Meter	Canyon Bauer	2nd	
2018	4x400		2nd	
2018	Shot Put	Brady Beck	3rd	
2018	Pole Vault	Tycho Clasuen	2nd	
2018	High Jump	Sam Sutcliffe	4th	
2018	Long Jump	Canyon Bauer	5th	
2018	Triple Jump	Sam Sutcliffe	4th	

2019 Metro Conference Track Meet Place-winners					
Event	Athlete	Place	Result / Time	Grade	
100m	Andrew Pujado	5 th	11.71	12	
	Canyon Bauer	7 th	11.77	12	
200 m	Joe Larson	5 th	23.64	11	
	Andrew Pujado	8 th	23.95	12	
400 m	Cole Hardie	4 th	53.71	11	
	Daniel Ratzloff	7 th	54.91	11	
800 m	Brady Wilson	6 th	2:08.81	11	
1600 m	Dylan Hilger	4 th	4:39.68	11	
300 Hurdles	Zach Norton	6 th	43.21	11	
4x100 Relay	Andrew Nelson, Wyatt Hermanson, J	4 th	49.64		
	ack White, Preston Konechne				
4x200 Relay	Andrew Nelson, Wyatt Hermanson,	5 th	1:42.65		
	Jack White, Preston Konechne				
4x400 Relay	Beau Blount, Canyon Bauer,	2 nd	3:32.74		
	Zach Norton, Joe Larson				
4x800 Relay	Brady Wilson, Tyler Hackman,	5 th	8:46.26		
	Alex Hove, Cole Hardie				
1600 Sprint	Joe Lynch, Drew Krouse,	5 th	3:59.78		
Medley	Logan Jones, Alex Hove				
High Jump	Joe Lynch	5 th	5-10	10	
	Manny Struck	7 th	5-08	9	
	Jacob Byrd	8 th	5-06	11	
Pole Vault	Tycho Clausen	2 nd	13-06	12	
	Beau Beavers	5 th	12-00	10	
Triple Jump	Aiden Diedrich	3 rd	39-00.50	12	
	Gunnar Jones	4 th	38-05.25	11	
	Garyn Wilcox	7 th	37-09.	12	
Shot Put	Brady Beck	3 rd	48-11.00	12	
	Ethan Rausch	8 th	41-11.00	12	
Discus	Brady Beck	5 th	130-03	12	

2020 Metro Conference Track Meet Cancelled Due To Covid - 19

20	21 Metro Conference Track Mee	t Place-V	Ninners	
Event	Athlete	Place	Result	Grade
100 m	Ethan Cox	8 th	11.52	12
4x100 Relay	Carson Langston, Preston Konechne,	4 th	45.59	
	Rylaand Satter, Ethan Cox			
4x200 Relay	Jaewon Lee, Manny Struck,	5 th	1:36.73	
	Easton Beavers, Henry Theobald			
4x400 Relay	Henry Theobald, Rylaand Satter,	5 th	3:5706	
	Andy White, Easton Beavers			
4x800 Relay	Jack Castelli, Dominic Ripperda,	4 th	9:02.46	
	Sam Pardy, Andrew Dally			
1600 Sprint	Easton Beavers, Andy White,	4 th	3:54.28	
Medley	Andrew Dally, Jack Castelli			
High Jump	Manny Struck	2 nd	6-04	11
Pole Vault	Mikal Bennett	3 rd	12-03	11
Long Jump	Ben Renshaw	8 th	19-04.75	12
Triple Jump	Ben Renshaw	6 th	39-05.50	12
Shot Put	Edward Meylor	1 st	50-08.00	12
	David Alpers	3 rd	43-11.00	11

A	UZZ INIETRO B	oys Track Meet Resu			
Year	Event	Athlete	Place	Performance	
2022	4x800 M Relay	Andrew Dally, Dominic Ripperda, Gabe Ripperda, Jack Castelli	4 th	8:40.91	
2022	100 M Hurdles	KraytonRaasch	18 th	18.81	Page
2022	100 M Dash	Bennett Dannenbring	5 th	11.21	23
		Preston Konechne	9 th	11.38	
		Jaewon Lee	14 th	11.86	
		Dawson Bauer	19 th	11.96	
022	4x200 Relay	Sullivan Schlimgen, Maverick Jones, Andy White, Kyle Konechne	6 th	1:34.99	
022	1600 M Run	Sam Prairie	18 th	5:19.43	
		Andrew Heldenbrand	21 st	5:35.24	
		Connor Watrson	22 nd	5:41.14	
022	4x100 M Relay	Jaewon Lee, Preston Konechne, Ryland Satter, Bennett Dannenbring	3 rd	44.35	
022	400 M Dash	Easton Beavers	12 th	54.70	
022	400 WI Dash	Sam Jacobsen	25 th	1:03.94	
			25 th		
		Luke Gulseth		1:06.10	
2022 2022	300 M Hurdles 1600 Sprint Medley	KraytonRaasch Jase Thiesse, Andy White, Gabe Ripperda, Peter Stys	19 th 4 th	46.03 3:56.76	
022	800 M Run	Andrew Dally	11 th	2:15.22	
.022		Nick North	15 th	2:16.25	
		Evan Mahrous	19 th	2:29.86	
		Kaden Bunt	23 rd	2:29.10	
022	200 M Dash	Jaewon Lee	13 th	24.17	
.022	200 M Dasii	Pierce Gomarko	20 th	24.17	_
2022	3200 M Run	Jack Castelli	1 st	10:10.05	
2022	3200 M Run		4 th		
		Dominic Ripperda Maxwell Wetzel	4 16 th	10:36.74	
	A 400 M D days		6 th	12:01.61	_
2022	4x400 M Relay	Maverick Jones, Preston Konechne, Manny Struck, Kyle Konechne		3:43.09	
2022	Shot Put	Nate Ratzlaff	5 th	49-02.5	
		Ryland Satter	9 th	44-10	
		Dave Alpers	10 th	44-09	
		Alex Farke	25 th	38-05.5	
2022	Discus Throw	Alex Farke	7 th	131-00	
		Mytch Hagan	14 th	111-00	
		Nate Ratzlaff	16 th	107-07	
		Dave Alpers	19 th	104-06	
2022	Pole Vault	Aiden Geiver	14 th	8-06	
2022	High Jump	Manny Struck	1 st	6-05	
		Sullivan Schlimgen	9 th	5-07	
		NyunDut	17 th	5-03	
2022	Long Jump	Henry Theobald	12 th	18-11.25	
		Preston Konechne	14 th	18-10.75	
		Sullivan Schlimgen	20 th	18-07.25	
2022	Triple Jump	Manny Struck	1 st	42-10.5	
		Kyle Konechne	4 th	41-07	
		Henry Theobald	5 th	41-05	
		Cade Clemens	18 th	36-04.5	
2022	Javelin Throw	Havden Groos	5 th	144-03	
2022		Gabe Tschetter	6 th	143-01	
2022		Sam Pardy	19 th	108-05	
2022		Chris VanDenHemel	23 rd	92-10	

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vent	Place	2023 Metro Conference Results Athlete(s)	Performance
x800 Meter Relay	2 nd	Andrew Dally [12], Evan Mahrous [10], Nick North [11], Jack Castelli	8:13.57
4X000 Meter Relay	2		0.15.57
100 Meter Dash	2 nd	Jade Anstine	10.93
	- 12 th	Jase Thiesse	11.28
	15 th	Bennett Dannenbring	11.37
	19 th	Maverick Jones	11.58
x200 Meter Relay	3 rd	Peyton Mausbach [11], Garrison Schoenwald [9], Peyton Hage [12], Andy White [11]	1:32.17
1600 Meter Run	22 nd	Sam Prairie	5:15.20
	25 th	William Sorenson	5:36.85
x100 Meter Relay	2 nd	Jase Thiesse [9], Bennett Dannenbring [12], Maverick Jones [11], Jade Anstine [12]	43:01
400 Meter Dash	3 rd	Kellen Askew	50.95
	5 th	Kyle Konechne	52.44
	10 th	Adrian Hofer	53.45
	11 th	Ashton Bierema	53.56
00 Meter Hurdles	14 th	Brody Tynan	45.78
00 Meter Run	1 st	Sam Castle	1:57.91
	4 th	Andrew Dally	2:03.10
	12 th	Nick North	2:07.22
200 Meter Dash	2 nd	Jade Anstine	22.48
	7 th	Bennett Dannenbring	23.29
	8 th	Andy White	23.30
	9 th	Kyle Konechne	23.31
200 Meter Run	2 nd	Jack Castelli	9:43.65
x400 Meter Relay	1 st	Kellen Askew [11], Maverick Jones [11], Ashton Bierema [11], Sam Castle [12]	3:24.69
Shot Put	4 th	Ryland Satter	48-09.5
	6 th	Nate Ratzlaff	46-07
	22 nd	Nolan Vandel	38-02
	23 rd	Daniel Vazquez	37-05.1
iscus Throw	7 th	Alex Farke	137-10
	11 th	Ryland Satter	126-01
	14 th	Nate Ratzlaff	122-05
	15 th	Lathan Wilcox	119-09
ligh Jump	11 th	Matt Eng	5-07
	19 th	Brody Tynan	5-05
Long Jump	4 th	Henry Theobald	20-10
	9 th	Jase Thiesse	19-11.5
	10 th	Aidan Hofer	19-11
	17 th	Peyton Hage	19-01.5
Triple Jump	4 th	Aidan Hofer	42-00.5
	5 th	Henry Theobald	41-10.75
	7 th	Kyle Konechne	41-04.5
	20 th	Cade Clemens	35-01
Javelin Throw	T5th	Hayden Groos	153-05
	17 th	Preston Vucurevich	124-04
	19 th	Dylan Majeres	120-07

2024 Metro Conference Results

Boys Varsity 100 Meters Finals
3 Jase Thiesse 10.85a 8 Peyton Mausbach 11.10a 13 Maverick Jones 11.26a
Boys Varsity 200 Meters Finals
6 Andy White 22.61a 7 Peyton Mausbach 22.73a
Boys Varsity 400 Meters Finals
2 Ashton Bierema 51.88a 4 Kellen Askew 52.20a
9 Garrison Schoenwald 54.18a 24 Dawson Rysavy 58.22a
Boys Varsity 800 Meters Finals
12 Evan Mahrous 2:10.48a 18 Drake Severson 2:13.55a
20 Myles DeGrange 2:15.47a 24 Chace Hermanson 2:17.57a
Boys Varsity 1600 Meters Finals 21 William Sorenson 5:11.42a
Boys Varsity 3200 Meters Finals
8 Dominic Ripperda 10:07.83a 10 Jack Castelli 10:13.88a
Boys Varsity 110m Hurdles Finals
10 Brody Tynan 16.70a 15 Emeric Benson 17.34a
Boys Varsity 300m Hurdles Finals
7 Brody Tynan 43.71a 16 Rylan Cody 47.44a
Boys Varsity 4x100m Relay Finals 2 nd 43.43a
1) Ryland Satter 2) Peyton Mausbach 3) Maverick Jones 4) Jase Thiesse
Boys Varsity 4x200m Relay Finals 6 th 1:35.39a
1) Isaac Myers 2) Sawyer Konechne 3) Caden Bowers 4) Dawson Bauer
Boys Varsity 4x400m Relay Finals 1 st 3:26.93a
1) Kellen Askew 2) Maverick Jones 3) Jase Thiesse 4) Ashton Bierema
Boys Varsity 4x800m Relay Finals 1st 8:25.55a
1) Dominic Ripperda 2) Evan Mahrous 3) Malachi Kwasa 4) Jack Castelli
Boys Varsity 1600m Sprint Medley Relay - [2-2-4-8] Finals 5th 3:48.32a
1) Carter Majeres 2) Isaac Myers 3 Malachi Kwasa 4) Nick North
Boys Varsity Shot Put Finals
3 Nolan Vandel 49-11 5 Ryland Satter 48-5
12 Rip Siemonsma 42-5.50 23 Hayden Groos 38-6.50
Boys Varsity Discus Finals
4 Nolan Vandel 153-7 5 Lathan Wilcox 144-0
7 Ryland Satter 138-0 15 Rip Siemonsma 126-6
Boys Varsity Javelin Finals
3 Hayden Groos O'Gorman 149-11 9 Preston Vucurevich O'Gorman 138-9
19 Dylan Majeres O'Gorman 121-9 25 Carter Majeres O'Gorman 106-2
Boys Varsity High Jump Finals 15 Nyun Dut O'Gorman 5-7
Boys Varsity Pole Vault Finals 12 Drake Severson 9-6 12 Nick North 9-6
Boys Varsity Long Jump Finals
5 Henry Theobald 20-11.75 17 Jack Hove 18-9
21 Sawyer Konechne 17-5.75 22 Alex Christian 17-2
Boys Varsity Triple Jump Finals 8 Jack Hove 39-5 14 Nyun Dut 38-4

Metro Conference Meet Boys Records

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Boys 100m	Griffin Fischer Sioux Falls Lincoln	10.57
Boys 110m Hurdles	Clay Sonnenschein Harrisburg	14.83
Boys 200m	David Mulbah, SF Roosevelt	21.60
Boys 300m Hurdles	Mayuen Akok, SF Roosevelt	39.50
Boys 400m	Adam Belhaj, SF Lincoln	49.20
Boys 800m	Josh Goehring, SF Roosevelt	1:56.61
Boys 1600m	Tiegen Lindner, SF O'Gorman	4:22.60
Boys 1600 SMR	SF Roosevelt (M Toenah, M Jones, K Scott, T Slaba)	3:40.58
Boys 3200m	Will Lauer, SF Lincoln	9:25.30
Boys 4x100	SF Roosevelt (M Toenah, C Vinatieri, M Jones, T Christion)	43.17
Boys 4x200	SF Lincoln (I Bindert, N Meyers, D Jones, B Furula)	1:30.84
Boys 4x400	SF Roosevelt (J Goehring, T Slaba, K Hess, M Akok)	3:23.52
Boys 4x800	SF Roosevelt (K Hess, D Johnson, T Slaba, J Goehring)	8:13.94
Boys Discus Throw	Jack Lembcke, SF Roosevelt	198-03
Boys High Jump	Damarcus Weldon, SF Lincoln	6-05.00
Boys Long Jump	Hunter Merkley, SF Lincoln	21-11.25
Boys Pole Vault	Karter Sheridan Brandon Valley	14-06.00
Boys Shot Put	Jack Lembcke, SF Roosevelt	61-05.00
Boys Triple Jump	Malik Redd, SF Lincoln	45-10.00
		1

hand held times in tenths and FAT in hundredths.