

SAN MATEO-FOSTER CITY SCHOOL DISTRICT

AUGUST 2022

ELEMENTARY BREAKFAST MENU

MON

TUE

WED

15
YOGURT &
CRACKERS



16
BAGELS &
CREAM
CHEESE



17
BLUEBERRY
MUFFIN



22
YOGURT &
CRACKERS



23
BAGELS &
CREAM
CHEESE



24
CINNAMON
ROLL



29
YOGURT &
CRACKERS



30
BAGELS &
CREAM
CHEESE



31
VANILLA
WAFFLES



THU

11
BANANA
BREAD



FRI

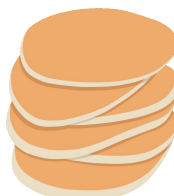
12
TURKEY &
CHEESE
BREAKFAST
SANDWICH



18
BANANA
BREAD



19
MINI
PANCAKES



25
BANANA
BREAD



26
EGG AND
CHEESE
BREAKFAST
WRAP



BREAKFAST

ITEMS AVAILABLE DAILY

Choice of Cereal

Benefit Bar

Fruit

100% Fruit Juice

Choice of Fat Free Chocolate or 1%

White Milk

BACK TO SCHOOL



this institution is an equal opportunity provider.

SAN MATEO-FOSTER CITY SCHOOL DISTRICT

AUGUST 2022

ELEMENTARY LUNCH MENU

MON

TUE

WED

15

TURKEY OR
VEGETARIAN
NACHOS

OR

VEGETARIAN
BURGER WITH
FRENCH FRIES

16

CHEESE PIZZA
NADA POCKET

OR

BEAN & CHEESE
BURRITO



17

BEEF HOT DOG

OR

GRILLED CHEESE
SANDWICH



22

BEEF BURGER
WITH FRENCH
FRIES

OR

VEGETARIAN
BURGER WITH
FRENCH FRIES

23

BEEF TACO
STICK

OR

BEAN & CHEESE
BURRITO



24

CHICKEN CORN
DOG

OR

GRILLED CHEESE
SANDWICH



29

BEEF
CHEESEBURGER
SLIDERS

OR

VEGETARIAN
BURGER WITH
FRENCH FRIES

30

MACARONI &
CHEESE
OR
BEAN & CHEESE
BURRITO



31

TERIYAKI
CHICKEN WITH
VEGGIE FRIED
RICE

OR

GRILLED CHEESE
SANDWICH

THU

11

FRENCH TOAST,
TURKEY
SAUSAGE, AND
TATER TOTS

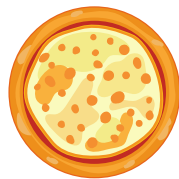
OR

VEGETARIAN
NUGGETS WITH
FRENCH FRIES

FRI

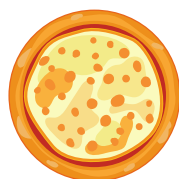
12

CHEESE PIZZA
ROUND



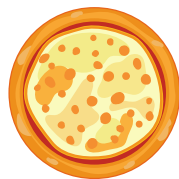
19

CHEESE PIZZA
ROUND



26

CHEESE PIZZA
ROUND



18

BEEF PASTA
WITH GARLIC
BREAD

OR

VEGETARIAN
NUGGETS WITH
FRENCH FRIES

25

CHEESE RAVIOLI
WITH MARINARA
SAUCE & GARLIC
BREAD

OR

VEGETARIAN
NUGGETS WITH
FRENCH FRIES



LUNCH

ITEMS AVAILABLE DAILY

Hot Lunch Entrees

Yogurt Basket

(Yogurt, Cheese, and Crackers)

"WOWbutter" Sandwich

Fruit and Vegetables

Choice of Fat Free Chocolate or 1%
White Milk

Back to SCHOOL



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SAN MATEO-FOSTER CITY SCHOOL DISTRICT

AUGUST 2022

TURNBULL BREAKFAST MENU

MON

TUE

WED

15
YOGURT &
CRACKERS



16
BAGEL &
CREAM
CHEESE



17
BLUEBERRY
MUFFIN



22
YOGURT &
CRACKERS



23
BAGEL &
CREAM
CHEESE



24
CINNAMON
ROLL



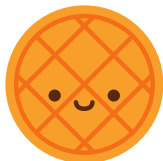
29
YOGURT &
CRACKERS



30
BAGEL &
CREAM
CHEESE



31
VANILLA
WAFFLE



THU

11
BANANA
BREAD



FRI

12
CEREAL



18
BANANA
BREAD



19
CEREAL



25
BANANA
BREAD



26
CEREAL



BREAKFAST

ITEMS AVAILABLE DAILY

Fruit

1% White Milk



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SAN MATEO-FOSTER CITY SCHOOL DISTRICT

AUGUST 2022

TURNBULL LUNCH MENU

MON

TUE

WED

15

TURKEY OR
VEGETARIAN
NACHOS



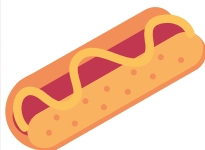
16

CHEESE PIZZA
NADA POCKET



17

BEEF HOT
DOG



22

BEEF BURGER
WITH FRENCH
FRIES



23

BEEF TACO
STICK



24

CHICKEN CORN
DOG



29

BEEF
CHEESEBURGER
SLIDERS



30

MACARONI &
CHEESE



31

TERIYAKI
CHICKEN WITH
VEGGIE FRIED
RICE



THU

11

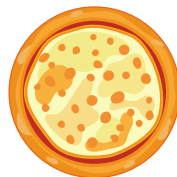
FRENCH TOAST,
TURKEY
SAUSAGE, AND
TATER TOTS



FRI

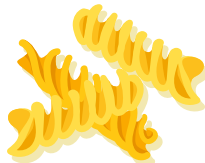
12

CHEESE PIZZA
ROUND



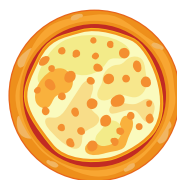
18

BEEF PASTA
WITH GARLIC
BREAD



19

CHEESE PIZZA
ROUND



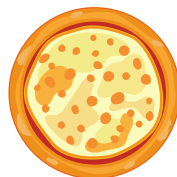
25

CHEESE
RAVIOLI WITH
MARINARA
SAUCE &
GARLIC BREAD



26

CHEESE PIZZA
ROUND



LUNCH

ITEMS AVAILABLE DAILY

Hot Lunch Entrees

Yogurt Basket

(Yogurt, Cheese, and Crackers)

"WOWbutter" Sandwich

Fruit and Vegetables

Choice of Fat Free Chocolate or 1%
White Milk

Back to SCHOOL



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SAN MATEO-FOSTER CITY SCHOOL DISTRICT

AUGUST 2022

MIDDLE SCHOOL BREAKFAST MENU

MON

TUE

WED

15
YOGURT &
CRACKERS

OR

IN-HOUSE MADE
TURKEY OR
VEGETARIAN
BREAKFAST
BURRITO

16
BAGELS &
CREAM
CHEESE



17
BLUEBERRY
MUFFIN
OR
FRUIT
SMOOTHIE
AND
CRACKERS

18
BANANA
BREAD



19
MINI
PANCAKES
OR
FRUIT &
YOGURT
PARFAIT

22
YOGURT &
CRACKERS

OR

IN-HOUSE MADE
TURKEY OR
VEGETARIAN
BREAKFAST
BURRITO

23
BAGELS &
CREAM
CHEESE



24
CINNAMON
ROLL



25
BANANA
BREAD



26
EGG AND
CHEESE
BREAKFAST
WRAP



29
YOGURT &
CRACKERS

OR

IN-HOUSE MADE
TURKEY OR
VEGETARIAN
BREAKFAST
BURRITO

30
BAGELS &
CREAM
CHEESE



31
VANILLA
WAFFLES
OR
FRUIT
SMOOTHIE
AND
CRACKERS



THU

11
BANANA
BREAD



FRI

12
TURKEY &
CHEESE
BREAKFAST
SANDWICH



this institution is an equal opportunity provider.

BREAKFAST

ITEMS AVAILABLE DAILY

Choice of Cereal

Benefit Bar

Fruit

100% Fruit Juice

Choice of Fat Free Chocolate or 1%

White Milk



morning

SAN MATEO-FOSTER CITY SCHOOL DISTRICT

AUGUST 2022

MIDDLE SCHOOL LUNCH MENU

MON

TUE

WED

15

TURKEY OR
VEGETARIAN
NACHOS
OR
VEGETARIAN
BURGER WITH
FRENCH FRIES
OR
SPICY CHICKEN
BURGER & FRIES

16

CHEESE PIZZA
NADA POCKET
OR
BEAN & CHEESE
BURRITO
OR
CHICKEN
BURGER

17

BEEF HOT DOG
OR
GRILLED CHEESE
SANDWICH
OR
SPICY CHICKEN
BURGER

22

BEEF BURGER
WITH FRENCH
FRIES
OR
VEGETARIAN
BURGER WITH
FRENCH FRIES
OR
SPICY CHICKEN
BURGER & FRIES

23

BEEF TACO
STICK
OR
BEAN & CHEESE
BURRITO
OR
CHICKEN
BURGER
OR
CHEESE TAMALES &
CHARRO BEANS

24

CHICKEN CORN
DOG
OR
GRILLED CHEESE
SANDWICH
OR
SPICY CHICKEN
BURGER
OR
SPICY CHICKEN
WRAP

29

BEEF
CHEESEBURGER
SLIDERS
OR
VEGETARIAN
BURGER WITH
FRENCH FRIES
OR
SPICY CHICKEN
BURGER & FRIES

30

MACARONI &
CHEESE
OR
BEAN & CHEESE
BURRITO
OR
CHICKEN BURGER
OR
CALIFORNIA
CHICKEN WRAP

31

TERIYAKI CHICKEN
OR VEGGIE NUGGETS
WITH VEGGIE FRIED
RICE
OR
GRILLED CHEESE
SANDWICH
OR
SPICY CHICKEN
BURGER

THU

11

FRENCH TOAST,
TURKEY SAUSAGE,
AND TATER TOTS
OR
VEGETARIAN
NUGGETS WITH
FRENCH FRIES
OR
BEEF HAMBURGER
OR
CHICKEN CAESAR
SALAD

FRI

12

CHEESE PIZZA
SLICE
OR
PORK
PEPPERONI
PIZZA SLICE

18

BEEF PASTA WITH
GARLIC BREAD
OR
VEGETARIAN
NUGGETS WITH
FRENCH FRIES
OR
BEEF HAMBURGER
OR
TURKEY TACO
SALAD WITH CHIPS

19

CHEESE PIZZA
SLICE
OR
PORK
PEPPERONI
PIZZA SLICE

25

CHEESE RAVIOLI
WITH MARINARA
SAUCE & GARLIC
BREAD
OR
VEGETARIAN
NUGGETS WITH
FRENCH FRIES
OR
BEEF HAMBURGER
OR
CHICKEN CAESAR
SALAD

26

CHEESE PIZZA
SLICE
OR
PORK
PEPPERONI
PIZZA SLICE



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LUNCH

ITEMS AVAILABLE DAILY

Hot Lunch Entrees
Yogurt Basket
(Yogurt, Cheese, and Crackers)
"WOWbutter" Sandwich
Fruit and Vegetables
Choice of Fat Free Chocolate or 1%
White Milk

Back to School

