



May 2022

Dear Parent/ Guardian:

Florida legislation (6A-1.094124) requires all students 6th-12th to receive instruction in mental health, child trafficking prevention, and substance abuse. In Volusia County Schools, students have received this instruction through a developmentally appropriate lesson within their class day. The remaining lessons will include the following areas:

Middle School – Reducing the Stigma of Mental Health, Handling Stress, Coping Skills, Resiliency, and Substance Abuse Education.

High School – Mental Health Issues, Suicide Prevention and Warning Signs, Community Resources and Support, and Substance Abuse Education and Recovery.

At our High School this lesson will be delivered by your child’s teacher on Monday, May 23rd through your child’s 1st Period class & on Thursday, May 26th through your child’s 2nd Period class. In total, the lessons accrue to an hour of material.

If you have any questions about the lesson, please call me at 386-424-2555. We highly recommend that all students participate in this important lesson. However, if you do not want your student to participate, please complete and sign the bottom portion of this letter and return to Counseling office by 5/20/22, indicating your decision to opt out.

Sincerely,

Brian Eschen
Assistant Principal
bpeschen@volusia.k12.fl.us
(386) 424-2555 ext. 38512

Child Safety Lesson Opt-Out Form

(Please detach bottom portion of this form and return to _____.)

I want my child, _____, to be excluded from the state-mandated Mental Health lesson.

Parent Signature

Date