



*Come on in and have some fun with Ella! This water exercise class is sure to increase your heart rate as you 'splash' your way into a great workout!
(a medium to high intensity workout)*

Tuesdays/Thursdays in August

August 9 & 11	August 16
August 23 & 25	

6:15 - 7:00 pm

Cost: \$30 for all classes
Drop in: \$8 per class

If pool is closed due to holidays, weather or mechanical failure; class will not be rescheduled
Minimum amount of participants are required to hold classes!

By this Waiver, I assume any risk, and take full responsibility and waive any claims of personal injury, death or damage to personal property associated with Lodi School District Recreation and Education Program activities and events organized by The School District of Lodi.

I understand and confirm that by signing this WAIVER AND RELEASE I have given up considerable future legal rights. I have signed this Agreement freely, voluntarily, under no duress. My signature is proof of my intention to execute a complete and unconditional WAIVER AND RELEASE of all liability to the full extent of the law. I am 18 year of age or older and mentally competent to enter into this waiver.

Any Questions Contact
592-1076

Mail/Drop Off Form to:

Lodi CREW
Attn: Heidi Endres
115 School St; Lodi, WI 53555

Name: _____

All classes \$30
 Drop in: \$8 per class

Method of Payment:
 Check (make payable to Lodi Schools)
 Cash (drop off only)

Name

Address

Phone

Email

Emergency Phone & Name

Signature

Explode with Ella – water aerobics – August 2022