

SHABBAT TAKE OUT MENU

ORDER BY MIDNIGHT ON MONDAY ~ PICK UP ON THURSDAY

at 3:30pm - 5pm at MJCC

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| Challah Rolls | 4 Rolls | \$6.00 |
| Chicken Soup Chicken broth, meat, vegetables, dill, parsley & orzo. | Quart | \$10.00 |
| Lentil Soup Brown lentils, Swiss chard, onion & sumac. | Quart | \$9.00 |
| Soup of the Week Same soup as Tuesday night Menu. | Quart | \$9.00 |
| Roasted Vegetable Platter Green beans, cauliflower, carrots, bell peppers, mushrooms, garlic & fresh basil. | Gf V 24 oz | \$12.00 |
| Sauteed Green Beans & Red Peppers With Sumac & Olive Oil. | Gf V 20 oz | \$9.00 |
| Potato Kugel Traditional potato & onion kugel. | Gf 24 oz | \$10.00 |
| Roast Red Potatoes Prepared with Rosemary & sea salt. | Gf 24oz | \$9.00 |
| Beef Kafta Kebab Ground beef, onion, bulgar wheat & parsley. | 5 x 3oz | \$19.50 |
| Slow Cooked Brisket Sliced beef brisket with mushroom gravy. | Gf 12 oz | \$17.50 |
| Lemon Thyme Chicken Half a chicken roasted with fresh thyme & lemons | Gf 1 lb | \$10.75 |
| Salmon Cakes Seared salmon cakes with caper dill remoulade. | 12 oz | \$17.00 |

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| Chicken Schnitzel | | 1 per portion | \$13.00 |
| Classic chicken breast schnitzel. | | | |
| Roast Salmon | Gf | 12 oz | \$18.00 |
| Cooked in lemon juice, white wine & Dill. | | | |
| Beef & Lamb Meatballs | | 6 x 3oz | \$22.00 |
| Braised with roasted garlic, Marinara sauce & herbs. | | | |
| Egg Salad | Gf | 12 oz | \$7.00 |
| Classic egg salad garnished with green onions. | | | |
| Tuna Salad | Gf | 12 oz | \$8.00 |
| Albacore Tuna, celery, red onion, dill, capers & mayo. | | | |
| White Fish Spread | | 8oz | \$14.00 |
| Hummus | Gf V | 8 oz | \$5.00 |
| Tahini | Gf V | 8 oz | \$5.00 |
| Baba Ghanooj | Gf V | 8 oz | \$5.00 |
| Salad of the Week | V | | \$7.50 |
| Same as special salad on Tuesday night menu. | | | |
| Mixed Vegetable Salad | GF V | 12 oz | \$5.50 |
| Tomato, cukes, bell pepper, red & green onion, parsley, garlic, lemon juice & olive oil. | | | |
| Tabouli | V | 12 oz | \$5.50 |
| Parsely salad w/bulgar wheat, tomato, cukes, bell pepper, onion, lemon juice & olive oil. | | | |
| Coleslaw | Gf V | 12 oz | \$5.50 |
| Shredded cabbage & carrots with lemon juice & olive oil. | | | |
| Potato Salad | Gf V | 12 oz | \$5.50 |
| Mediterranean Potato Salad with green onion, garlic, red wine vinegar & olive oil. | | | |
| Fried Eggplant Salad | Gf V | 12 oz | \$6.00 |
| Fried eggplant with green onion, garlic & red wine vinegar. | | | |