

AUGUST | 2022

Jr Sr High Lunch



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1	2	3	4	5
8	9	10 BBQ Pulled Pork Sandwich Sweet Potato Wedges Malibu Vegetable Assorted Fruit (2) Ice Cold Milk	11 Chili Cheese Hot Dog w/Onion Doritos California Blend Vegetables Baked Beans Assorted Fruit (2) Ice Cold Milk	12 Cheese Pizza Corn Steamed Broccoli Assorted Fruit (2) Fruit Roll Up Ice Cold Milk
15 Cheeseburger w/ Pickles Waffle Fries Caribbean Vegetables Assorted Fruit (2) Ice Cold Milk	16 Chicken Tender Wrap w/ Lettuce, Shredded Cheddar, Chipotle or Ranch Sauce Nantucket Vegetables Peas Assorted Fruit (2) Ice Cold Milk	17 Philly Steak Cheese on Sub Bun Steamed Broccoli Baked Beans Assorted Fruit (2) Ice Cold Milk	18 Arroz Con Pollo (Fajita Meat, Queso Blanco Cheese Sauce, Mexican Rice) Tortilla Chips & Salsa Corn Assorted Fruit (2) Ice Cold Milk	19 Popcorn Chicken Bowl w/ Mashed Potatoes & Gravy Cooked Carrots Dinner Roll & Marg Assorted Fruit (2) Ice Cold Milk
22 Nachos w/ Taco Meat & Cheese Salsa Ranchero Beans Assorted Fruit (2) Ice Cold Milk	23 Sausage Pizza Italian Vegetables Corn Assorted Fruit (2) Cookie Ice Cold Milk	24 Italian Beef Calzone Northwest Vegetables Spinach Romaine Salad w/ Dressing Assorted Fruit (2) Ice Cold Milk	25 Corn Dog Sweet Potato Fries Green Beans Assorted Fruit (2) Mini Ice Cream Sandwich Ice Cold Milk	26 Chicken Patty on Bun Potato Casserole Capri Vegetable Blend Assorted Fruit (2) Ice Cold Milk
29 Turkey Manhattan Peas Assorted Fruit (2) Jello Cup Ice Cold Milk	30 Chicken Quesadilla Salsa, Sour Cream Cooked Carrot Spicy Potatoes Assorted Fruit (2) Nutty Bar Ice Cold Milk	31 BBQ Pulled Pork Potato Bowl w/ Cheese, Tomato, Onion Garlic Parm Twist Breadstick Key West Vegetables Assorted Fruit (2) Ice Cold Milk	1	2

News

There are 3 ways to make complete reimbursable meal for all students.
Main Tray Line
Salad Bar
Ala Carte

Students may substitute the main entrée for a PB & Jelly Sandwich Kit. Just ask cashier if you have any questions.

Due to Delays, Cancellations and Delivery Issues the menu is subject to change. Sorry for any inconvenience this may cause. Thank You

Lunch Served
Northfield High 11:15 am – 12:35 pm
Southwood High 11:15 am – 12:35 pm

Lunch Prices
Reduced \$.40 Paid \$2.60
2nd Lunch Tray \$2.95
Milk \$.65

If you receive a free or reduced lunch. You can also receive a free or reduced breakfast. Just contact your school office or school food service department if you have any questions.

Visit Our New Facebook Site:
[MSDFoodService](#)

Grades 7-8 only due to
Calories or Sodium Levels

Grades 9-12 only due to
Calories or Sodium Levels