



UDAS CHRONICLE

For the parents, staff, students, and community of
New Smyrna Beach High School

November 2021

Volume 20 / Issue 2

Dear Parents/Guardians:

Our Motto this year is, "Barracuda Strong."
Our students, staff, parents, and community are what make our school a great place to learn and work.

My focus this year is high trust behaviors of leaders by researchers at the University of North Texas. Two identified behaviors are character and competence. With character teachers and administrators create transparency and demonstrate respect. Characteristics of competence are delivering results, getting better, and practicing accountability. When both character and competence are present, the learning environment is optimal. As students, parents, teachers, and administration, we must be willing to embrace the implementation of new programs, policies, and procedures.

During the first grading period, students have adjusted well to the return to traditional schooling at NSBHS. Operating in person, has provided a sense of normalcy with students participating in face-to-face instruction, sports, and clubs. Despite the transition with mask rulings, masks are optional at this point including with adults that enter our campus. We highly encourage our students to practice good handwashing and/or sanitizing habits.

Despite the challenges in place due to Covid, we continue to set high standards and even higher goals. Testing started early this year with district subject area, self-inventories, and state assessment (VLT, SMT, Diagnostic, PSAT, SAT, Khan Academy Linkage, Youscience Testing, and EOC Retakes) testing. Teachers have high expectations for academic achievement and conduct. We expect our students to succeed and graduate in 4 years. In order to make this happen, students must strive to be present and do their best every day.

In closing, I would like to impart you with our School Improvement Goal: If NSBHS implements social and academic supports for equitable standards-based learning through collective efficacy, student's at-risk factors will decrease, and academic achievement will increase.

Respectfully,

Timothy Merrick
Principal

NSBHS Mission Statement:

Working together with parents, school personnel and community members, New Smyrna Beach High School students will graduate with the knowledge, skills and values necessary to be positive contributors to society.



STUDENTS OF THE MONTH

SEPTEMBER

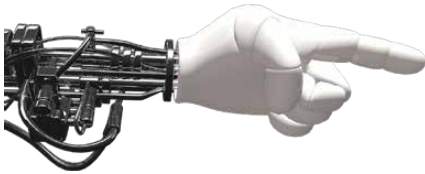


*Athlete of the Month for September
Eden Anderson and Caron Moore*



*Scholar of the Month for
September Alize Cardot*

ROBOCUDAS



The New Smyrna Beach High Robotics Team, aka 'RoboCudas', took home a Championship in the annual 2021 Daytona Beach Robot Brawl, held on Saturday, October 2nd. Their Heavyweight Division bot, called 'The Edger', won First Place, competing against other

VCS schools, including Spruce Creek High, Deltona High, Pine Ridge High and Pierson Taylor. The team was composed of seniors Garrett Geiger (driver), Will Robinson, Sean Ranieri, Mason Wiese, and Joseph Yancey. Over 40 bots participated in the event, held at City Island Jackie Robinson Ball Park, with 10 entered in the heavyweight division. The team was awarded a check for \$1000.



**DONNA CONCANNON
& DAVID KOSMAS**

3RD GENERATION **NATIVE REALTORS** WITH INTEGRITY



LET THE "NSBHomes Lifestyle Experts" GUIDE YOU!
FOR MORE INFORMATION CALL
386.235.8588

OR EMAIL

DONNA@NSBHOMES.COM • DAVID@NSBHOMES.COM
LOCATED AT 318 PALMETTO STREET, NEW SMYRNA BEACH, FL 32168

HOMES • COMMERCIAL • LAND • CONDOS • PROPERTY MANAGEMENT

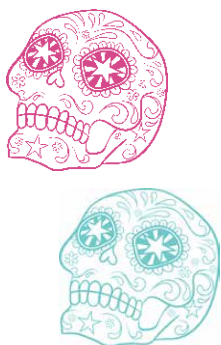


L-R Academic Coach, Erin Everidge, Dr. Grace Kellermeier, Oceana Lollick, Assistant Principal, Brian Eschen and Assistant Principal, Kristina Cromer

Hispanic Heritage Month

Oceana Lollick won the Volusia County Hispanic Heritage Month Essay Contest. She was awarded \$50 and a certificate in person from VCS World Languages Coordinator Dr. Grace Kellermeier. Congratulations Oceana!

The World Languages and Art Department engaged in an interdisciplinary project on Friday, October 8 in the Lecture Hall. Students learned about the history of Hispanic Heritage Month and why it is September 15- October 15. They created calaveras (skulls) that are used in the celebration of el Día de los Muertos which combines practices of indigenous and Spanish culture. Art teacher, Tina Curry, organized this project.



'Cuda Chronicles'
November 2021 • Issue #2
Published Six Times Per Year
New Smyrna Beach Senior High School
1015 Tenth Street
New Smyrna Beach, FL 32168



Jason L. Larkin, DDS, MSD

811 State Road 44
New Smyrna Beach, FL 32168

www.larkinorthodontics.com

Ph: 386-427-1400

Fax: 386-424-1438
larkinortho@gmail.com

**Sandy's
Family Hair Care**

**Walk-ins Welcome
386-428-1359**

1401 S. Ridgewood Ave., #5 • Edgewater, FL 32132
www.facebook.com/sandysfamilyhair



NOW HIRING

Facilities Maintenance

(386) 947-8786 Ext. 50753

Carpenter • Electrical • Equipment Operator • HVAC • Plumbing
Benefits: Medical, Dental, Vision, Florida Retirement System



Your Local Attorneys

1-800-JUSTICE | RUEZIFFRA.COM

**Comprehensive
Medical &
Surgical
Eye Clinic**



VOLUSIA EYE
ASSOCIATES
ADVANCED SURGICAL & EYE CARE, LOCAL CONVENIENCE

**Optical Boutique
Eye Exams
Dry Eye Clinic**

As an Alumni of NSBHS, Dr. Robert "Hank" Routh is truly a LOCAL serving LOCALS.



National Merit Scholarship Program

Congratulations to Sean Ranieri for being recognized as a Commended Student from the 2022 National Merit Scholarship Program. Sean is being recognized for the exceptional academic promise demonstrated by his outstanding performance on the qualifying test used for program entry.



10 West Indian River Blvd.
Edgewater, FL 32141

386-478-1490

<http://www.chick-fil-a.com/edgewater-fl>

Tomorrow's Leaders

Developed by the FUTURES Foundation for Volusia County Schools, Tomorrow's Leaders is a leadership training program designed for high school juniors. Through a series of structured activities and events, Tomorrow's Leaders participants meet and interact with community leaders who share their thoughts, concerns and hopes about current issues, community resources and various factors impacting the future of Volusia County. Tomorrow's Leaders prepares students for constructive leadership, responsible citizenship and active participation in the affairs of Volusia County and beyond.

The six-month program begins in October with a mandatory orientation session for students and parents. Each month thereafter, students participate in a seminar focusing on a specific topic, such as the Arts, Criminal Justice, Social Services, Sports Marketing, Healthcare, Government and Education. During each seminar, students interact with community leaders who share insights on communication, time management, motivation, and other aspects of effective leadership. Throughout the Tomorrow's Leaders program, students are challenged in their understanding and awareness of the complexities of relationships, teamwork and problem solving. Skills, perspectives and relationships gained during the program will help students set and achieve personal and professional goals, and better prepare them to assume leadership positions.

Congratulations to New Smyrna Beach High School students who were selected for this amazing leadership opportunity.



Pictured (L-R) Principal, Timothy Merrick, Angel Methax, Ava Tanner, Ava Grimaldi, Alize Cardot and Tillman Arieti



Sameer N. Haté,
D.M.D., M.S.
Board Certified Oral &
Maxillofacial Surgeon

WE PROVIDE COMPREHENSIVE
ORAL SURGERY CARE, INCLUDING:

**Dental Implants • Wisdom Teeth
Botox/Juvederm • Anesthesia**

105 Cypress Point Pkwy.
Suite B
Palm Coast, FL 32164
386-445-0555

870 Dunlawton Ave.
Suite 210
Port Orange, FL 32127
386-756-2580



**EAGLE EYE
DENTAL**

Cosmetic & Family Dentistry

Caring, Compassionate and Comprehensive Dental Care

Call for Appointment Today!

Phone: 386-957-3977 • Fax: 386-957-3979

Most Dental Plans Accepted



EMERGENCIES & WALK-INS WELCOME

Accepting New Patients!

**\$59⁰⁰ SPECIAL
for New Patients**

- New Patient Exam
- Bite Wings
- Pano
- Cancer screening

Follow Us



Dr. Michael Somai

104 S. Cory Drive (Cory Estates) Edgewater | Info@EagleEyeDental.com | EagleEyeDental.com



Teacher of the Year

Congratulations Raquel Heath, New Smyrna Beach High School Teacher of the Year!



Kids Rock the Nation

Jet Murphy and Vaughn Selph received guitars from Anthony Wild from Kids Rock the Nation.

Bob Noss Mini Grant

Congratulations to the winners of the 2020-2021 Bob Noss Mini-Grant Program sponsored by the Kiwanis Club of South East Volusia!



Patrick Hole, Gabriele Hughes, Clifford Weisheimer and Mary Zihal (not pictured).



**DAYTONA
STATE COLLEGE**

you belong
HERE

ENROLL TODAY! (386) 506-3000 • DaytonaState.edu

YOUR URGENCY IS OUR SPECIALTY!

**PrimeCare
URGENT CARE**




**\$5 OFF
SCHOOL & SPORT
PHYSICAL**

Coupon must be present and surrendered at time of service. Offer valid through 9/1/2022



PRIMECARE NEW SMYRNA
1327 SAKON DR. NEW SMYRNA BEACH, FL 32169
386.767.2402

// PRIMECAREMD.ORG // [f /PRIMECAREMD](https://www.facebook.com/PRIMECAREMD)

Healthy Eating: Changing Your Eating Habits

The food you eat can affect your health and your risk for certain diseases. To eat healthier food, you may need to change some of your daily habits. You also may need to change some things in your environment. Your environment includes everything around you, like your home or the place you work.

You don't need to make huge changes to eat healthier. And you don't have to change your habits all at the same time. It's best to set small goals and change your habits a little bit at a time. Over time, small changes can make a big difference in your health.

HOW CAN YOU CHANGE YOUR EATING HABITS?

To eat a healthy diet, you may need to make some changes. Remember that you can change your eating habits a little bit at a time. Small changes are easier to make and can lead to better health.

Here are some ways to make healthy changes in your eating habits:

- Keep more fruits, low-fat dairy products (low-fat milk and low-fat yogurt), vegetables, and whole-grain foods at home and at work. Focus on adding healthy food to your diet, rather than just taking unhealthy foods away.
- Try to eat a family meal every day at the kitchen or dining table. This will help you focus on eating healthy meals.
- Buy a healthy-recipe book, and cook for yourself. Chew gum when you cook so you won't be tempted to snack on the ingredients.
- Pack a healthy lunch and snacks for work. This lets you have more control over what you eat.
- Put your snacks on a plate instead of eating from the package. This helps you control how much you eat.
- Don't skip or delay meals, and be sure to schedule your snacks. If you ignore your feelings of hunger, you may end up eating too much or choosing an unhealthy snack. If you often feel too hungry, it can cause you to focus a lot on food.
- Eat your meals with others when you can. Relax and enjoy your meals, and don't eat too fast. Try to make healthy eating a pleasure, not a chore.
- Drink water instead of high-sugar drinks (including high-sugar juice drinks).

Credits: Current as of: December 17, 2020

Author: Healthwise Staff

Medical Review: Kathleen Romito MD - Family Medicine, Rhonda O'Brien MS, RD, CDE



Biology Scores!

Students scoring "Perfect Score" on Biology 1 EOC's.



Marin Botting



Cheyenne Francis



Stella Busby and Ryan Puckett



**Enroll NOW for
Fall and Winter SAT/ACT
Prep & College Consulting**

386-405-2128 • www.aceittestprep.com

NEW SMYRNA BEACH GYNECOLOGY & OBSTETRICS

**Complete Gynecological Care • Pelvic Surgery
Laparoscopic Hysterectomy**

Jacob D. Rouse, MD, FACOG, FACS, *Board Certified*

603 South Orange Street
New Smyrna Beach, FL 32168

386.423.0333



*Serving Volusia County
Over 20 Years*



FOLLOW US

on

SOCIAL MEDIA

facebook

www.facebook.com/NSBHSBarracudas

twitter

@NSBHSBarracudas

COASTAL WOMEN'S HEALTH

Heather Metchick, M.D., F.A.C.O.G.
Board Certified

433 North Causeway
New Smyrna Beach, 32169

(386) 427-4441 Phone
(386) 427-4494 Fax

www.coastalwomenshealth.org

Offering comprehensive gynecology services
to the community for 15 years.



LOWE
ORTHODONTICS

Embrace Change

DAVID W. LOWE
DDS, MS, PA

Producing Area Smiles Since 1958

386-304-0100

www.drdauidlowe.com

4904 S. Clyde Morris Blvd. Port Orange

GREAT EYE CARE

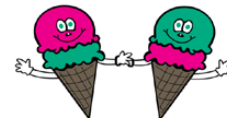
BEGINS WITH REGULAR EYE EXAMS



TotalVision2020.com
524 Canal St., New Smyrna Beach, FL



Treats on the Beach



It's Ice Cream Time!

Ice Cream, Snacks & More at New Smyrna Beach

504 Flagler Avenue
New Smyrna Beach, FL 32169

386-409-3456
treatsonthebeach.com

DUSTIN'S

BAR-B-Q

1208 S. RIDGEWOOD AVE.
EDGEWATER, FL 32132

386-882-9824

www.DUSTINSBARBQ.COM



New Smyrna Beach Senior High School
1015 Tenth Street
New Smyrna Beach, FL 32168

Non Profit
Organization
US Postage PAID
Orlando, FL
Permit # 2346

To Addressee or Current Resident

8



*Cudas
#1*

*Inside this Issue:
Hispanic Heritage Month
Teacher of the Year
ROBOCUDAS
and more!*