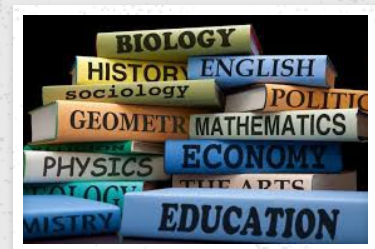


# BCCHS COUNSELING NEWS

SPRING 2021 ISSUE III

## DEAR FAMILIES,

The second semester is underway! Graduation checks will be mailed out in **February**, and we will begin meeting with students to discuss their graduation status as well as to plan for their classes for Fall. **Please reach out to your [grade level clerk](#) to update your home mailing address if you have moved and to update phone numbers if they have changed.**



Sincerely,  
BCCHS Counselors



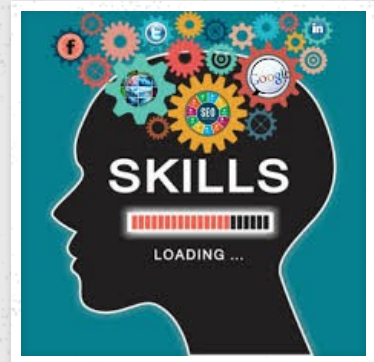
## HELP YOUR STUDENT TO REDUCE STRESS AND IMPROVE MOTIVATION

Great article with 5 Mindfulness Techniques to Help Students Minimize Stress and Stay Motivated  
<https://www.collegiateparent.com/wellness/5-mindfulness-techniques-for-college-students/>



## GROWTH MINDSET VS. FIXED MINDSET

Quick read that gives a good overview of the benefits to having a growth mindset versus a fixed mindset and how to encourage and coach it!  
<https://austinlearningsolutions.com/blog/84-growth-mindset-vs-fixed-mindset>



## SKILLS MATCHER TO HELP YOU FIND YOUR CAREER PATH

Excellent tool to match skills with career options that might be a good fit.  
<https://www.careeronestop.org/Toolkit/Skills/skills-matcher.aspx>

## GRADE LEVEL COUNSELOR UPDATES



### 9TH GRADE

Mrs. Gazarian, Dr. Harwin, and Mrs. Mutia mailed home graduation checks the first week of February. Please make sure both students and parents review grad status reports, unofficial transcripts, and A-G reports. Please reach out to your Counselor via e-mail if you have any questions/concerns.

The Freshman Academy is so excited to have **Freshman Seminar**. Approximately **eighty students** were selected for these classes this Spring. They will learn both study and life skills that will help them be successful.

Further, the Freshman Counselors will begin programming classes this March for our Fall 2021 semester. At that time, we will also be discussing and scheduling summer school classes for those students that need them. We look forward to a GREAT Spring semester!



## 10TH GRADE

We are so excited for the spring semester. The Sophomore Academy is thrilled to announce our new **Sophomore Seminar class** where **50 students** were chosen to join. It will help them with their study skills, academics and provide lots of extra support. It's a wonderful opportunity!

**Mrs. Mowry** and **Mrs. Scherrer** will be mailing their grad checks out the beginning of next week. Please take a look at them with your student. If you have any questions or concerns, feel free to reach out to us.

We are looking forward to meeting with our students in March to plan their classes for their junior year. During this time we will also be going over summer school classes for those students that need to make up credits. This year is going by so fast and we are so proud of what our Sophomores have accomplished! Keep up the good work! We look forward to an AMAZING spring semester with all of you.



## 11TH GRADE

**Mrs. Fuentes** and **Mrs. Hinojosa-Riusech** have a lot of exciting things to report happening for 11th grade!

Graduation checks will be mailed out towards the end of February. You will receive a letter notifying you if your student is on track for graduation and college, and if they have classes they need to make up.

We are thrilled to announce that **60 students** were selected to participate in our new **Junior Seminar** class. These students are working with two teachers on Tuesdays and Thursdays to make sure they have all the support they need to have an incredible Spring semester.

**Junior College Symposium** is starting this Spring! This class is for juniors who want to begin planning for college and their future career. We want to encourage all of our juniors to participate in this incredible opportunity! Our College counselors are hosting this after school class on **Mondays** from **February 8th – April 26th** from **1:30 PM - 2:45 PM**. Students will be earning 1 credit. To sign up students need to see the syllabus and sign up at [bit.ly/collposium](https://bit.ly/collposium)

Lastly, we have a few juniors making up classes on Accelerate either 0 or 7th period. We want to encourage them to keep working quickly and making progress so will be 100% on track for graduation or college entrance!



## 12TH GRADE

**Mrs. Brown and Mrs. Palacios** will be mailing home graduation checks in the next week. Please review the included documents with your student. We will hold student meetings to discuss their graduation status in the next few months. **Keep in mind that students MUST pass their classes this semester to stay on track for graduation.**




Some senior students are enrolled in Credit Recovery Opportunities, such as Independent Studies and Accelerate. **If your student has these classes on their schedule, it is imperative that they pass these classes with Cs or better.**

Senior students, please inform your counselor and college counselor when you receive college acceptances so we can celebrate your SUCCESS!



## CONTACT US

Instagram handle is [@bcchs.counseling](https://www.instagram.com/bcchs.counseling)

 Birmingham Community Char...  (818) 758-5200  
 birminghamcharter.com

# JUNIOR COLLEGE SYMPOSIUM

WHEN

**MONDAY, FEB. 8TH, 1:30PM TO  
MONDAY, APRIL 26TH, 1:30PM**

WHERE

**THIS IS AN ONLINE EVENT.**

**MORE INFORMATION**

This class is for juniors who want to begin planning for college and their future career. We want to encourage all of our juniors to participate in this incredible opportunity! **This class will be meeting on Mondays from 2/8/ 2021- 4/26/2021 from 1:30 PM - 2:45 PM.** Students will be earning 1 credit for participating in this class. To sign up students need to see the syllabus and sign up at [bit.ly/collposium](http://bit.ly/collposium)

