



# Special Diet Statement

School Food Authorities (SFAs) must make reasonable substitutions to meals on a case-by-case basis for children who are considered to have a disability that restricts their diet [7 CFR 210.10(m)]. According to the ADA Amendments Act, most physical and mental impairments will constitute a disability.

SFAs are not required to accommodate special dietary requests that do not constitute a disability, including requests related to religious or moral convictions or personal preference. If these requests are accommodated, SFAs must ensure all USDA meal pattern and nutrient requirements are met.

**This form is to be completed by a licensed physician, physician assistant, or an advanced practice registered nurse, such as a certified nurse practitioner. Updates to this form are required only when a child's needs change.**

Note: Parents may provide a written request for lactose-reduced milk if their child is lactose intolerant without a physician's signature.

## Participant Information

Participant's Name: Last/First/Middle Initial Today's Date

Name of School and Homeroom Teacher Date of Birth

Parent/Guardian Name Home Phone Number

Work Phone Number

## REQUIRED Information: Dietary Accommodation

1. State the allergen or food to be avoided:
2. Brief explanation of how exposure to this food affects the child:
3. List specific foods to be omitted and substituted. Attach a sheet with additional instructions as needed.
4. Does your student plan on eating school meals: Yes No  
*If yes, you will be contacted by Orono Child Nutrition regarding menu planning.*

Foods to be Omitted	Foods to be Substituted

## Additional Information

**Texture Modification:** Pureed Ground Bite-Sized Pieces  
Other (specify):

**Tube Feeding:** Formula Name: Administering Instructions:  
**Oral Feeding:** No Yes If yes, specify foods:

**Signature**

**Licensed physician, physician assistant, or advanced practice registered nurse such as a certified nurse practitioner must sign and retain a copy of this document.**

Prescribing Authority Credentials (print):

Date:

Signature:

Clinic/Hospital:

Phone Number:

Fax Number:

**Voluntary Authorization**

Note to Parent(s)/Guardian(s)/Participant: You may authorize the Supervisor of Child Nutrition to clarify this Special Diet Statement with the physician by signing the following Voluntary Authorization section:

In accordance with the provisions of the Health Insurance Portability and Accountability Act (HIPPA) of 1996 and the Family Educational Rights and Privacy Act I hereby authorize \_\_\_\_\_  
**(physician/medical authority name)** to release such protected health information as is necessary for the specific purpose of Special Diet information to Orono Schools, Department of Child Nutrition and I consent to allow the physician/medical authority to freely exchange the information listed on this form and in their records concerning me, with the program as necessary. I understand that I may refuse to sign this authorization without impact on the eligibility of my request for a special diet for me. I understand that permission to release this information may be rescinded at any time except when the information has already been released. Optional: My permission to release this information will expire on \_\_\_/\_\_\_/\_\_\_\_\_(date). This information is to be released for the specific purpose of Special Diet information. The undersigned certifies that he/she is the parent, guardian, or authorized representative of the participant listed on this document and has the legal authority to sign on behalf of that participant.

Parent/Guardian:

Date:

This institution is an equal opportunity provider.

Schumann Elementary Health Office  
Orono Intermediate School Health Office  
Orono Middle School Health Office  
Orono High School Health Office

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