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DATE: March 11, 2021

TO: Board of Directors

FROM: Monica Graves

RE: Public Comment to the Board

Integrity is not asking someone else to do something you aren't willing to do yourself.

I have 2 high school athletes. One opted out of football because it is a struggle to breathe while exercising & wearing a mask. The other is now asking to quit soccer because she can't catch her breath with her mask on and if she pulls it down to catch her breath her coach yells at her to pull it back up.

Oxygen is the most basic human right and your decisions are depriving our student athletes of that very right.

How many of you put in a cloth mask and ran back and forth for 2 hours before making the decision to force our children to do that? At what point would you need to stop and take your mask off so you could breathe if you actually had enough integrity to first do what you are forcing our student athletes to do?

Do you watch pro sports? Do you see any of those athletes wearing masks while on the court or fueled? If it's not expected of top athletes- why would you expect it of student athletes?

The world health organization says children SHOULD NOT wear masks while doing physical activity. Here is the link: <https://www.who.int/news-room/q-a-detail/q-a-children-and-masks-related-to-covid-19>

Below are two screen shots from that page. Is there some science that our school board is aware of that the World Health Organization is not?

Please give our student athletes back the basic human right to breathe oxygen while they are exerting themselves. Their well being depends on it.

Monica Graves

