

Whitley County Food Service

Annual School Nutrition Vending Machine Assessment Report 2019-2020

To qualify as a Smart Snack, a snack or entrée must first meet the general nutrition standards:

Be a grain product that contains 50 percent or more whole grains by weight (have a whole grain as the first ingredient); or

Have as the first ingredient a fruit, a vegetable, a dairy product, or a protein food; or

Be a combination food that contains at least ¼ cup of fruit and/or vegetable; and

The food must meet the nutrient standards for calories, sodium, sugar, and fats:

Part 3

Snacks Approved To Be Offered in Vending Machines During School Day

District

Product Name	Serving Size in Grams	Serving per cont. (1)	Calorie 200 or <	Calories from Fat	35% or < Calories from fat	Fat	Sat. Fat Grams	<10% Calories from Sat	200mg or < Sodium	Sugar	35% or < Calories from Sugar
Cereal Bar Cinnamon Toast	40	1	160	31.5	19.69	3.5	0	0	120	9	22.5
Cereal Bar Trix	40	1	160	31.5	19.69	3.5	0.5	3	105	8	20.0
Cheetos Baked	24.8	1	120	40.5	33.75	4.5	1	8	200	1	4.0
Cheetos Baked Crunchy Cheese	24.8	1	120	40.5	33.75	4.5	1	8	200	1	4.0
Cheetos Flamin' Hot Puffs	29.8	1	90	31.5	35	3.5	0	0	135	1	3.4
Cheetos Puffs	19.8	1	90	31.5	35	3.5	0.5	5	160	1	5.1
Doritos Cool Ranch	28.3	1	130	45	34.62	5	0.5	3	150	0	0.0
Doritos Nacho Cheese	28.3	1	130	45	34.62	5	0.5	3	200	0	0.0
Doritos Spicy Sweet Chili Tortilla Chips	28.3	1	140	45	32.14	5	0.5	3	200	1	3.5
Lays Baked Barbecue Potato Chips	24.8	1	110	27	24.55	3	0	0	140	3	12.1
Lays Baked Original Potato Chips	24.8	1	110	27	24.55	3	0	0	140	2	8.1
Lays Baked Sour Cream & Onion Potato Chips	24.8	1	110	27	24.55	3	0	0	150	2	8.1
Nutrigrain Kelloggs Strawberry	37	1	130	31.5	24.23	3.5	0.5	3	140	12	32.4
Rice Krispies Treat, Whole Grain	40	1	160	36	22.5	4	1	6	140	11	27.5
Ritz Toasted Chips Cheddar 1.75oz	25	1	100	31.5	31.5	3.5	0.5	5	190	2	8.0
Ritz Toasted Chips Sour Cream & Onion 1.75oz	25	1	100	27	27	3	0	0	180	2	8.0
Ruffles Baked Sour Cream & Cheddar 8oz	25	1	100	31.5	31.5	3.5	0.5	5	180	2	8.0
Vegetable Crisps Baked Good Natured	28.4	1	110	18	16.36	2	0	0	190	3	10.6
Veggie Stix, Good Health	28	1	120	45	37.5	5	0.5	4	200	0	0.0

School Codes 060 Boston, 061 Intermediate, 062 East, 290 Oak Grove, 320 Pleasant View, 350 North,
365 Central, 430 High School, 435 Middle School

Drinks Offered in Vending Machines
During School Day

Allowed For:

	Product Name	Serving Size in Grams	Serving per cont.	Calorie	% Calories per fat	Fat	Sat. Fat Grams	% Calories from Sat. Fat	Sodium	Sugar grams
430 Only	Diet 7-UP	336	1	0	0	0	0	0.00	35mg	0
430 Only	Diet Crush Orange	336	1	0	0	0	0	0.00	35mg	0
430 Only	Diet Wild Cherry	336	1	0	0	0	0	0.00	35mg	0
430 Only	Diet Dr. Pepper	336	1	0	0	0	0	0.00	35mg	0
430 Only	Diet Mt. Dew	336	1	0	0	0	0	0.00	1.44mg	0
430 Only	Diet Pepsi	336	1	0	0	0	0	0.00	1.44mg	0
430 Only	Gatorade G2 (diet)	567	2.5	20	0	0	0	0.00	110	5
430 Only	Tea, Diet Green Lipton	479.12	1	0	0	0	0	0.00	52.81	0
ALL	Juice 100% Dole Apple	224	1	160	0	0	0	0.00	10mg	35
ALL	Juice 100% Dole Cranberry Grape	224	1	150	0	0	0	0.00	20mg	32
ALL	Juice 100% Dole Cranberry Juice	224	1	45	0	0	0	0.00	7mg	11
ALL	Juice 100% Dole Grape	224	1	100	0	0	0	0.00	15mg	25
ALL	Juice 100% Dole Orange	224	1	120	0	0	0	0.00	10mg	23
ALL	Juice 100% Dole Paradise Blend	224	1	120	0	0	0	0.00	4g	24
ALL	Juice 100% Dole Strawberry Kiwi	224	1	120	0	0	0	0.00	10mg	26
ALL	Juice 100% Ruby Red Grapefruit	224	1	190	0	0	0	0.00	20mg	42
ALL	Water 12 oz Aquafina	340	0	0	0	0	0	0.00	0	0
430 Only	Water 16.9 oz Aquaperfect	479	1	0	0	0	0	0.00	0	0
430 Only	Water Propel - Berry, Lemon, Raspberry, Strawberry Kiwi	479	1	0	0	0	0	0.00	0	0

School Codes **060 Boston, 061 Intermediate, 062 East, 290 Oak Grove, 320 Pleasant View, 350 North, 365 Central, 430 High School, 435 Middle School**

Schools School Stores, PTO Sales, Sport Fundraisers

- 290 No Food Sales Except Vending Machines During School Day
- 350 No Food Sales Except Vending Machines During School Day
- 430 No Food Sales
- 435 No Food Sales

Food	Product Name	Serving Size in Grams	Serving per cont.	Calorie	Calories from fat	% Calories from fat	Fat	Sat. Fat Grams	Calories from Sat	Sodium	Sugar grams	Calories from Sugar
60	Kona Ice	28	1	24			0	0		0.75	6	
61	Schwan's Ice Cream Sandwich Live Smart - Smart Snack Compliant	70	1	160	20	12.5	2	0.5	3	140mg	15	21
61	Schwan's Ice Cream Straw Cheesecake Sandwich Live Smrt - Smart Snack Compliant	70	1	150	20	13.3333	2	1	6	115mg	16	23
61	Schwan's Fudge Stick - Smart Snack Compliant	52	1	50	0	0	0	0	0	45mg	4	8
61	Schwan's Strawberry Fruit Bar Live Smart - Smart Snack Compliant	85	1	80	0	0	0	0	0	10mg	18	21
61	Schwan's Strawberry Banana Greek Frozen Yogurt Bar Live Smart - Smart Snack Compliant	70	1	90	5	5.55556	1	0.5	5	45mg	16	23
61	Schwan's Blueberry Pomegranate Greek Fruit Yogurt Bar Live Smart - Smart Snack Compliant	70	1	100	10	10	1	0.5	5	55mg	16	23

District	Product Name	Serving Size in Grams	Serving per cont. (1)	200 or < Calorie	Calories from Fat	35% or < Calories from fat	Fat	Sat. Fat Grams	<10% Calories from Sat	200mg or < Sodium	Sugar	35% or < Calories from Sugar
62	Kroger Fudge Bar Arctic Blasters, 1st ingred	70.88	1	100	9	9	1	0.5	5	85	14	19.8
62	Great Value Apple Cinn Fruit & Grain Cerec	37	1	130	27	20.77	3	1	7	85	12	32.4
62	Great Value Blueberry Fruit & Grain Cereal Bar	37	1	140	27	19.29	3	0.5	3	50	12	32.4
62	Jolly Time Healthy Pop 1 Cup	8.45	1	20	0	0	0	0	0	45	0	0.0
62	Quaker Chewy Chocolate Chip	24	1	100	31.5	31.5	3.5	1.5	14	70	7	29.2
62	Great Value Crunchy Granola Oats & Honey	42	1	190	63	33.16	7	1	5	170	11	26.2
62	Teddy Grahams Honey	28	1	120	36	30	4	0	0	90	8	28.6
62	Great Value Strawberry Fruit Bars	71	1	80	0	0	0	0	0	0	17	23.9
62	Caprisun 100% Juice Watermelon	177 ml	1	90			0	0		25		
62	Apple & Eve 100% Juice	200 ml	1	90			0	0		5	21	

60, 320,
365

Product	Case Pack	Prod Size	Piece Wt	200 Total Calories	Fat Calories	MAX 35.00% % Cal From Fat	Sat Fat Grams	MAX 10.00% Cal from Sat Fat	Sugar Grams	Sugar % y calorie	MAX 35.00% 230mg Sodium mg	MAX Gluten Free	MAX Carb Grams
Bulk Pucker Bars (Watermelon & Apple) 730-66035, 29539	6/24ct	2.75	56g	80	5	6.25%	0	0.00%	13	16.25%	10	Y	18
Reduced Fat Strawberry Crunch Bar 72730-60073, #28713	6/24ct	2.75 fl oz	65g	150	45	30.00%	1.5	9.00%	13	8.67%	70	N	23
Reduced Fat Chocholate Crunch Bar 72730-60074, #28714	6/24ct	2.75 fl oz	65g	140	45	32.14%	1.5	9.64%	13	9.29%	70	N	22
Lowfat Mini Ice Cream Cone 72730- 60015, #20186	6/24ct	2.0 fl oz	40g	80	20	25.00%	0.5	5.63%	9	11.25%	50	N	14
Lowfat Dream Bar 72730-60038, #25493	6/24ct	2.5 fl oz	58g	80	10	12.50%	0.5	5.63%	12	15.00%	30	Y	15
Lowfat Cookies N' Cream Bar 72730- 60016, #25492	6/24ct	2.5 fl oz	40g	100	15	15.00%	1	9.00%	13	13.00%	70	N	19
Reduced Fat Vanilla Sandwich 72730- 66031, #20191	6/24ct	3.5 fl oz	58g	140	30	21.43%	1.5	9.64%	9	6.43%	125	N	25
Frog Spit Lemon Lime Push Treat 72730- 60017, #20185	6/24ct	3.0 fl oz	65g	80	10	12.50%	0.5	5.63%	14	17.50%	10	Y	18
Totally Tubular Orange Sherbet 72730- 66018, #18339	6/24ct	3.0 fl oz	65g	80	10	12.50%	0.5	5.63%	14	17.50%	10	Y	18
Fudge Bar 72730-66020, #17612	6/24ct	2.5 fl oz	70g	100	0	0.00%	0	0.00%	17	17.00%	90	Y	22
Lowfat Vanilla IC Cup Plastic 72730- 60070, #24728	3/24ct	3.0 fl oz	48g	60	10	16.67%	0.5	7.50%	9	15.00%	45	Y	11
Lowfat Chocolate IC Cup Plastic 72730- 60071, #24729	3/24ct	3.0 fl oz	48g	70	10	14.29%	0.5	6.43%	10	14.29%	45	Y	12
Lowfat Strawberry IC Cup Plastic 72730- 60072, #24730	3/24ct	3.0 fl oz	48g	70	10	14.29%	0.5	6.43%	10	14.29%	45	Y	12
HW Fat Free, Sugar Free Vanilla Cup Styro 72730-60056, #6970	2/24ct	4.0 fl oz	65g	90	0	0.00%	0	0.00%	4	4.44%	85	Y	20
HW Fat Free, Sugar Free Chocolate Cup Styro 730-60057 7319	2/24ct	4.0 fl oz	65g	90	0	0.00%	0	0.00%	4	4.44%	85	Y	20
Orange Sherbet Cup Styro 72730-60034, #24738	3/24ct	4.0 fl oz	85g	110	10	9.09%	0.5	4.09%	20	18.18%	15	Y	25