



# Naslund's Notes

Panthers strive to develop the mind, heart, and spirit of ALL students in an environment where ALL have an opportunity to belong!

## A Day in the Life

Our daily routine has been developed to keep students and staff as safe as possible and provide opportunity to be known, loved, and developed. These routines may appear confusing on paper (and even in person) but they will quickly form into habit. Our Frosh, in particular, are probably feeling anxious. We get it. We have a great [virtual orientation](#) (so ALL can experience the same orientation) planned for you and a class (Link Crew) full of incredible Panthers dedicated to YOU. [We got this, Mead. Together.](#)

Students at Mead, whether face-to-face or remoting in from home, will have the same [Mead bell schedule](#) on their "on" days. Remote students would log into their email, Google Classroom, and 1st period Zoom by 8:10. Face-to-face students will arrive on campus no earlier than 7:50am (those with a Zero Hour Class will receive specific instructions from their teacher) on their [assigned day \(by last name group\)](#) with their smile even evident through a mask and ready to learn. Hopefully families will have already completed their [Daily Health Survey](#) (sent to them the day prior) and will head to their grade-level door (map [HERE](#)). We will get you checked-in and on your way to your 1st period class where you will get a hard copy of your [schedule](#) and your [Chromebook](#).

As you walk the halls, [masked-up](#) any time you are on our campus, you will notice that our building isn't conducive to one-way halls; rather, we are asking you to "[Join the fight, stay to the right.](#)" Those who've taken driver's ed should be fine, even in the intersections negotiating the right of way. If you normally eat school breakfast, swing by the kitchen, then head to class.

For those of you on the "A Schedule" we'll see you on September 14 and those in Group B on September 15! Two 1st Days of school!

Jeff

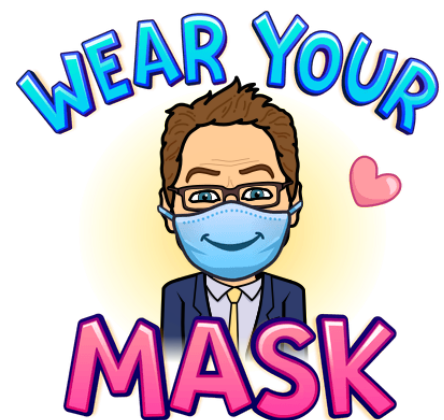
Jeff Naslund, Proud Panther Principal

Amidst all of this, we remember & continue the urgency that "[Hate does not belong here!](#)"

**STOP the SPREAD of COVID-19**

- WASH YOUR HANDS**  
Wash for at least 20 seconds  
Use hot water and plenty of soap  
Scrub between your fingers
- WEAR A MASK**  
Face coverings prevent the spray of fluids  
Masks should cover your nose and mouth  
Make sure your mask is snug but not too tight
- AVOID CONTACT**  
Don't touch your eyes, nose, or mouth  
Avoid touching others (no hugs, elbow taps are OK)
- SOCIAL DISTANCE**  
Stay 6ft apart from other people at all times.  
Avoid large crowds.
- FEELING SICK?**  
Stay home, avoid contact and rest  
DO NOT come to school if you feel sick or think you may be becoming sick.

WE GOT THIS together



# Technology

As we've mentioned before, all 6th-12th grade students will be issued a Chromebook computer this year. Students will be responsible for bringing their computer, fully-charged, to school on their in-person days and will use it at home on their days away from school. Students attending Face-to-face will receive their computer on their first day of school in their first period classes.

Students choosing either of our online options (self-paced or remote learning) will have a drive thru pickup of their Chromebook this Wednesday, September 10th at Mead High School. Check your inbox for details from our tech department.

# Schedules

Our counselors are hard at work balancing courses and learning options for students but parents and students will be able to access their class schedules on Wednesday, September 9th via PowerSchool [HERE](#).

Students will need to use their school ID and Password--the same one as last year.

Parents can log into their already created account, too. For parents who have yet to set up a PowerSchool account, we can support you with your personalized code to create an account by reaching out to Heather Long at 465.7007 or email her at [heather.long@mead354.org](mailto:heather.long@mead354.org).

We ask that students try to memorize or write down their first period teacher for the first day of school. We will have hard copies of their schedules available for students in their first period class for the rest of the day. And yes, we will have first period classes posted in more than one location, but we are attempting to avoid clogged hallway locations.

Please note: schedules are very tight to accommodate for our many learning options. This makes schedule changes all the more difficult. Changes will only be made for the following:

- A hole in your schedule
- Incorrect academic placement
- Unintentionally duplicate courses

Fully-online (Self-paced, Edgenuity) students will be getting your access and instructions this week, too. In the meantime, PowerSchool will note all of your courses as "Edgenuity." You will have Mead staff reaching out to you with details.

# School Supplies?

We've had quite a few parents asking (since supplies went on sale in June) where our school supply list can be found. High school, much like college, has many varied course options so it really depends on the courses a student is taking. We don't want frustrated parents out purchasing unnecessary materials. Teachers provide a list of requested items in their syllabus shared the first week of school and allow for plenty of time for students to acquire the items. You could prepare with basic items such as pens, paper, etc, but again, we don't want folks to waste money as we are able to provide some of the material, too. Art classes, for example, have a \$15 course fee that gets students an "art kit." We are able to get a massive volume discount and will allow students to have the exact same access to their material. As with anything associated with costs, please reach out to your grade level counselor if you are unable to afford access--we've got you.

# A/B Rotating Schedule

Students who are face-to-face or remoting in from home have been assigned days that they are to be present for synchronous learning (either face to face or remoting in):

- A Days (Monday, Wednesday, Every Other Friday): Students with the last name A - K
- B Days (Tuesday, Thursday, Every Other Friday): Students with the last name L - Z

On the days that students are not in school, they will be given a 30-minute manageable task from each class that amounts to roughly 3 hours of work. We want to stress that these aren't "off days," they are just work from home days where students work independently and on their own pace.

Unsure which days you go to school and which days you are at home? Click [HERE](#) for a color-coded A and B calendar to help you keep track of your learning.

## Frosh Orientation on September 11 Hosted by our LINK LEADERS

Individuals will be invited to their specific time via their school email. If you do not receive an invite please email our Link Crew Captain Katherine Melka this week at [katherine.melka@mead354.org](mailto:katherine.melka@mead354.org).

Link Crew is a North American student leadership program. Its focus is on making individuals from the Junior and Senior classes, known as "Link Leaders," into mentors for freshmen. The training process consists of team building, cooperative skill development, discussion skills, situation scenarios and other activities. After two to four days of training, leaders then get assigned six or seven freshmen. The experience exposes students to a variety of positive experiences. Thanks you Mrs. Melka for leading LINK at MHS!

### SAVE THE DATE!

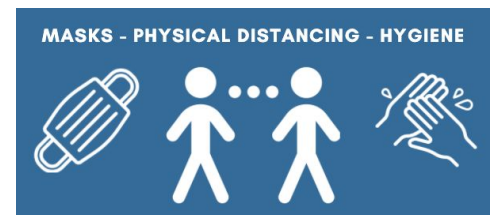
- WHO? ALL MEAD PANTHER INCOMING FROSH
- WHAT? FRESHMAN ORIENTATION
- WHERE? VIRTUAL (SO ALL CAN BELONG!)
- WHEN? 9.11.2020; TIMES TBA
- WHY? CONNECT WITH YOUR LINK CREW. GET TO KNOW YOUR SCHOOL. HAVE FUN. BELONG!



*Be HERE! YOU belong!*

# Learning Options and Some FAQs

District details can be found on our [District Website](#); however, we also have a [Mead High School Learning Options FAQ Document \[HERE\]](#) to check out.



Sometimes it's okay to be a follower:

- [Mead Facebook](#)
- [Mead Twitter](#)
- [Lunch Menus](#)

## What's happening in Panther territory?

September 7.....	Labor Day
September 8.....	Staff Safety Training
September 9.....	Staff Teaching & Technology Training
September 10.....	Staff Training: "Hate Does Not Belong Here"
September 11.....	<a href="#">Frosh Orientation (Virtual w/ details sent directly to Frosh)</a>
September 14.....	A Group (A through K) First Day of School
September 15.....	B Group (L through Z) First Day of School
September 17.....	B Group Picture Day*
September 18.....	A Group Picture Day*

\*Picture day for students accessing school remotely is still TBD.

THERE'S ALWAYS MORE ONLINE @

**Mead354.org**



# MEAD HIGH SCHOOL

spokane,  
washington

**PANTERA**

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