

YOU
BELONG
AT MEAD



Naslund's Notes



BEGINNING AGAIN!

One thing I've always loved about school, whether as a student, teacher, or administrator, is fresh starts. I love the finality of semester's end and the optimism of the future. This recipe requires a heaping dose of forgiveness and a dash of drive, but I believe it's baked into our culture at Mead High School.

Seth Godin, one of my personal gurus, encourages fresh starts in business, schools, and elsewhere:

Every day that you begin with a colleague, a partner, a customer... it might as well be a fresh start.

There's little upside in two strikes, a grudge, probation. When we give people the benefit of the doubt, we have a chance to engage with their best selves.

If someone can't earn that fresh start, by all means, make the choice not to work with them again. Ask your customer to move on, recommend someone who might serve them better.

But for everyone else, today is another chance to be great. [Godin, 2015]

Thank you for fresh starts--YOU belong!

Jeff

Jeff Naslund
Proud Panther Principal

PS. Want to get involved at Mead? We have a Council for Learning Improvement meeting this upcoming Thursday morning @ 7:25am via Zoom. Join us! Let me know. There are also lots of opportunities both in-person & behind the scenes especially as we open up for more activities. Get more info [HERE](#) or contact our main office (465-7000) to get in touch. Specifically, our Athletics Booster Club has several parents aging out (their kids are graduating), so they would love to hand off the baton. Contact John Barrington (john.barrington@mead354.org) for Booster Club information and details.



How do I enter the building?

- Door Map [HERE](#)

When can I enter the building?

- Doors open at 7:50am

Did you complete your health survey?

- [HERE](#) and on our website.

I'm an in-person learner. Can I Zoom in today?

- Zooming is reserved for remote learners and COVID-related absences only.

What's the Daily Bell Schedule?

- [HERE](#) and on our website.

What's my schedule?

- It's on [PowerSchool](#) and your 1st period is posted just inside your assigned door.

Need a schedule change?

- Check out the process [HERE](#).

Which lunch do I have?

- Check for your 4th period teacher [HERE](#).

Is today an A or B day?

- [HERE](#) and on our website.

21-22 REGISTRATION

Believe it or not, it's time to begin the registration process for next school year. We are working through our Panther Focus Course Guide with our counselors to prepare for scheduling & registration.

Our current 8th graders at Northwood and Highland will be registering in Mid-March and will be invited to attend the Incoming Frosh Student and Parent Night on March 18. More details to follow.

Thank you for having conversations with your Panther about current coursework and also their post-high school plans.



21-22

Mead High School
Panther Focus Course Guide



WHAT'S HAPPENING IN PANTHER TERRITORY?

February 15.....	No School: President's Day
February 16.....	First Day of 2nd Semester
March 15 & 16.....	Northwood 8th Grader Registration
March 17 & 18.....	Highland 8th Grader Registration
March 18.....	Incoming Frosh Student & Parent Night



Sometimes it's okay to be a follower:

- [Mead Facebook](#)
- [Mead Twitter](#)
- [Lunch Menus](#)



AP PAYMENT PROCESS FOR 2021

- Exam cost is \$95. Mead High School Business Office will start accepting payment February 1, 2021 through April 30, 2021. Payment must be made in order to test. A payment plan can be arranged with the Business Office.
- Unused/canceled exam fees will be waived for the 2020-2021 school year ONLY. Refunds will be issued by the Mead District Office, fall of 2021.
- It is possible to request an exam after the final deadline (November 13th), but an additional late order fee of \$40 per exam may apply.

ATHLETICS

Follow @Mead_Athletics

February 16, 2021

Healthy Washington – Phase 2 and Mead Panther Athletics

Fall Sports seasons are getting under way and the announcement that our "East Region" is now in Phase 2 will allow Spokane area student-athletes the opportunity to practice and compete in the Greater Spokane League. There are still many details to work out regarding schedules, continually evolving practice protocols, game and event management and whether or not we will be allowed to include spectators at our events. Those situations are changing daily, and we will continue to update our community when new direction is given.

We THANK EVERYONE for your patience during this time as we react to the changes and work to create plans that will allow our Mead High School Student-Athletes the opportunities they deserve.

Please visit our [Mead Athletics Page](#) for the latest updates and changes.

Fall Sports Season

Volleyball started February 8 and Football kicked off their season with a snowy afternoon practice yesterday (2/15). Mead travels to Ferris Thursday, for the Panthers first Volleyball contest since November 23, 2019 at the State Tournament. Games at Ferris get underway at 3:45 – for our 9th and C-Team girls. The JV match starts at 5:15, followed by the Varsity contest between the Panthers and the Saxons at 7:00. Football is scheduled to host Lewis & Clark February 27th – 1:00 pm at Union Stadium. The boys have not played since their State play-in game against Chiawana, November 8, 2019!

Girls Soccer, Boys XC and Girls XC begin practicing Monday, February 22.

Traditional Spring and Winter Sports Seasons

Boys & Girls Tennis, Fastpitch Softball, Boys & Girls Track, Baseball, Boys & Girls Golf and Boys Soccer will begin their traditional 'Spring' Sports Seasons April 5. Gymnastics will start early – May 3 and the rest of our "Spring Sports" seasons – Boys & Girls Basketball, Wrestling, Slowpitch Softball and Competitive Cheer and Dance will begin May 10. Basketball and Wrestling are still categorized as High Risk – Indoor Sports and have not, yet, been given a green light to begin practices.

SPECTATORS AT EVENTS

The original Recommendation from Spokane County Regional Health was to not allow spectators at any High School League contests. Area School Superintendents are meeting early this week to discuss the recommendation from SRHD and to see if those restrictions can be modified. Look for updates this week. In the meantime, if we are not allowed to include spectators at Mead High School events, we have plans for streaming Varsity home contests and several sub-varsity games from our gym and stadium cameras.

HOW DO I WATCH GAMES IN THE MEAD GYM or AT UNION STADIUM?

- Go to [NFHSNetwork.com](https://www.nfhsnetwork.com)
- For a "Mead" Schedule, type Mead High School in the Search at the top of the page, and make sure you choose 'Mead High School - Spokane WA.'
- You can either look at all the Events scheduled or sort by the sport
- At this time, parents would need to purchase a subscription to view the games
- To purchase a subscription, Click the SUBSCRIBE link (upper right)
- Purchase a Pass
- \$11.00 / month OR \$70.00 / year

TEAM SCHEDULES

We've had 'issues' with our League's transition to a new website and new scheduling software. But, if you are looking for Fall League Schedules, they can be found by going to [gomeadpanthersgsl.org](https://www.gomeadpanthersgsl.org) and hovering over the Fall tab. Choose the Sport & Team from the lists and then click on "Schedule."

NATIONAL GIRLS & WOMEN IN SPORTS DAY

February 3 was National Girls & Women in Sports Day! Click the YouTube link to view the video put together by a group of female coaches and athletic directors from the state of Washington. You will probably see some folks you recognize!

<https://www.youtube.com/watch?v=6VbzJ2RLMQo>

GOT PANTHER GEAR? Mead Staff, Students, Panther Fans and Families **You can find our Online Store** on our **Mead High School Home Page under the Athletics Tab** or go to:

<https://sideline.bsnsports.com/schools/washington/spokane/mead-high-school>

ACADEMICS

TEAMWORK

COACHABLE

TRUST

EXCELLENCE

