



**GOURMET
GORILLA**

SUMMER

GF/DF/EF LUNCH

August 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Monday, August 1 GF/DF/EF Penne Pasta Turkey Bolognese Sauce Green Beans Apple Slices	Tuesday, August 2 Hawaiian Chicken Brown Rice Cauliflower Three Bean Salad Orange Slices	Wednesday, August 3 GF/DF/EF Penne Pasta Turkey Bolognese Sauce Roasted Zucchini Pineapple	Thursday, August 4 Grilled Chicken GF/DF/EF Waffle Sweet Corn Lemony Chickpea Salad Pear Slices	Friday, August 5 GF/DF/EF Creamy Mac & Cheese Broccoli Watermelon
Monday, August 8 Beef Burger GF/DF/EF Hamburger Bun Spicy Slaw Pickle Chips Apple Slices	Tuesday, August 9 Chipotle Lime Chicken GF/DF/EF Bread Baby Carrots Three Bean Salad Melon	Wednesday, August 10 GF/DF/EF Penne Pasta Turkey Bolognese Sauce Green Beans Pineapple	Thursday, August 11 GF/DF/EF Turkey Meatloaf Brown Rice Broccoli Lemony Chickpea Salad Melon	Friday, August 12 Grilled Chicken GF/DF/EF Bread Sweet Corn Baby Carrots Pear Slices
Monday, August 15 Grilled Chicken GF/DF/EF Bread Sweet Peas Baby Carrots Orange Slices	Tuesday, August 16 Teriyaki Chicken GF/DF/EF Bread Roasted Potatoes Three Bean Salad Apple Slices	Wednesday, August 17 GF/DF/EF Penne Pasta w/ Creamy Garlic Sauce & DF Mozzarella Broccoli Cauliflower Melon	Thursday, August 18 GF/DF/EF Cheese Tamale Baby Carrots Salsa Fruit Salad PHW	Friday, August 19 Turkey Sausage Patties GF/DF/EF Waffle Cucumber Slices Lemony Chickpea Salad Banana
Monday, August 22 Beef Hot Dog GF/DF/EF Hot Dog Bun Green Beans Baby Carrots Applesauce	Tuesday, August 23 BBQ Chicken Breast Brown Rice Sweet Corn Three Bean Salad Orange Slices	Wednesday, August 24 GF/DF/EF Creamy Mac & Cheese Broccoli Sweet Peas Pear Slices	Thursday, August 25 Turkey Taco Meat Corn Tortilla Baby Carrots Salsa Pineapple Salsa	Friday, August 26 GF/DF/EF Mediterranean Meatballs Quinoa Cucumber Slices Lemony Chickpea Salad Melon
Monday, August 29 GF/DF/EF Penne Pasta Turkey Bolognese Sauce Green Beans Apple Slices	Tuesday, August 30 Roasted Turkey w/ Gravy GF/DF/EF Bread Roasted Potatoes Three Bean Salad Fruit Salad CH	Wednesday, August 31 GF/DF/EF Penne Pasta w/ Roasted Red Pepper Sauce & DF Mozzarella Broccoli Pineapple	Thursday, September 1 Adobo Chicken Brown Rice Roasted Zucchini Sweet Corn Orange Slices	Friday, September 2 GF/DF/EF Tamale Baby Carrots Black Beans Pear Slices

*We are an equal opportunity employer.

**Two types of milk are offered with each meal.

All items on this menu are gluten-free/dairy-free/egg-free.

PHW = Pineapple, Honeydew, Watermelon

