

THE HUSKY VOICE

Principal's Update

JANUARY 2022



Husky Families,

We are excited to be starting the new year with your kids. They have come back to school energized and ready for an even better second half of the school year. We have made great progress in the first semester of school despite difficult circumstances. Our students have done a good job learning what it is like to be a full time student again, and we will continue to raise the bar of expectations throughout the second semester.

January is, and has always been, a very important month to us. We will take the opportunity to honor the birthday of Martin Luther King, Jr. We want to make sure that kids understand the importance of this day through announcements, our art contest, leadership presentations, and learning our social studies teachers will provide. The winners of Northwood's annual Diversity, Equity, and Inclusion Art Contest (held in conjunction with MLK day) have been announced and can be viewed further down in this newsletter. We had 50 students from high school and middle school submit magnificent art communicating the message of acceptance. The students' artwork did an excellent job brightening our halls and communicating what inclusion and acceptance means here at Northwood. Their artwork also has an impact on our school culture, students should always take leadership and have a voice in directing our school culture. We want students to, not only feel, but to BE accepted, included, valued, and believed in. Our goal is to make certain the lessons Dr. King taught would never be isolated to one day or one week, but always present.

Friday, January 28th marks the end of the first semester, and is a half day. For those new to semester and letter grading, this means that their grades will become final. There is still time to raise them and complete missing assignments. Finish scoring. As Dr. King said, "If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward." Although this quote concerned social progress, it can also be applied to our academic progress. Parents, please check Power School and contact teachers to find out how we can team together to best educate your son or daughter. If you have the question in your head, "Should I reach out?" The answer is always, "Yes." Along with pushing, remember to let your kids know how proud you are of them and celebrate the good things. You have really awesome kids. They are intelligent, fun, and kind. Remember to appreciate.

I am excited for 2022 and am thankful to be part of this great community. Northwood is the right place for your child. Proud to be a Husky!

Troy Hughes
Northwood Principal
We Believe in You!



HUSKIES HELPING HUSKIES

**See Something
Hear Something
Say Something**

24-Hour Regional Crisis Line

1.877.266.1818

Operated by Frontier Behavioral Health



Emergency Call 9-1-1

Suicide Concerns
call 1.877.266.1818 or
text 741741

The Northwood Counseling Team is available to help



Use QR code for direct access to Northwood Counselor's Page

Call 509.465.7527 to speak with one of our counselors

Alana Cummings

Brock Salzman

What should I do if...

I believe someone may want to injure themselves?

I'm having thoughts of injuring myself?

Find a trusted adult, call 911 & report anonymously

HUSKY ATHLETICS

January 2022

MIDDLE SCHOOL SPORTS MATTER!

MIDDLE SCHOOL SPORTS MATTER!

Check out our Athletics Website and Athletic Calendar for updates for all sports, as well as access to a variety of important resources and information. Please note that schedules can change as games are affected by weather, COVID related issues, and other conflicts.

Athletics Elevate Academics!

Participation in physical activity and team sports has a positive impact on academic performance. Students-athletes are required to maintain a grade point average of 2.0 or better and cannot have two or more F's in their classes. Motivation to play helps improve their efforts. In addition, playing sports can build confidence, reduce depression, and bolster communication skills that carry over into the classroom. Finally, physical fitness results in better overall health and personal wellness, and by increasing oxygen levels in the brain, even builds neurological connections. Now is a great time to fight back against COVID and get your student back on track!

COVID Testing for 6th, 7th, & 8th Basketball - 2022

Basketball is considered a high contact indoor sport. All athletes will need to be tested 3x per week to participate in basketball. The testing schedule will be communicated as we get closer to the start of each season. In order to be tested, ALL athletes must have the testing registration and a testing consent form completed. The form can be found on the district COVID Testing website and on our Athletics website. A link will be sent out via email through FamilyID. Please make sure this is completed prior to the start of the season.

8th BASKETBALL Starts February 14th - Registration is Open

Please register your student-athlete on FamilyID, which is found under the "Activities" tab on our website. Our registration numbers determine our game/practice schedules, coaching positions, and how we can utilize our facilities.

Athletes with incomplete paperwork or unpaid fees two school days prior to the start of the season WILL NOT be able to begin practice until completed and could lose the ability to participate for a portion or all of the season.

If your child does not have a physical (good for 2 years), please get it scheduled & provide a copy to the Northwood Business Office before the first day of practice.

Fees include: ASB \$15 & Participation \$35. Fees can be paid at the business office or online through TouchBase, which can be found on the "Quick Links" under the "Our School" tab.

After School Activity Buses Must Be Reserved

Activity buses will be available for athletes that need a ride after practices. Pick-up time at Northwood will be at 5:00pm. All athletes must wear a mask. Failure to comply or other misconduct will result in loss of activity bus privileges. If you need to register for the activity bus, please complete the Registration Survey. PLEASE DO NOT PARK IN THE BACK BUS LOOP/FIRE LANE AT ANY TIME FOR ANY REASON OTHER THAN AN EMERGENCY.



Use QR code to
access Husky
Athletics Page

Athletic Director: Mr. Round
patrick.round@mead354.org



HUSKY HAPPENINGS

Northwood Happenings

January 2022

Yearbooks on Sale for \$20

price goes up
starting
Mon, Jan 31st
\$ 27.00

Preorder soon as
there is a limited
supply

DIVERSITY ART CONTEST

The goal of the contest is to create a
culture where all students feel valued,
accepted, and believed in.

1st Place Art-\$100

2nd Place Art-\$60

3rd Place Art-\$40

Artwork will be displayed all
throughout Northwood
Hallways for the remainder
of the school year

Congratulations to all our winners!

See photos below of all our winning artist.

Slideshow is linked/attached in newsletter email

NEW CLUB @ NMS

Academic Enrichment Club

Every Tues starting
Jan 11th- Apr 26th
2:30-5:00pm in Library

Contact Ms. Whitaker @
rebecca.whitaker@mead354.org



Use QR code to
visit Northwood
MS website for
more information

SHOUT OUT

Northwood would like to give
a shout out to Dawn Pullin,
CEO of Zelo Living, for
providing the prize money
for the winning artwork

&

Thank you to McDonald's
Restaurants of Spokane for
contributing prizes for each
artist who participated in
the contest



Martin Luther King Jr Day

Monday
Jan 17th, 2022
No School

End of Semester 1
Friday, Jan 28th
Early Release
@ 11:00am

Doors open at 0745 for Breakfast

Tardy Bell 8:05am

Dismissal Bell 2:30pm

HUSKY HAPPENINGS

Honoring Dr. Martin Luther King Jr.

January 2022

Northwood honors Dr. Martin Luther King Jr. by spreading kindness with the 10-day Kindness Challenge.

Husky students followed the checklist below to do something kind for others each day. Daily announcements reminded students of the importance of kindness and compassion to those around them. Students are encouraged to continue this and spread kindness outside of school as well.



Martin Luther King Jr Day

Monday
Jan 17th, 2022
No School

10-Day Kindness Challenge

In honor of **Martin Luther King Jr.** we are trying to spread kindness around and life up each other.

Join the challenge and check off each one you do!

Monday	Tuesday	Wednesday	Thursday	Friday
January 3 <input type="checkbox"/> Write down and share 10 things you are grateful for with someone. Then ask them the same question.... And listen.	January 4 <input type="checkbox"/> Thank, tell or write a letter to the Cooks or Custodians	January 5 <input type="checkbox"/> Tell someone how they have impacted you in a positive way!	January 6 <input type="checkbox"/> Hide a positive uplifting quote for a stranger in the school.	January 7 <input type="checkbox"/> Help wipe down the tables at lunch and throw away garbage.
January 10 <input type="checkbox"/> Write a note of appreciation to a <u>teacher</u> or <u>staff member</u> .	January 11 <input type="checkbox"/> Take time for yourself Be Kind to yourself!	January 12 <input type="checkbox"/> Donate clothes and/ or support the Tornado and Fire Relief fund at the student store. All Donations go to help the families affected by the tornado.	January 13 <input type="checkbox"/> Ask someone how you can help and do it!	January 14 <input type="checkbox"/> Sit by someone new at lunch and have a conversation with them

Extra Challenge: Take time to do something kind for someone outside of school. Ex. Shovel snow, make cookies for a neighbor, thank the mailman, make a dinner for your parents, ect.

DIVERSITY ART CONTEST

January 2022

NMS & MHS Winning Artist

Emma Bryant

Northwood Middle School



Ellie Henshaw

Northwood High School



Avery Hawk

Northwood High School



Nikolaus Puletsi

Mead High School



Veronika Maryott

Mead High School



Audrey Williams

Mead High School

