

THE HUSKY VOICE

Principal's Update

February 2022



Husky Families,

Considering the difficult circumstances we are all in, we have truly had an awesome first semester of growth. We just finished our Map testing cycle. Map testing gives us a solid indicator of the math and ELA growth our students experienced from one segment of time to another. In the midst of quarantines, masks, and the cloud of Covid, Northwood students, as a whole, grew more than we ever have, at least since I have been around. Our growth numbers were very high, and we couldn't be more proud. I am proud of our hard working staff who come to school everyday to build a culture of challenge, growth, and belief. I am proud of your students for the resiliency they have shown. They have shown evidence that learning matters to them and that they will not let a virus slow them down.

We are excited to be starting the second semester. A new semester brings an opportunity for students and staff to adjust goals and reach and challenge ourselves in new ways. A fresh start provides a chance to refocus and commit to continued success. What we do here everyday matters. It is not just showing up everyday that leads to success. Showing up is an important step, but putting everything you have into each day is what leads to accomplishing goals. These are habits that we want our middle school students to learn. As a principal, I am not as concerned about students' letter grades as I am concerned they are learning the necessary content and growing. Learning the content is what will propel our students to success in high school and beyond. Our 8th graders will be moving on in a few short months. We want them to be ready for immediate success in high school. The habits they form here will carry over into their Freshman years and into life. So, use this fresh start and new semester to evaluate and adjust your habits to insure success.

For parents, the new semester is a great time to connect with teachers and engage in your child's progress. Also, there are many opportunities still to come for students to be involved outside the school day, so having conversations with your kids about playing basketball, baseball, running track, or joining a club can be helpful to get them involved. We want students to be engaged during and after school. Engaged kids are successful kids, so any extra push you can give can only be helpful. I am proud to serve as Northwood's principal. Working with our outstanding kids and families is an honor. We Believe in You!

Troy Hughes
Northwood Principal
We Believe in You!



HUSKY HAPPENINGS

February 2022

Northwood Happenings

**Yearbooks on Sale
for \$27**

Preorder soon as
there is a limited
supply

ENRICHMENT CLUB

Academic Enrichment Club

Every Tues starting
Jan 11th- Apr 26th

2:30-5:00pm in Library

Contact Ms. Whitaker @
rebecca.whitaker@mead354.org

PARENT NIGHT

2022-23 Incoming 6th Graders

Parents of Incoming 2022-23 6th graders are invited to
Northwood MS on Wednesday, Feb 23rd

Doors will open at 5:30pm for Pre-Meetings, building
tours and a special performance from our Band and
Ensemble. All parents will meet in South Gym at 6pm

Please see Flyer below for more details

SPIRIT WEEK

Mon, Feb 14th: Red & Pink Day

Tues, Feb 15th: Write a note to someone
you appreciate

Wed, Feb 16th: Twin Day

Thurs, Feb 17th: Make a New Friend Day

Fri, Feb 18th: Fancy Friday~Dress to Impress



Monday
Feb 19th, 2022
No School

President's Day

8th Gr Boys & Girls
Basketball Begins



Monday, Feb 14th

COMMUNITY EVENTS

Northwood~Mead~Mt.Spokane

February 2022

NORTHWOOD PARENT NIGHT

2022-23 Incoming 6th Graders

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6th graders are invited to
Northwood MS on
Wednesday, Feb 23rd

Doors will open at 5:30pm for
Pre-Meetings, building tours and
a special performance from our
Band and Choir. All parents will
meet in South Gym at 6pm

Please see Flyer below for more details

CLASS OF 2026!

- WHO? ALL MEAD PANTHER INCOMING FROSH & PARENTS
- WHAT? INCOMING FROSH & PARENT NIGHT
- WHERE? MEAD HIGH SCHOOL MALL +
- WHEN? FEBRUARY 16, 2022; 6PM - 8PM
- WHY? GET TO KNOW YOUR SCHOOL, MEET SOME PANTHERS, SEE SOME PROGRAMS.

HAVE FUN. BELONG!

Be HERE! YOU belong!



Mead and Mt. Spokane High
School 9th Grade Counselor
presentation
in Social Studies classes

(info coming home and available
on Mead and Mt. Spokane
webpages)

Tues, Feb 15, 2022

HUSKY ATHLETICS

February 2022

MIDDLE SCHOOL SPORTS MATTER!

MIDDLE SCHOOL SPORTS MATTER!

Check out our Athletics Website and Athletic Calendar for updates for all sports, as well as access to a variety of important resources and information. Please note that schedules can change as games are affected by weather, COVID related issues, and other conflicts.

8th BASKETBALL Starts February 14th - Registration is Open

Please register your student-athlete on FamilyID, which is found under the "Activities" tab on our website. Our registration numbers determine our game/practice schedules, coaching positions, and how we can utilize our facilities.

Athletes with incomplete paperwork or unpaid fees two school days prior to the start of the season WILL NOT be able to begin practice until completed and could lose the ability to participate for a portion or all of the season.

If your child does not have a physical (good for 2 years), please get it scheduled & provide a copy to the Northwood Business Office before the first day of practice.

Fees include: ASB \$15 & Participation \$35. Fees can be paid at the business office or online through TouchBase, which can be found on the "Quick Links" under the "Our School" tab.

COVID Testing for 8th Basketball - 2022

Basketball is considered a high contact indoor sport. All athletes, regardless of vaccination status, will need to be tested on game days in order to participate in basketball. The testing schedule will be communicated as changes in testing requirements take place. In order to be tested, ALL athletes must have the testing registration and a testing consent form completed. The form can be found on the district

COVID Testing website and on our Athletics website. Please make sure this is completed prior to the start of the season.

Regardless of vaccination status, all athletes will be required to wear a mask at all times during practices. They can remove their mask when they are on the floor during a game.

Athletes that have had COVID will need to have clearance from their doctor allowing them to participate unless their infection took place prior to their sports physical. These athletes will not be required to test for COVID the first 90 days after the date of their infection.

After School Activity Buses Must Be Reserved

Activity buses will be available for athletes that need a ride after practices. Pick-up time at Northwood will be at 5:00pm. All athletes must wear a mask. Failure to comply or other misconduct will result in loss of activity bus privileges. If you need to register for the activity bus, please complete the Registration Survey. PLEASE DO NOT PARK IN THE BACK BUS LOOP/FIRE LANE AT ANY TIME FOR ANY REASON OTHER THAN AN EMERGENCY.

Coming Up!

2/14/22 - 8th Girls and Boys Basketball

4/11/22 - 6th, 7th, & 8th Girls and Boys Track

4/11/22 - 7th & 8th Baseball

May 2022 - 6th Girls and Boys Basketball



Use QR code to access
Husky Athletics Page

Athletic Director: Mr. Round
patrick.round@mead354.org



Wednesday
Feb 23 @ 6pm



Home of the Huskies

Incoming 2022-23
6th graders

Parent Night

Special Performances
from the Northwood
Band and Ensemble

Pre-Meetings:

5:30-5:45 Athletics Meeting-North Gym
(parents of future NMS student athletes)

5:30-5:45 Students w/ IEP's-Library
(parents of students with IEP's)

5:30-5:55 Cookies/drinks in Commons
(Parents tour building on your own)

6:00pm All Parents meet in South Gym

Current 5th gr Parents are invited to join us-the principals and staff members of Northwood on Feb 23rd, 6pm-7pm.

We will discuss registration, academics offerings including honors, special help programs, extracurricular activities and student expectations.

Parents will have access to handouts with available resources and activities for next school year.

We ask that students do not come this night as they have their opportunity to visit Northwood later this spring and again in August before school begins.

Northwood Middle School 12908 N Pittsburg St Spokane, WA 99208
P: 509-465-7500 F: 509-465-7520



MEAD
High School

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Spokane, WA 99218
MeadHS.Mead354.org
@MeadHighSchool
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509.465.7000

January 31, 2022

Dear Panther Community,

I am so excited to welcome you to Mead High School as members of the Class of 2026!

As you begin planning for 9th grade at Mead High School, we want to invite you and your Panther to our Incoming Frosh Family Night on **Wednesday, February 16th, starting at 6:00pm**. The agenda (which could adjust) for the evening is on the reverse side of this letter.

You will be able to meet students, teachers, advisors, and coaches while looking at all the co-curricular and extra-curricular activities Mead has to offer. We emphasize our 4 A's for a well-rounded education: Academics, Arts, Activities, and Athletics. Mead High School is well known for achievement in all of our 4A's as recognized with our recent win of the Washington State 4A Scholastic Cup. Our mission is to develop the mind, heart, and spirit of ALL students with the vision of ensuring an opportunity for ALL students to belong. You should see this vision very intentionally on display throughout the night.

During the week of February 14-18, our counselors (including YOUR counselor Mr. Strate!) will be on the Northwood and Highland campuses to register for the 2022-23 school year. Students will bring home registration planning sheets with course offerings. Please thoroughly review our *pantherFocus* Course Guide (found on our Mead homepage) and have conversations with your future Panther about a rigorous and well-rounded set of courses that will best prepare them for their post-high school plan. We want our students to graduate ready for college and career--Future Ready!

I look forward to seeing you on February 16 and beyond. Remember, YOU belong at Mead High School!

Sincerely,

A handwritten signature in black ink that reads "Jeff Naslund". The signature is written in a cursive, flowing style.

Jeff Naslund
Principal

Mead High School Class of 2026

Incoming 9TH Grade Student & Parent Night Wednesday, February 16, 2022

6:00 - 6:30 PM Display of Activities and Programs in the MHS Mall **Mead Booster Club will be on hand and stocked up with lots of Panther gear for sale!** 6:30-7:00 PM **WELCOME** (ALL in Gym)

7:05 - 8:05 PM Students:

stay in the gym w/ ASB students & Link Crew (Mrs. Melka & Rylee Lupton)

7:05 - 8:05 PM Parents:

move to the theater, to hear from administrators/counselors on transition to high school and the registration process

Parent Breakout Sessions (7:30 - 8:05 PM)

ATHLETICS (7:30 - 7:45 AND 7:50 - 8:05)

Presenter: John Barrington (Athletic Director)

Location: Theatre

ACTIVITIES AT Mead High School (7:30 - 7:45 AND 7:50 - 8:05)

Presenters: Ray Picicci (Administrator) & Skyler Lamberd (Activities Coordinator)

Location: S31/ASB Room (just off the mall)

SPECIAL SERVICES (STUDENTS w/ AN IEP) (7:30 - 7:45 AND 7:50 - 8:05)

Presenter: Coretta Hoffman (Assistant Principal)

Location: S30

PARENTS OF STUDENTS FROM SCHOOLS OTHER THAN Mead Schools

Presenter: Colleen Thornton (College & Career Counselor)

Location: College & Career Center

***REGISTRATION Questions**

Available anytime from 7:30p - 8:15p, you are welcome to find a counselor or Mr. Pelkie / Mr. Naslund in the library to help answer your registration questions.

HUSKIES HELPING HUSKIES

See Something Hear Something Say Something

24-Hour Regional Crisis Line

1.877.266.1818

Operated by Frontier Behavioral Health



Emergency Call 9-1-1

Suicide Concerns
call 1.877.266.1818 or
text 741741

The Northwood Counseling Team is available to help



Use QR code for direct access to Northwood Counselor's Page

Call 509.465.7527 to speak with one of our counselors

Alana Cummings

Brock Salzman

What should I do if...

I believe someone may want to injure themselves?

I'm having thoughts of injuring myself?

Find a trusted adult, call 911 & report anonymously