

Keene ISD Covid Exposure Policy for Staff and Students

****Please read closely and note booster status****

CDC is updating the recommended quarantine period for anyone in the general public who is [exposed to COVID-19](#). For people who are unvaccinated or are more than six months out from their second mRNA dose (or more than 2 months after the J&J vaccine) and not yet boosted, CDC now recommends quarantine for 5 days followed by strict mask use for an additional 5 days. Alternatively, if a 5-day quarantine is not feasible, it is imperative that an exposed person [wear a well-fitting mask](#) at all times when around others for 10 days after exposure. Individuals who have received their booster shot do not need to quarantine following an exposure, but should wear a mask for 10 days after the exposure. For all those exposed, best practice would also include a test for SARS-CoV-2 at day 5 after exposure. If symptoms occur, individuals should immediately quarantine until a negative test confirms symptoms are not attributable to COVID-19.

If You Test Positive for COVID-19 (Isolate)

Everyone, regardless of vaccination status.

- *Stay home for 5 days.*
- *If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.*
- *Continue to wear a mask around others for 5 additional days.*

If you have a fever, continue to stay home until your fever resolves.

If You Were Exposed to Someone with COVID-19 (Quarantine)

If you:

Have been boosted

OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

OR

Completed the primary series of J&J vaccine within the last 2 months

- *Wear a mask around others for 10 days.*
- *Test on day 5, if possible.*

If you develop symptoms, get a test and stay home.

If you:

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

OR

Completed the primary series of J&J over 2 months ago and are not boosted

OR

Are unvaccinated

- *Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.*
- *If you can't quarantine you must wear a mask for 10 days.*
- *Test on day 5 if possible.*

If you develop symptoms get a test and stay home

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Content source: [Centers for Disease Control and Prevention](#)