

AUGUST 2024

McL High, Steen's, FES, RHS, RUES, RES, Pisgah

Monday

Tuesday

Wednesday

Thursday

Friday



**1ST Day of School
Lunch only**

5
Chocolate Covered Donuts
Breakfast Sausage Pizza
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

6
Hot Grits
Pancake Bites
Bacon Strips
Southern Biscuit
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Assorted Jellies

7
Dunkin Stix
Cinnamon Rolls
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

8
Cinnamon Toast Crunch Cereal
Hot Grits
French Toast Sticks
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Pancake Syrup

2
Mini Cinnis
Sausage & Pancake on a Stick
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Pancake Syrup

9
Apple Frudel
Sausage & Pancake on a Stick
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Pancake Syrup

12
Pumpkin Breakfast Bread
Lucky Charms Cereal
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

13
Cocoa Puffs Cereal
Hot Grits
Sausage Patty, Southern Biscuit
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Assorted Jellies

14
French Toast Sticks
Strawberry Toaster Pastry
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

15
Dutch Waffle Hot Grits
Cinnamon Crunch Filled Pastry
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

16
Mini Cinnis
Sausage & Pancake on a Stick
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Pancake Syrup

19
Chocolate Covered Donuts
Breakfast Sausage Pizza
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

20
Hot Grits
Pancake Bites
Bacon Strips, Southern Biscuit
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Assorted Jellies

21
Dunkin Stix
Cinnamon Rolls
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

22
Cinnamon Toast Crunch Cereal
Hot Grits
French Toast Sticks
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Pancake Syrup

23
Apple Frudel
Sausage & Pancake on a Stick
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Pancake Syrup

26
Pumpkin Breakfast Bread
Lucky Charms Cereal
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

27
Cocoa Puffs Cereal
Hot Grits
Sausage Patty
Southern Biscuit
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Assorted Jellies

28
French Toast Sticks
Strawberry Toaster Pastry
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

29
Dutch Waffle Hot Grits
Cinnamon Crunch Filled Pastry
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

30
Mini Cinnis
Sausage & Pancake on a Stick
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Pancake Syrup

Served Daily: Assorted Milks – Low Fat, Chocolate, Strawberry, Vanilla Fat Free

Condiments: Mayo, Mustard, Ketchup, Honey Mustard Sauce, Marinara, Syrup
Salad Dressings, Saltine Crackers, Croutons

"This institution is an equal opportunity provider."