



# The Hawk Herald

## Prairie View Elementary



Dr. Irene Gonzales, Principal  
Brenda Goehring, Asst Principal

March 5, 2021

### A Note From the Office



Dear Parents and Guardians of Prairie View Learning Community:

Keeping your children safe while at school is my number one priority. I want to reassure you that our staff members are also committed to keeping our school safe and providing your children with the best education possible. We are a strong team and practice many different drills throughout the school year. Some things to keep in mind that we have in place to help us insure our students' safety:

- All exterior doors are locked at all times, including doors to portable classrooms
- If students must leave school early for an appointment, parents/guardians must be present to get them out
- We perform regular lock-down, modified lock-down and fire drills.
- During a school lock-down, no one, not even parents are allowed in to the building. Our district resource officers conduct these drills with us so they can provide us with feedback. I am happy to report we are top notch in our drills. These drills are conducted in a sensitive, non-frightening manner to teach behaviors that maximize safety. Students are told that lockdown drills are conducted to address what to do if something unsafe is outside of the school. We never communicate graphic or scary scenarios to students during drills.
- Until restrictions are eased by Spokane Regional Health Department and the Mead School District, we continue to follow all the same Covid-19 guidelines and safety protocols that have kept our students and staff safe to enable in person learning since September. Mead continues to lead the way in this remarkable endeavor and we are so proud to continue the efforts that make us successful!

As a family, you can remind your children to "say something if they see something." We will investigate all matters reported to us. Together, every child can have a healthy, happy and safe school experience at Prairie View

Fondly,  
Irene Gonzales, Ed.D.

### Important dates in March

- March 1** 2021-2022 Registration Opens  
PTO Meeting @ 6 PM
- March 1-5** Read Across America Week
- March 9** Class Picture Day
- March 11** Mobius Science Center (K,3)
- March 14** Daylight Savings Begins  
*(Spring Ahead – Set clocks forward 1 hour)*
- March 17** St. Patrick's Day
- March 18** Mobius Science Center (K,3)
- March 19** At Home Guided Learning Day
- March 25** Mobius Science Center (2,4)



**REGISTER  
NOW  
FOR THE  
2021-2022  
SCHOOL  
YEAR!**

**\*No need to register if you are an existing and enrolled Mead District family. Tell your friends and neighbors we miss them and can't wait to have them join us again!**

## ATTENDANCE CALLS

If you email a teacher about your child's absence, please also call into the office or student attendance line (465-7884) to report your child ill. We are here to answer your questions and are a great resource to help you navigate through all the protocols that are in place this year.

Also, please understand that the daily attestation you fill out does not forgo the need to let us know WHY your child is gone. A call home will be going out if your kiddo is absent without further information. *Thank you!*

## Important dates in April



- April 1** April Fool's Day
- April 1** Mobius Science Center (2<sup>nd</sup>, 4<sup>th</sup>, Int DLC)
- April 4** Easter Sunday
- April 5-9** Spring Break
- April 15** Mobius Science Center (1<sup>st</sup>, 5<sup>th</sup>, Prim DLC)
- April 22** Earth Day
- April 22** Mobius Science Center (1<sup>st</sup>, 5<sup>th</sup>)



## Dr Seuss and Read Across America

Prairie View had a school wide celebration of Dr Seuss' birthday and Read Across America Week on March 1<sup>st</sup>-5<sup>th</sup>. In addition to being "caught" reading throughout the day and receiving fun Dr. Seuss themes prizes, the students enjoyed a gift from our fabulous PTO! Each child was given a book that the PTO had purchased to help promote Read Across America Week! We were humbled by the size and generosity of this gift for our students and the kids were so grateful to have the love and support of our PTO!! Thank you again PTO for all you do in support for our students!! We appreciate your continued efforts to make this year fun!



## SCIENCE CENTER MOBILUS At Prairie View Elementary!!!

Thanks in large part to our PTO, Prairie View will be the host to Mobius Science Center on Thursdays for the next six weeks, beginning March 11<sup>th</sup>. Each classroom and grade level will have the opportunity to spend an hour participating in a hands on learning activity specifically tailored to fit within all safety and cleaning protocols required for Covid-19 and social distancing. The kids will have a chance to discuss, team up and plan out their activity. We are so excited to have the Mobius staff here for this wonderful opportunity! Be sure to ask your kids about it!

## Dictionaries for 3<sup>rd</sup> Grade

In the fast-paced, modern world we live in with our computer screens and voice activated google search options, it's nice to know Prairie View students still have the opportunity to experience some down to earth "old school" traditions. For many years we have been fortunate enough to have the Five Mile Grange help us on a variety of projects. This fantastic community partner recently provided all of our 3<sup>rd</sup> grade classes with a real paper copy of the Webster's Dictionary! For many kids this was a novelty to be able to look up words "the old fashioned way". Due to the restrictions Covid-19 has placed on not being able to have visitors in our school, Dr. Gonzales was on hand to help pass these out to the students in place of Grange members this year. Thank you again Five Mie Grange for your generosity to our School and students over the past several years—we appreciate you!





## 2021 Elementary Breakfast

Mon	Tue	Wed	Thu	Fri
<b>1</b> Strawberry Breakfast Bar Cinnamon French Toast Mini Bagel Strawberry Creamy Cheese Juice Variety Milk	<b>2</b> Dutch Waffle Juice Variety Milk	<b>3</b> Cinnamon Toast Crunch Filled Bar Juice Variety Milk	<b>4</b> Egg Cheese English Muffin Sausage Cheese English Muffin Juice Variety Milk	<b>5</b> Pancake and Sausage Wrap Mini Pancake Wrapped Sausages Juice Variety Milk
<b>8</b> Strawberry Breakfast Bar Juice Variety Milk	<b>9</b> Dutch Waffle Juice Variety Milk	<b>10</b> Cinnamon Toast Crunch Filled Bar Juice Variety Milk	<b>11</b> Egg Cheese English Muffin Sausage Cheese English Muffin Juice Variety Milk	<b>12</b> Pancake and Sausage Wrap Mini Pancake Wrapped Sausages Juice Variety Milk
<b>15</b> Strawberry Breakfast Bar Juice Variety Milk	<b>16</b> Dutch Waffle Juice Variety Milk	<b>17</b> Cinnamon Toast Crunch Filled Bar Juice Variety Milk	<b>18</b> Egg Cheese English Muffin Sausage Cheese English Muffin Juice Variety Milk	<b>19</b> No School (Snow Make-Up Day)
<b>22</b> Strawberry Breakfast Bar Juice Variety Milk	<b>23</b> Dutch Waffle Juice Variety Milk	<b>24</b> Cinnamon Toast Crunch Filled Bar Juice Variety Milk	<b>25</b> Egg Cheese English Muffin Juice Variety Milk	<b>26</b> Pancake and Sausage Wrap Mini Pancake Wrapped Sausages Juice Variety Milk
<b>29</b> Strawberry Breakfast Bar Juice Variety Milk	<b>30</b> Dutch Waffle Juice Variety Milk	<b>31</b> Cinnamon Toast Crunch Filled Bar Juice Variety Milk		



## 2021 Elementary Lunch

Mon	Tue	Wed	Thu	Fri
<b>1</b> Ham & Cheese Rippers Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Milk Ranch Dressing	<b>2</b> Apple Cinnamon Texas Toast & Cheese Omelet Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Milk Ranch Dressing Apple Cinnamon Texas Toast Cheese Omelet	<b>3</b> Cheeseburger Hamburger Veggie Burger Chewy Oat Bar, Yogurt, and Cheese Oven Baked Fries Vegetable Variety Selection of Fruits Milk Ketchup Ranch Dressing	<b>4</b> Pepperoni Pizza Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Milk Ranch Dressing	<b>5</b> Chicken Patty Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Milk Ranch Dressing BBQ Sauce
<b>8</b> Popcorn Chicken Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Dinner Roll Milk BBQ Sauce Ranch Dressing	<b>9</b> Cheeseburger Hamburger Veggie Burger Chewy Oat Bar, Yogurt, and Cheese Oven Baked Fries Vegetable Variety Selection of Fruits Milk Ketchup Ranch Dressing	<b>10</b> Mandarin Chicken Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Whole Grain Rice Milk Ranch Dressing	<b>11</b> Mini Corn Dogs Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Milk Ketchup Ranch Dressing	<b>12</b> Cheese Pizza Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Milk Ranch Dressing
<b>15</b> Ham & Cheese Rippers Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Milk Ranch Dressing	<b>16</b> Apple Cinnamon Texas Toast & Cheese Omelet Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Milk Ranch Dressing Apple Cinnamon Texas Toast Cheese Omelet	<b>17</b> Cheeseburger Hamburger Veggie Burger Chewy Oat Bar, Yogurt, and Cheese Oven Baked Fries Vegetable Variety Selection of Fruits Milk Ketchup	<b>18</b> Cheese Pizza Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Milk Ranch Dressing	<b>19</b> No School (Snow Make-Up Day)
<b>22</b> Chicken Nuggets Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Dinner Roll Dinner Roll Milk BBQ Sauce Ranch Dressing	<b>23</b> Cheeseburger Hamburger Veggie Burger Chewy Oat Bar, Yogurt, and Cheese Oven Baked Fries Vegetable Variety Selection of Fruits Milk Ketchup Ranch Dressing	<b>24</b> Mandarin Chicken Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Whole Grain Rice Milk Ranch Dressing	<b>25</b> Mini Corn Dogs Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Milk Ketchup Ranch Dressing	<b>26</b> Cheese Pizza Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Milk Ranch Dressing
<b>29</b> Ham & Cheese Rippers Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Milk Ranch Dressing	<b>30</b> Apple Cinnamon Texas Toast & Cheese Omelet Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Milk Ranch Dressing Apple Cinnamon Texas Toast Cheese Omelet	<b>31</b> Cheeseburger Hamburger Veggie Burger Chewy Oat Bar, Yogurt, and Cheese Oven Baked Fries Vegetable Variety Selection of Fruits Milk Ketchup Ranch Dressing	<b>1</b> Cheese Pizza Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Milk Ranch Dressing	<b>2</b> Chicken Patty Chewy Oat Bar, Yogurt, and Cheese Vegetable Variety Selection of Fruits Milk Ranch Dressing BBQ Sauce

# Helping Children Learn<sup>®</sup>

Tips Families Can Use to Help Children Do Better in School

Mead School District



March 2021

## Provide lessons in responsibility to improve academic success

Responsibility is essential for so many aspects of learning and achievement—from timeliness to effort to cooperation. Luckily, there are at least as many ways for you to bolster your child's sense of responsibility at home.

To raise a responsible student:

- **Trust your child** with meaningful tasks. School-age children are capable of handling tasks such as getting up with an alarm, tidying their rooms and study areas, caring for plants and pets, and clearing the table.
- **Enforce a few** age-appropriate rules and consequences. Explain them clearly so your child knows exactly how you want her to behave—and what will happen if she doesn't.
- **Discuss what it means** to be a responsible member of a community. Look for ways your family can help others, such as by collecting food or donations to help a local food bank meet the increased demand.
- **Teach financial responsibility.** Help your child learn about budgeting and saving as well as spending.
- **Adjust rules** and responsibilities. As your child matures, her abilities will change. Perhaps she can make new decisions or take on more grown-up chores. Talk about how great it feels to be trusted to be responsible!



## Add an active dimension to reading

You may think of reading as a calm activity to be done while sitting still. But that's not the only way to read! Research suggests that kids can improve their comprehension and memory by physically acting out what they've read.

Acting out a phrase or passage can help kids connect abstract concepts—for example, *turning a blind eye*—with concrete actions. To encourage this kind of activity:

- **Do a dramatic reading.** Act out the story as you read it aloud. Take turns with your child or let him perform the whole thing.
- **Dress up** as favorite characters. Reenact exciting scenes, using new

words from the story. "The rats are following the sound of my piping. I'm luring them."

- **Put on a puppet show** based on the reading. Help your child write a short script and make puppets from old socks or paper lunch bags.

Source: M.P. Kaschak and others, "Enacted Reading Comprehension: Using Bodily Movement to Aid the Comprehension of Abstract Text Content," *PLoS ONE*, Public Library of Science.

## Rely on supportive basics

It's easy to get frustrated with your child when you're trying to help with schoolwork, especially if the assignment is tough. To avoid meltdowns and misunderstandings:

- **Accept your child** for who she is.
- **Believe in her.**
- **Communicate clearly** with her.



Source: J.S. Schumm, Ph.D., *How to Help Your Child with Homework*, Free Spirit Publishing.

## Turn poor results around

You know your child has the ability to do well. But he doesn't work up to his potential. What can you do? Stay positive. Then:

- **Ask your child** how he thinks he could improve his performance.
- **Consult the teacher.** Ask how much time your child should be spending on assignments and studying. Discuss strategies for supporting him.
- **Enforce a regular study time.** Set a timer for 20 minutes. After your child works hard for that time, let him take a short break, and then get back to work.
- **Let your child know** he is responsible for completing his assignments.

## Make praise meaningful

The right kind of praise from you encourages your child to try and keep trying. Offer her praise that:

- **Highlights behaviors** you want her to repeat.
- **Reflects reality.** Rather than saying "That was the best oral report ever," say "You kept practicing until your delivery was really smooth!"
- **Focuses on effort,** persistence and willingness to try new things, rather than on talent or intelligence.





## How much help should I be giving my third grader?

**Q:** I supervise when my child does schoolwork. But he asks so many questions! I worry that I am helping too much. Where should I draw the line?

**A:** Whether he's studying ancient Greece or times tables, your child is learning facts, but he's also learning *how* to learn. To help while fostering his independence:



- **Make a rule** that your child has to *try* every assignment question by himself, starting with the easiest ones first to boost his confidence.
- **Let your child ask for help** after he's tried all the questions. Keep this goal in mind: He doesn't simply need correct answers. He needs to learn how to figure out what the answers should be.
- **Offer guidance instead of solutions** whenever possible. For example, if your child asks how to spell *Mississippi*, suggest that he get out a map or dictionary.
- **Review your child's work with him.** Don't just let him hand it to you and walk away. Compliment his progress, then address trouble spots by asking questions. Can he see anything that needs to be fixed?
- **Contact his teacher** and ask about the best ways you can support your child's learning.



## Are you encouraging resilience?

When resilient students hit an obstacle, they don't give up. Instead, they approach the problem in positive ways. In this challenging year for learning, are you helping your child develop resilience? Answer *yes* or *no* below:

\_\_\_ **1. Do you help** your child see her strengths and how she can apply them to challenges?

\_\_\_ **2. Do you remind** your child of ways she has handled tough situations in the past?

\_\_\_ **3. Do you provide** chances for your child to make decisions for herself? This skill takes practice.

\_\_\_ **4. Do you encourage** your child to talk through problems she is trying to solve? Listen without jumping in to solve them for her.

\_\_\_ **5. Do you talk** about strategies you use to solve problems?

### How well are you doing?

*More yes answers mean you are boosting your child's ability to handle setbacks. For each no, try that idea.*

"All things are difficult before they are easy."

—Thomas Fuller

## Instill respect for others

It's normal for your child to spot differences among people. It's also essential—in class and in society—that he be respectful of people who are different from him. To nurture respect for diversity:

- **Set an example.** Show respect for others through actions and words.
- **Learn about the challenges** and contributions of people from other backgrounds and cultures. Read books with your child about other ways of life. Talk about what you have in common.
- **Discuss stereotyping** and why it's unfair. Correct it when you hear it.

Source: M. Crouch, "Teaching Diversity to Your Kids," Parents, nswc.com/diversity2.

## Use small chunks of time

You've got a big project to do—but can't make the time. Your child has a science report due, but his schedule is full. The solution in both cases is the same. Don't wait until you have enough time to finish the job. Instead, look for just five minutes. In that time, you can get a start on any job. Your child can look for a source or take a few notes. Then look for the next five!

## Prepare for the next step

Will your child be moving up to middle school in the fall? To help him get ready:



- **Learn** about the school. Look at its website and social media together. Sign up to receive updates about operating plans, summer programs and other matters.
- **Emphasize** opportunities. Help your child learn about middle school classes that mesh with his interests.
- **Reinforce** effective study habits, such as organization, time management and regular review.

### Helping Children Learn<sup>®</sup>

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