



The Hawk Herald

Prairie View Elementary

Dr. Irene Gonzales, Principal
Brenda Goehring, Asst Principal

February 1, 2021

A Note From the Principal



Dear Parent/Guardian:

Happy February! I always think of this month as the month of love! Valentine’s Day is often the day of the year that we show some extra love to our significant other and our children. I saw a quote from Bruce Perry recently that hit home with me, “Children don’t need more things. The best toys a child can have is a parent who gets down on the floor and plays with them”. This quote is meaningful to me as both my daughters are now grown and out of our home. It happens so quickly. Keep showing your children your love and enjoy them while they are young.

Thank you for your continued support of our schools. We are grateful for your partnership and trust in allowing us to serve your children for face to face or remote instruction each day.



Be well!
Dr. Irene Gonzales

Upcoming dates in February



- Feb 9** Voting day for renewal Levy
(In ballot box by 8 pm!)
- Feb 10** Community Presentation on Five Mile school boundary
[Click HERE for ZOOM link](#)
- Feb 15** No School (Presidents Day)
- Feb 19** Early Dismissal @ 12:45 pm
- Feb 24** Early Dimissal @ 12:45 pm
Conferences 1 – 5:45 pm
- Feb 25** Non Student Day (No School)
Conferences 12 – 7 pm
- Feb 26** Non Student Day (No School)
Conferences 8 – 11:25 am

Dear Parents and Guardians of Prairie View Students:

Did you know that Levies provide local funding that bridges the gap between what the state and federal governments pay and the actual costs of operating our schools? Levies support essential programs, staff and services. The renewal levy supports the Mead School District commitment to learning and teaching, focuses on equity and access for all students and ensures ongoing funding for essential services to meet the needs of students and teachers.

The District has listened to the community through multiple surveys and put that feedback into action through reopening schools, developing strategic priorities and planning for future programming to help our students and teachers be successful.

Strategic priorities developed through community feedback are the backbone of the programs that will be funded with the approval of this levy. Strategic priorities that community members identified as very important include:

- Support for at-risk students K-12
- Mental health support for students K-12
- Career-track opportunities such as internships for HS students

Click [HERE](#) for more information on the upcoming Renewal Levy

MEAD SCHOOL DISTRICT
2021 RENEWAL LEVY
FEBRUARY 9, 2021

ATTENDANCE CALLS

If you email a teacher about your child's absence, please also call into the office or student attendance line (465-7884) to report your child ill. We are here to answer your questions and are a great resource to help you navigate through all the protocols that are in place this year.

Also, please understand that the daily attestation you fill out does not forgo the need to let us know WHY your child is gone. A call home will be going out if your kiddo is absent without further information. *Thank you!*

Upcoming dates in March



- March 1** Kindergarten Registration Opens
PTO Meeting @ 6 PM
- March 1-5** Read Across America Week
- March 9** Class Picture Day
- March 14** Daylight Savings Begins
(Spring Ahead – Set clocks forward 1 hour)
- March 17** St. Patrick's Day



Helping Children Learn

Tips Families Can Use to Help Children Do Better in School

ELEMENTARY SCHOOL

February 2021



How can I help my child take a more positive outlook?

Q: My fifth grader has never been bubbly. But this year she has become so negative. She doesn't like school. She doesn't like her teacher. Last week, I asked her to plan something special for the two of us to do. Later, she said it was "OK, I guess." What else can I do?

A: These are challenging times, and there could be many reasons for your child's outlook. So begin by asking her about things that get her down. If one issue (or person) comes up over and over, you can brainstorm together about ways she can address it.

Here are some other steps to take:

- **Allow your child** to vent. Let her complain about schoolwork for a minute or two. Then redirect her by saying, "Well, you still need to do this before tomorrow." Say that everyone has responsibilities—like them or not.
- **Model the attitude** you'd like your child to have. Talk about ways you handle your own disappointments.
- **Help your child make choices** and take responsibility for improving her life where she can. It's a way of empowering her.
- **Consult with your child's doctor** or school counselor. If you think she may be overanxious or depressed, it's important to take action.



Review your expectations

Research links high parent expectations to high student achievement. But to be effective, expectations also need to be realistic. Make sure your expectations are:

- **Appropriate** for your individual child. Take her age, personality and maturity into account.
- **Clear.** State expectations in simple terms your child can easily understand.
- **Important.** Focus on expectations for behaviors that encourage school success, such as timeliness and effort.

Source: M. Pinquart and M. Ebeling, "Parental Educational Expectations and Academic Achievement in Children and Adolescents—A Meta-analysis," *Educational Psychology Review*, Springer, nswc.com/highexpectations.

Help your child apply past lessons to current projects

If your child is bogged down in big project, help him draw on previous experiences. He may not have had an assignment just like this, but he's done other projects. What has he learned from them about how he works best that might help him now?



3. Do you select a Word of the Day and try using it at least three times in the day?
4. Do you have your child keep a personal dictionary where he/she writes new words and their meanings?
5. Do you play word games as a family?

*More yes answers mean you are giving your child word power. For each no, give that idea a try!



Do you add to your child's vocabulary?

1. Do you talk with your child about new words and their meanings?
2. Do you relate new words to familiar ideas? "Let's organize your room By categorizing your toys."



2021 Elementary Breakfast

Mon	Tue	Wed	Thu	Fri
1 Strawberry Breakfast Bar Juice Variety Milk	2 Dutch Waffle Juice Variety Milk	3 Cinnamon Toast Crunch Filled Bar Juice Variety Milk	4 Egg Cheese English Muffin Juice Variety Milk	5 Pancake and Sausage Wrap Juice Variety Milk
8 Strawberry Breakfast Bar Juice Variety Milk	9 Dutch Waffle Juice Variety Milk	10 Cinnamon Toast Crunch Filled Bar Juice Variety Milk	11 Egg Cheese English Muffin Juice Variety Milk	12 Pancake and Sausage Wrap Juice Variety Milk
15 President's day	16 Dutch Waffle Juice Variety Milk	1 Cinnamon Toast Crunch Filled Bar Juice Variety Milk	18 Egg Cheese English Muffin Egg & Cheese Bagel Juice Variety Milk	19 Pancake and Sausage Wrap Juice Variety Milk
22 Strawberry Breakfast Bar Juice Variety Milk	23 Dutch Waffle Juice Variety Milk	24 Cinnamon Toast Crunch Filled Bar Juice Variety Milk	25 Egg Cheese English Muffin Juice Variety Milk	26 Pancake and Sausage Wrap Juice Variety Milk

This institution is an equal opportunity provider.



2021 Elementary Lunch

Mon	Tue	Wed	Thu	Fri
1 Ham & Cheese Rippers WG Bar, Yogurt, and Cheese Stick Vegetable Variety Selection of Fruits Milk Ranch Dressing	2 Apple Cinnamon Texas Toast & Cheese Omelet WG Bar, Yogurt, and Cheese Stick Vegetable Variety Selection of Fruits Milk Ranch Dressing Apple Cinnamon Texas Toast Cheese Omelet	3 Cheeseburger Hamburger Veggie Burger WG Bar, Yogurt, and Cheese Stick Oven Baked Fries Vegetable Variety Selection of Fruits Milk Ketchup Ranch Dressing	4 Pepperoni Pizza WG Bar, Yogurt, and Cheese Stick Vegetable Variety Selection of Fruits Milk Ranch Dressing	5 Chicken Patty WG Bar, Yogurt, and Cheese Stick Vegetable Variety Selection of Fruits Milk Ranch Dressing BBQ Sauce
8 Crispy Chicken Strips WG Bar, Yogurt, and Cheese Stick Vegetable Variety Selection of Fruits Dinner Roll Milk BBQ Sauce Ranch Dressing	9 Cheeseburger Hamburger Veggie Burger WG Bar, Yogurt, and Cheese Stick Oven Baked Fries Vegetable Variety Selection of Fruits Milk Ketchup Ranch Dressing	10 Mandarin Chicken WG Bar, Yogurt, and Cheese Stick Vegetable Variety Selection of Fruits Whole Grain Rice Milk Ranch Dressing	11 Mini Corn Dogs WG Bar, Yogurt, and Cheese Stick Vegetable Variety Selection of Fruits Milk Ketchup Ranch Dressing	12 Cheese Pizza WG Bar, Yogurt, and Cheese Stick Vegetable Variety Selection of Fruits Milk Ranch Dressing
15 President's day	16 Apple Cinnamon Texas Toast & Cheese Omelet WG Bar, Yogurt, and Cheese Stick Vegetable Variety Selection of Fruits Milk Ranch Dressing Apple Cinnamon Texas Toast Cheese Omelet	17 Cheeseburger Hamburger Veggie Burger WG Bar, Yogurt, and Cheese Stick Oven Baked Fries Vegetable Variety Selection of Fruits Milk Ketchup Ranch Dressing	18 Pepperoni Pizza WG Bar, Yogurt, and Cheese Stick Vegetable Variety Selection of Fruits Milk Ranch Dressing	19 Chicken Patty WG Bar, Yogurt, and Cheese Stick Vegetable Variety Selection of Fruits Milk Ranch Dressing BBQ Sauce