

AUGUST | 2022

Elementary Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Pulled Pork Sandwich Baked Beans Fresh Fruit Choice of Milk	2 Nachos with Beef and Cheese Dip Mini Peppers Fresh Fruit Choice of Milk	3 Chicken Nuggets French Fries Fresh Fruit Choice of Milk	4 Bosco Sticks with Marinara Sauce Broccoli Fresh Fruit Choice of Milk	5 Pizza Slice Cucumber Fresh Fruit Choice of Milk
8 Breaded Chicken Sandwich Tater Tot Fresh Fruit Choice of Milk	9 Walking Taco Refried Beans Fresh Fruit Choice of Milk	10 Pretzel and Cheese Sauce Broccoli Fresh Fruit Choice of Milk	11 Mini Corn Dogs Green Beans Fresh Fruit Choice of Milk	12 Calzone Carrots Fresh Fruit Choice of Milk
15 Hamburger/ Cheeseburger Baked Beans Fresh Fruit Choice of Milk	16 French Toast Sticks Sausage Patty Sweet Potato Wedges Fresh Fruit Choice of Milk	17 Rotini and Meat Sauce w/ Bread Stick Broccoli Fresh Fruit Choice of Milk	18 Popcorn Chicken Bowl w/ Corn Fresh Fruit Choice of Milk	19 Pizza Cruncher with Marinara Sauce Cauliflower Fresh Fruit Choice of Milk
22 Pulled Pork Sandwich Baked Beans Fresh Fruit Choice of Milk	23 Nachos with Beef and Cheese Dip Mini Peppers Fresh Fruit Choice of Milk	24 Chicken Nuggets French Fries Fresh Fruit Choice of Milk	25 Bosco Sticks with Marinara Sauce Broccoli Fresh Fruit Choice of Milk	26 Pizza Slice Cucumber Fresh Fruit Choice of Milk
28 Breaded Chicken Sandwich Tater Tot Fresh Fruit Choice of Milk	30 Walking Taco Refried Beans Fresh Fruit Choice of Milk	31 Pretzel and Cheese Sauce Broccoli Fresh Fruit Choice of Milk	1 Mini Corn Dogs Green Beans Fresh Fruit Choice of Milk	2 Calzone Carrots Fresh Fruit Choice of Milk

Build a Meal

Chose 3-5 meal components to make a health, well-balanced meal:

- Protein-Whole Grain-Fruit- Vegetable- Milk
- One component must be a fruit or vegetable, may chose up to 2 of each

Daily Alternative Choices:

All alternative meals include choice of milk, fruit and/or vegetable

Mon/Wed/Fri:

- Lunch Kits (similar to lunchables):
 - Pizza
 - Turkey, Cheese and Crackers

Tues/Thurs:

- Peanut-Free Wowbutter and Jelly Sandwich^v
- Protein Power: yogurt, grain, string cheese^v

Meal Prices:
Breakfast: \$2.25
Lunch: \$3.40
Adult: \$4.75
Extra Milk: \$0.50