



Elementary Breakfast Menu

Breakfast is served in the school cafeteria daily.

Student Breakfast \$2.25

Extra Student/Adult Breakfast \$2.50

BREAKFAST MENU

Meal includes entrée, fruit, and/or 100% fruit juice, and milk. Students must take a fruit and/or juice to qualify for the meal price.

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Cinni	Cereal Kit	Muffin With Yogurt	Oatmeal Round	Turkey, Ham and Cheese Croissant

Menu is subject to change

DAILY BREAKFAST MENU

- Fruit and/or 100% Fruit Juice
- Milk

Breakfast is served in all buildings on 2-hour delays – menus may be altered to accommodate.

BENEFITS OF BREAKFAST

- Children who eat breakfast are more likely to behave better in school.
- Breakfast improves attention, problem-solving tasks, and memory.
- Eating breakfast can help improve math, reading, and standardized test scores.
- Studies have shown that children who eat breakfast regularly are less likely to be overweight.

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