

Worksheet 4: Summary of Findings

This document assists local educational agencies (LEAs) with meeting the U.S. Department of Agriculture's (USDA) triennial assessment requirements for the LSWP. For information on the triennial assessment process, refer to [*Guidance for School Wellness Policy Triennial Assessment*](#). For additional worksheets, visit the “[What’s Next](#)” section of the CSDE’s School Wellness Policies webpage.



This worksheet can be used to create narrative descriptions to post alongside sections from **Worksheet 3: Identifying Connections between Policy and Practice**. The purpose of these narratives is to describe the LEA’s progress toward meeting their wellness goals. Not all districts will have information to share in all four sections. Note: in Section 3 and Section 4, the LEA is only required to comment on federally required items, but may add information about other wellness topics if desired.

Section 1 (Strong Policies and Aligned Practices). If applicable, write a narrative below to describe your district’s areas of success in meeting its wellness goals.

Our district has an excellent standards-based nutrition education curriculum and integrates these concepts into multiple subjects besides health education. Our school meals program has fully implemented the HHFKA regulations by following guidelines.

Worksheet 4: Summary of Findings

Section 2 (Create Practice Implementation Plans). If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.

Our policy states recommendations for food-free fundraising, but there is no one appointed to approve in-school fundraising ensuring smart snack compliance. The wellness committee will collectively decide who should be appointed.

Adherence to the food-free celebration portion of the policy will be reiterated with building administration, teachers, and staff via written communication or PD.

Section 3 (Update Policies). If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired.

Overall, our policy scored fair for comprehensiveness and poor for strength when compared to model policies in the WellSAT 3.0 Assessment Tool.

After thorough assessment of the Stonington Public School's Local School Wellness Policy, it has been identified there are 31 areas where activities or guidelines are being implemented into the district but they are not mentioned or written vaguely into the policy. Eight are federally mandated. We will be working during SY22-23 to update the LSWP to reflect implemented activities and guidelines. Once new language is drafted it will be presented for approval by the Board of Education.

Worksheet 4: Summary of Findings

Section 4 (Opportunities for Growth). If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired.

Overall, our policy scored fair for comprehensiveness and poor for strength when compared to model policies in the WellSAT 3.0 Assessment Tool.

After thorough assessment of the Stonington Public School's Local School Wellness Policy, it has been identified there are 19 topics not addressed or in practice; or they are only addressed in a very limited way. One of these items are federally mandated. We need to address the following areas in the rewrite of the policy and ensure compliance with state and federal guidelines:

- Sequential and comprehensive nutrition education through grades K-12, specifying weekly physical activity amounts
- Seat times for meals for building levels
- Ensuring nutrition standards for all meals, snacks, beverages, food-based celebrations, and fundraising are written in and policies enforced
- Addition of Marketing Section

Local School Wellness Policy Triennial Assessment

Worksheet 4: Summary of Findings

For information on the USDA's LSWP requirements, visit the Connecticut State Department of Education's (CSDE) [School Wellness Policies](#) website and the Rudd Center's [WELLSAT](#) website, or contact the [school nutrition programs staff](#) at the Connecticut State Department of Education, School Health, Nutrition and Family Services, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841.

This document is available at https://portal.ct.gov/-/media/SDE/Nutrition/SWP/Worksheet_4_Summarizing_Findings.docx.



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