

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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<b>BREAKFAST ALL WEEKS</b> (Juice, fruit, milk served daily)	WG Cereal WG Confetti Pancakes	WG Cinni Minni WG Oatmeal bar	WG Banana Bread WG Pancake Wrap	WG Cinnamon Toast Roll Whole Grain Donut	WG Poptart WG Cream Cheese Bagel
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<b>LUNCH WEEK ONE</b>	WG Turkey Sub Low Fat Milk				
	WG Pizza Slice Green Beans Fresh Broccoli Canned Fruit	WG Taco / WG Nacho Corn Spanish Rice Tomatoes Fresh Fruit	Pasta Day WG Bosco Stick Roasted Broccoli Red Peppers Canned Fruit	WG Chicken Sandwich Baked Beans Tater Tots Canned Fruit	WG Pretzel & Cheese Roasted Carrots Juice 4oz Ice Cream Cup

<b>LUNCH WEEK TWO</b>	WG Ham Sub Low Fat Milk				
	WG Chicken Nuggets Steamed Broccoli Baby Carrots Fresh Fruit Roll	WG Taco / WG Nacho Refried Beans Corn Tomatoes Canned Fruit	Pasta Day WG Bosco Stick Green Beans Cucumber Slices Fresh Fruit	WG Chicken Tenders Roasted Broccoli Red Peppers Canned Fruit	WG Breakfast for Lunch 2 grain Hash Browns Juice 4oz Ice Cream Cup

<b>LUNCH WEEK THREE</b>	WG Turkey Sub Low Fat Milk				
	WG Pizza Green Beans Fresh Broccoli Fresh Fruit	Burger WG Bun Baked Beans Corn Tomatoes Canned Fruit	WG Chicken Nuggets Side of Mac & Cheese Crispy Carrots Fresh Fruit	WG Bosco Sticks / Marinara Steamed Broccoli Sliced Cucumbers Canned Fruit	WG Breaded Chicken / WG Bun Roasted Carrots Juice 4oz Ice Cream Cup

AUGUST				
M	T	W	TH	F
		10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

SEPTEMBER				
M	T	W	TH	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

OCTOBER				
M	T	W	TH	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

All menus follow the recommended federal school lunch guidelines and adhere to the Crown Point Schools nutritional policy. These meals offer students proteins, grains, milk, fresh fruits and vegetables while also adhering to the strict limits on portion sizes, sodium and saturated fat.

**CONTACT US:**

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**CPCSC and our food services team is an equal opportunity provider.**

Please visit our website at [www.cps.k12.in.us/food](http://www.cps.k12.in.us/food) for:

- Online payments for My MealTime
- Nutritional information for all products
- Free and reduced applications
- Allergy information (call us to help plan a menu if your child has dietary restrictions)