

ST. THOMAS

OCTOBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Hot #1 Fusilli with Meatballs Hot #2 Beef Quesadillas Corn, Southwestern Slaw with Ranch, Baguette, Apple Sauce Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad</p>	<p>4</p> <p>Hot #1 Taco Rice Bowl Hot #2 Chicken Scalopini Rice, Tossed Salad, Baguette Fresh Fruit Cold #1 Chicken Cobb Salad Cold #2 Turkey or Ham Sandwich</p>	<p>5</p> <p>Hot #1 Beef Hot Dogs, Hot #2 Three-Cheese Pizza Carrot and Celery Sticks with Ranch, Tossed Salad, Graham Crackers Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad</p>	<p>6</p> <p>Hot #1 Spaghetti with Meat Sauce Hot #2 Chicken Volterra Peas and Carrots, Tossed Salad Italian Dressing, Baguette, Nilla Wafers Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich</p>	<p>7</p> <p>Hot #1 Fish Sticks, Tossed Green Salad Hot #2 Beef Tacos (soft tacos for little's) Lettuce, Tomato, Spanish Rice, Beans, Apple Crisp Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar Salad</p>
<p>10</p> <p>Hot #1 Shells and Cheese Hot #2 BBQ Chicken Broccoli Rice Casserole, Tossed Green Salad, Baguette, Yogurt Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad</p>	<p>11</p> <p>Hot #1 Cajun Chicken Wide Noodle Pasta Hot #2 Grilled Cheese with Tomato Basil Soup Tossed Salad, Corn, Baguette, Fresh Fruit Cold #1 Cajun Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich</p>	<p>12</p> <p>Hot #1 Chicken and Pancakes Hot #2 Chicken Provencal Roasted Potatoes, Green Beans, Baguette, Apple Sauce Cold #1 Turkey & Bacon Club Cold #2 Tossed Southwestern Salad</p>	<p>13</p> <p>Hot #1 Green Chili Chicken Enchiladas Hot #2 Chicken Adobo Tossed Salad with Cilantro Dressing, Rice, Pound Cake with Fresh Strawberries Cold #1 Chicken Caesar Salad Cold #2 Turkey or Ham Sandwich</p>	<p>14</p> <p>Hot #1 Loaded Baked Potato Hot #2 Gemelli Pasta with Bolognese Sauce, Broccoli, Baguette, Ice Cream Cold #1 Asian Chicken Salad Wrap Cold #2 Cobb Salad</p>
<p>17</p> <p>Hot #1 Beef Hot Dogs Hot #2 Sticky Thai Meatballs Broccoli, Rice, Baguette, Nilla Wafers Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad</p>	<p>18</p> <p>Hot #1 Chicken, Bowtie Pasta with Basil Cream Sauce Hot #2 Fish Sticks, Corn, Tossed Salad, Baguette, Fresh Fruit Cold #1 Chicken Cobb Salad Cold #2 Turkey or Ham Sandwich</p>	<p>19</p> <p>Hot #1 Taco Rice Bowl Hot #2 Roasted Turkey with Gravy, Mashed Potatoes, Celery and Carrot Sticks with Ranch, Baguette, Chocolate Cake Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad</p>	<p>20</p> <p>Hot #1 Corn Dogs Hot #2 Chicken and Beef Sausage Jambalaya Green beans, Tossed Salad, Baguette, Applesauce Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich</p>	<p>21</p> <p><i>No School</i></p>
<p>24</p> <p>Hot #1 Chicken Cobbler Hot #2 Lemon Rosemary Seared Chicken Mashed Potatoes, Green Beans, Baguette Graham Crackers Cold #1 Asian Chicken Salad Wrap Cold #2 California Tossed Green Salad</p>	<p>25</p> <p>Hot #1 Shells and Cheese Hot #2 Meatloaf Cauliflower Gratin, Spinach Salad, Baguette, Yogurt Cold #1 Cajun Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich</p>	<p>26</p> <p>Hot #1 Pancakes, Roasted Potatoes and Sausage Hot #2 Asian Mandarin Chicken Rice, Tossed Salad w/ Parmesan Ranch, Baguette, Fresh Fruit Cold #1 Turkey & Bacon Club Cold #2 Tossed Southwestern Salad</p>	<p>27</p> <p>Hot #1 Spaghetti with Marinara Sauce, Caesar Salad Hot #2 Broiled Hamburgers with Lettuce, Tomato, Tater Tots, Nilla Wafers Cold #1 Chicken Caesar Salad Cold #2 Turkey or Ham Sandwich</p>	<p>28</p> <p><i>No School</i></p>
<p>31</p> <p>Hot #1 Fusilli with Meatballs Hot #2 Beef Quesadillas Corn, Southwestern Slaw with Ranch, Baguette, Apple Sauce Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad</p>				