

# Preschool Supplies

## Items needed on the 1st day of school

- A complete change of clothes, including socks and shoes, in a zip lock bag (to be kept in their cubby). Please adjust these periodically to reflect changes in size and temperature.
- A labeled, refillable water bottle
- A waterproof book bag or backpack with a zipper or snaps to close. It should be large enough to hold papers, show and tell items
- A reusable (or disposable) lunch bag with an ice pack.
- A crib sheet to place on their mat for rest time
- A lovely/comfort item for use during rest time
- Snack
- Please bring Kosher-style Lunch (no milk and meat in the same meal, no pork, no shellfish.) We recommend that parents place ice packs in their children's lunchboxes, as we do not refrigerate the children's lunches.
- ALL ITEMS MUST BE LABELED WITH BOTH FIRST AND LAST NAME

## A note about preschool clothing

Preschool is MESSY! Smocks are provided and their use is encouraged, but teachers will not insist on their use if it presents a barrier to a child's participation or enjoyment of an art activity. Please dress your child accordingly. We paint, play with clay, watercolors, sand, glue, etc., so please make sure you send your child wearing preschool-appropriate clothes (simple t-shirts, easy-to-pull-up shorts, etc.). Autonomy, self-sufficiency, and independence - are watchwords of early childhood education.

Elastic waists and simple comfortable clothes allow your child the opportunity to learn to dress him/herself. Mastery of simple life skills leads to great feelings of self-worth! Please keep this in mind when choosing your child's clothes.

Safe shoes (sneakers, rubber-soled shoes, covered sandals - front and back) and socks are REQUIRED DAILY for safety reasons. This policy will be strictly adhered to and parents will be called to bring the appropriate shoes (and clothing, as applicable). We also MUST remove any dangling earrings or necklaces from children as a safety precaution.