



# Interested in trying out for a school sports team this year?

Get a jump on the paperwork! *Anyone interested in trying out for any Farmington Junior High Sports Team will need to get a doctor's physical and register at [registermyathlete.com](http://registermyathlete.com) to fill out paperwork PRIOR to trying out for any sports team!*

You don't need to wait until right before tryouts to take care of this, you can do it now (recommended). Schedule your physical examination and upload your form (this can be found on [registermyathlete.com](http://registermyathlete.com)) as well as completing other necessary forms. Choose which sports you would like to tryout for and then show up for tryouts. By completing this registration, it does NOT guarantee you a spot on the team but you will NOT be allowed to tryout until you have completed the required documentation. Fees will be paid after making the teams. Physicals are good for one calendar year but will need to be uploaded each year.

[Parent Training PowerPoint for Registermyathlete.com](#)

**District dates scheduled to begin tryouts (subject to change):**

**Girls' Volleyball**—August 15 (6-8 AM)

**Boys' Basketball**—October 3

**Girls' Basketball**— November 28

**Wrestling** (proposed)—January 23

**Girls' and Boys' Track**—March 20