

## **Physical Education Standards Second Grade**

### **Body Management**

1.2 Transfer weight from feet to hands and from hands to feet, landing with control.

### **Manipulative Skills**

1.13 Strike a ball with a bat from a tee or cone, using correct grip and side orientation.

### **Manipulative Skills**

2.9 Explain key elements of throwing for distance.

### **Body Composition**

3.6 Engage in moderate to vigorous physical activity for increasing periods of time.

### **Aerobic Capacity**

4.8 Compare and contrast changes in heart rate before, during, and after physical activity

### **Social Interaction**

5.5 Demonstrate respect for self, others, and equipment during physical activities.