

Fall Athletic Preseason Information 2022

Please note that preseason week is open to all athletes looking to earn a spot on a varsity or JV athletic team.

Preseason, which begins on Monday, August 29, is mandatory for student-athletes who would like to earn a spot on a varsity or JV athletic team. There will be three (3) days of either single or double sessions. Teams will be selected by Sunday, September 4. Students not trying out for an athletic team, but who wish to participate in an activity should be prepared to begin on Monday, September 5th.

Preseason Team Meeting:

All student-athletes are required to attend their respective sport team meeting with their coach on **Monday, August 29 at 4:00pm**

Student Health Forms and Sway Medical Assessment:

Students will NOT be able to participate in preseason sessions if both their health forms and Sway Medical assessment results have not been received. To access these forms on Magnus, please visit [here](#). The Sway Medical assessment will be completed on campus prior to the first practice with Head Athletic Trainer, Jake Heeren. Please contact Jake Heeren, Head Athletic Trainer: jheeren@kentshill.org, for questions regarding Sway Medical assessment, and Joe Fitzpatrick, Director of Health Services: jfitzpatrick@kentshill.org, for questions regarding health forms.

Attendance:

Attendance at preseason is mandatory for anyone looking to earn a spot on a Varsity team. Likewise, Varsity athletes from previous years are not guaranteed a spot on a Varsity team. If you are unable to attend preseason, this needs to be communicated directly to and approved by the Director of Athletics, Becky Kimball and the head coach. If a student is ill or unable to take part in a session, we ask that they email the individual coach, as well as Jake Heeren: jheeren@kentshill.org by 8 a.m. on that day.

Pre-Season Schedule:

TUESDAY AUGUST 30					
GIRLS SOCCER	BOYS SOCCER	FIELD HOCKEY	MOUNTAIN BIKING	CROSS COUNTRY	GOLF
No Morning Practice	10:00 AM – 11:30 AM	10:00 AM – 11:30 AM	10:00 AM – 2:00 PM	10:00 AM – 11:30 AM	TBA
1:30 PM – 3:00 PM	1:30 PM – 3:00 PM	1:30 PM – 3:00 PM		1:30 PM – 3:00 PM	
4:00 PM - 5:30 PM	No Evening Practice	4:00 PM - 5:30 PM		4:00 PM - 5:30 PM	
SATURDAY SEPTEMBER 3					
GIRLS SOCCER	BOYS SOCCER	FIELD HOCKEY	MOUNTAIN BIKING	CROSS COUNTRY	GOLF
10:00 AM – 11:30 AM	10:00 AM – 11:30 AM	10:00 AM – 11:30 AM	10:00 AM – 2:00 PM	10:00 AM – 11:30 AM	TBA
No Mid-Afternoon Practice	No Mid-Afternoon Practice	1:30 PM – 3:00 PM		1:30 PM – 3:00 PM	
4:00 PM - 5:30 PM	4:00 PM - 5:30 PM	4:00 PM - 5:30 PM		4:00 PM - 5:30 PM	
SUNDAY SEPTEMBER 4 (Team Selections)					
GIRLS SOCCER	BOYS SOCCER	FIELD HOCKEY	MOUNTAIN BIKING	CROSS COUNTRY	GOLF
10:00 AM – 11:30 AM	10:00 AM – 11:30 AM	10:00 AM – 11:30 AM	10:00 AM – 2:00 PM	8:00 AM – 10:00 AM	TBA
No Mid-Afternoon Practice	1:30 PM – 3:00 PM	1:30 PM – 3:00 PM		1:30 PM – 4:00 PM	
No Evening Practice	No Evening Practice	4:00 PM - 5:30 PM			
ALL SPORTS & ACTIVITIES OFFICIALLY BEGIN					
MONDAY SEPTEMBER 4:00 PM – 6:00 PM					

Questions? Please contact:

Becky Kimball, Director of Athletics: rkimball@kentshill.org
 Margie Bailey, Assistant Athletic Director: bailey@kentshill.org
 Josh Reynolds, Varsity Mountain Biking Coach: jreynolds@kentshill.org
 Karl Schroeder, Varsity Boys Soccer Coach: kschoeder@kentshill.org
 Chad Sisson, Varsity Girls Soccer Coach: csisson@kentshill.org
 Pete Hodgkin, Junior Varsity Boys Soccer Coach: phodgin@kentshill.org
 RJ Jenkins, Varsity Cross Country Coach: brian.cook@kentshill.org
 Ally Kennedy, Varsity Field Hockey Coach: akennedy@kentshill.org
 Dan McDonald, Varsity Golf Coach: dmcDonald@kentshill.org

