

Creating Community



Fall 2022

Classes, Programs,
and Events for All Ages



CommunityEd
Edina Public Schools



Welcome to a New School Year

I'm delighted to introduce myself as the Director of Community Education and Strategic Partnerships for the Edina Public Schools. Personal growth and community engagement within our dynamic and diverse school district will be the foundation of my approach to community education.

I look forward to engaging with you in the months ahead.

Best,
Anne Marie Leland

Fall Highlights

Early Learning Center Enrichment

- Crafts, cooking, reading, and more in our new enrichment offerings for children ages 3-5 at the Early Learning Center

Hornet Central for Middle Schoolers

- Our early arrival option for students is back this year with a quiet space for middle school students

Edina High School Community Service Letter

- Complete 120 volunteer hours and earn a letter in community service

Calling All Makers

- Join us on Mondays this fall and learn sewing, embroidery, woodworking, and pottery

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Registration Opens August 16th!
Scan for more info.

GET PAID FOR BEING AWESOME

Now Hiring Kids Club Rec Leaders

We're looking for some amazing humans to bring their imagination and creativity to our after school programs. Rec leaders get to lead activities and encourage play. Sound fun? Learn more!



- Flexible scheduling, no nights or weekends
- Training provided with growth opportunities
- Starting pay at \$15.48 - 20.05/hour

Visit edinacommunityed.com/awesome or scan the QR code to apply!



Elementary Programs

A place to grow! Our clubs, activities, enrichment classes, and after school care offerings foster growth and curiosity in all children. We provide inclusive and safe spaces for your child to engage, explore, and grow their academic, social, emotional, and physical skills.

After School Enrichment

The school day is over, but that doesn't mean the fun is done. Our after school classes are aimed to inspire, spark creativity, and make new friends. We create safe and welcoming spaces to help facilitate the fun and learning, while trying new things and gaining confidence in oneself.

No School Days

Keep busy learning and having fun on the no school days.

Evening and Weekend Classes

Whether it's sports or STEM, there is something offered to ignite new passions and develop skills.

School Age Care

Make sure your children are safe, busy, and happy before or after school with our Kids Club/WISE Guys care.



Scan here to learn all about our Youth Programs



After School: Concord Elementary

Art, Theater, Music & Creativity

Art Studio: Concord: Gr. K-5

Taught by Abrakadoodle Art Education

Students are introduced to a wide variety of mediums from watercolor to sculpture, tempera paint, clay, collage, drawing, pastels, mobiles, mosaics and more in a fun and supportive environment where kids are encouraged to make the art their own.

Tuesdays, 2:25-3:25pm **Sep 20-Nov 1**
7 sessions: \$120 919-034

Mikkonen Music Lessons: Concord Elementary: Gr. 1-12

Taught by Mikkonen Music

Thirty-minute music lessons in piano, guitar and ukulele are offered after school through Mikkonen Music. Lessons run continuously throughout the school year for students in grades 1-12 and meet once a week for 8-week sessions.

Before registering with CommunityEd, schedule lessons at http://bookeo.com/mikkonenmusic_scheduling

Mondays/Fridays, 2:30-6:15pm **Sep 9-Dec 16**
8 sessions: \$258 905-046

Musical Theater: The Lion King: Concord: Gr. 1-5

Taught by Gina Mayer

Learn songs, dances and lines from The Lion King and put them together in a musical! No experience necessary. All that is needed are comfortable clothing and shoes. Friends and family are invited to a special performance beginning the final 30 minutes of the final class.

Thursdays, 2:25-3:50pm **Sep 29-Dec 15**
10 sessions: \$157 926-056

Chorus: Concord Elementary: Gr. 3-5

Taught by Sarah Biderman

In Concord Choir you will learn a variety of songs and improve your musical skills! Rehearse exciting pieces of music with your friends and perform in a culminating concert attended by friends and family. During your time in Concord Choir you will improve your singing technique, grow musically, and have fun!

Mondays/Wednesdays **Sep 19-Oct 24**
9 sessions: \$165 919-177

Also see: Abstract Canvas Painting: Gr. 1-7 on page 15

Week At A Glance

Monday	Music Lessons STEM Club Chorus
Tuesday	Art Studio Chess Club
Wednesday	Chorus
Thursday	Musical Theater
Friday	Music Lessons Unified Games Robotics and STEM
Monday-Friday	5-Day Spanish
Tuesday/Thursday	2-Day Spanish PE Games Wind Down Yoga

NO CLASS DAYS

September 26
October 17, 20, 21
November 8, 23, 24, 25

Expand Your World & Enrichment

Chess Club: Concord Elementary: Gr. 1-5

Taught by Bill Nara

Whether you consider yourself a beginner or intermediate player, join this club to interact with other chess players in your school and play on a weekly basis. Players will learn the basic rules and strategies of chess if they are new to the game. Tournament play is encouraged, not required.

Tuesdays, 2:25-3:20pm **Sep 6-Dec 13**
14 sessions: \$195 905-043

Elementary Spanish: Concord: Gr. K-5

Taught by Language Sprout

Award-winning, language learning curriculum will take your child from the basics through being a confident language speaker - all while having fun. Children learn at their own pace with materials designed for their learning style. Full Year Registrants receive a discount and will be automatically enrolled in Winter/Spring session.

Elementary Spanish 2 Day: Concord

Tuesdays/Thursdays, 2:25-3:25pm **Sep 20-Dec 20**
24 sessions: \$497 919-025

Tuesdays/Thursdays, 2:25-3:25pm **Sep 20-May 25**
63 Sessions: \$1260 919-025

Elementary Spanish 5 Day: Concord

Mondays-Fridays, 2:25-3:25pm **Sep 19-Dec 20**
60 sessions: \$1200 919-024

Mondays-Fridays, 2:25-3:25pm **Sep 19-May 26**
153 sessions: \$3060 919-024

Unified Games and Team Building: K-5

Taught by Tim Faklis and Anne Tozer

Play is essential to our development. It helps us learn and implement important skills that largely impact our perception and experiences in life. In this unified class, we will explore a variety of games, tasks, and activities that will help students strengthen their decision making, problem-solving, communication and other skills through play. This opportunity is available to students enrolled at Concord Elementary School.

Fridays, 2:30-3:30pm **Oct 7-Dec 16**
9 sessions: \$78 1003-137

STEM

Robotics and STEM: Concord: Gr. 3-5

Taught by Tech Tac Toe Staff

Mix it up with amazing STEM and Robotics projects this Fall! Kids get to work on fun engineering challenges and STEM adventures from various STEM disciplines + amazing Robotic projects that use programming blocks to code the robots. No projects are repeated across sessions.

Fridays, 2:25-3:25pm **Sep 30-Nov 11**
6 sessions: \$165 1010-016

STEM Club: Concord: Gr. K-2

Taught by Tech Tac Toe Staff

A super fun afterschool program for future Scientist and Engineers that introduces kids to cool engineering adventures and amazing discoveries. The program is packed with exciting projects to challenge their creative problem-solving skills and spark kid's love towards STEM. No projects repeated.

Mondays, 2:25-3:25pm **Oct 10-Nov 14**
6 sessions: \$165 1010-018

Sports, Health & Fitness

PE Games: Concord Elementary

Taught by Michelle Darr

We will play games such as Capture the Flag, Busy Bee, Steal the Pin, etc.

Tuesdays/Thursdays, 2:25-3:25pm **Sep 20-Oct 13**
8 sessions: \$140 919-058

Tuesdays/Thursdays, 2:25-3:25pm **Oct 25-Nov 22**
8 sessions: \$140 1024-059

Wind Down Yoga: Concord Elementary

Taught by Brenda Rolando

After a busy day, join us for winding down your day with yoga! Our class focuses on helping to build a healthy body and healthy mind! We will work on de-stressing by breathing, balancing, flexibility and strengthening throughout each session with building positivity within ourselves and with others. Come join us!

Tuesdays/Thursdays, 2:25-3:25pm **Sep 20-Oct 13**
7 sessions: \$145 919-060

Tuesdays/Thursdays, 2:25-3:25pm **Oct 25-Nov 22**
8 sessions: \$145 1024-061



After School: Cornelia Elementary

Art, Theater, Music & Creativity

Art Studio: Cornelia: Gr. K-5

Taught by Abrakadoodle Art Education

Students are introduced to a wide variety of mediums from watercolor to sculpture, tempera paint, clay, collage, drawing, pastels, mobiles, mosaics and more in a fun and supportive environment where kids are encouraged to make the art their own.

Wednesdays, 2:25-3:25pm **Sep 28-Nov 9**
7 sessions: \$120 926-035

Mikkonen Music Lessons: Cornelia Elementary: Gr. 1-12

Taught by Mikkonen Music

Thirty-minute music lessons in piano, guitar and ukulele are offered after school through Mikkonen Music. Lessons run continuously throughout the school year for students in grades 1-12 and meet once a week for 8-week sessions.

Before registering with CommunityEd, schedule lessons at http://bookeo.com/mikkonenmusic_scheduling

Thursdays, 2:30-6:15pm **Sep 8-Dec 15**
8 sessions: \$258 905-047

Musical Theater: The Lion King: Cornelia: Gr. 1-5

Taught by Gina Mayer

Learn songs, dances and lines from The Lion King and put them together in a musical! No experience necessary. All that is needed are comfortable clothing and shoes. Friends and family are invited to a special performance beginning the final 30 minutes of the final class.

Fridays, 2:25-3:50pm **Sep 30-Dec 16**
10 sessions: \$157 926-057

Also see: Abstract Canvas Painting: Gr. 1-7 on page 15

Week At A Glance

Monday	Robotics and STEM Sports Camp PE Games
Tuesday	STEM Club
Wednesday	Art Studio
Thursday	Music Lessons Chess Club
Friday	Musical Theater
Monday-Friday	5-Day Spanish
Tuesday/Thursday	2-Day Spanish

NO CLASS DAYS

September 26
October 20, 21
November 8, 23, 24, 25

Expand Your World & Enrichment

Chess Club: Cornelia Elementary: Gr. 1-5

Taught by Bill Nara

Whether you consider yourself a beginner or intermediate player, join this club to interact with other chess players in your school and play on a weekly basis. Players will learn the basic rules and strategies of chess if they are new to the game. Tournament play is encouraged, not required.

Thursdays, 2:25-3:20pm **Sep 8-Dec 15**
13 sessions: \$181 905-044

Elementary Spanish: Cornelia: Gr. K-5

Taught by Language Sprout

Award-winning, language learning curriculum will take your child from the basics through being a confident language speaker - all while having fun. Children learn at their own pace with materials designed for their learning style. Full Year Registrants receive a discount and will be automatically enrolled in Winter/Spring session.

Elementary Spanish 2 Day: Cornelia

Tuesdays/Thursdays, 2:25-3:25pm **Sep 20-Dec 20**
24 sessions: \$497 919-027

Tuesdays/Thursdays, 2:25-3:25pm **Sep 20-May 25**
63 sessions: \$1260 919-027

Elementary Spanish 5 Day: Cornelia

Mondays-Fridays, 2:25-3:25pm **Sep 19-Dec 20**
60 sessions: \$1200 919-026

Mondays-Fridays, 2:25-3:25pm **Sep 19-May 26**
153 sessions: \$3060 919-026

STEM

Robotics and STEM: Cornelia: Gr. 3-5

Taught by Tech Tac Toe Staff

Mix it up with amazing STEM and Robotics projects this Fall! Kids get to work on fun engineering challenges and STEM adventures from various STEM disciplines + amazing Robotic projects that use programming blocks to code the robots. No projects are repeated across sessions.

Mondays, 2:25-3:25pm **Oct 10-Nov 14**
6 sessions: \$165 1010-012

STEM Club: Cornelia: Gr. K-2

Taught by Tech Tac Toe Staff

A super fun afterschool program for future Scientist and Engineers that introduces kids to cool engineering adventures and amazing discoveries. The program is packed with exciting projects to challenge their creative problem-solving skills and spark kid's love towards STEM. No projects repeated.

Tuesdays, 2:25-3:25pm **Oct 11-Nov 22**
6 sessions: \$165 1010-020

Sports, Health & Fitness

Afterschool Phys Ed Games: Cornelia: Gr. K-5

Taught by DASH Sports

This camp provides a fun experience learning and playing your favorite physical education games! Games may include: Capture the Flag, Kickball, Dodgeball, Ultimate Frisbee/Football, Sharks and Minnows, and more! Campers should bring a water bottle, and athletic clothing/shoes. All other equipment is provided.

Mondays, 2:25-3:45pm **Sep 12-Oct 24**
6 sessions: \$159 912-002

Afterschool Sports Camp: Cornelia: Gr. K-5

Taught by DASH Sports

Multi-Sport & Games camp includes fun skills training and games that may include soccer, flag football, basketball as well as other fun games such as capture the flag, kickball, dodgeball, wiffle ball, ultimate frisbee, and more! Campers should bring a water bottle and athletic shoes and clothing. All equipment is provided.

Mondays, 2:25-3:45pm **Oct 31-Dec 19**
7 sessions: \$179 1031-007

No class 11/14

To register, visit edina.ce.eleyo.com



After School: Countryside Elementary

Art, Theater, Music & Creativity

Art Studio: Countryside: Gr. K-5

Taught by Abrakadoodle Art Education

Students are introduced to a wide variety of mediums from watercolor to sculpture, tempera paint, clay, collage, drawing, pastels, mobiles, mosaics and more in a fun and supportive environment where kids are encouraged to make the art their own.

Thursdays, 2:25-3:25pm **Sep 29-Nov 10**
6 sessions: \$120 926-036

Mikkonen Music Lessons: Countryside Elementary: Gr. 1-12

Taught by Mikkonen Music

Thirty-minute music lessons in piano, guitar and ukulele are offered after school through Mikkonen Music. Lessons run continuously throughout the school year for students in grades 1-12 and meet once a week for 8-week sessions.

Before registering with CommunityEd, schedule lessons at http://bookeo.com/mikkonenmusic_scheduling

Mondays/Tuesdays, 2:30-6:15pm **Sep 6-Dec 13**
8 sessions: \$258 905-048

Musical Theater: The Lion King: Countryside: Gr. 1-5

Taught by Gina Mayer

Learn songs, dances and lines from The Lion King and put them together in a musical! No experience necessary. All that is needed are comfortable clothing and shoes. Friends and family are invited to a special performance beginning the final 30 minutes of the final class.

Mondays, 2:25-3:50pm **Oct 3-Dec 12**
11 sessions: \$172 1003-052

Also see: Abstract Canvas Painting: Gr. 1-7 on page 15

Week At A Glance

Monday	Music Lessons Music Theater
Tuesday	Music Lessons Robotics and STEM PE Games Sports Camp
Wednesday	STEM Club
Thursday	Art Studio
Friday	Chess Club
Monday-Thursday	Soccer
Monday-Friday	5-Day Spanish
Monday/Wednesday	2-Day Spanish

NO CLASS DAYS

September 26
October 20, 21
November 8, 23, 24, 25

Expand Your World & Enrichment

Chess Club: Countryside Elementary: Gr. 1-5

Taught by Bill Nara

Whether you consider yourself a beginner or intermediate player, join this club to interact with other chess players in your school and play on a weekly basis. Players will learn the basic rules and strategies of chess if they are new to the game. Tournament play is encouraged, not required.

Fridays, 2:25-3:20pm **Sep 9-Dec 16**
13 sessions: \$181 905-045

Elementary Spanish: Countryside: Gr. K-5

Taught by Language Sprout

Award-winning, language learning curriculum will take your child from the basics through being a confident language speaker - all while having fun. Children learn at their own pace with materials designed for their learning style. Full Year Registrants receive a discount and will be automatically enrolled in Winter/Spring session.

Elementary Spanish 2 Day: Countryside
Mondays/Wednesdays, 2:25-3:25pm **Sep 19-Dec 19**
25 sessions: \$518 919-029

Mondays/Wednesdays, 2:25-3:25pm **Sep 19-May 24**
62 sessions: \$1240 919-029

Elementary Spanish 5 Day: Countryside
Mondays-Fridays, 2:25-3:25pm **Sep 19-Dec 20**
60 sessions: \$1200 919-028

Mondays-Fridays, **Sep 19-May 26**
153 sessions: \$3060 919-028

STEM

Robotics and STEM: Countryside: Gr. 3-5

Taught by Tech Tac Toe Staff

Mix it up with amazing STEM and Robotics projects this Fall! Kids get to work on fun engineering challenges and STEM adventures from various STEM disciplines + amazing Robotic projects that use programming blocks to code the robots. No projects are repeated across sessions.

Tuesdays, 2:25-3:25pm **Oct 11-Nov 22**
6 sessions: \$165 1010-013

STEM Club: Countryside: Gr. K-2

Taught by Tech Tac Toe Staff

A super fun afterschool program for future Scientist and Engineers that introduces kids to cool engineering adventures and amazing discoveries. The program is packed with exciting projects to challenge their creative problem-solving skills and spark kid's love towards STEM. No projects repeated.

Wednesdays, 2:25-3:25pm **Oct 5-Nov 9**
6 sessions: \$165 1003-021

Sports, Health & Fitness

Afterschool Phys Ed Games: Countryside: Gr. K-5

Taught by DASH Sports

This camp provides a fun experience learning and playing your favorite physical education games! Games may include: Capture the Flag, Kickball, Dodgeball, Ultimate Frisbee/Football, Sharks and Minnows, and more! Campers should bring a water bottle, and athletic clothing/shoes. All other equipment is provided

Tuesdays, 2:25-3:45pm **Sep 13-Oct 25**
7 sessions: \$179 912-003

Afterschool Sports Camp: Countryside: Gr. K-5

Taught by DASH Sports

Multi-Sport & Games camp includes fun skills training and games that may include soccer, flag football, basketball as well as other fun games such as capture the flag, kickball, dodgeball, wiffle ball, ultimate frisbee, and more! Campers should bring a water bottle and athletic shoes and clothing. All equipment is provided.

Tuesdays, 2:25-3:45pm **Nov 1-Dec 20**
7 sessions: \$179 1031-008

Soccer After School: Countryside: Gr. 2-5

Taught by Footholde Soccer

The professional programming of FootHolde Soccer brings European style small-sided soccer games every day after school (except Fridays).

Mondays-Thursdays, 2:25-3:30 **Sep 6 - Oct 6**
18 sessions: \$216 905-167



After School: Creek Valley Elementary

Art, Theater, Music & Creativity

Art Studio: Creek Valley: Gr. K-5

Taught by Abrakadoodle Art Education

Students are introduced to a wide variety of mediums from watercolor to sculpture, tempera paint, clay, collage, drawing, pastels, mobiles, mosaics and more in a fun and supportive environment where kids are encouraged to make the art their own.

Fridays, 2:25-3:25pm **Sep 23-Nov 11**
7 sessions: \$120 926-037

Mikkonen Music Lessons: Creek Valley Elementary: Gr. 1-12

Taught by Mikkonen Music

Thirty-minute music lessons in piano, guitar and ukulele are offered after school through Mikkonen Music. Lessons run continuously throughout the school year for students in grades 1-12 and meet once a week for 8-week sessions.

Before registering with CommunityEd, schedule lessons at http://bookeo.com/mikkonenmusic_scheduling

Tuesdays/Wednesdays, 2:30-6:15pm **Sep 6-Dec 14**
8 sessions: \$258 905-049

Musical Theater: The Lion King: Creek Valley: Gr. 1-5

Taught by Gina Mayer

Learn songs, dances and lines from The Lion King and put them together in a musical! No experience necessary. All that is needed are comfortable clothing and shoes. Friends and family are invited to a special performance beginning the final 30 minutes of the final class.

Tuesdays, 2:25-3:50pm **Oct 4-Dec 13**
10 sessions: \$157 1003-053

Also see: Abstract Canvas Painting: Gr. 1-7 on page 15

Week At A Glance

Monday	Chess Club
Tuesday	Music Lessons Musical Theater
Wednesday	Music Lessons Robotics and STEM PE Games Sports Camp
Thursday	STEM Club
Friday	Art Studio
Tuesday/Thursday	2-Day Spanish
Monday-Friday	5-Day Spanish

NO CLASS DAYS

September 26
October 20, 21
November 8, 23, 24, 25

Expand Your World & Enrichment

Chess Club: Creek Valley Elementary: Gr. 1-5

Taught by Bill Nara

Whether you consider yourself a beginner or intermediate player, join this club to interact with other chess players in your school and play on a weekly basis. Players will learn the basic rules and strategies of chess if they are new to the game. Tournament play is encouraged, not required.

Mondays, 2:25-3:20pm **Sep 12-Dec 12**
13 sessions: \$181 912-040

Elementary Spanish: Creek Valley: Gr. K-5

Taught by Language Sprout

Award-winning, language learning curriculum will take your child from the basics through being a confident language speaker - all while having fun. Children learn at their own pace with materials designed for their learning style. Full Year Registrants receive a discount and will be automatically enrolled in Winter/Spring session.

Elementary Spanish: 2 Day: Creek Valley

Tuesdays/Thursdays, 2:25-3:25pm **Sep 20-Dec 20**
24 sessions: \$497 919-031

Tuesdays/Thursdays, 2:25-3:25pm **Sep 20-May 25**
63 sessions: \$1260 919-031

Elementary Spanish: 5 Day: Creek Valley

Mondays-Fridays, 2:25-3:25pm **Sep 19-Dec 20**
60 sessions: \$1200 919-030

Mondays-Fridays, 2:25-3:25pm **Sep 19-May 26**
153 sessions: \$3060 919-030

STEM

Robotics and STEM: Creel Valley: Gr. 3-5

Taught by Tech Tac Toe Staff

Mix it up with amazing STEM and Robotics projects this Fall! Kids get to work on fun engineering challenges and STEM adventures from various STEM disciplines + amazing Robotic projects that use programming blocks to code the robots. No projects are repeated across sessions.

Wednesdays, 2:25-3:25pm **Oct 5-Nov 9**
6 sessions: \$165 1010-014

STEM Club: Creek Valley: Gr. K-2

Taught by Tech Tac Toe Staff

A super fun afterschool program for future Scientist and Engineers that introduces kids to cool engineering adventures and amazing discoveries. The program is packed with exciting projects to challenge their creative problem-solving skills and spark kid's love towards STEM. No projects repeated.

Thursdays, 2:25-3:25pm **Sep 29-Nov 10**
6 sessions: \$165 926-022

Sports, Health & Fitness

Afterschool Phys Ed Games: Creek Valley: Gr. K-5

Taught by DASH Sports

This camp provides a fun experience learning and playing your favorite physical education games! Games may include: Capture the Flag, Kickball, Dodgeball, Ultimate Frisbee/Football, Sharks and Minnows, and more! Campers should bring a water bottle, and athletic clothing/shoes. All other equipment is provided.

Wednesdays, 2:25-3:45pm **Sep 14-Oct 26**
7 sessions: \$179 912-004

Afterschool Sports Camp: Creek Valley: Gr. K-5

Taught by DASH Sports

Multi-Sport & Games camp includes fun skills training and games that may include soccer, flag football, basketball as well as other fun games such as capture the flag, kickball, dodgeball, wiffle ball, ultimate frisbee, and more! Campers should bring a water bottle and athletic shoes and clothing. All equipment is provided.

Wednesdays, 2:25-3:45pm **Nov 2-Dec 14**
6 sessions: \$159 1031-009



After School: Highlands Elementary

Art, Theater, Music & Creativity

Art Studio: Highlands: Gr. K-5

Taught by Abrakadoodle Art Education

Students are introduced to a wide variety of mediums from watercolor to sculpture, tempera paint, clay, collage, drawing, pastels, mobiles, mosaics and more in a fun and supportive environment where kids are encouraged to make the art their own.

Mondays, 2:25-3:25pm **Sep 19-Nov 7**
7 sessions: \$140 926-038

Mikkonen Music Lessons: Highlands Elementary: Gr. 1-12

Taught by Mikkonen Music

Thirty-minute music lessons in piano, guitar and ukulele are offered after school through Mikkonen Music. Lessons run continuously throughout the school year for students in grades 1-12 and meet once a week for 8-week sessions.

Before registering with CommunityEd, schedule lessons at http://bookoo.com/mikkonenmusic_scheduling

Wednesdays, 2:30-6:15pm **Sep 7-Dec 14**
8 sessions: \$258 905-050

Musical Theater: The Lion King: Highlands: Gr. 1-5

Taught by Gina Mayer

Learn songs, dances and lines from The Lion King and put them together in a musical! No experience necessary. All that is needed are comfortable clothing and shoes. Friends and family are invited to a special performance beginning the final 30 minutes of the final class.

Wednesdays, 2:25-3:50pm **Sep 28-Dec 14**
10 sessions: \$157 926-054
No class 10/19

Highlands Chorale: Gr. 4-5

Taught by Katie Widen

For students in 4th and 5th Grade. Students will rehearse choral music each week and perform a concert at the end of the session.

Thursdays, 2:30-3:15pm **Sep 15-Dec 15**
12 sessions: \$125 912-119

Highlands Singers: Gr. 2-3

Taught by Katie Widen

For students in 2nd and 3rd Grade. Students will rehearse choral music each week and perform a concert at the end of the session.

Tuesdays, 2:30-3:15pm **Sep 13-Dec 13**
13 sessions: \$135 912-120

Week At A Glance

Monday	Art Studio
Tuesday	Highlands Singers
Wednesday	Music Lessons Musical Theater PE Games Sports Camp Chess Club
Thursday	Highlands Chorale Robotics and STEM PE Games Sports Camp
Friday	STEM Club
Monday/Tuesday	Running Club
Monday/Wednesday	2-Day Spanish
Monday-Thursday	Soccer
Monday-Friday	5-Day Spanish

Also see: Abstract Canvas Painting: Gr. 1-7 on page 15

NO CLASS DAYS

September 26
October 20, 21
November 8, 23, 24, 25

Expand Your World & Enrichment

Chess Club: Highlands Elementary: Gr. 1-5

Taught by Bill Nara

Beginner or intermediate players – join this club to interact with other chess players and play on a weekly basis. New players will learn the basic rules and strategies of chess. Tournament play is encouraged, not required.

Wednesdays, 2:25-3:20pm **Sep 7-Dec 14**
14 sessions: \$195 905-041

Elementary Spanish: Highlands: Gr. K-5

Taught by Language Sprout

Award-winning curriculum will take your child from the basics through being a confident language speaker. Learn at your own pace with materials designed for individual learning styles. Full Year Registrants receive a discount.

Elementary Spanish: 2 Day: Highlands

Mondays/Wednesdays, 2:25-3:25pm **Sep 19-Dec 19**
25 sessions: \$518 919-033

Mondays/Wednesdays, 2:25-3:25pm **Sep 19-May 24**
62 sessions: \$1220 919-033

Elementary Spanish: 5 Day: Highlands

Mondays-Fridays, 2:25-3:25pm **Sep 19-Dec 20**
60 sessions: \$1200 919-032

Mondays-Fridays, 2:25-3:25pm **Sep 19-May 26**
153 sessions: \$3060 919-032

STEM

Robotics and STEM: Highlands: Gr. 3-5

Taught by Tech Tac Toe Staff

Mix it up with amazing STEM and Robotics projects this Fall! Kids get to work on fun engineering challenges and STEM adventures from various STEM disciplines + amazing Robotic projects that use programming blocks to code the robots. No projects are repeated across sessions.

Thursdays, 2:25-3:25pm **Sep 29-Nov 10**
6 sessions: \$165 1010-015

STEM Club: Highlands: Gr. K-2

Taught by Tech Tac Toe Staff

A super fun afterschool program for future Scientist and Engineers that introduces kids to cool engineering adventures and amazing discoveries. The program is packed with exciting projects to challenge their creative problem-solving skills and spark kid's love towards STEM. No projects repeated.

Fridays, 2:25-3:25pm **Sep 30-Nov 11**
6 sessions: \$165 926-023

Sports, Health & Fitness

Afterschool Phys Ed Games: Highlands: Gr. K-5

Taught by DASH Sports

Have fun learning and playing your favorite physical education games! Play games like Capture the Flag, Dodgeball, Ultimate Frisbee/Football, Sharks and Minnows, and more! Bring a water bottle, and athletic clothing/shoes. All other equipment is provided

Thursdays, 2:25-3:45pm **Sep 15-Oct 27**
6 sessions: \$159 912-005

Afterschool Sports Camp: Highlands: Gr. K-5

Taught by DASH Sports

This camp provides skills training through games that may include soccer, flag football, and basketball plus fun games such as capture the flag, dodgeball, ultimate frisbee, and more! Bring a water bottle and athletic shoes and clothing. All equipment is provided.

Thursdays, 2:25-3:45pm **Nov 3-Dec 15**
6 sessions: \$159 1031-010

Soccer After School: Highlands: Gr. 2-5

Taught by FootHolde Soccer

The professional programming of FootHolde Soccer brings European style small-sided soccer games every day after school (except Fridays).

Mondays-Thursdays, 2:25-3:30pm **Sep 6-Oct 6**
18 sessions: \$216 905-070

Highlands Running Club: Gr. 3-5

Taught by Nikia Mussell

Come run with us this fall! Does your child love to run around and have fun outside? Running is a sport in which everyone in the family can participate.

Gr. 1-3

Mondays/Tuesdays, 2:25-3:25 **Sep 6 - Oct 11**
10 sessions: \$100 906-152

Gr. 4-5

Mondays/Tuesdays, 2:25-3:25pm **Sep 6 - Oct 11**
10 sessions \$100 906-151
No class 10/7

To register, visit edina.ce.eleyo.com



Before and After School: Normandale Elementary

Art, Theater, Music & Creativity

BEFORE SCHOOL: Normandale Elementary Choir: Gr. 3-5

Taught by Sarah Fincham

All 3rd-5th graders at Normandale Elementary School are encouraged to join this new choir under the direction of Sarah Fincham, one of Normandale's Music Teachers! Bring your energy, excitement and voice and join us!

Tuesdays, 7:45-8:30am **Sep 27-Dec 6**
10 sessions: \$142 926-076

Art Studio: Normandale: Gr. K-5

Taught by Abrakadoodle Art Education

Students are introduced to a wide variety of mediums from watercolor to sculpture, tempera paint, clay, collage, drawing, pastels, mobiles, mosaics and more in a fun and supportive environment where kids are encouraged to make the art their own.

Tuesdays, 3:15-4:25pm **Sep 20-Nov 1**
7 sessions: \$120 919-039

Mikkonen Music Lessons: Normandale Elementary: Gr. 1-12

Taught by Mikkonen Music

Thirty-minute music lessons in piano, guitar and ukulele are offered after school through Mikkonen Music. Lessons run continuously throughout the school year for students in grades 1-12 and meet once a week for 8-week sessions.

Before registering with CommunityEd, schedule lessons at http://bookeo.com/mikkonenmusic_scheduling

Thursdays/Fridays, 2:30-6:15pm **Sep 8-Dec 16**
8 sessions: \$258 905-051

Musical Theater: The Lion King: Normandale: Gr. 1-5

Taught by Gina Mayer

Learn songs, dances and lines from The Lion King and put them together in a musical! No experience necessary. All that is needed are comfortable clothing and shoes. Friends and family are invited to a special performance beginning the final 30 minutes of the final class.

Thursdays, 3:15-4:50pm **Sep 29-Dec 15**
10 sessions: \$157 926-055

Week At A Glance

Monday	Computer Typing STEM Club
Tuesday	Choir (AM) Art Studio Chess Club
Thursday	Music Lessons
	Musical Theater
Friday	Music Lessons Robotics and STEM PE Games Sports Camp

NO CLASS DAYS

September 26
October 20, 21
November 8, 23, 24, 25

Abstract Canvas Painting: Gr. 1-7

Taught by Emily Gagnon

Let your creativity flow onto a canvas! Come learn about the color wheel, textures, and abstract art. Paint a masterpiece to hang over the mantel or give as a gift to a loved one. Cost includes canvas and supplies.

Tuesday, 3:00-5:00pm **Oct 11**
1 session: \$26 1010-094

Expand Your World & Enrichment

Chess Club: Normandale Elementary: Gr. 1-5

Taught by Bill Nara

Whether you consider yourself a beginner or intermediate player, join this club to interact with other chess players in your school and play on a weekly basis. Players will learn the basic rules and strategies of chess if they are new to the game. Tournament play is encouraged, not required.

Tuesdays, 3:15-4:10pm **Sep 6-Dec 13**
14 sessions: \$195 905-042

Computer Typing Skills: Gr. 3-5

Taught by Roxanne May

Get set to WOW your teachers by learning proper typing skills. This course will teach keyboarding technique through proper finger placement and drills as you focus on accuracy and speed. With technology being used in every facet of the classroom and life, touch typing is an essential skill! This class is open to all schools and is held at Normandale Elementary.

Mondays, 3:15-4:15pm **Oct 10-Nov 28**
8 sessions: \$170 1010-062

STEM

Robotics and STEM: Normandale: Gr. 3-5

Taught by Tech Tac Toe Staff

Mix it up with amazing STEM and Robotics projects this Fall! Kids get to work on fun engineering challenges and STEM adventures from various STEM disciplines + amazing Robotic projects that use programming blocks to code the robots. No projects are repeated across sessions.

Fridays, 3:15-4:15pm **Sep 30-Nov 11**
6 sessions: \$165 1010-017

STEM Club: Normandale: Gr. K-2

Taught by Tech Tac Toe Staff

A super fun afterschool program for future Scientist and Engineers that introduces kids to cool engineering adventures and amazing discoveries. The program is packed with exciting projects to challenge their creative problem-solving skills and spark kid's love towards STEM. No projects repeated.

Mondays, 3:15-4:15pm **Oct 10-Nov 14**
6 sessions: \$165 1010-019

Sports, Health & Fitness

Afterschool Phys Ed Games: Normandale: Gr. K-5

Taught by DASH Sports

This camp provides a fun experience learning and playing your favorite physical education games! Games may include: Capture the Flag, Kickball, Dodgeball, Ultimate Frisbee/Football, Sharks and Minnows, and more! Campers should bring a water bottle, and athletic clothing/shoes. All other equipment is provided.

Fridays, 3:15-4:30pm **Sep 16-Oct 28**
6 sessions: \$159 912-006

Afterschool Sports Camp: Normandale: Gr. K-5

Taught by DASH Sports

Multi-Sport & Games camp includes fun skills training and games that may include soccer, flag football, basketball as well as other fun games such as capture the flag, kickball, dodgeball, wiffle ball, ultimate frisbee, and more! Campers should bring a water bottle and athletic shoes and clothing. All equipment is provided.

Fridays, 3:15-4:30pm **Nov 4-Dec 16**
6 sessions: \$159 1031-011



No School Days

All classes in-person at the Edina Community Center unless otherwise noted.

Art

Let Out Days: Messes & Masterpieces with Kidcreate Studio: Gr. K-5

Taught by Kidcreate Studio

What's one thing all great artists have in common? Making a mess! In this class, we'll create masterpieces while using some of the coolest, messiest art techniques ever. From Frida Kahlo, Picasso, Salvador Dali and more, each messy masterpiece will be inspired by a different master artist.

Monday, 9:00am-12:00pm **Sep 26**
1 session: \$109 926-091

Let Out Days: A Very Messy Art Camp with Kidcreate Studio: Gr. K-5

Taught by Kidcreate Studio

Let's take mess-making to a whole new level! We'll paint with plaster, sculpt with gooey gunk, make papier mache birds and fling paint like Jackson Pollock. We will even learn some art terms along the way. These are not projects to tackle at home - leave the mess with us.

Thursday/Friday, 9:00am-12:00pm **Oct 20-Oct 21**
2 sessions: \$109 1017-092

Let Out Days: Let's Draw with Kidcreate Studio: Gr. K-5

Taught by Kidcreate Studio

In this introductory drawing class, we'll learn basic techniques and principles of drawing as we create puppies, ponies, people, and more. The kids will master a simple step-by-step method that is essential to creating memorable drawings. Each child will receive their own take-home How to Draw book!

Tuesday, 9:00am-12:00pm **Nov 8**
1 session: \$109 1107-093

At A Glance

September 26	Messes & Masterpieces MIA Art Adventure Girls' Basketball DASH Multi-Sport Cooking: Energy Balls
October 20	Very Messy Art Camp Cooking: Donuts DASH Multi-Sport
October 21	Cooking: Halloween DASH Multi-Sport Very Messy Art Camp
November 8	Let's Draw MIA Art Adventure Trick or Trot Track Meet Girls' Basketball DASH Multi-Sport Cooking: Thankful
November 23	Girls' Basketball DASH Multi-Sport
December 21-22	DASH Multi-Sport
December 28-30	Clay Fairy Gardens Clay Penguin Fun Clay Terrific Turtles

Let Out Days: MIA Art Adventure: Gr. K-5

Taught by Annie Schilling

Art Adventure is a program that engages students with artworks from the Minneapolis Institute of Art's collection. This fall we present the "How People Lived" series: Tiger Pillow and Seated Avalokiteshvara Bodhisattva on September 26m and A'aninin and St. Paul's Cathedral on November 8.

Monday, 10:00-11:30am **Sep 26**
1 session: \$20 926-108

Tuesday, 10:00-11:30am **Nov 8**
1 session: \$20 1107-109

Let Out Days: Clay Fairy Gardens: Gr. 1-5

Taught by Betsy Madson

Come spend some time with friends while you create and play with CLAY! Let's forget the cold winter and enter the warm world of the garden fairy. Join the fun creating magical gardens for their fairy friends. What could be more fun?

Wednesday, 10:00am-12:00pm **Dec 28**
1 session: \$45 1226-112

Let Out Days: Clay Penguin Fun: Gr. 1-5

Taught by Betsy Madson

Come spend some time with friends while you create and play with CLAY! There is not much more adorable than penguins. Join the friends while you create darling penguins from clay. It will be a blast!

Thursday, 10:00am-12:00pm **Dec 29**
1 session: \$45 1226-113

Let Out Days: Clay Terrific Turtles: Gr. 1-5

Taught by Betsy Madson

Come spend some time with friends while you create and play with CLAY! Don't be shy.... Join the friends while you create darling turtles from clay. It will be so much fun!

Friday, 10:00am-12:00pm **Dec 30**
1 session: \$45 1226-114

Cooking

Let Out Days: Have a Ball (Children's Cooking): Gr. 1-5

Taught by Jackie Mart

We will be making mouthwatering energy balls that are perfect for an after-school or lunch-box snack! All recipes will be gluten and dairy-free without artificial dyes or colors. All supplies are included. On the Menu: Birthday Cake Balls S'Mores Balls PB & J Balls

Monday, 2:00-3:00pm **Sep 26**
1 session: \$36 926-066

Let Out Days: Donuts for Days (Children's Cooking): Gr. 1-5

Taught by Jackie Mart

We will be preparing three different health(ier) versions of donuts your kids will be sure to devour! All supplies are included. On the Menu: Apple Fruit Donuts Chocolate Mini Donuts Snickerdoodle Donut Holes

Thursday, 4:00-5:00pm **Oct 20**
1 session: \$36 1017-067

Let Out Days: Creepy, Crawly, Halloween Chow (Children's Cooking): Gr. 1-5

Taught by Jackie Mart

Join local holistic nutritionist, Jackie Mart, for a fun and creative class where we will be making a few kid-friendly, healthy, SPOOKY, Halloween-themed snacks! (All snacks will be gluten and dairy-free without added sugars) On the Menu: Mini Spider Pizzas Bat Energy Bites Banana Ghost Pops.

Friday, 2:00-3:00pm **Oct 21**
1 session: \$36 1017-068

Let Out Days: I am Thankful: Gr. 1-5

Taught by Jackie Mart

Join local holistic nutritionist, Jackie Mart, for a read aloud, discussion, and a craft activity focused on gratitude and what it means to be THANKFUL. We will end the class by making a simple, tasty, Turkey Day treat! (Treat will be gluten, grain, and dairy-free without added sugars).

Tuesday, 2:00-3:00pm **Nov 8**
1 session: \$36 1107-069

No School Days

Sports

Trick or Trot Track Meet: Gr. K-5

Taught by Kayla Maring at Kuhlman Stadium

Have fun on your day off participating in a track and field meet! In age-based groups, kids will warm up, and then participate in various track and field events. Sun, rain or maybe even snow, we are a go! Be sure to dress for the weather and wear running shoes and athletic clothes.

Tuesday, 9:00-11:30am **Nov 8**
1 session: \$45 1107-071

Let Out Days: Girls' Basketball Skills Camp: Gr. 2-8

Taught by Gaard Performance Academy

Join for fun and basketball on non-school days! Improve basketball skills in a positive, high energy environment. Each camp includes coaching on fundamental skill work along with fun games and competitions.

Monday, 9:00-11:00am **Sep 26**
1 session: \$49 926-096

Tuesday, 9:00-11:00am **Nov 8**
1 session: \$49 1107-097

Wednesday, 9:00-11:00am **Nov 23**
1 session: \$49 1121-098

Let out Days: DASH Multi-Sport: Gr. K-5

Taught by DASH Sports

Looking for a fun non-school day filled with sports activities? This Multi-Sport camp includes fun skills training and games in three sports: Soccer, Basketball, and Flag Football. Athletes will spend roughly 2 hours on each sport, performing instructor-led fun skill-based activities and games.

Monday, 9:00am-4:00pm **Sep 26**
1 session: \$95 926-130

Thursdays, 9:00am-4:00pm **Oct 20**
1 session: \$95 1017-131

Friday, 9:00am-4:00pm **Oct 21**
1 session: \$95 1017-132

Tuesday, 9:00am-4:00pm **Nov 8**
1 session: \$95 1107-133

Wednesday, 9:00am-4:00pm **Nov 23**
1 session: \$95 1121-134

Wednesday, 9:00am-4:00pm **Dec 21**
1 session: \$95 1219-135

Thursday, 9:00am-4:00pm **Dec 22**
1 session: \$95 1219-136



Apply for a job with the Edina Parks & Recreation Department.

We are looking to fill various positions for the fall and winter seasons, including:

- Braemar Arena Workers
- Braemar Field Guest Services
- Braemar Golf Dome Workers
- Ice Rink Attendants
- And More!



SCAN ME

bit.ly/EdinaSeasonalJobs

Evenings & Weekends

All classes in-person unless otherwise noted.

Archery

Archery 101: Gr. 5-9

Taught by Jared Little at Edina Community Center

Learn all aspects of range safety, proper shooting techniques and the history of this ancient sport. Kids develop the discipline and skill of using bows and the joy of learning a centuries-old sport. Please note that attendance at the first two days of club is required to be properly trained on all safety skills and rules. Safety rules are strictly enforced, and Edina Community Ed staff reserves the right to immediately dismiss a participant for unsafe behavior.

Tuesdays, 6:00-7:00pm **Sep 14-Oct 26**
7 sessions: \$150 912-147

Tuesdays, 6:00-7:00pm **Nov 1-Dec 20**
7 sessions: \$150 1031-149
No class 11/22

Advanced Archery: Gr. 5-9

Taught by Jared Little at Edina Community Center

Come learn some more advanced archery concepts that go beyond our introductory class. Shooting at greater distances, follow through, and scoring in an archery tournament will be explored in this class. Your student will have the opportunity to continue to build on their archery skill at a higher level than the introductory class. Prerequisite: Archery 101.

Tuesdays, 7:05-8:05pm **Sep 13-Oct 25**
7 sessions: \$165 912-148

Tuesdays, 7:05-8:05pm **Nov 1-Dec 20**
7 sessions: \$165 1031-150
No class 11/22

Aquatics

Parent Toddler Swim: Ages 1-4

Taught by Kay Zuccaro at Valley View Middle School

Parents work together with Instructor Kay Zuccaro to encourage their young children (ages 1-4) to become comfortable in the water and to develop a readiness to swim. Toys and games help make this a fun and positive experience. Note: Swim diapers required if not toilet trained. A parent or guardian is required to participate in the water with their child.

Wednesdays, 6:30-7:00pm **Sep 21-Oct 12**
4 sessions: \$80 919-217



Learn to Dive

Taught by John Dailey and Terri Von Felden at South View Middle School

Learn basic springboard diving skills, diving safety, and how to use the diving board with proper technique. Beginning divers with little or no previous instruction are welcome. Divers will advance to Intermediate during session if ready. Age is less important than proficiency in the noted skills. Please check online for full details.

Mondays, 6:45-7:30pm **Sep 12-Oct 24**
6 sessions: \$105 912-153

Mondays, 6:45-7:30pm **Oct 31-Dec 12**
7 sessions: \$119 1031-159

Wednesdays, 6:45-7:30pm **Sep 14-Oct 26**
7 sessions: \$119 912-154

Wednesdays, 6:45-7:30pm **Nov 2-Dec 14**
6 sessions: \$105 1031-160

Intermediate Diving

Taught by John Dailey and Terri Von Felden at South View Middle School

If you already have some springboard diving experience, you can continue to build on the skills you've learned in earlier classes. Intermediate divers will be encouraged to try reverse dives, somersaults in all directions, twisting dives, etc. Divers will advance to Competitive during session if ready. Age is less important than proficiency in the noted skills. Please check online for full details.

Mondays, 7:30-8:15pm **Sep 12-Oct 24**
6 sessions: \$105 912-155

Mondays, 7:30-8:15pm **Oct 31-Dec 12**
7 sessions: \$119 1031-161

Wednesdays, 7:30-8:15pm **Sep 14-Oct 26**
7 sessions: \$119 912-156

Wednesdays, 7:30-8:15pm **Nov 2-Dec 14**
6 sessions: \$105 1031-162

To register, visit edina.ce.eleyo.com

Evenings & Weekends



Ballet

Ballet Fundamentals: Ages 3-7

Taught by Midwest School of Ballet - Eileen Kamp at Edina Community Center

Learn fundamental ballet movement and terminology through creative exercise. Children will also develop age-appropriate motor skills and musicality. New and returning students welcome. Instructors use methods designed to encourage exploration and foster creativity

Ballet Fundamentals I: Ages 3-5.5

Saturdays, 9:00-9:50am **Sep 17-Dec 10**
11 sessions: \$145 912-140
No class 10/22, 11/26

Ballet Fundamentals II/III: Ages 5.5-7

Saturdays, 10:00-11:00am **Sep 17-Dec 10**
11 sessions: \$145 912-141
No class 10/22, 11/26

Pre-Teen/Teen Beginning Ballet: Ages 8-14

Taught by Midwest School of Ballet - Eileen Kamp at Edina Community Center

The traditional ballet format of barre and center work is emphasized with proper alignment, technique, musicality, and artistry. Open to students who have a little or no experience, returning students, or have completed a season in Fundamentals II/III, and meet the ages.

Saturdays, 11:15am-12:30pm **Sep 17-Dec 10**
11 sessions: \$152 912-142
No class 10/22, 11/26

Baseball/T-Ball

DASH T-Ball Tykes: Ages 3-5

Taught by DASH Sports at Cornelia Elementary

Looking for a fun introduction to baseball? DASH Sports T-Ball tykes camp introduces players to key elements of throwing, fielding/catching, batting, and baserunning. The final two days of class are 'Game Day' and athletes will showcase their skills in a game environment.

Mondays, 4:15-5:00pm **Sep 12-Oct 24**
6 sessions: \$90 912-126
No class 9/26

DASH Baseball: Gr. K-5

Taught by DASH Sports at Cornelia Elementary

Dash Sports baseball camps provide players with a well-rounded experience in a fun environment. Key elements of throwing, fielding/catching, batting, and baserunning will be taught and practiced, with players grouped and challenged at an appropriate level while learning values of 'Respect, Hustle, and Pride'.

Mondays, 5:15-6:00pm **Sep 12-Oct 24**
6 sessions: \$116 912-127
No class 9/26

Competitive Diving

Taught by John Dailey and Terri Von Felden at Valley View Middle School Pool

Divers with prior competitive springboard diving experience are welcome (high school varsity or junior varsity, or age group diving experience)! Instructors are all seasoned varsity and club diving coaches. Please check online for full details.

Mondays, 8:15-9:15pm **Sep 12-Oct 17**
5 sessions: \$135 912-157

Mondays, 8:15-9:15pm **Oct 31-Dec 12**
7 sessions: \$155 1031-163

Wednesdays, 8:15-9:15pm **Sep 14-Oct 26**
7 sessions: \$155 912-158

Wednesdays, 8:15-9:15pm **Nov 2-Dec 14**
6 sessions: \$135 1031-164

Basketball

Hornet Skills Camp: Gr. K-6

Taught by Dre Jefferson at Edina Community Center

Edina Girls' Basketball head coach Dre Jefferson provides high level fundamental and advanced skill development for the youth of Edina.

Saturdays, 9:00-11:30am **Sep 10-Dec 17**
15 sessions: \$72 905-144

Evenings & Weekends

Football

DASH NFL Flag Football Tykes: Ages 3-5

Taught by DASH Sports at Countryside Elementary

DASH Sports NFL Flag Football camps provide players with a well-rounded football experience in a little to no contact safe environment. Players will learn the basics of football including: passing, catching, rushing, and defensive skills. Each player receives an official NFL Flag Jersey and flag belts to keep. Players will pick the jersey of their favorite NFL team at time of registration.

Tuesdays, 4:15-5:00pm **Sep 13-Oct 25**
7 sessions: \$129 912-128

DASH NFL Flag Football: Gr. K-5

Taught by DASH Sports at Countryside Elementary

Dash Sports NFL flag football camps provide players with a well-rounded football experience in a little to no contact safe environment. Key elements of passing, catching, rushing, and defense will be taught and practiced daily, and players will be grouped and challenged at an appropriate level. This camp includes 2-3 days of skills practice and instruction and 3-4 days of scrimmages/games. Each player receives an official NFL Flag Jersey and flag belts to keep.

Gr. K-5
Tuesdays, 5:15-6:00pm **Sep 13-Oct 25**
7 sessions: \$159 912-129

Gr. K-2
Saturdays, 1:00-2:00pm **Sep 10-Oct 15**
6 sessions: \$159 905-124

Gr. 3-5
Saturdays, 1:00-2:00pm **Sep 10-Oct 15**
6 sessions: \$159 905-125

Cheerleading/Gymnastics

Pre-K Cheerleading; Ages 3-5

Taught by Edina Cheerleading at Valley View

Come join us and learn the basics of cheerleading. Meet new friends, while moving and jumping around.

Saturdays, 9:30-10:30am **Nov 5-Jan 7**
6 sessions: \$175 1031-073
No class 11/26, 12/3, 12/24, 12/31

Competition Cheerleading: Gr. K-2

Taught by Edina Cheerleading at Valley View

Come join us and learn the basics of cheerleading in a competitive environment. Meet new friends, while moving and jumping around.

Saturdays, 10:45am-12:00pm **Nov 5-Jan 7**
6 sessions: \$225 1031-074
No class 11/26, 12/3, 12/24, 12/31

Elementary Competition Cheerleading: Gr. 3-5

Taught by Edina Cheerleading at Valley View

Now that you know the basics and have some experience in cheer, it's time to step it up. Meet new friends and learn more routines and skills.

Saturdays, 10:45am-12:00pm **Nov 5-Jan 7**
6 sessions: \$225 1031-075
No class 11/26, 12/3, 12/24, 12/31

Edina Gymnastics: Ages 8-16

Taught by Megan Kooman at Edina High School

Recreational and competitive gymnastics geared towards students ages 8-16. Participants will work on perfecting basic gymnastics skills (cartwheels, handstands, walkovers) and learning new skills (handsprings, tucks, etc). Returning gymnasts will continue with their progression, and will begin to focus on routines and putting skills together.

Tuesdays/Thursdays, 4:00-6:00pm **Sep 6-Oct 27**
15 sessions: \$335 905-145
No class 10/20

Mondays/Wednesdays, 6:00-7:30pm **Nov 2-Dec 21**
13 sessions: \$289 1031-146
No class 11/21, 11/23



To register, visit edina.ce.eleyo.com

Evenings & Weekends

Kung Fu - Wu Shu

Kung Fu - Wu Shu for Self-Defense and Fitness: Age 5 - adult

Taught by Sandra Lam at Edina Community Center

Learn effective kicking, punching & self-defense skills to strengthen the mind & body. Join a fun, progressive class & build muscle, power, flexibility, coordination, agility. Optional uniform, certification from white to Black Belt available. Great class for parents and child.

Beginner: Age 5 - adult

Saturdays, 9:15-9:45am Oct 1-Nov 19
7 sessions: \$90 926-077
No class 10/22

White, Yellow, Orange Belt: Age 5 - adult

Saturdays, 9:50-10:20am Oct 1-Nov 19
7 sessions: \$90 926-078
No class 10/22

Green - 2nd Purple Belt: Age 5 - adult

Saturdays, 10:25-10:55am Oct 1-Nov 19
7 sessions: \$90 926-079
No class 10/22

Instruments & Sparring: Age 5 - adult

Saturdays, 11:00-11:30am Oct 1-Nov 19
7 sessions: \$90 926-080
No class 10/22

3rd Purple - Black Belt

Saturdays, 11:35am-12:05pm Oct 1-Nov 19
7 sessions: \$90 926-081
No class 10/22

Lifeskills

American Red Cross Babysitter Training: Gr. 4-8

Taught by Alison Curtis at Edina Community Center

A must for all babysitters! Topics include infant care, child development, good babysitter business practices, emergency and first aid care. In order to receive a certificate, attendance is required for the entire class.

Saturday, 8:30am-3:00pm Oct 8
1 session: \$100 1003-095

Bicycle Repair and Maintenance: Ages 10-17

Taught by Erik Bloom at Edina Community Center

Basic bike set up, identification, shifting adjustments, brake adjustments, how to safety check your bike, preparing a bike for selling, as well as many other helpful tips & tricks. If you take another class you can start where you left off and move to the next level of learning.

Friday, 4:45-6:15pm Sep 23
1 session: \$54 912-082

Saturday, 9:00-11:00am Oct 8
1 session: \$72 1003-086

Wednesday, 4:45-6:15pm Oct 12
1 session: \$54 1010-083

Wednesday, 4:45-6:15pm Nov 9
1 session: \$54 1107-084

Saturday, 9:00-11:00am Dec 10
1 session: \$72 1205-087

Friday, 4:45-6:15pm Dec 16
1 session: \$54 1212-085



Evenings & Weekends

Soccer

DASH Soccer Tykes: Ages 3-5

Taught by DASH Sports at Countryside Elementary

Dash Sports Soccer Tykes camps provide players with an introductory experience to the game of soccer. Key elements of dribbling, passing, and shooting will be taught and practiced. Fun, skill-based games will be played to practice newly learned skills. The last two days of camp will include games/scrimmages.

Saturdays, 9:30-10:15am Sep 10-Oct 15
6 sessions: \$105 905-121

DASH Soccer: Gr. K-5

Taught by DASH Sports at Countryside Elementary

DASH Sports soccer camps provide players a well-rounded soccer experience covering a broad range of soccer skills training (dribbling, passing, shooting, & defense) and skill-based games. Players will be challenged and grouped at an appropriate level while receiving instruction in a fun, positive environment while learning values of 'Respect, Hustle, and Pride'. This camp will also include scrimmages/games the final two to three days of camp.

Gr. K-2

Saturdays, 10:25-11:25am Sep 10-Oct 15
6 sessions: \$135 905-122

Gr. 3-5

Saturdays, 11:35am-12:35pm Sep 10-Oct 15
6 sessions: \$135 905-123



Online

Online Competition Chess Club: Gr. K-12

Taught by Bill Nara

A program for players of all grades interested in competing at a higher tactical level. Players will meet Saturday mornings online for instruction and fun competitive play. Expert coaching will be provided at tournaments. Perfect for students that want challenges in addition to their school clubs.

Saturdays, 8:00-9:30am Sep 10-Dec 17
12 sessions: \$208 905-088
No class 10/22, 11/26

Online: Code Championship Tournament Series | Virtual Computer Coding Competition: Gr. 3-9

Taught by Luke Schlangen

Build a computer bot to play head-to-head against other coders! Whether this is your first Code Championship event, or if you have been competing for years, this is the perfect way to explore the competitive coding world of Code Championship. No previous coding experience necessary. The Fall 2022 Code Championship Series is a series of six tournaments in six weeks (it's ok to miss one or two).

Saturdays, 9:00-11:00am Oct 8-Nov 12
6 sessions: \$135 1003-072



Kids Club/ WISE Guys

High-Quality School Age Care for Kindergarten - Grade 5

Edina Community Ed's School Age Care program, Kids Club/WISE Guys, offers a fun, stimulating learning environment for your child that will complement and enrich your child's experience in Edina Public Schools. We provide quality enrichment and care before and after school and on no school days.

Opportunities for All

We are a safe space for children to develop friendships and grow in confidence, independence, and respect for themselves and others. Kids Club/WISE Guys is an inclusive program that brings together children from all abilities and backgrounds. Activity options include large group, small group, and individual choices.

Year Round Programming

August 31, 2022 - June 1, 2023
Summer Programming Dates TBD

Registration Options

School age care registration for the school year
School age care registration for the school year opens in mid-February. For 2022-23, before and after school care registration is currently closed.

Non School Days

2022-23 dates: 9/26, 10/20-21, 11/23, 12/21-22, 12/27-30, 1/20, 2/21, 3/10, 3/20-24, 4/21

Register online:
edina.ce.eleyo.com

For more information visit
community.edinaschools.org/youth
or call
952-848-3947



Scan here
to register for
Kids Club/ WISE guys



Hoop Dreams Start Here!

The Edina Basketball Association is your source for hoops in Edina, coordinating programs for boys and girls in grades K-12. No matter what your player's dreams are related to basketball, the EBA has a program for them.

Registration for Boys and Girls Travel begins on Aug 1, 2022
Registration for Boys and Girls House/Rec begins on Sept 1, 2022

For more information or to sign-up your player go to edinabasketball.com.



Piano, Guitar & Ukulele Lessons

**Edina Community Education &
Mikkonen Music LLC**

- 1 on 1 Instruction
- Experienced Teachers
- Grades 1 - 12
- Great for "Kids Club" Kids

Book a lesson time at:

www.bookeo.com/mikkonenmusic_scheduling

henry@mikkonenmusic.com | (651) 253-5957





Programs for Middle and High School Students

As students move on from elementary school, they discover new interests, ideas, and possibilities. We strive to provide a breadth of programs to satisfy these students' curiosity and energy.

Middle School

Our middle school programs provide learning and social opportunities beyond the school day, where students feel welcome, connected and valued.

To help busy family schedules, as well as introduce young adults to new social and learning experiences, we are proud to offer:

- Hornet Central
- Middle School Clubs
- Unified Programs

High School

Our opportunities for high school students are designed to support them as they enter the community as young adults and plan their next steps.

These opportunities include

- Volunteer Opportunities
- Community Service Letter
- Enrichment Programs

At A Glance

Middle School

Mon-Fri AM Hornet Central

Mornings

Mondays Unified Clubs
Online Stock Market

Mon/Wed Strength & Speed

Tues/Wed Dance Club

Tues/Thu Cross Country Running
Strength & Speed

Afternoons

Mondays Maker Mondays

Wednesdays Strategy Games
Dungeons & Dragons

Thursdays Strategy Games

Mon-Fri Wrestling

High School

Sun-Fri Online Test Prep

Other opportunities for on pages 53, 54, 57, 58.

Hornet Central: An Early Arrival Option for Middle Schoolers

At South View and Valley View Middle Schools for Grades 6-8

A partnership between Edina Community Ed, Middle School building administration, and the Edina Public Schools Student Support Services department.

Offered from 8:00am-9:00am, Hornet Central provides an early arrival option for students and busy families. The program offers a quiet space provides an opportunity for students to ease into the day listening to headphones, reading a book, or finishing homework. Community Volunteers will be available on a consistent schedule to help with homework.

Students who want a more active start to their day may head to the gym for a friendly game of basketball or other games

Monthly opportunities for service projects, career exploration and more will also be available.

Details

- All students must be pre-registered in order to participate in Hornet Central.
- Doors open at 8:00am. Transportation is not provided for this program.
- Students will be dismissed from Hornet Central at 9:00 am, allowing ample time for the 9:20am start time.
- For one monthly fee, students may attend any day that the program is in session. No drop-in option is available.
- Hornet Central is open every day school is in session. The program is not offered on no school days.

Monthly Program Costs:

\$125 per month. For one monthly fee, students may attend as many days as needed throughout the month

No registration fee.

Scholarships are available for students who need tuition assistance.

<https://communityed.edinaschools.org/register/financial-assistance>

For more information visit communityed.edinaschools.org/youth



Scan here to register for Hornet Central

To register, visit edina.ce.eleyo.com



Middle School Clubs

Before School

ONLINE: Stock Market & Personal Finance Club: Gr. 6-12

Taught by Bill Nara

Understand the stock market by analyzing real time data. Manage your online stock & fund portfolios to max your simulated ROI! Use a personal finance simulator to understand employment, credit, banking, wealth creation & even business ownership. Competition participation is encouraged, not required.

Mondays, 6:45-7:30am **Sep 12-Dec 12**
13 sessions: \$181 912-063

Cross Country Running Club: Gr. 6

Taught by Julie Gabrielson at South View and Brandon Sieck at Valley View

Come join the brand new Cross Country Running Club this fall! The running club will meet in the mornings for an hour and participants will spend their time going on fun runs around the community and learning proper warm up/training/cool down procedures for healthy distance running. Come stretch your legs and have some fun!

South View

Tuesdays/Thursdays, 8:00-9:00am **Sep 6-Oct 27**
15 sessions: \$115 905-138

Valley View

Tuesdays/Thursdays, 8:00-9:00am **Sep 6-Oct 27**
15 sessions: \$115 905-139

Strength & Speed: Gr. 6-8

Taught by Mollie Martin

This strength and speed program is designed for youth with minimal or no experience with performance training, but all fitness levels are welcome and will benefit! The goal of this program is to further enhance understanding regarding the basics of strength and speed training while establishing a foundation for present and future fitness and/or athletic competition.

South View

Mondays/Wednesdays, 8:00-9:00am **Sep 7-Nov 21**
21 sessions: \$420 905-089

Valley View

Tuesdays/Thursdays, 8:00-9:00am **Sep 6-Nov 22**
21 sessions: \$420 905-090

After School

Strategy Game Club: Gr. 6-8

Taught by Bill Nara

Strategy gaming at the next level! Play challenging and popular games like Catan, 7 Wonders, Splendor, Evolution, Godsforge, & More. RPGs and Collectable Card Games are run by students. Playing games develops analysis, problem solving, communication, and negotiation skills and...it's also great fun.

South View

Wednesdays, 4:05-5:05pm **Sep 14-Oct 26**
7 sessions: \$98 912-064

Wednesdays, 4:05-5:05pm **Nov 2-Dec 14**
6 sessions: \$85 1031-064

Valley View

Thursdays, 4:05-5:05pm **Sep 15- Oct 27**
6 sessions: \$85 912-065

Thursdays, 4:05-5:05pm **Nov 3-Dec 15**
6 sessions: \$85 1031-065

Dungeons and Dragons: Gr. 6-8

Taught by Sam Tierney at Edina Community Center

Spend time with your friends while you enter an alternative reality together playing Dungeons and Dragons. You will all encounter mythical creatures and exercise magical power. Adventure awaits... join today!

Wednesdays, 4:10-5:40pm **Sep 21-Oct 26**
6 sessions: \$79 919-110

Wednesdays, 4:10-5:40pm **Nov 2-Dec 14**
6 sessions: \$79 1031-111

Middle School Wrestling Team: Gr. 6-8

Taught by Richard Julkowski

Edina Community Ed is pleased to organize Middle School Wrestling for boys and girls. Come join us and develop strength, power, balance, flexibility, and mental toughness. It combines the aspects of one-on-one competition without losing the importance of being a part of a team.

South View Middle School

Mon - Fri, 4:15-5:45pm **Oct 24-Dec 20**
38 sessions: \$125 1024-165

Valley View Middle School

Mon - Fri, 4:15-5:45pm **Oct 24-Dec 20**
38 sessions: \$125 1024-166

Middle School Dance Club: Gr. 6

Taught by Victoria McNamara at South View

Get a taste of the Edina Dance Team by dancing with current members! EDT coaches will teach the basics of team structure and performance dynamics. Jazz dancing with new friends will create memories for years to come. Additional performance opportunity at the Edina Dance Invite on January 7th, 2023.

Wednesdays, 7:45-9:00am **Nov 2-Jan 4**
8 sessions: \$100 1031-001

Maker Mondays: Open Studio Time: Gr. 6-8

Taught by Jan Hagerman and Annie Schilling at Edina Community Center

Our afterschool open studio is a place for students to gather and create. Each week our instructor will lead an optional project. Students can follow along with the group project or use the space to explore their creativity. The sky is the limit!

Mondays, 4:15-5:30pm **Sep 12-Oct 31**
7 sessions: \$175 912-101

Mondays, 4:15-5:30pm **Nov 7-Dec 19**
7 sessions: \$175 1107-102

Maker Mondays: Small Group Sewing Lessons: Level 1: Gr. 6-12

Taught by Jan Hagerman and Annie Schilling at Edina Community Center

Learning to sew is like learning a magic trick. You will have skills that not very many people have anymore- especially young people! Start at the beginning and then level up as you gain skills and confidence using the sewing machine. Level 1: Absolute Beginner: Learn sewing machine basics and gain confidence with your stitches. Level 2: Beginning Project: Tackle a finished project putting to use your newly-learned sewing basics. Level 3: Intermediate Project: Take your skills to the next level by taking on a more in depth project.

Level 1

Monday, 4:15-5:30pm **Oct 3**
1 session: \$35 1003-100

Monday, 4:15-5:30pm **Nov 7**
1 session: \$35 1107-103

Level 2

Monday, 4:15-5:30pm **Nov 14**
1 session: \$40 1114-105

Level 3

Monday, 4:15-5:30pm **Nov 21**
1 session: \$45 1121-107

Edina Community Center

Unified Programs by Edina Community Ed

Edina Community Ed "Unified" programs blend students with special needs and students who are more typically developing to provide social and emotional growth opportunities for all.

Unified Club: Make New Friends Mondays: Gr. 6-8

Taught by EPS Staff at South View Middle School

Build relationships with other students on Mondays before school! Edina Community Ed "Unified" clubs blend students with special needs and students who are more typically developing to explore art, theater, science, fitness and more. Our goal is to create a community of individuals, both with and without disabilities, devoted to awareness, advocacy, leadership and empathy through authentic relationship-building experiences.

Mondays 8:00-9:10am **Sep 12 - Dec 19**
14 sessions \$275 912-393

NO CLASS DAYS

September 26
October 20, 21
November 8, 23, 24, 25

High School Opportunities and Enrichment



Edina Community Ed is proud to partner with Edina High School to provide high school students with the opportunity to serve their community through volunteering and community service, and provide enrichment opportunities for personal growth.

Other opportunities for high school aged students on pages 53, 54, 57, 58.

High School Volunteer Program

High School students regularly volunteer throughout Edina Public Schools. These students offer individual attention to younger students, act as role models, and increase self-esteem and motivation to learn. During the school year, opportunities exist in the Early Learning Center, KIDS Club/WISE Guys program, and Middle School Clubs. During summer, students support Youth Enrichment camps, KIDS Club/WISE Guys, Success and more. Summer 2023 opportunities will be in our February catalog!

Interested in volunteering in Edina Public Schools? Visit edinaschools.org/volunteer

Community Service Letter Program

Edina High School students in grades 9-12 can earn a letter in Community Service. The Letter is earned by students who go above and beyond when it comes to serving others. There are several steps required to earn a Community Service Letter:

- Complete an orientation and applications
- Complete 120 hours of service, including half in a targeted area of community need
- Secure two letters of recommendation from supervisors
- Share a creative reflection on the experiences with peers

For more information, visit communityed.edinaschools.org/youth and select EHS Community Service Letter from the top menu.



Scan here for more info on Community Service

Test Prep

Online: Comprehensive ACT Prep Course: Gr. 10-12

Taught by ACT Advantage / Math Advantage - Lisa Finke

ACT scores play a vital role in college admissions and scholarship opportunities. The Comprehensive ACT Prep Course reviews all subjects of the ACT: English, Math, Reading & Science. We utilize previously administered ACT tests, and focus on content and testing strategies. Course Breakdown: 2:00 - 4:00pm | Math and Science 4:00 - 4:30pm | Break 4:30 - 6:30pm | English, Reading and Writing.

October 22, 2022 Exam Prep

Sundays, 2:00-6:30pm
4 sessions: \$535

Sep 25-Oct 16
925-115

December 10, 2022 Exam Prep

Sundays, 2:00-6:30pm
4 sessions: \$535

Nov 6-Dec 4
1106-116
No class 11/27

Online: Private ACT Tutoring: Gr. 10-12

Taught by ACT Advantage / Math Advantage - Lisa Finke

Private ACT Tutoring provides 1-on-1 review and instruction tailored to an individual student's needs. Instructors expert in their respective fields handle the different subject areas of the ACT. Subjects for the ACT are: English, Math, Reading, Science or Writing. Tutoring sessions generally start 4-6 weeks prior to the exam date.

1 subject - \$400

2 subjects - \$800

3 subjects - \$1200

4 subjects - \$1600

For the October 22, 2022 Exam

Sundays-Fridays, 3:00-9:00pm
Sessions vary

Sep 12-Oct 19
912-117
No class 9/18

For the December 10, 2022 Exam

Sundays-Thursdays, 4:00-9:00pm
Sessions vary

Oct 24-Dec 8
912-118
No class 10/30, 11/24

To register, visit edina.ce.eleyo.com

TED^x
Youth@Edina
x = independently organized TED event
10/28/22

TED^x Edina
x = independently organized TED event
10/29/22

Tickets on sale 8/16/22
TedxEdina.com



Early Childhood Family Education (ECFE)



Our hallmark program for infants, toddlers and their parents is “Early Childhood Family Education” or “ECFE.” Unique to Minnesota and supported by the legislature, ECFE has been supporting families since 1973.

Here’s a preview of what you and your child will experience in ECFE

Parent-Child Activity Time

You and your child enjoy time together with developmentally-appropriate activities.

Parent Discussion

Join other parents and a licensed Parent Educator to discuss the joys and challenges of parenting while learning effective, research-based parenting strategies.

Children’s Learning Time

In classes where parents separate for the parent discussion, children stay with licensed teachers to play and learn with others.

Separating/Non-Separating

Most ECFE classes for the very youngest children have the parent education component within the classroom, so babies and caregivers stay together. These are our “non-separating” classes. As children get ready for more independence, they remain in their space while parents convene in a separate room for parent education. These are our “separating” classes.

Age Specifications

Keep in mind to explore classes based on your child’s age as of 9/1/2022.

“All Caregivers are Welcome!”

While we use the word “parent”, we recognize that not all family structures look the same. Any and all adults parenting and/or caregiving are welcome in our classes.



Scan here for more info on Early Childhood Family Education

We’re here to help you get your child off to a great start! You are your child’s first and most important teacher. We help you enjoy this time together, and give you the tools you need to parent with confidence.

Sibling Care

Sibling care is available while you are attending an ECFE class with your infant/toddler. In sibling care, children ages 6 weeks through pre-K spend time in age-appropriate exploration, play and activities under the supervision of our highly-trained, dedicated staff. Sibling care is available for all ECFE classes offered between 8:30am and 3:30pm, Monday through Friday. Sibling care is not available for evening or weekend classes. Register for sibling care when you register for your family education class.

Sliding Fee Scale

For classes with a parent education (ECFE) component, tuition is charged on a sliding fee scale based on family household income. The price shown in the catalog is the most a family will pay.

Annual Income	Participant Pays
\$0-\$24,999	10% of listed price
\$25,000 - \$44,999	25% of listed price
\$45,000-\$59,999	50% of listed price
\$60,000-\$74,999	75% of listed price
\$75,000+	100% of listed price



A New Way to Play in Edina

In November, Edina voters will consider a half-percent sales tax to provide at least \$39.3 million of improvements at Braemar Park and Arena and Fred Richards Park. If approved, consumers would pay 5 cents more for a \$10 taxable purchase in Edina for no more than 19 years.

Visit EdinaAtPlay.org to learn more about the Nov. 8 referendum, including benefits of the parks projects, tax impact and voting information.



Babies & Toddlers



Multi-Age Class!

Saturday Songs and Stories: Birth - 5 years

Enjoy special time as a family. Learn and play in one of our preschool classrooms. Teachers will lead the group in songs and stories.

Saturdays, 10:30 - 11:30am 6 Sessions - \$155.00	9/10-10/15 SFamily-1
Saturdays, 10:30 - 11:30am 6 Sessions - \$155.00	10/29-12/10 SFamily-2
Saturdays, 10:30 - 11:30am 6 Sessions - \$155.00	1/28-3/4 SFamily-3
Saturdays, 10:30 - 11:30am 6 Sessions - \$155.00	4/1-5/13 SFamily-4

No School Days:

- September 26
- October 20, 21
- November 8, 23-25
- December 21-30
- January 2, 16, 20
- February 20-21
- March 10, 20-24
- April 21
- May 29

Non-Separating

Baby & Me Sampler: Birth-6 months

A FREE introduction to Early Childhood Family Education. Offered September - May on the second Monday of the month from 11:45am - 12:45 pm. See our website for registration specifics.

Baby & Me: Birth-6 months

Congratulations on the beautiful addition to your family! This relaxing class is designed to be educational, yet allow you to slow down long enough to have some focused, uninterrupted time to enjoy your infant. Meet other parents, sharing questions on sleep, schedules, feeding and development.

Mondays, 9:15 - 10:15am \$83.00/month	9/12-6/1 0006-1
Fridays, 10:30 - 11:30am \$83.00/month	9/9-5/26 0006-2

Busy Babies: 7-11 months

Enjoy time with your baby/toddler exploring the classroom as you listen to music, create art activities, read books and play to learn. A licensed Parent Educator will lead the class as you interact with your child and discuss your child's social, emotional and physical development.

Mondays, 10:30 - 11:30am \$83.00/month	9/12-6/1 0711-1
Fridays, 9:15 - 10:15am \$83.00/month	9/9-5/26 0711-2

A Breath of Fresh Air: Birth-24 months

Come spend some time with other parents and a licensed Parent Educator for a picnic in the park. You bring your lunch and we'll bring the topics. Topics will include sleep habits, feeding, mom's mental health, and more.

Birth-11 months

Fridays, 12:15 - 1:15pm 6 Sessions: \$83.00	9/9-10/14 Fresh Air-0011
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12-24 months

Wednesdays, 12:30 - 1:30pm 7 Sessions: \$83.00	9/7 -10/19 Fresh Air-1224
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Baby Sign Language: Birth-2 years

Learn sign language skills to effectively communicate with your baby. A class for children birth to two years and a parent.

Fridays, 8:00 - 9:00am 4 Sessions: \$75.00	9/9 - 9/30 SLBirth-Two1
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Baby Massage: Birth - 12 months

Learn how to utilize massage to connect and comfort your baby. For parents and babies birth to 12 months.

Mondays, 8:00-9:00am \$75.00	9/12-10/10 Baby Massage-1
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Stroller Walk and Talk: Birth - 2 years

Walk and talk around the neighborhood while a licensed Parent Educator leads discussion focused on current parenting trends.

Wednesdays, 3:30-4:30pm \$83.00	9/7-10/19 Stroller-1
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Baby/Toddler Playtime: 6-18 months

Join other parents and their children in an atmosphere created just for babies and toddlers. No registration is required. You can pay as you go (\$7 at the door) or purchase a pass online. Sibling care is not offered for this class.

Tuesdays, 3:30-4:30pm 15 Sessions: \$50.00	9/6-12/20 PlayPass-Tue-Fall
Thursdays, 12:15-1:15pm 13 Sessions: \$50.00	9/8-12/15 PlayPass-Thu-Fall
Tuesdays, 3:30-4:30pm 20 Sessions: \$50.00	1/3-5/30 PlayPass-Tue-WinSpr
Thursdays, 12:15-1:15pm 20 Sessions: \$50.00	1/5-5/25 PlayPass-Thu-WinSpr

Stay and Play with Grandparents: 12-36 months

Join other grandparents and their children in an atmosphere created just for babies and toddlers. No registration is required. You can pay as you go (\$57 at the door) or purchase a pass online. Sibling care is not offered for this class.

Tuesdays, 11:45am-12:45pm 14 Sessions: \$50.00	9/13-12/20 Grpts-Tue-Fall
Thursdays, 11:45am-12:45pm 13 Sessions: \$50.00	9/8-12/15 Grpts-Thu-Fall
Tuesdays, 11:45am-12:45pm 20 Sessions: \$50.00	1/3-5/30 Grpts-Tue-WinSpr
Thursdays, 11:45am-12:45pm 20 Sessions: \$50.00	1/5-5/25 Grpts-Thu-WinSpr

Separating

Toddlin' Tykes: 12-17 months

Your toddler will delight in songs, story time, and puppet shows all the while learning social skills by taking turns, exploring together and interacting with others. Parents separate for a portion of the class with a licensed Parent Educator to discuss their child's social, emotional and physical development while the children stay to play in the classroom.

12-17 months

Tuesdays, 9:15-10:30am \$99.00/month	9/6-5/30 1217-2
Wednesdays, 9:15-10:30am \$99.00/month	9/7-5/31 1217-3
Thursdays, 10:45am-12:00pm \$99.00/month	9/8-6/1 1217-4

12-24 months

Saturdays, 9:00-10:00am \$155.00/month	9/10-10/15 S1224-1
Saturdays, 9:00-10:00am \$155.00/month	10/29-12/10 S1224-2
Saturdays, 9:00-10:00am \$155.00/month	1/28-3/4 S1224-3
Saturdays, 9:00-10:00am \$155.00/month	4/1-5/13 S1224-4

Tender Tots: 18-24 months

Enjoy time with your baby/toddler exploring the classroom and playing to learn. Parents separate for a portion of the class into another classroom with a licensed Parent Educator to discuss their child's social, emotional and physical development while the children play with their teachers and classmates.

Tuesdays, 10:45am-12:00pm \$99.00/month	9/6-5/30 1823-2
Wednesdays, 10:45am-12:00 pm \$99.00/month	9/7-5/31 1823-3
Thursdays, 9:15-10:30am \$99.00/month	9/8-6/1 1823-4

Family Education Afterschool: Birth - 2 years

Come find your community when it's convenient for you. Parents and child will attend together to play, learn and explore. The first half of the class will be parent and child learning time together. Parents will leave for the second half of the class to attend parent education facilitated by a licensed Parent Educator.

Tuesdays, 4:00-5:30pm \$90.00/month	9/6-5/30 Afterschool
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ECFE Classes for Two and Up

Two Year-Olds

A Taste of Preschool

Two year olds love to explore and our classrooms allow them to gain confidence, trust, and independence. Parents separate with a Licensed Parent Educator.

One Day per Week

Mondays, 8:45-10:45am 9/12-5/22
\$160.00/month 0002-1

Mondays, 11:15am - 1:15pm 9/12-5/22
\$160.00/month 0002-4

Tuesdays, 3:30-5:30pm 9/6-5/30
\$160.00/month 0002-5

Two Days per Week

Tue/Thu, 9:30-11:30am 9/6-5/30
\$320.00/month 0002-2
Parenting Day is Tuesday

Taste of Preschool for Older Two's

for students 33 months old as of Sept 1, 2022

For two year olds with birthdays in June, July or August who are ready for two days of independent learning. No parent education component.

Wed/Fri, 9:30-11:30am 9/7-5/31
\$320.00/month 0002-3

Taste of Preschool in Nature with Parenting

Being outside allows busy twos to engage all of their senses as they learn and socialize. This non-separating class will meet at an Edina park.

Wednesdays, 11:15am - 12:15pm 9/7-10/19
7 Sessions: \$135.00 0002-Nature

Me and My Dad: 2-5 years

Enjoy an ECCE class with dad! Parents and students will attend together for the first half. The second half of the class, the dads will attend parent education in a separate classroom space with a parent educator.

Wednesdays, 6:00-7:30 pm 9/7-9/28
4 Sessions: \$83.00 Dad-1

3-5 Year-Olds

ECCE for Preschoolers: 3-5 years

Focusing on children who may be new to preschool, this class covers a variety of topics to offer you and your child a wonderful time. Children's activities encourage personal, social, and physical development, pre-reading, pre-writing skills and language development. Parents stay with their child for the first hour. The second hour, parents separate to connect and learn together while facilitated by a licensed Parent Educator. Sibling care is available.

Fridays, 12:30-2:30pm 9/9-5/26
\$160.00/month 0035-1

Me and My Dad: 2-5 years

Enjoy an ECCE class with dad! Parents and students will attend together for the first half. The second half of the class, the dads will attend parent education in a separate classroom space with a parent educator.

Wednesdays, 6:00-7:30 pm 9/7-9/28
4 Sessions: \$90.00 Dad-1

Next Up - Kindergarten!: 4-5 years

This class focuses on making sure your child is ready for kindergarten. This class is intended for 4 and 5 year old children starting kindergarten in Fall 2023.

Thursdays, 3:30-5:00pm 9/8-6/1
\$90/month Kindergarten-1



Preschool for 3-5 Year Olds

The Edina Early Learning Center's preschool program for 3-5 year olds help young learners develop their emergent literacy and math skills through a play-based learning model. Using The Creative Curriculum®, we also provide opportunities to help them develop healthy social skills and learn to advocate appropriately for their needs.



Available Classes

Preschool registration happens in late January, but a few spots remain for school year 2022-23. Call our office at 952-848-3908 for more information.

Childcare for Preschoolers

If you need a little extra care for your child before or after preschool we've created a flexible option just for you! Your child will be escorted by classroom staff to/from the childcare space when you add this option to your weekly schedule.

Children must be registered for an Early Learning Center preschool class to be eligible

Childcare follows the Early Learning calendar, so when school is not in session, childcare is closed.

Childcare is offered on a space-available basis

Childcare Blocks - Monday - Friday

Block 1	7:30-8:30am	\$9.00/day
Block 2	11:30am-3:00pm	\$31.50/day
Block 3	3:00-5:30pm	\$22.50/day

Enrichment Classes

Enrichment classes provide children the opportunity to explore their natural gifts, talents and interests. Students extend classroom learning, build additional skills, and make new social connections. See offerings on pages 38 and 39!

NEW! Afternoon Preschool for Threes Two Days/Week

for students 3 years old as of Sept 1, 2022

Classrooms encourage curiosity and exploratory play for this independent stage of development. Expanding on this social and emotional maturation allows for students to make their first real friendships while discovering an excitement for their own intellectual curiosity.

Tu/Thu, 12:30-3:00pm 9/6-6/1
\$215/month 0003-7



Scan here for more info on Preschool Classes

Enrichment Offerings: Fall 2022

Whether it's after morning preschool, or a stand-alone class, join the fun of our afternoon classes. Your child does not need to be enrolled in preschool to register. Students will bring their lunch from home and enjoy some outdoor time before transitioning to their enrichment class.

Science, Technology, Engineering and Mathematics: Ages 3-5

Students will learn about the four parts of STEM. Activities will focus on science, technology, engineering and mathematics.

Mondays, 11:30 am - 2:00 pm **Sep 12 - Oct 31**
7 Sessions: \$171.50 STEM001

Mondays, 11:30 am - 2:00 pm **Nov 7 - Dec 19**
7 Sessions: \$171.50 STEM002

Book Buddies: Ages 3-5

Activities will focus on themes from different books. Students will develop a love of literacy through fun songs, activities and stories.

Tuesdays, 11:30 am - 2:00 pm **Sep 6 - Oct 25**
8 Sessions: \$196 BookBuddies001

Tuesdays, 11:30 am - 2:00 pm **Nov 1 - Dec 20**
7 Sessions: \$171.50 BookBuddies002

Crafternoons: Ages 3-5

Students will have an opportunity to complete different craft activities such as weaving, paper crafts, painting, and a whole lot more. Each class kids will have a craft to bring home.

Wednesdays, 11:30 am - 2:00 pm **Sep 7 - Oct 19**
7 Sessions: \$171.50 Crafternoons001

Wednesdays, 11:30 am - 2:00 pm **Oct 26 - Dec 14**
7 Sessions: \$171.50 Crafternoons002

Little Chefs: Ages 3-5

Students will learn some simple, no bake recipes. Focus will be on nutrition and making healthy food choices.

Thursdays, 11:30 am - 2:00 pm **Sep 8 - Oct 27**
7 Sessions: \$171.50 LittleChefs001

Thursdays, 11:30 am - 2:00 pm **Nov 3 - Dec 15**
6 Sessions: \$147.00 LittleChefs002

Nature Exploration: Ages 3-5

Students will explore nature around the ELC. They will take short walking field trips to explore the environment around us.

Fridays, 11:30 am - 2:00 pm **Sep 9 - Oct 28**
7 Sessions: \$171.50 Nature001

Fridays, 11:30 am - 2:00 pm **Nov 4 - Dec 16**
6 Sessions: \$147.00 Nature002

Taste of French: Ages 3-5

Students will begin to get a "taste" of the French language and culture. Simple vocabulary will be introduced as well as some at home activities for the whole family.

Tue/Thu, 11:30 am - 2:00 pm **Sep 6 - Oct 27**
15 Sessions: \$367.50 French001

Tue/Thu, 11:30 am - 2:00 pm **Nov 1 - Dec 15**
13 Sessions: \$318.50 French002

Taste of Spanish: Ages 3-5

Students will begin to get a "taste" of the Spanish language and culture. Simple vocabulary will be introduced as well as some at home activities for the whole family.

Mon/Wed, 11:30 am - 2:00 pm **Sep 12 - Oct 31**
14 Sessions: \$343.00 Spanish001

Mon/Wed, 11:30 am - 2:00 pm **Oct 31 - Dec 19**
14 Sessions: \$343.00 Spanish002

More class options on pages 19, 20, 21 and 23!



Super Saturdays for Preschoolers and Parents

These hands-on 4-week sessions let your 3-5 year old explore and learn through fun projects and activities. Parents should attend with their child.

Super Saturday- Explosions!

Science is cool! This class is for those that like blowing things up and making a little bit of a mess. Students will experiment with simple chemical combinations to create safe and easy explosions.

Saturdays, 9:00-10:00am **9/10-10/1**
4 Sessions: \$65.00 SExplosion

Super Saturday- Service Projects

Helping others always feels good. It's never too early to learn about helping others. Students will make homeless packs, dog blankets, first aid kits and school boxes.

Saturdays, 9:00-10:00am **10/29-11/19**
4 Sessions: \$65.00 SService

Super Saturday- Builders

Designed to educate your child as they build. We provide the innovative materials - think popsicle sticks, paper towel rolls - and the students create the construct. What can your innovator build with traditional and some not so traditional materials?

Saturdays, 9:00-10:00am **1/7-2/4**
4 Sessions: \$65.00 SBuilders

Super Saturday- Kid's Crafts

Make new friends and new crafts! Students will practice weaving, jewelry making, painting, and other crafts. After each session, students will have creative and special projects to take home.

Saturdays, 9:00-10:00am **2/11-3/4**
4 Sessions: \$65.00 SCrafts



Super Saturday- Little Woodworkers

Does your child like to build with wood? This class is perfect for kids that want to learn some of the basics of woodworking. Students will have an opportunity to express their creativity in a 3-dimensional way. They'll also get a tour of our community woodshop, located right on the ELC campus!

Saturdays, 9:00-10:00am **4/1-4/29**
4 Sessions: \$65.00 SWoodworkers

Super Saturday- Gardening

Children learn some gardening basics and create their own mini garden. Gardeners will get their hands dirty and learn about what it takes to make plants grow. How does food begin as a plant? How do I grow a pretty flower? What makes a good gardener? Students are sure to leave this class with a green (or dirty) thumb.

Saturdays, 9:00-10:00am **5/6-5/27**
4 Sessions: \$65.00 SGarden

To register, visit edina.ce.eleyo.com

Parent Education



Parent Education's goal is to enhance the ability of all parents to provide the best possible environment for their child's learning and growth. It is a place where all families have people who will walk beside them on their parenting journey. Join us for an ongoing class or one of our stand-alone events!

Sibling Care

Sibling care is available while you are attending Parent Education. In sibling care, children ages 6 weeks through 5 years spend time in age-appropriate exploration, play and activities under the supervision of our highly-trained, dedicated staff. Sibling care is available for all Parent Education classes offered between 8:30am and 3:30pm, Monday through Friday. Sibling care is not available for evening or weekend classes. Register for sibling care when you register for your parent education class.

Sliding Fee Scale

For classes with a parent education (ECFE) component, tuition is charged on a sliding fee scale based on family household income. The price shown in the catalog is the most a family will pay.

"All Caregivers are Welcome!"

While we use the word "parent", we recognize that not all family structures look the same. Any and all adults parenting and/or caregiving are welcome in our classes.

No School Days:

- September 26
- October 20, 21
- November 8, 23-25
- December 21-30
- January 2, 16, 20
- February 20-21
- March 10, 20-24
- April 21
- May 29

In Person Classes

Welcome to the Community: Parenting Education for Families New to the U.S.

This is a parent only class for families new to living in the United States.

- Thursdays, 6:00-7:00 pm** **9/8-1/19**
16 Sessions: \$175.00 NewUSParents-1
- Thursdays, 6:00-7:00pm** **1/26-6/1**
17 Sessions: \$175.00 NewUSParents-2

Mindful Parenting

Mindfulness is about letting go of guilt and shame about the past and focusing on right now. Focus on purposeful attention to what's happening, instead of getting sidelined by your emotions. This class will help parents reflect on their parenting practices and make proactive plans for the highs and lows of parenting.

- Mondays, 6:00-7:00pm** **9/12-1/16**
16 Sessions: \$175.00 Mindful-1

Mindful Parenting with Yoga and Meditation

Yoga and meditation can help destress your inner self. This class offers some basic yoga and meditation with guided reflection facilitated by a licensed Parent Educator. You'll have an opportunity to focus deeply on your parenting in a safe, calm, de-stressed environment.

- Tuesdays, 6:00-7:00pm** **9/6-1/17**
18 Sessions: \$195.00 MindfulYoga-1

Culturally Competent Parenting

Learn how to introduce culturally competent skills into your parenting and family life. Be there as your child learns about their culture and influences through life as well as develop an awareness and appreciation for other cultures in our community.

- Wednesdays, 6:00-7:00pm** **9/7-1/18**
17 Sessions: \$185.00 Competent-1

Parenting for Resilience

Raising resilient kids can be challenging. Learn how to teach your child resilience and how to cope through difficult times.

- Thursdays, 6:00-7:00pm** **9/8-1/19**
16 Sessions: \$175.00 Resilience-1

Parenting- Been There Done That

This class is for experienced parents who may have taken an ECFE class before. Class content will be tailored to the needs of the group - honoring their knowledge and experiences.

- First Tuesday, 1:00-2:00pm** **Sept-May**
9 Sessions: \$95.00 BeenThere1

Parenting: Birth-2 Years & 3-5 Years

A licensed Parent Educator facilitates parents who will gather to support and discuss topics key to child development. This class will look at developmental growth through play and the joys and challenges that this age can exhibit. Under the guidance of the Parent Educator, participants may help select topics. Children up to 4 months are welcome to attend with their parent.

Birth-2 years

- Second Tuesday, 8:45-9:45am** **Sept-May**
8 Sessions: \$95.00 ParBirthtoTwo-1

- Second Tuesday, 1:00-2:00pm** **Sept-May**
8 Sessions: \$95.00 ParBirthtoTwo-2

3-5 years

- Third Tuesday, 8:45-9:45am** **Sept-May**
9 Sessions: \$95.00 Par3to5-1

- Third Tuesday, 1:00-2:00pm** **Sept-May**
9 Sessions: \$95.00 Par3to5-2

Online Class

Supporting Your Little Worrier: Anxiety Is Real

This five-week virtual class will support parents and caregivers of young children experiencing anxiety. Parents and caregivers will learn helpful tools to manage and respond to their child's anxiety-both in the moment and long term. Instructional materials provided prior to the start of class.

- Mondays, 7:00-8:00pm** **9/12-10/17**
5 Sessions: \$75.00 ParentAnx-1

Adult Enrichment



Great neighborhoods and communities don't just happen. They are created and sustained by people who show up. Who get involved. Who care. People like you. Our adult enrichment is back for another season with a full slate of offerings from art, fitness, aquatics, yoga, and lifelong learning. We partnered with local community members to bring you a variety of fun and collaborative experiences.

Get Involved!

Be a part of our evolution. Watch for more information on how you can get involved in projects that we're developing.

Imagine:

- Walking tours of Edina led by the chair of the Heritage Preservation Commission
- Crafting classes led by community members with years of experience
- Parent education classes focused on learning skills and behaviors
- Woodshop classes in our fully remodeled space with all the tools needed

And more!



Scan here for more information and to register

Fitness Programs

All sessions held in person and at Edina Community Center unless otherwise indicated

Aquatics

Water Aerobics

Taught by Kay Zuccaro at Valley View Middle School

In Water Aerobics, we will work through a warm up, strengthening and toning exercises, 20-25 minutes of aerobics and a cool down. You don't have to be a swimmer or even get your hair wet!

Mondays, 7:15-8:15pm

13 sessions: \$130

Valley View Middle School

Sep 12-Dec 19

912-218

No class 9/26, 11/21

Wednesdays, 7:15-8:15pm

14 sessions: \$140

Valley View Middle School

Sep 14-Dec 21

912-219

No class 11/21-11/24

Water Wellness

Taught by Kay Zuccaro at Edinborough Park

Enjoy the benefits of working out in the water! The buoyancy of the water protects muscles and joints against injury. The sessions consist of stretching, toning, water walking and light aerobics. All ages are welcome. Water shoes recommended.

Mondays, 9:15-10:15am

7 sessions: \$70

Tuesdays, 9:15-10:15am

7 sessions: \$70

Thursdays, 8:30-9:30am

7 sessions: \$70

Thursdays, 9:30-10:30am

7 sessions: \$70

Mondays, 9:15-10:15am

7 sessions: \$70

Tuesdays, 9:15-10:15am

7 sessions: \$70

Thursdays, 8:30-9:30am

7 sessions: \$70

Thursdays, 9:30-10:30am

7 sessions: \$70

Sep 12-Oct 24

912-220

Sep 13-Oct 25

912-221

Sep 15-Oct 27

912-222

Sep 15-Oct 27

912-223

Oct 31-Dec 19

1031-224

Nov 1-Dec 20

1031-225

Nov 3-Dec 22

1031-226

Nov 3-Dec 22

1031-227

No class 11/21-24



Basketball

Basketball Non-Competitive Play

Taught by Zeebo Karouso

Come join us for a fun night playing basketball. This is for all those people who enjoy playing basketball and who want to get a good, fun run in without the competitive attitudes that leagues can have. We'll put teams together on the night and then play 2s and 3s first to 21. Teams will rotate through, winner stays on. Come and join us to let the Monday steam off.

Mondays, 6:00-7:30pm

8 sessions: \$65

Mondays, 6:00-7:30pm

7 sessions: \$60

Sep 12-Oct 31

912-323

Nov 7-Dec 19

1107-215

Cardio and Strength

A Walk in the Park-Fall

Taught by Kay Zuccaro at Centennial Lakes Park

Meet new friends as you Walk for Fitness around Centennial Lakes Park!

Tuesdays, 5:00-6:00pm **Sep 13-Oct 25**
7 sessions: \$40 912-216

Body Pump Strength Express

Taught by Christy Zilka

Sculpt, tone and strengthen your entire body focus will be on all major muscle groups during our time together.

Tuesdays, 11:00-11:45am **Oct 4-Dec 13**
9 sessions: \$100 1003-279
No class 11/8, 11/22

Body Shape: Adult 55+

Taught by Catherine Earley

Weight training is our tool to fight bone loss and a slowing metabolism. We use weights, bands, stability balls and body weight and we have fun!!

Mondays, 12:00-12:50pm **Sep 12-Dec 12**
12 sessions: \$115 905-262
No class 11/7, 11/28

Wednesdays, 12:00-12:50pm **Sep 7-Dec 14**
13 sessions: \$124 905-263
No class 11/9, 11/23

Fridays, 12:00-12:50pm **Sep 9-Dec 16**
14 sessions: \$133 905-264
No class 11/25



Interval Stations

Taught by Catherine Earley

You will move between Cardio and Strength stations set up around the room for a fast-paced yet personally customized all body workout! It's Fast, Fun and Effective!!

Thursdays, 9:15-10:05am **Sep 8-Dec 15**
14 sessions: \$133 905-266
No class 11/24

Lean Out

Taught by Katherine McGraw

Enjoy a simple traditional fitness class structured with cardio aerobics and muscle sculpting. Develop those long lean muscles while torching calories!

Wednesdays, 9:00-10:00am **Sep 7-Dec 21**
15 sessions: \$257 905-292
No class 11/23

Move Stretch, and Flex Express

Taught by Christy Zilka

We will work with Bands, Weights, Balls and the Bar to get you Stronger, Flexible and Increase your Endurance.

Thursdays, 5:15pm-6:00pm **Oct 6-Dec 15**
10 sessions: \$100 1003-252
No class 11/24

Online: Seated Abdominal Strengtheners

Taught by Janice Novak MS

Learn a series of extremely effective exercises to quickly strengthen all four layers of abdominal, WITHOUT stressing your back or neck joints and WITHOUT having to get on the floor. All can be done sitting, standing or even lying down.

Wednesdays, 6:00-7:30pm **Oct 26**
1 session: \$29 1024-237

Fitness Dance

Decades of Dance

Taught by Katherine McGraw

Simple dance moves and fun familiar songs are incorporated into a fun and lively aerobic format. You'll be moving and grooving and singing along to great music from the 50s, 60s, 70s and today! No prior dance experience necessary.

Tuesdays, 9:00-10:00am **Sep 6-Dec 20**
16 sessions: \$275 905-290

Thursdays, 9:00-10:00am **Sep 8-Dec 22**
15 sessions: \$257 905-291
No class 11/24

Zumba Triple Fusion

Taught by Katherine McGraw

This is Zumba with 3 specialties: Zumba + Zumba Toning + Zumba Core! You'll feel sweaty, energized and leaner after taking this comprehensive and focused Zumba workout!

Mondays, 9:00-10:00am **Sep 12-Dec 19**
15 sessions: \$135 912-289

Zumba

Taught by Katherine McGraw

Zumba combines dance and fitness moves into a fun and lively class format. Rhythms include salsa, merengue, bachata, cha cha, soca, bhangra, cumbia and more! "Ditch the workout and join the party!"

Fridays, 9:00-10:00am **Sep 9-Dec 16**
14 sessions: \$257 905-293
No class 11/25



Social Dance: See page 55.

Pilates, Barre and Ballet

Barre Strength

Taught by Catherine Earley

The precision and balance of Barre meets the load and power of strength training. You will be able to work at your own pace to improve strength and balance. Have fun getting stronger.

Fridays, 9:30-10:20am **Sep 9-Dec 16**
14 sessions: \$133 905-265
No class 11/25

Pilates Barre

Taught by Joan Mielke Nimerfroh

Class design is based on Reformer and Cadillac training. a focus is on facial movement, standing functional training, balance and strength. Challenging for all levels.

Tuesdays, 9:15-10:15am **Sep 6-Dec 13**
14 sessions: \$240 905-258
No class 11/8

Pilates Plus

Taught by Joan Mielke Nimerfroh

Pilates with a NEW look. Myofascial movements incorporated, strengthening phase. Variety sizes of balls, rollers, bands, circles and barre equipment are used to bring intensity to your Pilates workout

Thursdays, 9:00-10:00am **Sep 8-Dec 15**
13 sessions: \$204 905-259
No class 10/20, 11/24

Hybrid: Mat Pilates

Taught by Kaethe Birkner

An all-level Mat Pilates class that is a full-body workout. This class focuses on injury prevention, pain reduction, and working smart, while teaching the how and why, body awareness, body mechanics, and efficiency in motion. This is mainly a strength-building class with some stretching.

Thursdays, 6:15-7:15pm **Sep 1-Dec 15**
15 sessions: \$236 829-256
Single session: \$18
No class 11/24

Hybrid: Beginning-Intermediate Ballet

Taught by Kaethe Birkner

This class is designed for people with knowledge of basic ballet steps and positions and some ballet technique. The focus of the class is to improve students' knowledge of proper ballet technique and intermediate ballet steps while getting a good ballet-based workout.

Thursdays, 7:30-9:00pm **Sep 1-Dec 15**
15 sessions: \$236 829-254
Single session: \$18
No class 11/24

Yoga and Tai Chi

Restorative Deep Stretch

Taught by Christy Zilka

In restorative deep stretch, the focus is on tension removal while building flexibility. Finding a release in your body with longer position holds and focused breath work.

Wednesdays, 5:30pm-6:15pm,
6 Sessions: \$85

Oct 5-Nov 16
1003-337
No class 11/12

Chair Yoga Express

Taught by Christy Zilka

Practice yoga using a chair instead of a mat. The chair will be used for our sitting postures, warm-up and neck and shoulder openers. Followed by a series of standing poses (using the chair for support and balance).

Wednesdays, 11:00-11:45am
8 sessions: \$100

Oct 5-Dec 7
1003-278

Iyengar Yoga

Taught by Karine A Watne

Explore standing poses, twists and forward/back bends. Verbal and visual cues will carefully lead each student to their optimum. All students will stretch and progressively open tight areas in the body. All will gain strength, flexibility, and balance as a result of their practice.

Wednesdays, 4:30-5:30pm
15 sessions: \$180

Sep 7-Dec 14
905-228

Private or Semi-private Iyengar Yoga Classes

Taught by Karine A Watne

In this class we will customize standing, twists and forward/back bends poses based on your personal needs and flexibility level. We will use props inclusively such as blankets, bolsters, blocks, belts, chairs and rope wall to assist. All props used are provided in instructor's home studio. Classes can be 1-on-1 or taken in small groups of 2-3 participants.

Tuesdays/Wednesdays/Thursdays, 6:00am-2:00pm
Sep 6-Dec 15

10 sessions Private: \$400 905-315
10 sessions Semi-Private: \$300
Instructor's Studio No class 9/20, 11/24

Tai Chi Ruler

Taught by Christine T. Morgan

Tai Chi Ruler form is an ancient and gentle, powerful exercise. Unique method of cultivating internal energy. Uses the Tai Chi Rule to aid development. Ruler exercises are used for improving flexibility, focus, calming the mind, and moving energy in the body. Can be done sitting or standing.

Tuesdays, 10:30-11:30am
6 sessions: \$60

Sep 13-Oct 18
912-202

Hybrid: Hatha Yoga For Life

Taught by Wendy Anderson

Beginners welcome! Enjoy in-depth instruction as you practice a wide variety of yoga poses, along with meditation and relaxation practices. We'll work on the whole body, improving flexibility, strength, balance, and range of motion. Work at your own level and pace in this supportive class.

Tuesdays, 6:00-7:25pm
16 sessions: \$224

Sep 6-Dec 20
905-283

Thursdays, 10:15-11:40am
15 sessions: \$210
No class 11/24

Sep 8-Dec 22
905-284



Build. Lead. Thrive.

At the Edina Chamber of Commerce, we are working to create, sustain, and continually develop a shared vision of what our community and Minnesota could be, can be, and will be.

INVEST IN YOUR FUTURE

edinachamber.com

exploreedina.com



Lifelong Learning

Great Decisions Series

The Great Decisions program is brought to the community through a partnership with the Edina Senior Center, the Edina Library and Edina Community Ed. The Friends of the Edina Library and Global Minnesota have graciously co-sponsored this program.

Great Decisions: Drug Policy in Latin America

The issue of migration to the United States from Latin America has overshadowed the war on drugs, which has been underway for decades with little signs of progress. What are the roots and the bureaucratic logic behind today's dominant drug policies in Latin America? Is it time to reconsider punitive drug policies that disrupt supply chains and punish drug possession?

Monday, 4:00-5:30pm **Sep 19**
1 session: \$0 919-296

Great Decisions: Biden's Foreign Policy Agenda

The new administration in Washington promised to reverse many of the policies of the past administration, especially in foreign policy. How will issues such as climate, the pandemic, and alliances be treated under the Biden administration?

Monday, 4:00-5:30pm **Oct 17**
1 session: \$0 1017-297

Great Decisions: Climate Change

How will the Biden administration tackle climate change? The ideological divide in the United States on the subject of climate change has impeded progress in curbing greenhouse emissions. But extreme weather events at both ends of the thermometer have focused attention on the consequences of inaction. What role will the United States play in future negotiations on climate?

Monday 4:00-5:30pm **Nov 14**
1 sessions \$0 1114-299

Great Decisions: Outer Space

The launch of Sputnik 1 in October 1957 marked the beginning of the space era and of the space race between the United States and the Soviet Union. In the 21st century, there are many more participants in space, including countries such as India and China, and commercial companies such as SpaceX. How will the United States fare in a crowded outer space?

Monday, 4:00-5:30pm **Dec 12**
1 session: \$0 1212-298

For many of us, coming together adds to our learning process and makes lifelong learning more enjoyable. We're also pleased to offer online classes for ease and convenience.

Classes are for ages 18 and up unless noted. All sessions held in person and at Edina Community Center unless otherwise indicated.

Nutrition and Cooking

Learn How To Become an Intuitive Eater: A Non-Diet Approach

Taught by Allison Mosso

If you've ever felt exhausted from dieting, and feeling rigid around food, this 4 week course is for you. Learn how to listen to your own hunger, fullness, and satisfaction cues, make peace with all foods, and feel more comfortable in your body.

Thursdays, 6:00-7:15pm **Sep 22-Oct 13**
4 sessions: \$199 922-282

Food is Fuel: Developing a Healthy Relationship with Food

Taught by Jackie Mart

Struggle with emotional eating, binge eating, disordered eating or you just can't seem to get a handle on the whole nutrition thing? Discover 14 habits people with healthy relationships with food possess, how to manage emotional eating, and ways to change your mindset towards self-love!

Tuesday, 6:00-7:00pm **Oct 11**
1 session: \$36 1010-213

Staying Healthy for the Holidays (Lecture with Tasting)

Taught by Jackie Mart

The best way to stay healthy and avoid gaining weight over the holidays is to eat in moderation, keep a consistent exercise program and try Jackie's 10 tips on how to avoid looking like a bloated reindeer come January 1st! Clean-eating Thanksgiving dessert and beverage samples included!

Wednesday, 6:00-7:00pm **Nov 2**
1 session: \$40 1031-214

Deconstructing Cravings

Taught by DiAnna Vetinska

Cravings are one of the most natural ways your body speaks to you about what you need. In this workshop, we will discuss the primary types of cravings and their causes, learn the concept of Crowding Out, and create a cravings inventory to start understanding messages behind your own cravings.

Wednesday, 6:15-7:45pm **Nov 16**
1 session: \$39 1114-251

Online: Air Fryer Advanced

Taught by Kirsten Madaus

Are you ready to up your air fryer game? Join Kirsten live online from her home kitchen as she demonstrates a variety of advanced air fryer cooking methods. Recipes include "Everything Bagel" Rolls with Holes, Sweet Potato Hash, Wild Rice & Kale-stuffed Chicken Thighs, and Mini Pumpkin Pies.

Tuesdays, 6:30-8:00pm **Sep 13-Sep 20**
2 sessions: \$52 912-267

Online: Festive Appetizers From Your Air Fryer/Instant Pot

Taught by Kirsten Madaus

Create yummy appetizers for holiday gatherings, game nights, or just for fun. Join Kirsten live online from her home kitchen as she demonstrates Instant Pot Hot Crab & Shrimp Dip, Air Fryer Buffalo Cauliflower, Goat Cheese & Garlic Crostini, Jalapeño Rarebit Poppers, and more!

Tuesday, 6:30-8:00pm **Oct 18**
1 session: \$26 1017-268

Online: Metabolism Boosters and Busters

Taught by Janice Novak MS

You could lose up to 20 pounds in a year – without eating less. Learn 20 SIMPLE things, pulled from research, you can do every day to boost your metabolism and burn as much as 20% more calories every day.

Tuesday, 6:00-7:30pm **Nov 29**
1 session: \$29 1128-238

Featured Class

Indigenous Cooking Class

Cooking classes with Chef Austin Bartold

Meet Austin Bartold! He is the chef nutritionist at the Division of Indian Work and a promoter of Indigenous cuisine. He was the first indigenous chef to graduate from Le Courdon Bleu Culinary School, and he is going to teach you some of his culinary magic. Join us for an evening of cooking, culture and community.

Wednesday, 6:00-8:00pm **Oct 12**
1 session: \$100 905-335



Skills for Life

Wills, Trusts and Other Estate Planning Tools

Taught by Elizabeth E. Michaelis, J.D., M.B.A.

What is the difference between a Will and a Trust? Which tools are right for you given your goals and intentions? This class will review the key planning tools available, including Trusts, Wills, Powers of Attorney and Health Care Directives. Information will also be provided on probate avoidance.

Tuesday, 6:30-8:00pm **Oct 4**
1 session: \$0 1003-260

Electric Cars: Are They For You?

Taught by Ron Timm

Do electric cars make environmental sense? How about range anxiety? How and where can you charge them? What about cold weather? What about cost? Does it make financial sense to buy one? What is the future of electric cars and battery technology?

Wednesday, 7:00-8:00pm **Oct 19**
1 session: \$15 1017-205

Revocable Trusts

Taught by Elizabeth E. Michaelis, J.D., M.B.A.

A Revocable Living Trust may not be for everyone, but taking the time to secure a Trust now can save time, money, and frustration in the future. Learn what a Revocable Living Trust is, how it can help avoid probate and secure your estate, and how to assess if a Revocable Trust makes sense for you.

Tuesday, 6:30-8:00pm **Oct 18**
1 session: \$0 1017-261

Downsizing in the Current Housing Market

Taught by John Mazzara

Have you been thinking that now might be the time to downsize but aren't sure where to start, how to do it, or what your options are? Access to preferred service providers and discount coupons provided to all attendees as well as a no cost home evaluations for those want to know the value of their home and recommended suggestions to make it more sellable.

Thursdays, 6:00-8:00pm **Sep 29**
1 session: \$0 926-332

Moving Mom and Dad: 5 Common Mistakes and How to Avoid Them

Taught by John Mazzara

Many baby boomers today are facing the tough decision of finding appropriate housing options for their parents. Moving mom and dad is often a challenge, especially when mom and dad are reluctant to address the issue. In this class we will discuss and give an overview of the housing market for those considering buying or selling a home.

Thursdays, 6:00-8:00pm **Oct 27**
1 session: \$0 1024-333

Online: Overcome your Carbohydrate Cravings

Taught by Janice Novak MS

Ever had a day where you can't stop eating? Do you crave starches and sweets? A two-week plan that will STOP your cravings (no kidding!), help you lose weight and help keep your insulin levels balanced. Learn how you can stop the vicious cycle of food craving & weight gain. No hype—just the facts.

Monday, 6:00-7:30pm **Oct 10**
1 session: \$29 1010-235

Online: Pantry Meals—When You Don't Feel Like Take Out

Taught by Kirsten Madaus

Join Kirsten live online from her home kitchen as she demonstrates a variety of meals using cupboard, freezer, and/or other long-storing ingredients. Recipes include Copycat Olive Garden Shrimp Scampi in the Instant Pot, Curried Chickpea Salad Sandwiches, Thai Pumpkin Soup, and more.

Tuesday, 6:30-8:00pm **Nov 29**
1 session: \$26 1128-270

Online: Restaurant CopyCat: Recipes For Your Instant Pot

Taught by Kirsten Madaus

Join Kirsten live online from her home kitchen as she demonstrates Wisconsin Cheddar Fondue like The Melting Pot, Pasta e Fagioli like Olive Garden, Traditional Wings like Buffalo Wild Wings, Pumpkin Cheesecake like The Cheesecake Factory, and more.

Tuesday, 6:30-8:00pm **Nov 15**
1 session: \$26 1114-269

Buying New Construction

Taught by John Mazzara

Thinking about moving and considering new construction as a housing option because you want an open floor plan and larger closets? Explore what is available, where to find it, and what to expect in new constructions including: timelines, hidden costs, risks and the coordination of selling your existing home or giving appropriate notice on your lease.

Thursdays, 6:00-8:00pm **Nov 17**
1 session: \$0 1117-334

Technology

Cutting the Cord

Taught by Nice Guy Technology

Are you fed up with how expensive your TV bill is? Do you feel like you are paying way too much for cable or satellite? In this class, we will show you how to "cut the cord", save money each month, and still have access to the channels and services you want. Your wallet will thank you!

Tuesday, 10:00am-12:00pm **Sep 13**
1 session: \$39 912-206

Username, Passwords, and Two-Factor... Oh My!

Taught by Nice Guy Technology

In this class, you will learn the importance of strong and unique passwords, how to create them, and keep track of them. You'll also learn the importance of Two-Factor Authentication and how to set it up.

Tuesday, 10:00am-12:00pm **Sep 27**
1 session: \$39 926-207

How to Cut the Cable Cord

Taught by Ron Timm

This class will show you many viewing options that are free or much lower cost than cable. We'll cover how to get internet without cable, how to get tv to your television without cable, how to get free and cheap subscription services and more.

Tuesday, 7:00-8:30pm **Oct 4**
1 session: \$25 1003-204

Our Favorite iPhone Tips

Taught by Nice Guy Technology

In this class, we will show you some of our favorite tips and tricks for the iPhone. You will learn things that make using your iPhone easier, more efficient, and extra delightful. Please bring your iPhone with you to class.

Tuesday, 10:00am-12:00pm **Oct 11**
1 session: \$39 1010-208



iPhone App: Camera

Taught by Nice Guy Technology

Learn all the new features found in the Camera app on your iPhone with iOS 15. Learn tips and tricks to help you take stunning photos and the various settings and filters on your camera. Please bring your iPhone to class.

Tuesday, 10:00am-12:00pm **Oct 25**
1 session: \$39 1010-209

Technology Q&A

Taught by Nice Guy Technology

In this class, we will answer your technology questions! We will answer the best technology questions we've received from past clients, as well as questions that you submit to us. Questions can range from security to internet, to streaming TV.

Tuesday, 1:00-3:00pm **Nov 15**
1 session: \$39 1107-210

Literature: Featured Class

Homer and the Odyssey

Taught by Stephen Kurt Partridge

This course will describe Homer and his poem The Odyssey, and the method by which he crafted it. It will also describe the history of the period and its art, society, religion, and more.

Tuesdays, 6:00-7:00pm **Sep 20-Nov 29**
11 sessions: \$314 919-295

Wellbeing and Personal Care

Featured Class

Purpose Camp for Moms

Taught by Lori Syverson

Are you looking for a sense of purpose beyond your family? This workshop is exactly what you need. Share your inner struggles, explore your passions, gifts, and values, and develop your map to guide you in this new life phase. Learn powerful practices and insights to help you explore new directions and opportunities.

Tuesday, 10:00-11:30am **Sep 20-Oct 11**
4 sessions: \$249 919-329

Tools for Emotional Self Care

Taught by Rachel Mueller

Learn how to soothe the nervous system in order to reduce stress in a post-covid world. Classes will include time for reflection, discussion, and a presentation.

Thursdays, 6:30-8:00pm **Sep 15-Dec 15**
13 sessions: \$279 912-294

Weight Loss Beyond Diet and Exercise

Taught by DiAnna Vetinska

In this workshop we will look beyond eating right and exercising and will explore how other pillars of health like sleep, stress, what we eat and when we eat it, environmental toxins, etc. can impact weight loss and overall health.

Wednesday, 6:15-7:45pm **Oct 5**
1 session: \$39 1003-250
No class 11/24

Makeup Bootcamp For Women 40 and Better

Taught by Julie Sherman

When was the last time you updated your makeup and beauty regimen? Has your skin changed over time? Join this "boot camp" to update your look with tips and techniques for ageless beauty. This class is essential for busy, beautiful women who could use a little updating!

Thursdays, 7:00-9:00pm **Oct 6**
1 session: \$36 1003-203

Stone Medicine: Using Stones and Crystals to Help Heal the Body

Taught by Julie McCormick, L.Ac.

Have you always been attracted to stones, rocks and minerals? In this class we will explore how stones have been used for thousands of years in Chinese Medicine, and how you can take this knowledge to build your own stone healing formulas.

Thursday, 6:00-8:00pm **Oct 6**
1 session: \$36 1003-253

Online

Online: Women's Heart Health

Taught by Janice Novak MS

Heart disease is the #1 killer of women. Symptoms can be different for woman. You will learn info that could save your life. We'll discuss signs, symptoms, hormones and your heart, foods that can help or hurt & other solutions.

Wednesday, 6:00-7:30pm **Sep 28**
1 session: \$29 926-234

Online: Acupressure to Assist Weight Loss

Taught by Janice Novak MS

Acupressure involves massaging key points to stimulate energy flow. Learn the points that regulate metabolism, appetite, stress eating, cravings & thyroid. If any of these points are blocked, losing weight will seem like an impossible task. These points can assist you if trying to lose weight.

Tuesday, 6:00-7:30pm **Oct 18**
1 session: \$29 1017-236

Online: Acupressure Face Lift & Skin Savvy

Taught by Janice Novak MS

Here's a facelift you can do at home. Acupressure works with the energy that flows through your body. Stimulating facial acupressure points can help erase years from your face naturally, bring a healthy glow to your skin; even decrease headaches and relieve eye strain.

Monday, 6:00-7:30pm **Dec 5**
1 session: \$29 1205-239



Hobbies and Interests

All sessions held in person and at Edina Community Center unless otherwise indicated

Home, Family & Community

Bicycle Repair and Maintenance

Taught by Erik Bloom

Major focus on identification of bicycle parts, trailside repair, shifting adjustments, brake adjustments, chain maintenance, how to repair/replace a tube (flat tire), how to safety check your bike, preparing a bike for selling, as well as many other helpful tips & tricks.

Saturday, 9:00-11:00am **Sep 10**
1 session: \$72 905-271

Fridays, 6:30-8:00pm **Sep 16**
1 session: \$54 912-272

Wednesday, 6:30-8:00pm **Oct 12**
1 session: \$54 1010-273

Wednesday, 6:30-8:00pm **Nov 9**
1 session: \$54 1107-274

Saturday, 9:00-11:00am **Nov 12**
1 session: \$72 1107-275

Friday, 6:30-8:00pm **Dec 16**
1 session: \$54 1212-276

Edina Public Art Walking Tour: All Ages

Taught by Shannon Steven at Centennial Lakes Park

Join is for an hour-long walking tour of public art at Centennial Lakes Park and the Edina promenade. Great for anyone hoping to learn more about the art in our community. Dress appropriately, tour will happen rain or shine! Children under 12 may register with a registered adult.

Saturday, 10:00-11:00am **Sep 17**
1 session: \$12 912-322

Cake Walk: Edina's Journey from Settlement to Suburb: Walking Tour

Taught by Dan Rooney and Fred Keller at Cahill School

This tour explores the city's growth from flour millers to "cake eaters." We will discuss African American berry farmer Charles Yancey, the racial and economic exclusion of the Country Club neighborhood, Edina's efforts at diversity, and the city's reputation as Cake Eaters.

Thursday, 6:30-8:00pm **Sep 15**
1 session: \$14 912-324

Saturday, 1:00-2:30pm **Sep 24**
1 session: \$14 919-325

Edina Morningside Walking Tour: All Ages

Taught by John Flynn at Edina Morningside Church

Come learn about the Morningside area, including the origins of Edina Morningside Community Church, Morningside Elementary school, the 44th & France business district, and of Morningside's streets. We will also look at some of the neighborhood's oldest homes. Children under 12 may register with a registered adult.

Saturday, 1:00-2:30pm **Oct 1**
1 session: \$12 926-326

Photo Organization: Print & Digital

Taught by Kathy Povolny

Imagine all your photos organized & all in one place, permanently, safely and you have a system that lets you find any photo in literally seconds! This includes old slides, movies & memorabilia too. We will talk about scanning and digitizing old media, cloud storage accounts as well as software.

Thursday, 6:30-8:30pm **Oct 27**
1 session: \$25 1024-212

Mah Jongg Club

Taught by Abbe Blacker

This introductory course to American Mah Jongg will show you everything we've learned to love about the wonderful world of "MAHJ" - the snacks, the chat, and, of course the game! In this four-part series you will learn the basics, be able to ask questions, and get plenty of practice. Soon you will master this exciting and challenging game of skill, strategy, and luck.

Lesson Series

Wednesdays, 6:30-9:00pm **Sep 14-Oct 12**
4 sessions: \$120 905-330
No class 10/5

Optional Game Night Add-On

Wednesday, 6:30-9:00pm **Oct 19**
1 session: \$25 1017-389

Lesson Series

Wednesdays, 6:30-9:00pm **Oct 26-Nov 16**
4 sessions: \$95 1024-331

Optional Game Night Add-On

Wednesday, 6:30-9:00pm **Nov 30**
1 session: \$25 1128-390



Storytelling

Family Legacy Storytelling: How To Get Started

Taught by Dietrich Nissen

Have you thought of passing on your stories but don't know where to start? Join us for a course that will provide you with resources and tools to help you share the most valuable asset you have – your life story.

Mondays, 7:00-8:00pm **Oct 3-24**
4 sessions: \$36 1003-286

Developing Your Writing Blueprint

Taught by Jessica Staszak Abitz and Kate Leibfried

Do you have a story within you, itching to come out, but you're unsure how to begin? This class will teach you how to simplify the writing process with a step-by-step roadmap for writing your own unique story, whether fiction or non.

Thursday, 6:00-8:00pm **Oct 20**
1 session: \$43 1017-280

Pen Your Memoir

Taught by Jessica Staszak Abitz and Kate Leibfried

Everyone has a story to tell. Pen Your Memoir will teach you how to get your personal tales onto the page (or screen). From brainstorming activities to writing tips, you will leave ready to entertain and inspire others with your experiences and life lessons.

Thursday, 6:00-8:00pm **Nov 10**
1 session: \$43 1107-281

Featured Class

Stories from Refugees Living in Minnesota

With Lar Ka Paw and Mai Chue

Come and hear stories from Lar Ka Paw and Mai Chue Vang who are both refugees living in Minnesota. Lar Ka Paw is a Karen refugee and Mai Chue Vang is a Hmong refugee. Mai and Lar Ka Paw will join us to tell their stories of how they grew up, how it came to be that they are living in MN, and what life is like for them now. There will be time for questions and answers after their talks.

Thursday, 5:00-6:30pm **Oct 13**
1 session: \$10 1010-366

Music

Online: Instant Piano for Hopelessly Busy People

Taught by Craig Coffman

Learn to play piano the way professionals do—using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Class is held online using zoom and is partly hands on instruction and partly lecture demonstration.

Monday, 6:30-9:30pm **Oct 10**
1 session: \$65 1010-200

Online: Instant Guitar for Hopelessly Busy People: 13+

Taught by Craig Coffman

This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online follow up lessons. Class is held online using zoom and is partly hands on instruction and partly lecture/demonstration.

Tuesday, 6:30-9:00pm **Oct 11**
1 session: \$65 1010-201

Social Dance

Party Line Dance

Taught by Monica Mohn

Step into the party with this workshop of the popular line dances: Electric Slide, Cha Cha Slide, and the Cupid Shuffle. No partner needed for an entire evening of fun!

Wednesday, 6:00-7:00pm **Sep 14**
1 session: \$15 912-244

Wedding Dance – It's Not too Late to Look Great

Taught by Monica Mohn

This registration is per couple (2 people) In this two-hour workshop, learn fun moves and simple tips to have you feeling comfortable and looking great on that special day! With the expert guidance of 3-time Ballroom Dance champion, Monica Mohn, you'll be dancing before you know it!

Wednesday, 7:00-9:00pm **Sep 14**
1 session: \$39 912-243

Thriller Line Dance

Taught by Monica Mohn

This fun line dance is a great, easy version of the classic moves that inspired us all! Why not include the kids and get into the spirit of Halloween together... No partner needed.

Monday, 6:00-7:00pm **Oct 10**
1 session: \$15 1010-245

Two Left Feet Dance Workshop

Taught by Monica Mohn

Come for a one-time dance workshop geared towards beginners and guided by a dance champion. By the end of the night, you'll be dancing in basic patterns and doing some fun turning! Registration cost is per couple (two people).

Monday, 7:00-9:00pm **Oct 10**
1 session: \$39 1010-246

Easy Partner Dancing

Taught by Deanna Constantine

No matter the occasion, you'll be prepared to dance! Be one of the best dancers at your event! Add spark & fun to your relationship! Taking steps from classic ballroom dances, you'll learn easy to remember mini-routines, danceable to all your favorite songs including rock, blues, pop, & country!

Mondays, 7:00-8:30pm **Oct 3-24**
4 sessions: \$65 1024-288

Ballroom Dance Series

Taught by Monica Mohn

Join the fun in this 4-week sampler of the classic dances: waltz, foxtrot, rumba and tango. By the end of the session you won't want to let go! Registration cost is per couple (two people).

Mondays, 7:30-8:30pm **Nov 7-28**
4 sessions: \$59 1107-247

ABBA "Dancing Queen" Line Dance

Taught by Monica Mohn

Spend the night moving and grooving to this energetic song - great tune and great moves! Be prepared for a fun, fabulous night and burn off some calories before the holiday feasting begins!!!! No partner needed.

Wednesday, 6:00-7:00pm **Dec 7**
1 session: \$15 1205-249

Swing Dance – 1 Night Of Fun

Taught by Monica Mohn

One night. One dance. A lifetime of fun! An "Arch" and a "Loop" are just two of the patterns that can take you from the sidelines onto the dance floor. Couples only, please. Registration cost is per couple (two people).

Wednesday, 7:00-9:00pm **Dec 7**
1 session: \$39 1205-248



Calling All Makers

All sessions held in person and at Edina Community Center unless otherwise indicated

Community Woodshop

The Edina Community Woodshop is back for another year! With improved equipment and tools, our space is ready for you to reconnect with your craft and with the community. The only thing that hasn't changed is the camaraderie and the new friends to make.

Women's Woodworking Workshop Fall

Taught by Edina Woodcrafters

Develop your woodworking skills in a supportive, learning-oriented environment. The woodshop is equipped with major power equipment and hand tools as well as a paint room. Plus, you'll have access to ideas for projects as well as advice and support from an experienced woodworker. Please read all Community Woodshop policies online.

For Beginners

Mondays, 6:00-9:00pm **Sep 12-Nov 7**
9 sessions: \$107 912-231

Open for All

Wednesdays, 6:00-9:00pm **Sep 14-Nov 9**
9 sessions: \$107 328-232

Woodshop Orientation

Taught by Edina Woodcrafters

Your first step in woodworking is this workshop, where you will become familiar with the safe operation of all of the power equipment and tools, learn basic elements of woodworking, and review and shop procedures. Create a wooden bread board and leave prepared to do your own woodworking projects. Note: This orientation is required for all new members of the Open Wood Shop.

Tues/Thur/Sat, 6:00-9:00pm **Sep 20-Sep 24**
3 sessions: \$95 919-233

Open Woodshop Fall

Taught by Edina Woodcrafters

Join a lively and supportive community of men and women committed to the craft of woodworking, and always available to lend advice and support. Our woodshop is equipped with major power equipment and hand tools as well as a paint room. Please read all Community Woodshop policies online.

Mondays-Fridays, 8:00am-12:00pm **Sep 12-Dec 16**
64 sessions: \$95 912-229

No class 9/26, 11/8, 11/23, 11/24, 11/25, 12/2

Tues/Thur/Sat, 6:00-9:00pm **Sep 13-Dec 17**
39 sessions: \$95 912-230

No class 11/8, 11/24, 11/26

Maker Series

Wine Glass Painting

Taught by Emily Gagnon

Sometimes a simple wine glass just won't do! Come create your own custom hand painted wine glasses, perfect to keep or give as a gift. Cost includes two wine glasses and supplies.

Thursday, 5:30-8:00pm **Sep 29**
1 session: \$36 926-287

Halloween Soap Party

Taught by Raulla S. Mitchell

Make lots of fun & easy gently cleansing sulfate-free Halloween soaps in non-scary shapes: pumpkins, ghosts, bats, spider webs, witches hats,..using candy fragrance oils: cotton candy, marshmallow, bubble gum, pink lemonade, margarita lime, orange cream, frosting, cupcake, etc. Fun party gifts!

Tuesday, 6:00-9:00pm **Oct 25**
1 session: \$65 1024-240

Autumn & Holiday Gift Soaps

Taught by Raulla S. Mitchell

Make lots of fun & easy moisturizing sulfate-free soaps in holiday shapes: gingerbread boys, ornaments, trees, snowflakes, snowmen..) using luscious holiday fragrances: almond, vanilla, orange cream, berries, sugar plum, etc Grab family, friends, neighbors and join our holiday soap making party!

Tuesday, 6:00-9:00pm **Nov 15**
1 session: \$65 1114-241

Holiday Bath Melts

Taught by Raulla S. Mitchell

Make fun, easy & luxurious bath melts with natural nutrient & vitamin rich oils and butters to soothe driest skin all winter long. Luscious fragrances: orange cream, berries, sugar plum, almond, biscotti, almond.. Grab fam & friends for our bath melt party just in time to make amazing holiday gifts!

Tuesday, 6:00-9:00pm **Dec 13**
1 session: \$65 1212-242

DIY Fall Floral Centerpiece

Taught by Anna Underdahl

Just in time for those festive family gatherings! Learn tips and tricks from a trained florist who will lead you through all you need to know in creating a fresh floral centerpiece just in time for your family gatherings. All supplies provided. Participants will leave with a completed centerpiece.

Monday, 6:00-7:00pm **Nov 21**
1 session: \$65 1121-327

DIY Festive Floral Centerpiece

Taught by Anna Underdahl

Just in time for those festive family gatherings! Learn tips and tricks from a trained florist who will lead you through all you need to know in creating a fresh floral centerpiece just in time for your family gatherings. All supplies provided. Participants will leave with a completed centerpiece.

Tuesday, 6:00-7:00pm **Dec 20**
1 session: \$65 1219-328

Maker Series: What's Cookin' Card Class

Taught by Betsy Madson

Who in your world would love to get a note from you in the mail? Wouldn't they love to receive that note on a card that you made yourself? In this class participants will make an oven pop-up card and 1 or 2 other cooking related cards. Registered children 12+ welcome with a registered adult.

Tuesday, 6:00-7:30pm **Sep 20**
1 session: \$30 920-318



Maker Series: DIY Halloween Cards

Taught by Betsy Madson

It's time to level up your correspondence. Join other crafty people to create some cute Halloween cards you can send out to let your favorite goblins to let them know you are think thinking of them. Makers will leave with one 3D Card and 2 additional seasonal cards. Registered children 12+ welcome with a registered adult.

Tuesday, 6:00-7:30pm **Oct 4**
1 session: \$30 1003-321

Maker Series: Holiday Card DIY Extravaganza

Taught by Betsy Madson

'Tis the season for sending greetings to loved ones - made more special with card that you made yourself! Join other crafty people to put together these darling cards. In this class, Makers will get busy crafting several holiday themed cards. Join us for an evening of creativity! Registered children 12+ welcome with a registered adult.

Tuesday, 6:00-7:30pm **Nov 1**
1 session: \$30 1101-309

Maker Series: DIY Everyday Cards

Taught by Betsy Madson

Do you ever find yourself with a last minute need for a card? We can help with that! Join other crafty people to create a stash of cards you can send out to let your loved ones know that you are thinking of them. Makers will leave with a variety of completed cards. Registered children 12+ welcome with a registered adult.

Tuesday, 6:00-7:30pm **Nov 29**
1 session: \$30 1128-322



To register, visit edina.ce.eleyo.com

Maker Mondays

with Jan Hagerman

Registered children 12 and above welcome with a registered adult in these classes

Maker Mondays: Owl Stuffies

Gather with friends old and new while you learn new skills and create something special. These adorable stuffie owls are a fun textile project using upcycled material. Make one for yourself or gift to someone special.

Monday, 1:00-3:00pm **Sep 12**
1 session: \$35 912-299

Monday, 6:00-8:00pm **Oct 10**
1 session: \$35 1010-304

Maker Mondays: Fall Felt Wreath

Gather with friends old and new while you learn new skills and create something special. Gather to create this lovely fall felt wreath. It is the perfect splash of decor to make for a festive autumn.

Monday, 6:00-8:00pm **Sep 12**
1 session: \$45 912-300

Monday, 1:00-3:00pm **Oct 10**
1 session: \$45 1010-303

Maker Mondays: Basic Embroidery Stitches

Gather with friends old and new while you learn new skills and create something special. We will be starting at the beginning. Come learn some basic embroidery stitches. This will lay the groundwork for unlimited future embroidery projects!

Monday, 6:00-8:00pm **Sep 26**
1 session: \$25 926-302

Monday, 1:00-3:00pm **Oct 24**
1 session: \$25 1024-305

Maker Mondays: Velvet Pumpkins

Gather with friends old and new while you learn new skills and create something special. Velvet pumpkins are a great craft to learn. Come to the makers space to learn how to make them. They make darling decor and fantastic gifts!

Monday, 1:00-3:00pm **Sep 26**
1 session: \$35 926-301

Maker Mondays: Shashiko (Visible Mending)

Gather with friends old and new while you learn new skills and create something special. Visible mending is the intersection of creativity and practicality. Come learn the basics of Shashiko mending. Shashiko mending is a Japanese traditional skill that has been finding it's way into the mainstream. Here is your chance to learn a useful and creative skill.

Monday, 6:00-8:00pm **Oct 24**
1 session: \$35 1024-306

Maker Mondays: Snowflake Coaster

Gather with friends old and new while you learn new skills and create something special. It is gift season! It is also a season to gather. Join community makers and create these darling snowflake coasters. They will come in handy for hosting festivities or will make a very sweet gift.

Monday, 1:00-3:00pm **Nov 7**
1 session: \$45 1107-307

Maker Mondays: Scrap Fabric Garland

Gather with friends old and new while you learn new skills and create something special. Grandma would be so proud! You will be using fabric scraps to make this darling and festive garland. Waste not, want not.

Monday, 6:00-8:00pm **Nov 7**
1 session: \$45 1107-308

Monday, 1:00-3:00pm **Nov 14**
1 session: \$45 1114-309

Maker Mondays: Felt Dala Horse

Gather with friends old and new while you learn new skills and create something special. These adorable horses are a Swedish tradition. The symbol of these horses has come to mean strength and courage. What a wonderful sentiment to display or gift to someone special!

Monday, 6:00-8:00pm **Nov 14**
1 session: \$45 1114-310

Monday, 1:00-3:00pm **Dec 5**
1 session: \$45 1205-312

Maker Mondays: Wood Block Gingerbread House

Gather with friends old and new while you learn new skills and create something special. These adorable houses are a Swedish tradition. The symbol of these houses has come to mean strength and courage. What a wonderful sentiment to display or gift to someone special!

Monday, 6:00-8:00pm **Dec 5**
1 session: \$45 1205-313

Maker Mondays: Felt Dove

Gather with friends old and new while you learn new skills and create something special. Peace! Love! Joy! This darling felt dove represents all that makes the winter season so wonderful.

Monday, 1:00-3:00pm **Dec 19**
1 session: \$45 1219-314

Maker Mondays: Polymer Clay Ring Bowls

Gather with friends old and new while you learn new skills and create something special. Come learn how to create these modern ring bowls with polymer clay. Crafters will mold their marbled clay into ring bowls. The bowls will be baked and dressed up with a gold edge. Great as a handmade gift.

Monday, 6:00-8:00pm **Dec 19**
1 session: \$45 1219-316

Family

All sessions held at Edina Community Center.

Gender and Sexuality

Taught by Annex Teen Clinic

Gender and Sexuality are important identities that youth develop through their adolescence, but sometimes it can be confusing to know how to talk about it responsibly and accurately. The Annex Teen Clinic is here to help - caretakers will learn the basics and differences of gender and sexuality so they are equipped to engage their teens with curiosity and kindness.

Tuesday, 5:00-6:30pm **Sep 13**
1 session: \$25 912-392

Tech Talk - Creating Teachable Moments with Media

Taught by Annex Teen Clinic

Young people are more digitally connected than ever before. What messages are they getting from the media, and how is it affecting their relationships and self-confidence? Join us as we talk about the effect of media on young people, and how you can work with media to strengthen your parent-child connection and promote healthy decision making.

Tuesday, 5:00-6:30pm **Sep 20**
1 session: \$25 919-393

Birds & The Bees: How to Talk about Sex with Your Teen

Taught by Annex Teen Clinic

With all the information youth have access to at their fingertips, it can be hard to know what topics around sex they already know, how to approach it, if it's accurate, and how to offer the facts. In this group we will cover tactics of how to talk about sex in a factual manner that offers ways for youth to keep themselves and others safe and comfortable.

Tuesday, 5:00-6:30pm **Sep 27**
1 session: \$25 926-394



Early Warning Signs of Mental Health in Youth

Taught by Nancy Howe

Early Warning Signs is a workshop whose educational objectives are to help parents, guardians and foster parents learn early warning signs of mental illnesses and trauma, gain an understanding of the impact of mental illnesses and trauma on children and youth, and learn strategies to support children who live with an illness. Suicide warning signs and resources are also covered.

Tuesday, 6:30-8:00pm **Oct 25**
1 session: \$0 1024-339

Parenting-Kindergarten and Beyond

Taught by Molly Hey

Join us for an evening in which we dig into the joys and the struggles of parenting children as they transition into elementary school. We will learn about some of the behavior strategies that are implemented at many of the surrounding public schools to align your behavior management strategies at home. We will also cover the importance of sleep and strategies for how to get the most effective sleep for yourself and for your child(ren).

Wednesday, 5:00-6:30pm **Nov 2**
1 session: \$15 1031-366



Building Community

Being a part of a community can add meaning and great satisfaction to our lives. In addition to connecting with your friends and neighbors, we invite you to connect with us through volunteering, community outreach and involvement.

Volunteer Opportunities

“If our hopes of building a better and safer world are to become more than wishful thinking, we will need the engagement of volunteers more than ever.”

- Kofi Annan,
Nobel Peace Prize Recipient

Volunteers promote and strengthen partnerships between our schools and community. They help personalize instruction with individualized attention for learners, enrich curriculum, and can offer unique, multi-generational learning perspectives.

In turn, our community volunteers gain a sense of personal satisfaction and accomplishment, plus a greater knowledge and understanding of the school system. It’s a win-win!

Volunteer opportunities might include:

- Classroom assistance (art, reading, math and more)
- Before or after school tutoring support
- Help in school media centers

Interested in volunteering in Edina Public Schools?

Visit www.edinaschools.org/volunteer

Edina Resource Center

The Edina Resource Center is committed to making local resources, services and information easily accessible to our community. Services are free and confidential for anyone who lives, works or goes to school in Edina.

We work directly with families, individuals and organizations to help connect them to the appropriate provider(s) to meet their specific needs and questions such as:

- Where can I go if I need help with food or rent?
- How do I find local childcare providers?
- What kind of financial assistance is available?
- Where can I get health insurance? Are there no-cost clinics available?
- I’d like a tutor for my child.
- Who can help me get rides to medical appointments?
- What supports are available for seniors?

Connect with us!

- Call: 952-848-3936
- Email: contact@EdinaResourceCenter.com
- Visit: www.EdinaResourceCenter.com
- Stop by: Edina Community Center Welcome Center



WITH UP TO \$500 FROM EDINA GIVE AND GO



Need help financing fall activities?

Edina Give and Go removes financial barriers by providing individual grants to qualifying K-12 Edina Public Schools students. Visit edinagiveandgo.org/need-help to learn more.



Necesita ayuda para financiar actividades?

Edina Give and Go elimina las barreras financieras al proporcionar becas individuales a los estudiantes de las Escuelas Públicas de Edina K-12 que califican. Visite edinagiveandgo.org/need-help para más información.



Ma u baahan tahay caawimo maalgelinta hawlaha?

Edina Give and Go waxay meesha ka saaraysaa caqabadaha dhaqaale iyadoo siinaysa deeqo Shakhsiyeed ardayda K-12 Edina ee u qalma Dugsiyada Dadweynaha. Booqo edinagiveandgo.org/need-help si aad wax badan u barato.

952.848.4483

@ info@edinagiveandgo.org





Facilities Rental

Need a place for your group to meet? You're welcome in Edina public schools. Our school district is committed to making our district facilities available to our wider community. We believe that the use of our public-school facilities as community gathering centers for educational, recreational, cultural and civic activities promotes success, health and well-being across all ages.

Your group here!

When they are not in use for school-related activities, our meeting rooms, gathering spaces and activity areas are available to rent for a variety of activities:

- Concerts and cultural events
- Dance competitions
- Swim meets
- Field events
- Basketball tournaments
- And more...

For more information

Visit community.edinaschools.org/facilities or call 952-848-3963

With great generosity comes great reward.

Your time donation makes a difference in the lives of others; in return, they enrich yours.



952-681-6109
METROSOUTH.ORG

Metro South Education
Adult Basic
ESL • ADULT DIPLOMA • GED

This program is partially funded with a grant from the Minnesota Department of Education using state and/or federal funding, Minnesota Statute Section 124D.522 and/or CFDA 84.002, Adult Basic Education-Grants to States. A proud partner of the American Job Center network.

HELP WITH ADULT DIPLOMA • GED • COLLEGE PREP • CAREER PATHWAYS

Learning Exchange

Customized Community Education Classes Serving Adults with Disabilities as part of AR&LE

Learning Exchange offers a wide variety of classes for adults ages 18 and older with disabilities through the Bloomington, Eden Prairie, Edina, and Richfield school districts. Classes include cooking, crafts, fitness, personal development, and more fun activities.

Schedule

In person and online classes through early June will be posted at ARLEmn.org.

Web Page

For our web page, go to www.ARLEMN.org, and scroll to the bottom of the page for Learning Exchange links.

Registration Site

Log in or create an account to register for programs at <https://bloomington.ce.eleyo.com>

For more information

Leave a message at 952-681-6121 or email jclarke@isd271.org



YES. Life CAN be better.



Call for FREE Adult ESL (English) Classes

- ADULT DIPLOMA • GED
- COLLEGE PREP
- CAREER PATHWAYS

952-681-6170
METROSOUTH.ORG

Metro South Education
Adult Basic
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A D U L T B A S I C E D U C A T I O N

Community Ed for All

We're committed to connecting all members of the community with our programming, and to helping them get the most out of it.



Disability Accommodations

We aim to provide support for learners with special needs who want to participate in our programs.

For EPS students

Edina Community Ed can provide some additional support for learners with special needs who participate in our programs. Support for care and enrichment programs beyond the school day differs from support written into IEP and 504 plans. We rely on strong communication and partnership with parents/guardians to plan ahead and help us ensure that all students can grow and thrive in our programs! If your child will need additional support in our youth programs, please connect with our team at least two weeks before the program start date.

Tim Faklis, Community Ed Manager for Inclusion:
Tim.Faklis@edinaschools.org

For adults with disabilities

For accommodations, call Learning Exchange at 952-681-6121 or email jclarke@isd271.org at least 10 business days before your class.

Financial Assistance

We are committed to ensuring that all learners have access to our classes and programs. We regularly offer financial assistance and partner with Edina Give & Go for additional resources.

For more information, call 952-848-3952 or go to communityed.edinaschools.org/register and select "financial assistance" from top menu.

Non-Discrimination Policy

Edina Public Schools District 273 has a nondiscrimination policy on the basis of race, color, creed, religion, national origin, sex, age, disability, marital status or status with regard to public assistance in its educational programs, activities and employment practices.

Registration Information

Four easy ways to register!



Online:
edina.ce.eleyo.com



Email:
communityed@edinaschools.org



Phone:
(952) 848-3952

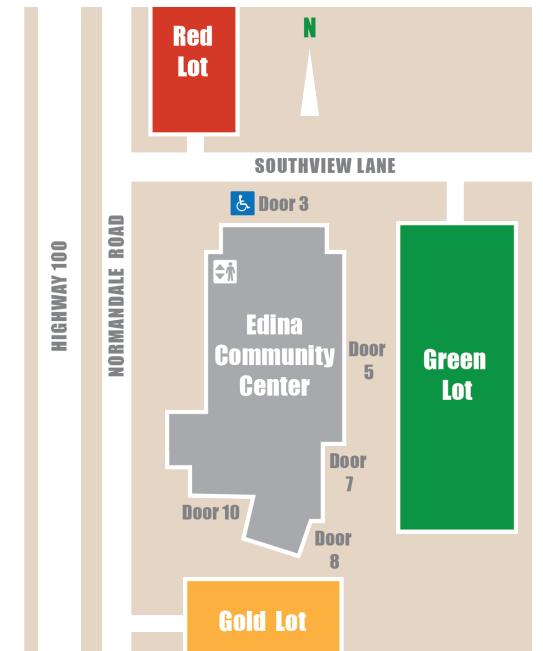


In Person: M-F, 8am - 4pm
at the Edina Community Center

Have questions? We're here to help!

Email us:
communityed@edinaschools.org

Call us:
(952) 848-3952



Edina Community Center

5701 Normandale Road, Edina, MN 55424

The Edina Community Center is home to Community Ed, the Early Learning Center, Normandale Elementary School, the District Office, and the District Enrollment Office.

Entrance and parking information:

Main Community Entrance: Door 3

Parking is available in the Red Lot.

Early Learning Center Entrance: Door 5

Park in the Green Lot.

Normandale Elementary: Door 10

Park in the Gold Lot.

Gym Entrances: Doors 7/9

Park in the Green Lot.

Edina Community Ed Policies and Procedures

Cancellation and Refund Policy

We hate to do it, but sometimes Edina Community Ed has to cancel a class due to weather, low enrollment, or other evolving situations. And sometimes you need to cancel a class. We understand. Schedules and priorities change.

Please visit our website at communityed.edinaschools.org and click on "Register" to learn more about cancellation timelines, refunds, credit slips and fees for all of our programs, in addition to information about weather-related cancellations, late pick-up fees and more.

Photo Consent

Unless you notify Edina Community Ed, photos will be taken within Community Ed classes/programs/activities may be included in Community Ed publications

Data Privacy

Your privacy is important to us. The registration information you provide to Edina Community Ed is considered private data under state and federal law. We use the information you provide for the purposes of administering the activity and to contact you about upcoming activities. While you may choose to withhold this information, there may be consequences that could limit the distribution of information to the participant (e.g., no team roster or class confirmation). Access to contact information is limited to individuals involved in the activity.

Satisfaction Guaranteed

If for any reason you are not happy with the quality of one of our community education programs, classes or activities, we want to know about it. We work hard to offer high-quality programming that meets the needs of learners of all ages, stages, abilities and interests and to recruit dynamic, enthusiastic teachers who care about learning for life and connecting community. Please call us at (952) 848-3952 to offer your constructive feedback, and we will be glad to work with you to make things right.

Connect with us all year!

Use this calendar of important dates so you don't miss a thing!

Adult Programs

Lifelong Learning • Fitness •
Volunteering • Parenting

AUGUST 16
Registration for Fall Classes &
Programs

AUGUST
Applications open for 2022-23
School Year Volunteer Programs

DECEMBER 6
Registration for Winter/Spring
Classes & Programs

APRIL-MAY
Applications open for Summer
Volunteer Programs

MAY
Registration for Summer Classes
& Programs

Youth Programs

Elementary Schools • Middle
Schools • Edina High School

AUGUST 16
Registration for Fall Enrichment
Classes & Middle School Programs

OCTOBER-NOVEMBER
Application Period for EHS
Community Service Letter
Program

DECEMBER 6
Registration for Winter/Spring
Enrichment Classes & Middle
School Programs

FEBRUARY 14
Registration for Summer
Enrichment Classes

APRIL-MAY
Application Period for Summer
Volunteer Programs

Early Learning Center

Early Childhood Family Education
(ECFE) • Preschool

DECEMBER 6
Registration for Winter/Spring
Classes & Programs

JANUARY 24
Registration for School Year
2023-24 ECFE & Preschool

FEBRUARY 14
Registration for Summer
Enrichment Classes



**Scan Here to
Register**

