

K I N D E R G A R T E N

R E A D I N E S S



Using my words

- Use words to ask and answer questions
- Listen to and follow 2- or 3-step directions
- Sing songs and do finger plays
- Express thoughts, feelings, and ideas
- Carry on a short conversation
- Use rhyming words



Using my brain

- Sort items by shape, size, and color
- Touch and count objects to 10
- Write some letters
- Recognize numbers 0-10
- Recognize my name in print



How I learn

- Solve problems on my own
- Explore and explain what I'm doing
- Continue trying even when I'm discouraged
- Use my creativity and imagination
- Try new activities
- Use my senses



Managing emotions and relationships

- Engage with other children in pretend play
- Follow a predictable routine
- Manage my emotions with help
- Separate easily from family members and caregivers
- Respect and care for others – recognize others' feelings, respect others' space and abilities, recognize and accept differences
- Wait and take turns



Using my muscles

- Dress myself – fasten buttons, hook zippers, snap snaps, put on shoes and socks
- Take care of my body – use the bathroom, wash my hands, use a tissue, brush teeth
- Be active – jump, run, climb, hop, throw, kick, catch, balance on one foot
- Hold and use pencils and crayons correctly
- Cut with scissors; pick up small objects
- Open snack and food wrappers on my own



St. Clair County
Early Childhood Services
www.sccresa.org

Learn more: GreatStartStClair.org



This work is licensed under the Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License. To view a copy of this license, visit <http://creativecommons.org/licenses/by-nc-nd/4.0/>.



Using my words (Language development)

My parents help by...

- Asking me who, what, when, where, and why questions
- Having a conversation with me and explaining things to me
- Listening to my stories
- Talking with me about my feelings



How I learn (Approaches to learning)

My parents help by...

- Encouraging my curiosity, initiative, and ability to expand my learning
- Giving me opportunities to use my senses, including getting messy
- Giving me extra time to solve problems on my own
- Limiting my screen time so I have more opportunities to learn



Using my brain (Cognitive development)

My parents help by...

- Teaching me to recognize the letters in my name
- Letting me count items out loud and by touch
- Letting me sort items by size, shape, and color
- Playing games that allow me to find different letters and numbers



Managing my emotions (Social & emotional development)

My parents help by...

- Modeling the skills I need to manage my emotions – taking deep breaths, having time alone, staying calm
- Teaching me the names of my feelings
- Giving me a consistent routine



Using my muscles (Physical development)

My parents help by...

- Supervising and showing me how to use scissors
- Allowing enough time for me to dress myself
- Being active with me outside
- Giving me enough sleep, healthy foods, and limiting screen time

