



Summer 2013

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# The legacy continues 10

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Benilde-St.Margaret's



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The BSM crest Veritas-truth; Pietas-holiness, dutiful conduct; Scientia-knowledge; Crown-St. Margaret's; Knight-Benilde; three Benedictine Crosses

The Crown & Shield is published by the Benilde-St. Margaret's (BSM) alumni department for graduates, students, families and friends of BSM. Let us know about the many ways that the Spirit of BSM manifests itself through giving to BSM, action inside and outside the classroom, and the commitment to living our Mission and Vision. Please send general story ideas and photos (at least 1 mb in size) to alumni@BSMschool.org.

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# on the cover

Thirty-four graduating seniors are continuing the legacy of their parents: back row (l-r) T.J. Moore, Emma Lysne, Zach Gionet, Paul Lundberg, Ben Conley, Jack Munkeby, Brian Kretsch, Anthony Koch, Spencer Shaver, Patrick Graham, Chris Hickok, Maria Williams, and Jackie Scherer; 4th row (l-r) Thomas Gorrilla, Jake Sherman, and Jake Szarzynski; 3rd row (I-r) Emily Egge, Paige Lawlor, Nate Germscheid, Megan Keefe, Connor Allen, Giulia Imholte, and Elle Scott; 2nd row (l-r) Shannon Galvin, Rachel Binish, Lindsay Effertz, and Rachel Frenz; 1st row (I-r) Kayla Randall, Kaitlin Duda, Eric Von Kampen, and Jeff Laux.

Check out the cover story on pages 4-5 to make the connections.

Not on the Cover-

Three graduates with alum parents were not available for the cover shot: (I-r) Sean Gordon, Louise Hurley, Matt Kaminiski



# PRESIDENT'S LETTER

"This Crown & Shield applauds our students" achievements..."



Look around. Numbers are everywhere, and they tell a story. Find them on the freeway and the phone and in our families. They make sense of architecture, sculpture, music, and poetry. Baseball is a statistician's game. Numbers tell stories of accomplishments and expectations.

This issue of the *Crown & Shield* applauds our students' achievements and reminds us of a few numbers that are important to the Benilde-St. Margaret's community – 214, six, 34, 10,400, and one.

The Class of 2013 has walked the final mile as students. They now join the ranks of nearly 14,000 alumni. We have enjoyed teaching and learning from the 214 Red Knights who graduated on May 31. Their stories fill these pages. Congratulations. We couldn't be more proud of all of them.

Six seniors were named class valedictorian; another six, salutatorian. Combine their stories and you begin to see the complexity of the student body that makes the BSM experience so rich. They exemplify the balance of body, spirit, and mind that we strive for at BSM.

Every student is a mixture of personality, ambition, dedication, values, and family. Thirty-four graduating seniors have an

added dimension of growing up in a Red Knight family. As an alumnus and the parent of two alumni and two current students, I know about how that pride in a shared alma mater can bind us together.

**Corinna Colwell Conley** knows it, too. She's a member of the Class of 1979 and a parent of two alumni and one current student. Corrina is also the first alumna to serve as the president of the BSM Parent Association. She's a numbers person. Her skills will serve her, and the community, well as she leads her fellow parents in their important work of volunteer service and fundraising on which BSM depends.

The long winter of 2012-2013 reminded us that warm days in Minnesota are numbered. But, the warmth of being a member of the BSM community is infinite. Enjoy the summer. See you soon.

Sincerely

Bob Tift '71 President



The graduation ceremony at BSM marks the successful completion of high school, the pursuit of new endeavors and a rite of passage from the ranks of college-preparatory to college-bound. For 34 seniors in the Class of 2013, however, it also means continuing a legacy started or perpetuated by their parents whom also attended school here, decades before.

These seniors already know what being an alum from St. Margaret's Academy, Benilde High School or Benilde-St. Margaret's means. It means you are part of a larger community, one that keeps and cares for its own, one that embodies the values of leadership, confidence and service, and one that cherishes its roots and makes sacrifices to uphold tradition. Highlighted here are several stories telling why some of these alums-turned-parents chose to return to BSM and what their experience has been like.

For many of the alums with a graduating senior this year, the decision to send their child(ren) to Benilde-St. Margaret's was an easy one. They knew first-hand their child(ren) would receive the benefit of a smaller class size, a college-preparatory curriculum and high quality teachers with a passion for what they do. Alumna Maureen Hastings Shaver '79, mother of senior Spencer Shaver, also reveals that the benefits she sought were not limited to the classroom; my husband Craig

and I knew "BSM would hold our boys accountable to give back to their community." And Maureen was right. As a nationally recognized school for its servant leadership program, Benilde-St. Margaret's has put service-learning on the map. At the core of Benilde-St. Margaret's mission as a Catholic school is the long-held tradition of service-learning. All students experience an aspect of service through their theology classes. However, service initiatives can be found across all disciplines, and service-learning has become the culture at BSM.

The sense of family is what lured **Elle Scott's** mother, **Beth** Fitzgerald Scott '82, and her daughters to BSM. "I had an incredible high school experience," notes Beth. "BSM is such a tradition in my own family that I always felt like BSM was home." Beth cites that this sense of community helps give BSM a secret ingredient that connects students to tradition and gives them the awareness that they are part of something larger than themselves. Feeling at *home* in high school also allows students the security to fit in. Rachael Scherer, a 1978 BSM alumna and



Hurlev '81



22 Anne Ford Moore '81 23 Steve Frenz '82

24 Andrea Thraen













25 John Gordon '82 Scott '82

26 Elizabeth Fitzgerald

27 Veronica Campion '83 28 Eileen Fleming Eaae '83

29 Chris Hickok '83

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Susan Vennewitz Kaminski '76

8 Diane Loftus '77

9 Kevin Kretsch '77

10 Laura Tickle Von Kampen '77

11 Kathleen Fitzgerald Allen '78

12 Rachael Scherer '78 13 Therese Sonsalla '78 14 Corrina Colwell

15 Leon Duda'79 Conley '79

mother to senior Giulia Imholte had this to say of her daughter Giulia's positive experience in high school, "She has always felt there was a place for her at BSM."

Graduating senior Rachel Binish has two parents who attended Benilde-St. Margaret's, Teresa Link Binish and Joe **Binish**, from the Class of 1985. While Rachel had a few of the same teachers that her parents had (Mr. Wander, Mr. Lex and Mr. Jeremiah), one big difference they found in the curriculum today is the Advanced Competitive Science Program. The ACS curriculum at BSM is a conceptual engineering program in which students explore mechanical and electrical systems through fabrication and assemblies; design processes utilizing 3D modeling tools; and control systems incorporating sensor interfacing, motion control and embedded logic programming. "I really liked BSM and I loved the engineering program," Rachel says of her experience at Benilde-St. Margaret's. She is headed to the Netherlands this summer to compete at the Robocup competition with 15 of her classmates as the only high school entry in a sea of international college opponents. It is not surprising that Rachel is headed to the University of Minnesota next year to pursue a degree in engineering.

Legacy is yet another important factor that motivates some parents to follow in the footsteps of previous generations. The history of St. Margaret's Academy, Benilde High School, and Benilde-St. Margaret's is full of families that have committed to Catholic education and sent generation after generation through these doors. This tradition itself connects families and fosters a sense of pride in Catholic school roots. St. Margaret's alumna Mary Kaye Anderson Gorrilla '74, mother of graduating senior Thomas Gorrilla, chose Benilde-St. Margaret's for her children not only because it was faith-based, but also because her children would be the fourth generation in her family to attend. Mary Kaye, her mother and her grandmother were all graduates of St. Margaret's Academy.

Making the decision to send your child(ren) to BSM is a commitment that sometimes involves sacrifices for parents as well as students. Although many would agree that giving your child the opportunity to attend a faith-based, academically challenging, service-orientated high school is somewhat of an easy decision, the financial complications make it a tough choice for many in today's economy. Dr. Paul Williams, a 1974 Benilde High School graduate and parent to senior Maria Williams, admits that while there is a huge financial impact on families when considering the tuition, "You remodel your life and you find ways to make it work." Paul feels strongly that the Christian environment he was exposed to in high school opened doors and inspired him to continue his education to medical school. For Paul and his wife Kristi Jo, evidence that their financial sacrifice to send their children to BSM has paid off can be seen every day in the confidence and pride that has blossomed in their daughter Maria.

Although the curriculum is different, the physical layout of the building has changed and many (but not all) of the faculty have retired since the parents of the 34 graduating seniors walked these halls years ago, there are many things that remain the same for this group of alumni. It is still an institution committed to maintaining high standards for faith formation and education, for fostering a sense of community among students and their families and for carrying on what was established by the Sisters of St. Joseph, the Christian Brothers, and the Benedictines. Congratulations to the seniors. We welcome you into the ranks of alumni and hope you will continue this legacy as well.









18 Chris Koch '79





19 Maureen Hastings Sherman '80



Sauter '83



31 Joe Binish '85

32 Teresa Link Binish '85

33 Eric Munkeby '85

34 Lorrie Scott Randall '85









Shaver '79



37 Jeff Laux '94

38 Laura Reagan Laux '94

## **INSIDE** the Classroom

This is the first year BSM has offered Advanced Placement Studio Art. The ability to earn college credit without taking a written exam is a wonderful opportunity, but it's certainly not easy. It takes most students a minimum of two years and a great deal of time outside the classroom to create the volume of work required by the College Board. Each artist works with a concentration, or theme, that he or she develops and grows over time.

One student's collection of work took root in her social justice class. Senior **Morgan Larson's** theme for her 3D clay and sculpture portfolio is poverty. "I originally learned about poverty in religion; I thought it would be interesting to see how it translated into art." The title of Morgan's portfolio is "Pour for the Poor." The concept evolved from pieces conveying the darkness of living in poverty to works highlighting the plight of the poor in specific cultures. From a historical perspective Morgan has created pitchers representing ancient Greece, Native Americans and the Moche civilization from Peru. The plight of the Hindi in



Morgan is pictured with other art students from the Class of 2013: (l-r) Jennifer Roberts, Benjamin Clark, Morgan, and Matteo Potter.

India and American Veterans are also featured in her collection. Each piece is designed to include traditional symbols alongside modern day facts, quotes and statistics.

Pour for the Poor is just one example of the 21 portfolios being submitted to the College Board this year. Next year, 30 students will continue to pour their talents and creativity into these meaningful projects.

**HUNGING** 

Write, produce and st

Record in IMovie

## **OUTSIDE** the Classroom

When Spanish teacher Maggie Masica approached service-learning coordinator **Lisa Lenhart-Murphy** '86 looking for ways to incorporate servant leadership into her classroom, Lisa didn't have an immediate solution. But when fellow teacher Alisa May mentioned in conversation that her son

has had no exposure to Spanish at his grade school because of budget constraints, the solution was clear to everyone.

Mrs. Masica's Spanish 4 class set to the task of creating an entire first-year Spanish curriculum for St. Peter's School in Delano. The students were divided into small groups. Each group was assigned a simple concept, such as colors or numbers, in Spanish. Their challenge was to write, produce and star in an interactive teaching video. Some students composed their own songs; others invented games to introduce new vocabulary concepts. When their lessons were complete, they recorded them in IMovie and uploaded them to GoogleDocs to share with St. Peter's. Each group rounded out their lesson with a corresponding worksheet for the teacher to print out. When played in the classroom and paused for verbal practice, with written exercises and reinforcement activities, each video resulted in a complete 15-20 minute Spanish lesson.

The student's enthusiasm was contagious. **Samantha Letscher** '14 had this to say about the project, "It was nice to have a place to apply our Spanish outside of the classroom." **Katie Burns** '14 added, "It was fun to do a project that went to kids who were actually going to use the final product." Mrs. Masica is very proud of her class's work. "I was so impressed with their creativity and attention to detail. The video lessons are amazing."

# Parent service—a long tradition

Parents have long made BSM great. One group that has led that charge for generations is the Parent Association. The Parent Association began as the Mother's Club at Benilde and has welcomed, fed, educated, entertained and raised funds for our community ever since. Their contributions have been powerful and countless.

The Mother's Club was the bedrock for hands-on parent volunteerism. Mina Harrigan, Mother's Club president in 1990, notes that, "There are now so many ways for parents to volunteer, but at that time the Mother's Club was the parent volunteer organization." During her time, the conversations started on how to make the Mother's Club more inclusive, and they started laying the groundwork for the Mother's Club to become a parent organization.

That change officially happened in 1996 during Sheila Lind's tenure as president when the Mother's Club became the Parent Association. Though the Mother's Club had a long and wonderful history, it was time to become a more inclusive parents' club. The change officially welcomed men to serve on the board. Dads had been active volunteers at various events but could now assume a leadership role.

Every year the Parent Association executes an exhaustive list of community-building events and fundraisers for the school. They're always evolving to fit the needs of the time and striving to keep their events relevant and fun. They start new events and end old ones, all with the school's best interest in mind: Christmas Bizarre, Antique Show, Wintergreen, Funky to Formal, Knightsbridge, Rummage Sale, Treasure Hunt, Knight School, Family Cookouts, Homecoming Activities, Senior Grad Party, Spirit Shop, Plant Sales, Mom's and Dad's Night Out.

All of the proceeds from the fundraisers go directly back to the school. Library renovations, digital signage, prom buses, drug prevention programs, class retreats, class speakers, technology enhancements, and scholarships for academic leaders are just a few of the most recent gifts that BSM has received from the Parent Association. This year is an especially historic one for the Parent Association as it is being led by a BSM alumna for the first time, **Corrina Colwell Conley** '79. Mother to three Red Knights, Corrina said the Parent Association's recent efforts have really focused on welcoming the entire family when a student enrolls at BSM. Their goal is for the parents to feel con-



nected to BSM, feel the support of the community and the legacy of faith, community and excellence in education.

The Parent Association strives to find meaningful ways for parents to connect with the school and, more importantly, for parents to connect with their kids during the high school years. Social programs such as father-daughter, mother-son, and Knightsbridge are geared for parents and students to have fun together while building connections and positive memories associated with high school and BSM. They have also focused on their monthly speaker series, now called Just for Parents, that helps parents raise their children in a positive environment.

Coming as no surprise, all of the Parent Association members say they received much more than they ever gave through their volunteer efforts. Dear friends to this day with people they volunteered with decades ago, they stay in touch through book clubs and other BSM events, long after their kids have left the BSM halls. Jane Ford, Mother's Club president in 1981, perhaps summed it up best when she said, "It was a real privilege to serve and send our daughters there. I wish everyone could go to BSM. It's such a good product. It was a great school then and it's even better now!"

Thanks to the deep generosity and outstanding leadership of the Parent Association, she's perfectly right.



# Valedictorians move on with confidence

The six young ladies with perfect 4.0 GPAs did not spend all of their time studying.

They were very involved Red Knights who shared their gifts with a myriad of activities.

Their comments about their BSM years reflect the variety of lessons they've learned.

From California to the Boston harbor—and places in between—universities will benefit from their talents.

#### **Anne Arnason**

College/University: University of Notre Dame Predicted Major, Activity[ies]: Biology High School Activities: Soccer (9-12), Hockey (9-12), Track & Field (9-12), Knightlife, (9-11), Concert & Pep Band (9), Students Against Cancer Club (9-10), Rwanda Trip (10), Link Crew (11-12), Knight Errant (12), Yearbook (10-11), RKVC (9-12), NHS, (11-12), World Language Honor Society (10-12), Peer Ministry, Eucharistic Ministry

#### **Catherine Cole**

College/University: Boston College Predicted Major, Activity(ies): Political Science (Presidential Scholars Program), Swimming High School Activities: Speech (9-12), Swim & Dive (9-12), Microeconomics Club (9-12), Student Council (9-12), NHS (11-12), World Language Honor Society (11-12)

#### Liza Magill

College/University: Boston College Predicted Major, Activity[ies]: Political Science/International Relations (Presidential Scholars Program) High School Activities: NHS (11-12), Speech (9-12), Debate (10-12), Drama (9-12), Choir (9-12), Knight Errant (11-12), Math League (9-12), Student Council (10-12), Link Crew (11-12), Girls' Swim Team Manager (11-12), RKVC (9-12), Peer Ministry (12), Guatemala Mission Trip (11)

#### Amanda Semler

College/University: University of Southern California Predicted Major, Activity(ies): Science High School Activities: Swim & Dive (9-12), Track & Field (11-12), Peer Ministry (12), RKVC (9-12), NHS (11-12), World Language Honor Society (10-12)

#### Katie Sisk

College/University: University of Notre Dame Predicted Major, Activity(ies): English/Journalism High School Activities: Knight Errant (10-12), Dance Team (10-12), Speech (9-11), Students for Human Life (10-12), NHS (11-12), Peer Ministry (12), Sailing (11), RKVC (9-12), World Language Honor Society (10-12), Concert & Pep Band (9)

#### **Elizabeth Vertina**

College/University: University of Minnesota-Twin Cities Predicted Major, Activity(ies): Mechanical Engineering High School Activities: Nordic Skiing (9-12), Track & Field (10-12), NHS (11-12), Cross Country (10-12), Math Team (9-12), RKVC (9-12), Peer Ministry (12), RoboRescue Team (12), Concert & Pep Band (9), Soccer (9), Softball (9) <sup>66</sup> The most important thing I've learned from BSM is how to weave my morals, values, and faith into everything else I do. It's something I'll carry with me for the rest of my life."

- **66** BSM is a community where people give back. It's not about furthering your own agenda but about contributing to the good of everyone."
- **66** BSM has taught me that facts and ideas memorized for tests and classes are important, but that real learning is much bigger. To truly learn, you find something you love and you learn all that you can about it—classroom learning. But you also take that knowledge and apply it into your life, whether that be a dinnertime conversation or the beginning of a life-long service project. BSM prepares you for real life."
- **Solution** Solution for the second second
- <sup>66</sup> BSM has supported me in my endeavors by consistently offering new opportunities that help me grow in the areas I have interest in. I've received only encouragement from the BSM community, and I have yet to meet a road block that I haven't been able to overcome with the tools BSM has given me."
- <sup>66</sup> Advice I have for incoming students [is to] take advantage of this time to learn about yourself. Don't be afraid to take some positive risks, like trying a sport for the first time or making some new friends."

With varied talents and interests the six salutatorians feel very well prepared to move on. They are grateful for their faith-based education and the support they received at BSM. As they head to five different states to continue their education, they offer words of advice to younger students.



Rachel Binish, Mikey Koller, Tara Fan, Elle Scott, Daniel Letscher and Maddie Carras

#### **Rachel Binish**

College/University: University of Minnesota-Twin Cities, College of Science & Engineering Predicted Major, Activity(ies): Chemical Engineering High School Activities: Concert & Pep Band (9-10), Drama (9-12), RKVC (9-12), Peer Ministry (12), RoboRescue Team (12), NHS (11-12), World Language Honor Society (10-12)

#### **Madeline Carras**

College/University: Hamilton College (Clinton, NY) Predicted Major, Activity(ies): Biology/Pre-Med, Hockey High School Activities: Hockey (9-12), Track & Field (12), Swim & Dive (9-10), Student Council (11-12), NHS (11-12), Band (9-12)

#### Tara Fan

College/University: Duke University, Pratt School of Engineering Predicted Major, Activity[ies]: Mechanical Engineering/Pre-Law High School Activities: World Language Honor Society (10-11), NHS (11-12), Student Council (11), Link Crew (11-12), Red Carpet Club (9), Peer Ministry (12), Basketball Coach (12), RKVC (9-12), Knightlife (10), Basketball (9-11), Table Tennis (9-12), Volleyball (9-12)

#### Michael Koller

College/University: University of Notre Dame Predicted Major, Activity(ies): Pre-Med High School Activities: Student Council (11-12), NHS (11-12), RKVC (9-12), Link Crew (11-12), Football (10-12), Lacrosse (9-11), Soccer (9), Basketball (9), Math League (10-12), World Language Honor Society (10-12), Red Carpet Club (9-10), Knightlife (11-12), Students for Human Life (11), Students Against Cancer (11)

#### **Daniel Letscher**

College/University: Northwestern University Predicted Major, Activity(ies): Economics High School Activities: RKVC (9-12), Knowledge Bowl (9-12), Pep Band (9-12), Golf (9-11), NHS (11-12), Student Leadership Forum (12), RoboRescue Team (12), World Language Honor Society (10-12), Band (9-12), Audiovisual Crew (10-12), Science Camp (12)

#### Elle Scott

College/University: University of Notre Dame Predicted Major, Activity[ies]: Biomedical Engineering, Spanish (minor) High School Activities: Speech (9-12), RoboRescue Team (12), Soccer (9-10), Basketball (9-11), Track & Field (10-12), Drama (11), RKVC (9-12),NHS (11-12), Knightlife (9-12), Students for Human Life (9-12), Link Crew (12), NHS (11-12), Swim & Dive Team (11-12), Swim & Dive Team Manager (11) a complete understanding of the subject. I know I am prepared for college as well as the business world."

**ff** BSM has prepared me very well for life after high school, with

challenging courses and teachers who encourage you to develop

- I would advise incoming BSM students to try classes and activities outside the normal scope of interest or comfort something may surprise you!"
- **G** BSM has supported me by surrounding me with people who want me to succeed and will do anything to help me."
- **G** BSM has challenged me academically and has positively impacted my social and religious life by offering endless opportunities to get involved outside of school and strengthen my faith."
- I don't think I could pick just one thing that I'll miss most. Mr. Backen's many witticisms are classic and unforgettable; Mr. Jump's rants will ring in my head for a while; only Ms. Fuelling could get someone like me to dress up for a Euro Salon; Mr. Wander beats Bill Nye any day; and the Class of 2013 has been stellar so there's lots of people I'll miss seeing daily."
- <sup>66</sup> The most important thing I've learned about BSM is how instrumental the Catholic aspect of this school has been in my development over the last four years. The values that have been instilled in me will stay with me throughout my life, and the emphasis on service has helped me discover what is truly important."

The Al Reger Award is given out each year to two students, one male and one female, chosen by the BSM faculty and staff, for "outstanding dedication and zeal to the service of God and school."



by Caren Hansen

#### **Jonathan Sutton**

To say that Jonathan Sutton is wise beyond his years would be an understatement. This mature young man of God has not only sought to learn from those around him at BSM, but has proven to be a valuable mentor to others in return.

The revelation to be intentional in efforts to be a role model came through Jonathan's experiences on class retreats. He felt a more authentic part of him trying to break through during the sophomore retreat, but then on the junior retreat, change took hold. "I left the retreat more affirmed of who I was and who God had called me to be," he says. He realized it was time for him to "step up," to connect with peers more and help others.

Earlier this year, he was honored as a BSM servant leader, with fellow students and teachers, alike, recognizing Jonathan's extraordinary way of reaching out. He was also asked to give a reflection at the Thanksgiving prayer service, and he said of the event, "I was just the messenger. I didn't go on stage to be seen, but to pour into the lives of my peers."

"BSM is the best thing that ever happened to me, not just academically, but it's helped me discover who I am and to grow closer to God," says Jonathan. He credits the faculty members, stating, "It's a testament to our school that teachers are more than teachers; they help you become a better person." And outside the school walls, he admits, "I have so many moms," referring to all of his friends' mothers.

As a Red Knight, Jonathan participated in debate and track and field, and also gave significant time to volunteer activities. He was a valuable volunteer for retreats and plans to keep making trips back to the Twin Cities from St. John's University in the coming years to continue making connections with younger students.

One message he likes to share with others is to "find out who you are and who God's called you to be. Once you're comfortable with that, life opens up to you and you're able to enjoy it."

Judging by the kindness, concern, and enormous smile that always accompany Jonathan Sutton, he practices what he preaches.

#### Rachel Hogen

It's said that a smile can light up a room. If that's the case, Rachel Hogen has probably helped BSM save on electricity expenses with the way she has lit up rooms and stages and hallways and any other setting during her time here.

While "quirky" is how Rachel thinks others might view her, her cheerfulness and approachability are shining characteristics of her sparkling personality. "I just really love life," she says. And it shows.

A dedicated volunteer, Rachel has been committed to helping others through church programs, BSM peer ministry and summer camp, Link Crew, Red Knight Volunteer Corps and more. "My faith has led me to service," which to her is more than just documenting hours. "It's positive life experiences," she says.

She also channels her love of life through performances, having been an award-winning student for both speech and drama. Even when cast as an evil character (an entirely contradictory role for her persona), as was the case in the recent spring musical, she tackled the challenge with flair and charisma.

Appreciative of the BSM community, saying "I've really felt at home here," she acknowledges particular connections that she made with both Mrs. Brew and Mr. J. During the speech and one-act play season, she admits that she saw Mrs. Brew more than her own mom and considered her "a second mom," also noting her great leadership and poise. As for Mr. J., "I love him to pieces," says Rachel. "He is such a faith inspiration in my life and to others."

Through the support she has felt from all of her teachers and coaches, as well as her parents, Rachel knows BSM allowed her to grow into the person whom "God called me to be." Next year she will continue growing at Concordia College-Moorhead, where she is accepting an Excellence Scholarship and a Theater Arts Scholarship. Along with pursuing drama, she plans to focus her studies on communication and business marketing.

She'll miss being at BSM but says, "I know I'm part of a community that backs me." Indeed, there will be plenty of cheering as Rachel lights her way on her future endeavors.

Athletic Awards

## Athena winner has team mentality

by Caren Hansen







One tip for talking to **Anne Arnason** about her athletic accomplishments is: Don't try to nail down what she is most proud

of personally as an athlete. It won't work. Anne is the type of person who deflects all praise toward her team. A three-sport athlete with soccer, hockey and track and field, she mentions the state championship win in soccer this past year as a highlight. "There isn't another group of teammates I'd rather have won it with—the feeling following that game will stay with me forever," she says.

The accomplishment was a progressive victory. As a sophomore, Anne was part of the team that went to state. The next year, they were state runners up. So the title was a crowning achievement to three years of hard work, explains Anne. "We didn't do it for ourselves, but for each other. That's what made it so awesome."

As a defender in soccer, Anne was named to the All-State First Team, the All-Tournament Team, and the All-*Pioneer Press* Honorable Mention Team and was given the Red Knight Award this year. But her honors didn't stop with soccer. As a varsity member of each of her sports all four years of high school, Anne served as captain for both soccer and track and field. In hockey, she was given the Hoby Baker Award and earned All-State Academic recognition. All four years, her team took the conference championship and was the section runner up for the past three. In track, Anne was named the MVP and an All-Conference competitor as a junior.

Track and field competitions were when Anne admits she had a tendency to get the most nervous, especially during the 400-meter run, but her anxiety is often well hidden. "I've learned to stay composed in hard situations." Certain rituals also helped keep the nerves at bay, whether it was sharing a Twix with a fellow hockey teammate or always putting her left shin guard on before the right one.

Anne doesn't have a favorite sport, saying "It depends on which day you ask me." She does have a favorite college though: Notre Dame. She will begin studying biology there next year, with a medical career in mind. She plans to play club sports, but knows that she will miss her Red Knight coaches. She admits that as an athlete, "I wanted to work hard and do well for them. I wanted to make them proud."

As was the case for many of Anne's attempts in high school, she not only achieved that goal, but over-achieved, earning the entire BSM community's pride and admiration. Athletic Awards

## Mr. Hockey earns Al Blasing Award

by Caren Hansen



**Grant Besse** as a hockey goalie? Anyone who has seen this powerhouse forward on the ice would know that his clear talent belongs closer to the opponent's net. But shortly after Grant laced up his first skates as a 3-year-old, he recalls thinking, "I wanted to be a goalie because I liked all of the equipment. I tried it, but was awful at it."

That's probably the last time "awful" would describe this talented, yet amazingly humble, hockey star.

His much publicized five-goal performance helped BSM win the state Class AA hockey championship in 2012. While an adrenaline rush kept him from remembering much of that victory, he says that winning state last year was "the coolest experience of my life." With the season shadowed by the tragedy of **Jack Jablonski's** '14 earlier injury, the title offered some relief for the team. "Being back in the locker room [after the championship game] and seeing how happy Jack was," was a great feeling for Grant and the rest of the Red Knights.

During his senior year, Grant was named Mr. Hockey, Associated Press Player of the Year, and *Star Tribune* All Metro Player of the Year, among other titles. He became BSM's leading scorer with 272 points and leading goal scorer with 163 throughout his four years, also setting the record to score the most points (50) as a freshman and racking up at least 30 goals per season.

hockey. He says, "My most proud high school moment was making the decision to stay at BSM. I recognized what I really wanted to do and didn't allow myself to be influenced. Coach Pauly and the BSM hockey family have been so good to me, and I couldn't see leaving this behind for something unknown." He adds, "It was actually an easy decision, but one I'm proud of."

Coming back as a senior also meant the continuation of his pre-game Subway meal ritual. Since his fellow diners had graduated, he ate alone, sometimes calling his former sandwich-loving teammates from the booth.

Although hockey is Grant's main sport, he was also a baseball player for BSM. An infielder, he earned an All-Conference Honorable Mention last year. As a sports spectator, he says he prefers basketball over hockey. Since this 5'10" athlete can't dunk a ball, he finds basketball "jaw dropping" to watch.

Next year, Grant will be playing hockey for the University of Wisconsin-Madison, initially becoming interested in the school during his freshman year. As for future plans, he says "It's every hockey player's dream to play in the NHL," but he knows the importance of balancing athletics with academics. While he says that he'll strive to be a pro player, "I'll still have a degree from a great school."

And in the meantime, opponents' nets better beware.

Those honors could have been suspended had Grant succumbed to the offers to leave a year ago to play junior

Missy Blevins Mahoney '78, Caren Hansen, and Dan Sylvester

# Award winning trio highlights diverse talents

On Tuesday, May 21, BSM faculty, staff, students and many parents gathered in the Great Hall for an awards ceremony. In addition to saluting students who earned a President's Service Award and one four-year perfect attendance award, this annual event takes the opportunity to honor outstanding faculty and staff. This year's award winners are Dan Sylvester, Caren Hansen and **Missy Blevins Mahoney** '78.

Patient, thoughtful, outstanding and kind; these are words used to describe BSM's Faculty of the Year. Dan Sylvester teaches English and the American Experience in the junior high. He is known for challenging both his students and his colleagues to reach beyond their comfort zone to strive for excellence. Dan's expertise in technology and innate understanding of how to utilize technology for learning and life beyond the classroom played a large role in BSM being named an Apple Distinguished School this year.

Fall finds Dan coaching on the gridiron, and come spring he is out on the track, patiently developing our youngest athletes. Junior High Principal Carol McNamara said in Dan's award speech, "In Dan's classroom, students are expected to behave, to learn, to treat others well and to leave their desks in a perfectly straight row."

Staff of the Year Award winner Caren Hansen is one of BSM's unsung heroes. As associate director of marketing and communication, she works tirelessly behind the scenes juggling multiple projects. If she isn't taking photos at an event, she may be interviewing a servant leader, or sending mass e-mails to parents, prospective families and alumni. The school website depends on Caren for its flawless operation. A key communicator, Caren serves as the school's liaison both inside and outside the community, and is solely responsible for the conception and implementation of BSM's successful social media strategy. Thanks to her creativity and constant effort, BSM's mission is readily recognized and the school's reputation is synonymous with excellence in education.

As Apple Polisher Award AND Parents' Choice Award winner, Missy Mahoney has single-handedly managed to do what, until now, was believed impossible—she got parents and kids to agree! The Apple Polisher Award is sponsored by the National Honor Society and voted on by the student body. True to its name, the Parents' Choice Award winner is chosen by the parents.

Missy's ready smile has been visitors' first impression of BSM for the past six years. Missy can always be counted on to make students, faculty, staff and parents feel welcome and comfortable. Missy takes the time to learn all of the student's names and gets to know them as they stream through the front doors. The students' affection for Mrs. Mahoney was evident in the massive cheer that went up when Missy received her awards. As an alumna and a past parent, she is uniquely qualified in her role as BSM's unofficial ambassador, a role that everyone agrees she does with unique grace, a great deal of kindness and her trademark wit.

We all offer our gratitude to Dan, Caren and Missy. Their hard work, willingness to go the extra mile, and caring attitude toward students, parents and co-workers are a blessing to everyone. While Caren and Missy will be sorely missed next year, everything each of our winners has done to help make BSM such an amazing community is greatly appreciated.



# Jason Wallestad is big news

BSM is proud to congratulate English teacher and Knight Errant adviser Jason Wallestad. The Minnesota High School Press Association is honoring Jason with its 2013 Journalism Educator of the Year Award.

Selection criteria for this award include excellence in teaching and advising, the ability to build positive relationships with students and co-workers, significant contributions to the profession, experience and promotion of journalism as a career.

Award

In the 11 years Jason has been teaching and advising the Knight Errant, the student newspaper has received several state awards for its stories, photos and design. The Knight Errant website has earned four consecutive Online Pacemaker awards and serves as an example to the greater scholastic media community of a truly excellent news website.

Jason's students and colleagues nominated him for the award. In their letters of support, they praised his teaching, his talent for inspiring students and his positive relationship with the administration.

Giulia Imholte, online editor-in-chief for 2012-2013, wrote, "Mr. Wallestad always makes a point to remind the staff that they run the paper, not him." Two former editors of the Knight Errant credit Jason with their decisions to pursue journalism. One wrote, "My passion for journalism can be traced back to my high school journalism days...and more specifically to my high school journalism instructor, Jason Wallestad."

Outside of BSM Jason is co-founder and co-owner of School Newspapers Online. His work with SNO also sets him apart. This work demonstrates his commitment to bringing scholastic journalism, both state-wide and nationally, to new levels of excellence.

Jason will be recognized at the MHSPA State Convention on October 8, 2013.

# **Bottge and Davis** close the book



Librarian Lynn Bottge and English teacher Bobbi Davis have closed out their Red Knight careers and are ready to begin a new chapter in their lives. Lynn left in

January, at the end of the first semester, and admits she already misses the energy and youth of teenagers. Lynn's love for reading began at an early age and she set up shop as the librarian at BSM in the fall of 1989. She has many favorite memories of students throughout her career, especially the last few years at BSM. Her plans for retirement are open as she appreciates not having a schedule or daily agenda. She is spending her days with family and friends and hoping to travel over the summer months. Perhaps next fall she will seek a part-time job at a local bookstore. After all, "There is no friend as loyal as a book." (Ernest Hemingway)



Bobbi Davis arrived at BSM in the fall of 2001, ready to teach English to a new group of students who were eager and willing to learn. Over the past 12

years, she has taught English 10, Advanced Composition and 20th Century Great American Novels. However, her favorite class. American Literature, remains near and dear to her heart. Bobbi has thoroughly enjoyed watching students grow and appreciate literature on a deeper level. "Every moment when a student makes a connection is special." Bobbi has not allowed herself to dream up any plans for retirement just yet, but one thing is certain, she will continue to do the things she loves to do – attend theater performances, enjoy great American literature, and discuss movies, plays and books.

# **Senior Awards**

Academic-Arts-Athletics Awards-Nolan Ahlm, Catherine Cole Al Blasing Memorial Award-Grant Besse Al Reger Award-Rachel Hogen, Jonathan Sutton Army Scholar/Athlete Award—Daniel Labosky, Sara Taffe Athena Award—Anne Arnason Athletic Director's Award—Tara Fan Band Award—Michelle Doyle, Jack Munkeby Best Supporting Actress—Rachel Hogen Business Leadership Achievement Award-Abby Rosengren, Nick Viers Catherine Harris Award— Knight Errant—Giulia Imholte, Jacqueline Scherer, Caitlin Sisk Sangraal—Mary Alice Hutton, Eleanor Raether Choir Award—David Nelson Choral Director's Award-Shannon Galvin DaVinci Award-Mackenzie Alexander, Megan Larson, Morgan Larson Daughters of the American Revolution Good Citizen Award-Haley Jerabek Drama Awards-Peter Best, Emily Kline Drawing Award—Anna McShane English Award—Daniel Letscher, Jacqueline Scherer Faith Formation Award—Thomas Dzurik, Rachel Frenz Four Years of Excellence in English—Madeline Carras, Elizabeth Magill Haben History Award—Amanda Semler Henry David Thoreau Award—Nolan Ahlm Instrumental Director's Award-Ben Conley, Davis Schuh Jerry Miller Faith in Action Award—Eleanor Scott John Haider Career Achievement Award—Anne Arnason, Stephen Jacobs John Philip Sousa Award—Nolan Ahlm, Megan Keefe Knight Errant Photographer of the Year-Megan Beh Knight Errant Writer of the Year-Anne Arnason, Jennifer Krane

Kopp Scholars-Chris Bell, Kaitlin Duda, Emily Egge, Gavin McLain, Joe Pauly Lettering for Excellence-Marielle Arostegui, James Borin, Mallory Hoch, Samantha Hoch, Claire Larson, Kiley Petersen Lynch Leadership Award—Spencer Shaver Mathematics Award—Thomas Sprenger, Elizabeth Vertina National Choral Award—Peter Best. Gavin McLain National Honor Society Award-Sophia Flumerfelt National Merit Commended Scholars-Anne Arnason, Giulia Imholte, Caitlin Sisk National Merit Finalists-Catherine Cole, Elizabeth Magill, Kiley Petersen, Amanda Semler, **Elizabeth Vertina** Orchestra Conductor's Award-Mary Alice Hutton, Madison Winston Painting Award—Mary Grace Arndt, Madeline Langford Paul Seppelt Award—Anne Arnason Philip Steffen Campus Ministry Award—Kayla Randall, Jonathan Sutton Photography Award—Lindsay Loeber President's Award-Abby Dryer, Emily Egge, Connor Gallaher, Garrett Haughey Pro Lingua Award—Anne Arnason Rita Busch Award—Precious Walker Science Award—Michael Koller, Elizabeth Vertina Social Studies Award—Anne Arnason, Daniel Carey Society of Women Engineers-Rachel Binish Sons of the American Revolution Good Citizen Award-Patrick Graham Student Council Advisers' Award-Madeline Carras, Luke Musech Sundrum Social Studies Award—Matthew Racchini World Language Awards—Michelle Doyle, Sophia Flumerfelt, Daniel Letscher, Jacqueline Scherer, Precious Walker,

#### **President's Award**

## Four spirited Red Knights honored



Connor Gallaher, Abby Dryer, Emily Egge, and Garrett Haughey

**Dr. Bob Tift** '71 presented his President's Award to four very diverse and talented seniors. **Abby Dryer, Emily Egge**, **Connor Gallaher**, and **Garrett Haughey** were very active, dedicated, enthusiastic and spirited Red Knights.

They served the BSM community on the courts, on the field, in the pool, in NHS, in peer ministry, Link Crew, student council, yearbook and RKVC. They were good students, talented athletes, servant leaders, spirit leaders and agents working for change. Their friendly, welcoming, independent, and caring natures made BSM a better place for everyone. This particular group of four was extremely supportive of the efforts of their fellow Red Knights. They gave true meaning to the words "community" and "school spirit." They are very unique individuals, with a wide variety of talents, who are excellent representatives of their class and BSM.

# ATHLETIC Hall of Fame

#### 2013 BSM Athletic Hall of Fame Inaugural Awards Ceremony Friday, September 20, 2013

The Minikahda Club 3205 Excelsior Blvd. Minneapolis, MN 55416

11:00 a.m. social • 11:30 a.m. lunch • 12:30 p.m. program

#### Athletic Hall of Fame Mission Statement

To instill and preserve pride in the outstanding athletic accomplishments or contributions to the athletic history and traditions of St. Margaret's Academy, Benilde High School, and Benilde-St. Margaret's School by alumni athletes, their coaches, directors, and loyal supporters.

Bill Haben

Hank Scheinost

Larry Mikan '66

Pat Scanlon '70

Cathie Twomey Bellamy '74

Mike Mason '77

Jennifer Phillips '85

Sean Lumpkin '88

Devean George '95

Future inductees will be selected by a committee from nominations submitted by May 15, 2014. Download the 2014 nomination form at www.BSMschool.org/athletichalloffamenomination

Register for the luncheon and ceremony at www.BSMschool.org/athletichalloffame

#### Cum Laude

Zewen Cao Amanda Dingman Sophia Flumerfelt Claire Larson Morgan Larson Lindsay Loeber Krista Marshall Anna McShane Abigail Minea Matthew Racchini **Eleanor Raether** Jennifer Roberts Abby Rosengren Rachel Thorstenson Sarah Welscher Maria Williams

#### Magna Cum Laude

Paige Aanestad Matthew Ambre Megan Beh Adam Bilski John Bowman Daniel Cawood Logan Conlon Abigail Deutz Michelle Doyle Abigail Dryer Kaitlin Duda **Rachel Frenz** Mallory Hoch Giulia Ímholte Megan Johnson Emily Kline Jason Kosch Shannon Kraemer Megan Larson Luke Musech Madeline Olson Joseph Pauly Thomas Sprenger III Madison Winston

#### Summa Cum Laude

Nolan Ahlm Anne Arnason Marielle Arostegui Peter Best **Rachel Binish** James Borin Madeline Carras Catherine Cole Emily Egge Theresa Fan Samantha Hoch Stephen Jacobs Haley Jerabek Michael Koller Jennifer Krane Daniel Letscher Elizabeth Magill Kiley Petersen Jacqueline Scherer Eleanor Scott Amanda Semler Caitlin Sisk Sara Taffe **Elizabeth Vertina** 

# ALUMNI**NEWS**

#### 1948

Classmates from SMA met to mark 65 years

since they graduated from their alma mater. The ladies enjoyed catching up and planning their fall gathering at Elsie's; > (clockwise) Roberta Wilson Kenney, Nan Winslow Fraser, Sheila McNeive Anderson, Geraldine McMullin Grazzini, Elizabeth Young Burns, Terese Miller Haak, Rosemary Kleve Madden. Merriam Savelkoul Gorman. Kathleen Rowles Bethke, Jeanne McLaughlin Barron, Phyllis Cotton Fahey, Joan Gormley Belanger, Monica Smigleski Navratil, Veronica McDonald Coughlin.



Marie Murphy retired on June 7 after 48 years of

teaching religion and social studies to seventh- and eighth-graders at Annunciation School in Minneapolis.

#### 1975

practicing law for 30 years. His firm, Cottrell Law Firm, has become a leader in collecting debts in Minnesota and has recently doubled their office space in St. Paul.

Bill Cottrell has been

1978

Dan Carr, CEO of The Collaborative, a resource

helping to build Minnesota companies, was given the Entrepreneurship Alumnus of the Year Award by St. Thomas University.

#### 1981

William Lieder was recently promoted to Brigadier General of the Minnesota Army National



Guard. He is currently the Director of the Joint Staff, Joint Force Headquarters, Minnesota National Guard, based in St. Paul. Bill has had key assignments and received numerous awards and decorations in his 25+ years in the National Guard. Bill and his wife, Renee, have three children. He is a manager in corporate security for Target Corporation. <

1991

Joy Woog Garvey and her husband, Rich, are living in

Arizona with their children, Hope (4) and RJ (2). Joy is a practicing attorney with Kelhoffer, Manolio & Firestone, PLC.



Lt. Col. Barbara Hoeben is the Commander of the 21st Medical Support Squadron at Peterson Air Force Base in Colorado Springs, Colorado. The 125 award-winning personnel in her squadron run all pharmacy, radiology, lab, medical readiness, information systems, records/insurance management and resource management/manpower services for 180K+ beneficiaries. The mission is to dominate the high ground in Air Force, cyber, and space power.

Ryan Burns received the 1992 Hank Scheinost Coaching Award that is presented annually to the BSM coach who's coaching style best exemplifies: development of player self-esteem, effective teaching, knowledge of basketball, successful accomplishments, long-term commitment, and inspired love of the game. Ryan was the assistant coach for the boys' B- squad.

Sara Hook Mape and her husband, Jeremy, are delighted to announce the birth of their son, John Julian, on April 21. Big sisters Ceci Marie (4) and Livi (3) welcomed their little brother home. The Mapes live in Newport Beach, California.



#### 1993

Kara Hanrahan and Pete Spike were married on March 8 in Sanibel, Florida. Kara is an oncology nurse at St. Joseph's Hospital in St. Paul and Pete works for Delaware North Companies as the general manager of Target Field. The Spikes live in Chanhassen.

Bode Daniel Hilb was born to 1994 Melissa Johnson Hilb and husband Jeff on May 14. Bode was welcomed home by big brother Kai (3). Melissa is a pediatric nurse practitioner at Lake Forest Pediatrics.

Liz Rogers and her husband, Steve Buchholz, welcomed Clara Beth into the world on April 22. Clara joins siblings Henry (7), Maggie (5) and Eleanor (3) in a busy San Francisco household! Liz is a neonatologist at the University of California San Francisco and Steve is an attorney with the Securities and Exchange Commission.

Laura Tufte married Andrew 1995 Conzemius '98 on January 26. Family and friends gathered at the Wabasha Street Caves in St. Paul to help the couple celebrate. Andy works for CB Richard Ellis as a real estate controller and Laura manages a bakery in a Target store. Andy and Laura live in St. Louis Park. 🔻



Devean George has returned to Minneapolis after retiring in 2010 from 11 seasons in professional basketball. He played seven years with the Los Angeles Lakers, three with the Dallas Mavericks and one with the Golden State Warriors. Devean's Wayzata-based firm, George Group North, is involved with real estate development, and his nonprofit organization, Building Blocks, is currently planning an affordable, 45-unit apartment complex in north Minneapolis at the corner of Penn Avenue North and Golden Valley Road.

### ALUMNII NEWS Katy Mulvehill and Colin Mulcahy were

married on September 29, 2012, at the

Basilica of St. Mary. Katy has a career in

medical device sales while Colin works for

Matt Stiehm presented a program titled Your Legacy-Succession Planning and Mentoring at the Mid-America IACLEA Conference on Leadership and had a second article published on Policeone.com titled Strategic Planning for Small and Medium Sized Departments.

Megan Lucius Wohlwend and her husband, Dave, introduced a new addition to their family on February 9. Baby Ryan was welcomed home by siblings Emma, Luke, Ben and Grace. The Wohlwend family lives in Medina.

#### 1996

Gina Periolat Elliot and her

husband, John, are excited to announce the birth of Rose Marie on May 16. Gina is the food & beverage manager at Oak Ridge Hotel and Conference Center and John is the bar manager at Wakame Asian Bistro. The Elliots live in Richfield.

Tiffany and **Ryan Moen** announce the birth of their baby, Vivian Blanche, on April 9. Ryan works for Select Comfort and the Moens live in Crystal.

Tricia and Mike Moen are 1997 proud to announce the birth of their second child, Ryan Robert, on May 21. Big sister Alyssa (1) welcomed Ryan home.

#### 1998

Betsy Ringham Mulvehill and Pat Mulvehill '01 are happy to announce the birth of their daughter.

Maryn Helen, on January 19.

#### 1999

Megan Lind is the newest member of the BSM Board of Directors. She is an attorney at Dorsey & Whitney LLP.

David Rogalski, who went 14-1-0 during BSM's run to the 1999 Class A State Hockey Championship, celebrated with St. Cloud State where he is the goaltending coach. The Huskies claimed a share of the MacNaughton Cup as WCHA regular-season champions.

#### 2001

Colin Ryan married Mara Hughes at the Chapel of

St. Thomas Aquinas in February. Colin works at Colliers International as a commercial real estate banker and Mara is a brand manager at The Mosaic Company and is currently pursuing her MBA.



Infinity Award.

TIME Magazine's Style and Design Spring 2013 issue features the photography of Erik Madigan Heck and showcases his unique use of color and design. Erik is the recipient of the International Center of Photography 2013



#### 2003

Sally Hanten married Alexander Serie from Luverne, Minnesota, on October 19, 2012. The Series live in Edina. 📢

lan Anderson opened Mead Hall Games in Minneapolis. He

sells comic books, vinyl records and Magic: The Gathering cards and its accoutrements. Mead Hall Games is one of eight business ventures by Ian. Others include publishing, t-shirt design and a record label that works with local talent like Yellow Ostrich and Now Now.

Ed Dankbar works for the Canadian Pacific Railroad and in his spare time fights fires for the Bloomington Fire department. He is a station captain and is also certified to fight wild fires.

Lindsay Oman Ring and her husband, Declan, live in Glen Spey, New York, where Lindsay is an occupational therapist and also studies meditation. Lindsay lives and volunteers at the Kadampa Meditation Center in upstate New York and manages the World Peace Café on the weekends.

Molly Zimney graduated from the University of San Francisco School of Law in May. She is pictured here with her mother and BSM faculty member, Connie Fourré. 🕨





RBC Wealth Management. Colin is the varsity head coach for the BSM boys' lacrosse team. Katy and Colin currently reside in St.Louis Park with their dog, Murphy. -



**Kyrsten Kelley Johnson** 2004 graduated from the University of Minnesota Medical School on May 3. Kyrsten will continue her training in a pediatric residency at the University of South Dakota.

Rachael Drazan Malmberg and her husband, Jason, are delighted to announce the birth of Harper Elizabeth on April 17. Rachael played for the US Olympic team in 2010, coached youth and high school hockey, and teaches preschool special education. The Malmbergs live in Orono.

2005

Nadia Aboussir and Joe Martyn were married by Fr. Tim Wozniak '66 on October 13 at the Cathedral of Saint Paul. Joe is an intellectual property attorney and Nadia is a healthcare attorney at Dorsey & Whitney LLP. The Martyns live in Edina. 🔻



# ALUMNI**NEWS**

Lauren Bergstrom graduated from the University of Minnesota Law School in May. She worked for a private investment manager during law school and will be relocating to New York to start her legal career.

Andrew Dankbar works for the HON Company in Washington D.C. He also enjoys being the assistant coach for an elite 7th and 8th grade lacrosse team.

Vince Vallera and Joseph Schirmers graduated in May from the University of Minnesota Medical School and will be continuing as



residents in psychiatry and orthopedic surgery, respectively. Joe is pictured after graduation. 4

**Brad Riley** 2007 married Lindsey Carli on May 4 at the Brophy Chapel in Phoenix. Brad is a financial analyst for

Tornier and Lindsey is a clinical data specialist for Medtronic. The Rileys live in St. Louis Park.





Paul Koski graduated from the University of Minnesota in May with a degree in construction management and minors in architecture and business.

Colleen Ruane graduated from Gustavus Adolphus College and started a job as a merchandise specialist at Target in October 2012.

John Liekhus graduated from North Dakota State University with a BS from the College of Human Development and Family Science and a minor in gerontology: (l-r) Al Liekhus, John Liekhus and Mary Beth Ferrian Liekhus '68.



Sarah Koller graduated from 2009 Marquette University with a degree in public relations. She will remain in Milwaukee where she is working for Laughlin Constable, an advertising agency. She is pictured with her sister Kristin '07.

Kevin Kosiek and Bailey Ribich graduated from Creighton University in May: (l-r) Tim Kosiek, Millie Kosiek, Kevin Kosiek, Bailey Ribich, Rebecca Ribich and Dean Ribich. 🕶



John Michurski and his teammates on the Saint John's University rugby team captured the National Small College Championship with a 31-16 win over Duke University on Sunday, April 29, at Infinity Park, Glendale, Colorado.

Zach Mahler (Musical Theater) and Amy Stockhaus (Musical Theater) graduated from

Illinois Wesleyan University in Bloomington, Illinois. 🕨

Graduates from St. John's University posed for a celebratory photo at their May graduation: (l-r) David Naughtin (BA Management), Charlie Perrine (BA Accounting) Patrick Duda (BA Management) and Patrick Cron (BA Management and Political Science).





Several other Red Knights from the Class of 2009 also graduated from St. John's University in May; Eric Schilling (BA Political Science, Magna Cum Laude), Drew Breyer (BA Communication), Joe Hollenback (BA Management) and John Michurski (BA Political Science).

Tim Slater and Zack Arostegui, both graduated with honors from the University of Wisconsin -Madison. Tim will be a financial analyst in the commercial mortgage originations group at Wells Fargo in Chicago and Zack will be interning with Tris3ct advertising agency in Chicago. 🔻





# ALUMNI **NEWS**

Tim and Zack were starters on the Badger Rugby team which won the inaugural Big Ten Championship in April. Their rugby sevens team headed to Philly for a national tournament the first weekend in June.

#### 2010

Ryan Quinlivan studied

abroad in London for his junior year at St. Thomas. He had four weeks off between classes and exams, so he rode his bike 1,446 miles from London to Rome.



Emily Roberts, Annalisa Huge and Brett Threlkeld studied abroad in Florence and had many Red Knight visitors, including Mira Friedlander who was studying in Uppsala, Sweden, Laura Kosch who was studying in London and Katie Hoesley who visited from Marquette over spring break. Lucie Neary was studying in Florence for the semester as well. (l-r) Emily Roberts and Annalisa Huge. ~



**2011 Emily Beh** performed at BSM with a DePaul University a capella choral group that was touring the upper Midwest during their college break.



#### **IN MEMORIAM**

Richard Barber Husband of Elaine Barber

Marquita Barnard, CSJ – past faculty

S. June Bauer Mother of Bobbi Bauer Eckes '69 Peggy '70 Jeanne Bauer DiOrio '72 Claire Bauer Fischer '77

Jose Bequer '81

Diane Stoddard Blanchard '69

Fred Bloom Father of Katherine '07

Jonathan Bucksa Son of Jean Tomisak Bucksa '61

Hallie Brown Daughter of Kathy Seymour Brown '87

Tim Carr '73 Brother of Bridget '71 Tom Jr. '72 Terry '75 Chris '76 Mike '77 Dan '78 Molly '81 Colleen '83

Patricia DeMars '59

Honorable James Gibbs Husband of Mary Zeglen Gibbs '54

Phyllis Gresser '39

Edward Hagerty Father of Bridget '78 John Ann Hagerty Hicks '81 Catherine Hagerty Kirchner '84 Nora Michael

Dolores Hynds Mother of Richard '81 Daniel '83 Monica '85

James Keller Father of Mike '94

John Kilpatrick Father of Sheryl Kilpatrick Kunnari John '72 Michael '73 Anne '82

John Thomas "Tom" Lynch '60 Brother of Kathie Lynch Amble Fran Michael '68 Barbara Theisen McGinty '53 Sister of Marlene Theisen Wynn '57 deceased Kathy Theisen Lee '61 Louise Sharon Theisen Nelson

Avelino Daquioag Martin Father of Abbi Baker - faculty

Patty Theisen Armbrust Ron – deceased Bob - deceased

Blair McKeever Father of Patrick '05 Michael '03 Katie '10

Ruth Medina Mother of Anita Medina Tomascak '79 Teresa '81 Angela '83 Tom '86 Joe '88

Jessie Marie (Ghizoni) Peterson Mother of Steve '68

Jeff Quale Father of Justin

Gertrude Rocheford Mother of Tom '72 Pete '73 Mike '76 Cathy Rocheford Burley '79 Paul '81

Denis Schirmers Father of Joe '05 Chaterine '10

Helen Stone '50

Jon Van't Hull Father of Rachael Van't Hull Holtgreve '95 Rebecca '97 Gretchen Van't Hull Swartout '99 Adam Keaton Wesley

Nancy Stoessel Ward Sister of Bob '59 Elizabeth Stoessel Steeber '61 Bill '64

Diane Wyffels Mother of Kori Jake '98 Ashley Wyffels Rice

Magdalene (Mimi) Teno Zeglen '31 Mother of Mary Zeglen Gibbs '54 Judy Zeglen Mayer G. Greg Zeglen

# <u>Alumni</u> Album



Twins Spring Training—On March 7, 25 alumni/ae and friends from SMA, Benilde and BSM joined BSM president Bob Tift '71 for a Twins game in Fort Myers. Despite a game loss to the Red Sox, guests enjoyed a picnic lunch and a chance to grab a few autographs: photo above (l-r) Lee Field, Barbara Greshowak Field '62, Beverly Greshowak Gudrais '64 and Eric Gudrais; photo below (l-r) Sandy Riebel Fortier '66 and Judy Riebel Welch '59.



Kern Family Wedding—Family gathered in Florida to celebrate the marriage of Pat Kern '97 and Marty Shaw in June 2012: back row (l-r) Katie Kern, Chris Kern '91, Bob Kern, Marty Shaw Kern, Patrick Kern '97, Lyn Kern, Jack Kern, John Kern, Holly Kern, Megan Kern '86, Dave Platt '85, and Charlie Platt '25; front row (l-r) Dylan Kern, Finn Kern, Emily Platt '19, and Luca Platt '22.





Law School Graduation—Molly Zimney '03 celebrated her graduation from the University of San Francisco Law School with her brother Tony Zimney '97 and his wife Stefanie Segar.

Mother and Daughter—Monica Smigleski Navratil '48 and her daughter, Liz Navratil Dashel '69, took time for a quick photo at Monica's 65-year reunion.



Girls from 2003—Many family and friends of Katy Mulvehill '03 and Colin Mulcahy celebrated at their wedding. Pictured are three Red Knight classmates of Katy: Gina Dillon Abbott, Shannon Quealy, and Annie Tilton.



Ryan Wedding—Friends and family gathered to celebrate the union of Colin Ryan '01 and Mara Hughes in February: (L-r) Kevin Ryan, Joe Burns '01, Cory Hibbard '01, Pat Mulvehill '01, Joe Boone, Blake Hastings, Mike Ryan '99, Colin Ryan, Mara Hughes Ryan, Carey Ryan Hastings '98, Leah Ryan, Cori Paulson '04, Courtney Ryan '05, Maureen Ryan '07, Laura Zamora, and Nina Bassett.

Donor Brunch—St. Margaret's Academy alumnae represented their school proudly at the BSM Celebration of Giving on April 14: (l-r) Kathleen Dougherty Leisz '49, Rose Marie O'Donnell Wetterman '49, Mary Jean Manke Martin '49, and Geraldine Leonard '49.



Orchestra Alums—Three orchestra members from the Class of 2012 returned for the 2013 spring concert: (l-r) Afua Paintsil '12, Mary Alice Hutton '13, Madison Winston '13, Nicole Sauer '12, and Anna Landis '12.





Martyn Wedding—Many Red Knight alums gathered to celebrate the wedding of Joe Martyn '05 and Nadia Aboussir Martyn '05: back row (l-r) Joe Schirmers '05, Nick Hittler '05, Pat Riley '05, Katie Hawkinson '05, Anne Chesney '04, Zach Gilman '05, Devin Harrington '05, Joe Helms '05, Andrew Dankbar '05, Jenn Korducki Krenn '05, Bobby Krenn '05, and Paul Ziezulewicz '02; middle row (l-r) Margaret Arms Burt '69, Bob Barnett '69, Hannah Smith Helms '05, Alex Pope '05, Magie Wolf '05, Nadia and Joe Martyn '05, Anne Rondoni '05, Ben Zeman '12, Shannon Stroh '12; front row (l-r) Marlena Bromschwig '71, Jim Kodadek '69, Nancy Reuter Kodadek '69, Jim Burt '66, Molly Martyn '00, Maggie Martyn '02, and Leila Aboussir '12.

Champs—The University of St. Thomas won the MCLA DII National Lacrosse Championship 9 - 7 over Westminster College in Sirrine Stadium in Greenville, South Carolina, on May 18. Three former Red Knight lacrosse state champions were part of the team: (l-r) Christian Rekow '11, Peter Schubloom '11, and Jack Naughtin '12.



Athena Award Winner Reunion—Past Athena winners gathered on May 4 to celebrate 40 years of excellence in female athletics at St. Margaret's and Benilde-St. Margaret's: back row (I-r) Sara Wartman Dooley '94, Joy Woog Garvey '91, Dana Mucha '92, Julie Wagner Harrington '89, Kathy Votava Nash '76, Lauren Bergstrom '05, Mary Blake Andersen, and Jennifer Phillips '85; front row (I-r) Rita Reiser Nordness '80, Loryn Mucha Follrath '88, Mary Winter Reed '00, Rachel Kuzma Olson '93, Amy Busch Gjerde '90, Megan Forcier '09, Jordan Smith '06, Colleen Ruane '08, Anne Arnason '13, and Sara Reiser '84.



Forever a Red Knight—Molly McLeod Carpenter '95 stopped by BSM with her husband, Ben, and her children Will and Tess, to say hello and to visit with their hometown hero, Jack Jablonski '14.

Alumni Album



Riley Wedding—Alums from the Class of 2007 gathered in Phoenix to celebrate the wedding of Brad Riley: (l-r) Michael Hughes, Garrett Lawlor, Brad Riley and Anthony Nanne.



Winter Wedding—Andy Conzemius '98 and Laura Tufte-Conzemius '95 celebrated their wedding in St. Paul in January: back row (l-r) Brian Conzemius '90, Ben Mattox '98, John Rondoni '98, Matt Schommer '98, Bryan Gorman '98, Mike Swierzewski '98, Tony Nicoli '98, Amy Rogers '98, and Dan Earhard '98; middle row (l-r) Jim Conzemius '86, Alaine Tufte '98, Andrea Patch Rondoni '98, Linh Nguyen Stanaway '98, Rob Caton '98, John Lotzer '98, Kyle Murray '98, and Matt Kukar '98; front row, (l-r) Jeff Conzemius '88, Eric Conzemius '88, Rachael Van't Hull Holtgreve '95, Andy Conzemius, Laura Tufte –Conzemius, and Karen Wivinus Price '70.



Florida Wedding—Friends and family gathered on Sanibel Island for the beach wedding of Kara Hanrahan '93 and Pete Spike on March 8: back row (l-r) Andrea Scherer Belton '93, Tim Hanrahan '83; front row (l-r) Kara Hanrahan Spike, Rachel Kuzma Olson '93, and Holly Henn Kangas '93.

Track Stars—Former track & field graduates helped cheer on this year's team at a recent Red Knight practice: (I-r) Joe Sutton '12, Marie Muscala '08, Kathleen Dankbar '11, Trevor Yedoni '11, Taylor Best '12, Natalie Perrine '12, Breion Creer '12, and Alana Profit '10; not pictured, Karen Valde '12 and Nicole Sauer '12.



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# Bulletin Board

Alumni Baseball • Saturday, July 20, BSM • 12:30 p.m. Bring the family to enjoy treats before the game.

Alumni Soccer • Thursday, August 8, BSM • 6:30 p.m. Friends and family are welcome. Come cheer on your favorite alum and stay after the match for a barbecue on the plaza.

Alumni Cross Country • Saturday, August 17, Basset Creek Park • 10 a.m. Alumni runners, friends and family are welcome.

If you graduated Fore at Four • Sunday, August 11, Deer Run Golf Club, Victoria between 1990 and 18 holes tee off between 1-3 p.m. • 9 holes tee off between 3-5 p.m. 2013 this event is

for you! For more information and online registration go to www.BSMschool.org/foreatfour.

# The Choice is yours!

We are happy to send you an e-mail with a link to the latest issue of the Crown and Shield instead of mailing you this publication.

Simply send an e-mail to alumni@BSMschool.org by August 1 with your request.



# Reunions

If you graduated in a year ending in a 3 or an 8, this is your reunion year!

To find out what your class is planning go to www.BSMschool.org/reunions or call Sandy Janssen Barry at 952-915-4341.

#### **Advancement**

Dear Parents, Alumni and Supporters of Benilde-St. Margaret's,

The mission of Benilde-St. Margaret's states that we are a: [D]ynamic Catholic learning community which partners with parents/guardians to develop the student's highest potential in mind, body, and spirit. We offer a challenging college preparatory curriculum and a uniquely caring experience that includes faith formation, academic rigor, social responsibility, and extensive extracurricular activities. We educate leaders for a global society.

Meeting this mission could not have been done without your help, both financial and via volunteer support. Thanks to your contributions and the endless volunteer hours of past and present BSM parents, alumni, grandparents and friends we were able to raise needed Annual Fund and restricted gifts for academic and extracurricular activities, provide



financial aid for over 200 students who otherwise would not be able to be a part of the BSM community, sponsor the annual *A Knight for All Seasons* auction, staff open houses to showcase our ministry to new families, support the College and Career Center, and cater to our students in a myriad of before- and after-school activities. I cannot thank you enough for your assistance, as, without your support, dedication, and personal involvement, our students would not have had the experience they had this academic year.

**However the job is not finished.** As is the case over the 106-year history of Benilde-St. Margaret's, there is so much more to do. The task of providing 250 new students in the fall, along with the returning 950 students, one of the finest Catholic educations in the country is left to our dedicated faculty and staff and our generous supporters. BSM, like other Catholic schools, depends on the amazing following and generosity of people like you.

Few know how expensive it is to operate a private school and compete with all the "bells and whistles" that public schools offer. The cost to educate a student at BSM is over \$18,000 per year. Yet tuition and fees paid by parents do not cover the entire cost of operating the school. As a result, the advancement department is continually soliciting gifts (in-person, mail and phone) to offset this difference. Additionally, the board of directors is committed to keeping BSM as affordable as possible by limiting tuition increases to the cost of inflation. Because of this Dr. Tift, Ted Freese and I cannot stop fundraising even for one minute. With that having been said, if you (or anybody that you know) are interested not only in helping BSM make a Catholic education available to any student who is admitted, or are also interested in investing in our facilities and programs to remain competitive with tax-assisted schools, please contact me at 952-915-4351 or rolson@BSMschool.org, or go to www.BSMschool.org/give.

If you believe this is a worthy cause – and so many of you have already shown that you do – then I humbly ask that you consider supporting Benilde-St. Margaret's. Without you, we will not be as successful in living out our mission as originally envisioned by the founding Sisters of St. Joseph, Christian Brothers and Benedictines.

Thank you again for your assistance, both past and future. It has been an honor to work at BSM over the past four years, and I look forward to doing God's work at BSM for many, many more years to come.

ag. Ch

Richard J. Olson Vice President of Advancement

# BSM BUZZ

#### Academics

BSM fielded a team of students from the Advanced Competitive Science (ACS) program that participated in the RoboCup 2013 Competition in Eindhoven, The Netherlands, June 24-30. The annual competition is sponsored by the RoboCupRescue Robot League, an international league of teams that develop and demonstrate advanced robotic capabilities for emergency responders. Students, all seniors, qualifying for the 2013 BSM team include: Nolan Ahlm, Matthew Ambre, Rachel Binish, Alec Black, Ben Conley, Tara Fan, Sophia Flumerfelt, Samantha Hoch, Stephen Jacobs, Tyler Jacobsen, Daniel Letscher, Joseph McMahon, Jack Munkeby, Joe Pauly, Elle Scott, and Elizabeth Vertina. The team competed against university-level students in engineering programs from around the world.

Benilde-St. Margaret's was honored three times at the Minnesota Independent School Forum's (MISF) 2013 Private and Independent Education Awards Celebration on Thursday, May 9. The BSM string orchestra was the highlight of the reception prior to the awards program. The new forensic science course received a mini-STEM grant, which will assist in launching the program in the fall. **Tom Backen**, chair of the English department, was one of four Honor Teacher Award finalists for grades 9-12. He was recognized for his character, creativity, innovation, teaching skills, leadership, and community service.

National Honor Society officers who have been elected for next year include President **Will Jarvis** '14, Vice President Liz Nicholson '14 and Secretary **Zach Harrison** '14.

#### A Ja na wr M

#### Athletics

Jarred Oftedahl '13 has been named one of five All-American wrestlers for the state of Minnesota. Jarred earned a state title this year at the 113-pound weight class. He also has secondand fifth-place state finishes, as

well as a Greco-Roman championship. Recognized for having a 155-16 record with 124 falls, Jarred will wrestle next year at St. Cloud State University.

Softball player **Maddie Houlihan** '15 was named to the Star Tribune All-Metro Team. She also received All-State and All-Conference honors.





ACS: back row (l-r) Elizabeth Vertina, Stephen Jacobs, Daniel Letscher, Ben Conley, and Jack Munkeby; front row (l-r) Rachel Binish, Samantha Hoch, Tara Fan, Sophia Flumerfelt, Alexander Black, and Joseph McMahon; not pictured Nolan Ahlm, Matt Ambre, Elle Scott, Joseph Pauly, and Tyler Jacobson.

The girls' lacrosse team and coach earned many end-of-season honors. **Bailey Forcier** '13 was one of seven finalists for Minnesota's Ms. Lacrosse title. Bailey also earned All-Metro, All-State and All-Conference honors. Joining Bailey with All-State honors were **Paige Lawlor** '13 and **Sabrina Tattersfield** '15. In her first year at BSM, Varsity Coach **Ana Bowlsby** was named Minnesota's Girls' Lacrosse Coach of the Year. The Red Knights, making their first section final appearance, were 14-1 and ranked No. 9 at the time of the selection.



**Riley Gannon** '14 qualified for the Boys' Golf State Meet and **McKenzie Swenson** '14 qualified for the Girls' Golf State Meet. The meet was held June 11-12 at Bunker Hills Golf Course in Coon Rapids. Riley and McKenzie both earned All-Conference honors.

**Emma Lysne** '13 and **Rachel Thorstenson** '13 signed letters of intent to be part of a sports team next year. Emma committed to Jamestown College for volleyball, and Rachel will dive for the University of North Dakota.





The lacrosse girls celebrated at the state banquet: (l-r) Page Lawlor, Ana Bowlsby, Sabrina Tattersfield and Bailey Forcier.

**Angela Charley** '14 (left) qualified for the State Girls' Track & Field Meet at Hamline University. With a throw of 109' 7", Angela earned second place in the discus competition at the 6AA section meet. **Alana Profit** '10, former BSM track and field captain and current thrower at Hamline University, came to watch Angela throw at the state track meet at Hamline University on Friday, June 7.



# BSM BUZZ

Boys' lacrosse players **Jake Donlin** '14, **Robbie Lance** '13, and **Joe Pauly** '13 earned All-State honors.

#### Arts

For the third consecutive year, the Benilde-St. Margaret's drama department was awarded a SpotLight Award, sponsored by the Hennepin Theatre Trust. Over the course of the production run of Thoroughly Modern Millie, this year's senior high spring musical, the SpotLight Award group sent reviewers to watch and critique the show. As a result, the show received both Outstanding Production and Outstanding Performance awards, meriting an invitation for those involved to perform a medley at the SpotLight Showcase that was held on June 3. Students receiving Outstanding Performance in a Leading Role were Lexi Johnson '14 and Danny Faber '14. Outstanding Performance in a Supporting Role distinction went to Luke Guidinger '15, Emily Kline '13 and Rachel Hogen '13. Students receiving Honorable Mention awards for leading and supporting roles were Stephanie Galvin '15, Frankie Gormley '16, Jackie Lawyer '15, and Shannon Galvin '13.

Lexi Johnson was also one of six finalists for the prestigious Triple Threat Award. A list of students receiving Honorable Mention in a featured role may be found on BSM's website.



The speech team took the section championship trophy on Thursday, March 14. As a result of that competition, nine individuals competed at the state finals in Blaine on Friday, April 19. Representing the Red Knights were, **Adam Bamonti** '13, **Catherine Cole** '13, **Sage Fulco** '14, **Samantha Letscher** '14, **Liza Magill** '13, **Mary Pat Ross** '15, **Izze Rossiter** '18, **Elle Scott** '13, and **Laura Shannon** '14.

#### **Activities**

Ninety-five senior high and 14 junior high students were named President's Volunteer Service Award winners this year. This award, sponsored by President Obama, is intended to acknowledge service work that is having a significant impact in local communities. Senior high students who receive this award have completed a minimum of 100 community service hours in the past twelve months and junior high students have completed a minimum of 50 hours in the past 12 months. Students may accumulate hours by working at churches, schools, or other community locations. These students have served a combined total of over 14,000 service hours in the last 12 months alone. See a list of students on list of students on BSM's website. Three Red Knights were honored with St. Louis Park Caring Youth Awards: **Caroline Kupchella** '14, **Anna McCloskey** '14, and **McKenzie Dunleavy** '17.



Megan Katopodis, Grace Coughlin, Auggie Moore, and Maddy Karlen

Student leaders for the 2013-2014 school year have been elected. Those serving on the student council executive board are: President Megan Katopodis '14, Vice President Carter Burn '14, Secretary Kathy Marinelli '14, Commissioner of Publicity Blake Castaneda '15, and Commissioner of Student Activities Jake Donlin '14. Leading the senior class will be Grace Coughlin (President), Jack Johnston (Vice President), Jack Youngblut (Secretary) and James Wallrich (Treasurer). Junior officers include Maddy Karlen (President), Shannon O'Connor (Vice President), Sofie Scott (Secretary) and Allie Coughlin (Treasurer). The sophomores chosen to serve are Auggie Moore (President), Peter McCague (Vice President), Maddie Etienne (Secretary) and Matt Lynch (Treasurer).

> Connect with BSM alumni on Facebook and LinkedIn.

Mckenzie Matthews '13 was crowned Prom Princess. Other candidates from the Class of 2013 were Kaitlin Duda, Theresa Cameron, Sophia Flumerfelt, Maggie McGill, and Megan Johnson. Emcees were Hannah Haughey and Francesca Peck, with Mr. BSM, Rooscol Rozambert, crowning the princess. Mackenzie and her date, Billy Lundberg, reigned over the Prom festivities.

#### BSM on Faceboook and Twitter

Stay on top of the latest BMS buzz. Check out our Facebook pages. Go online to www.BSMschool.org and click on the Facebook and Twitter icons on the home page. Then, "like" and "follow" us! Alumni, you can also get targeted messages from our Alumni Facebook page by clicking the Facebook icon on our alumni home page at BSMschool.org/alumni. Be sure to "like" this page too.



# selebrate with us



Please join us for one or more of the annual gatherings with a "birthday twist." The 40th birthday celebration will begin then and continue throughout the school year. Tuesday, August 27, will be the first day of the 40th school year at Benilde-St. Margaret's.

More detailed information about the events can be found at www.BSMschool.org.



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Sunday, April 6 Sunday, December 15 Saturday, November 16 Sunday, September 15 Monday, January 27 Wednesday, November 27 Friday, October 11 Friday, September 20 Friday, September 20 Thursday, September 19 Community Mass and Continental Breakfast

Pre-Thanksgiving Alumni Gathering Homecoming Football Game Homecoming Girls' and Boys' Soccer A Knight for All Seasons Auction Grandparents' Day Athletic Hall of Fame Luncheon Community Mass and Pancake Breakfast Hall of Honor Children's Christmas Party

