



THE METRO STATION

GRAB-N-GO MENU

*All food and beverages offered at the Grab-N-Go kiosk can be purchased on the spot.
No pre-ordering needed.*

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| Cereals (assorted) | Pop Tarts |
| Fresh Fruit (bananas, apples, oranges, grapes) | Rice Krispy Treats |
| Yogurt | Fruit Roll-Ups |
| Bagel with choice of cream cheese, jelly, or nutella | Nutri-Grain / Granola Bars |
| Bread Bowl | Freshly Baked Cookies (Chocolate Chip or Sugar) |
| Soup (broccoli cheese, potato, or chili) | Smoothies |
| Peanut Butter & Jelly Uncrustable | Regular Coffee / Hot Chocolate |
| Hot Pocket (pepperoni) | Ice Cream (cups, sandwiches, bars) |
| Corn Dog | Bottled Water (16.9oz) |
| Ramen Noodles | Milk (plain or chocolate) |
| Chips (assorted) | Kool-Aid Jammers |
| Crackers | Soft Drinks - (20oz, high school only) |
| Cookies (pre-packaged) | Powerade Sports Drinks (20oz, high school only) |

****All items subject to change**

Metrolina Christian Academy cannot guarantee that any food served in the Metro Station is 100% free of food-borne allergens.