



July 2022

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2021 - 2023

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Dear Alumnae/i of the AASH Southern Region,

The AASH Board just completed our annual meeting at the Academy of the Sacred Heart in St. Charles. We spent three days in working meetings to plan and prepare for the many exciting events that we have coming up.

The **AASH Regional Conference** will be held on **October 19, 2022** (2pm Central). This will be a virtual event via Zoom in order to include as many alumni as possible in the meeting. Our theme is "Sacred Heart: Sailing Into Our Future" and all regions will be joining to share time together and learn what is happening with alumnae/i across the United States. We are busy working on the content and speakers for the meeting. More details to be shared as we get closer to the meeting.

The next **AASH National Conference** will be held in **Portsmouth, Rhode Island**, on **May 18-21, 2023**. This is a wonderful opportunity to welcome St. Philomena School of the Sacred Heart, our 25th and newest school in the Sacred Heart network. We also are honoring the past contributions of the Elmhurst school. We are working on many fun and interesting events for the conference in addition to the conference business to be conducted.

Be thinking now about your **voting delegates** for the business portion of the AASH National Conference business. A delegate is required to attend the conference and each General Session where the voting takes place. Each school and association has 2 voting delegates.

Watch for conference information and registration in January 2023. Please plan on attending. It will be so nice to be together - in person! More to follow on conference plans and details as we get closer to the date.

Congratulations to all the recent graduates of Sacred Heart schools. Schools, please remember to send in **graduation pictures** to the AASH National Office to honor your graduates. Watch for the pictures in Esprit de Coeur!

We have an exciting year coming up, so please mark your calendars. We are looking forward to seeing each of you at these Sacred Heart events.

For more Sacred Heart information, see "Regional News" below, visit the website at AASH.org, or check out AASH's social media channels on Facebook (AASH group) and Instagram (@sacredheartaash).

Regional News

Graduations and alumnae/i reunions keep our associations busy. **Regis** hosted their 2nd Annual Alumni Tailgate in May. Alumni from across the decades gathered at **ASH-St. Charles** in June to celebrate the annual Alumni Congé Reunion, with Mass in the Shrine of St. Rose Philippine Duchesne, followed by recognition of Honor Classes from 5 years to 70 years. Save the date for the **Rosary** Alumni Reunion Weekend on October 21-22. **Villa Duchesne** will host a New Alum Soiree on August 2 as well as their annual Reunion Weekend on October 15-16.

Sacred Heart alumnae in the **Triangle North Carolina** area gather regularly, most recently in May.



The Alumnae Interview Project at **Rosary** was a collaboration across disciplines to create connections between students and alumnae, to explore possible career paths, and to learn a variety of skills including asking open ended questions, responding with appropriate follow up questions, demonstrating interest through body language and other non-verbal skills, interacting with professionals, and thanking individuals for their time. Twenty-eight student pairs were partnered with an alumna in an industry or profession of their interest. They were tasked with researching the individual and their profession, coming up with interview questions, conducting the interview, and following up with a thank you note. Overwhelmingly, the alumni were impressed with the students' preparation and their ability to participate in a meaningful conversation.

Many of the schools in the Southern Region are welcoming new leadership. Heather Gillingham-Rivas '94 is the new Head of School and Patrick Coyle is the inaugural President at **Carrollton** School of the Sacred Heart. **ASH-St. Charles** welcomed Tim Horner, while saying *au revoir* to Dr. Susan Dempf who will become Head of School at Woodlands Academy of the Sacred Heart. Dr. Dawn Nichols will be the interim Head of School at **Villa Duchesne**, as Michael Baber is moving to his new role as President at Sacred Heart Greenwich. Mr. Steven Turner, Jr. begins his tenure this summer as the fourth Head of School at **Regis**.

Please contact me with any questions and let me know if I can help you with anything for your association or school. Also, please keep me informed of your upcoming plans and events.

United in one Heart,
Charla Dziedzic
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