

2022-2023



THE DANCE CONSERVATORY

AT THE ST. PAUL'S SCHOOLS



2022-2023 CLASS OFFERINGS

The Dance Conservatory at The St. Paul's Schools develops the artistic potential of pre-collegiate and pre-professional dancers, as well as dance enthusiasts.

BEGINNER DANCERS AGES 3-8

Pre-Primary: Ages 3-5

Pre-Primary supports locomotive skills, flexibility, musicality, and motor development while nurturing creativity and free movement. Students utilize energy, movement, and expression!

Primary: Ages 5-7

Students begin their formal introduction to ballet. Both boys and girls engage in the fundamental elements of classical ballet based on the American Ballet Theatre National Training Curriculum.

Musical Theatre 1: Ages 5-8

Students are introduced to the tap and jazz styles found on the Broadway stage. From *Annie* to *Legally Blonde*, dance has played an integral role in telling the stories of Broadway shows.



BEGINNER, INTERMEDIATE, ADVANCED AGES 8-18



TDC's Ballet Program

TDC follows the American Ballet Theatre's National Training Curriculum, a program for the development and training of young students that embraces sound ballet principles and incorporates elements of the French, Italian, & Russian schools of instruction. Artistically, the National Training Curriculum strives to provide dance students with a rich knowledge of classical ballet technique and the ability to adapt to all styles and techniques of dance.

Ballet & Pointe Placement

TDC's ballet program offers classes on a multi-level system, with students progressing from one course to the next at their own individual pace. Students are placed in the level that best suits their needs, with age being a secondary consideration. To successfully achieve the placement necessary to support pointe work, muscle development and form must be practiced to become habitual for the dancer. Strength and muscular development are assessed before pointe is started. This placement method is most important to ensure the safety and best possible instruction at the student's level.



Jazz 1-5: Ages 8-18

Explore jazz dance from its earliest cultural roots to the present day. Jazz dance is influenced by popular culture, music, and events. Students will study all aspects of jazz dance from its historical roots to its current influence. Our jazz program emphasizes proper technique and progression into leaps, turns, and flexibility—minimizing injury and encouraging correct placement and technique.

Acro 1 & 2: Ages 8-18

Students will develop the strength, agility, and flexibility to be able to perform various ground and aerial tricks. Students will learn everything from front rolls and cartwheels to handsprings, walkovers, and aerials.



BEGINNER, INTERMEDIATE, ADVANCED AGES 8-18

Modern: Ages 10-14

This class was developed for the dancer who is interested in contemporary dance, but is not yet familiar with the theories or concepts that contemporary utilizes. Dancers will work to build their strength and become comfortable and confident with floor work and “fall and recovery.” Styles explored may include lyrical, modern, and jazz.

Contemporary/Lyrical: Ages 10-18

Dancers will study the development of contemporary from postmodern and jazz dance into what is now an international phenomenon. Styles explored may include lyrical, modern, and jazz. Students will explore the complete movement potential of the body. Modern dance characteristics emphasized will include contact-release, floor work, fall and recovery, and improvisation. Ballet and jazz’s leg techniques are also used.

Tap 1-3: Ages 7-18

This course will introduce dancers to the technical and musical elements of rhythm tap dance. This course will build on students’ knowledge of tap basics, increasing speed and fluency of tap vocabulary.

Afro-Fusion 1 & 2: Ages 8-12

Afro-Fusion is a high-energy class that emphasizes the application of ancestral African movement to support each dancer’s technical growth and artistic development. Afro-Fusion 1 will focus on blending modern, contemporary, and Africanist aesthetics such as syncopation and polycentrism. Afro-Fusion 2 will build on the fusion of modern, contemporary, and learned Africanist aesthetics in Afro-Fusion 1 through phrase work and improvisation.

Musical Theatre 2-5: Ages 8-18

Dancers will explore the fundamentals of Broadway-style choreography, including tap and jazz techniques, partnering, character work, and social/historical dances as seen on Broadway. Dancers continue their tap and jazz techniques with a focus on the range of styles found in Broadway repertory. Dancers will work on basic kicklines, advanced partnering, and social/historical dances. Dancers build on advancing their knowledge of Broadway tap and jazz styles, focusing on combinations and repertory. Dancers work on advanced musicality and storytelling through song and dance.

Stretch & Conditioning: Ages 10-18

Students will focus on lengthening and strengthening their leg and back muscles to support proper extension during each class. Emphasis will be placed on improving and gaining flexibility, as well as core and upper body strength.



TDC COMPANY REQUIRES PREREQUISITES & ELECTIVES

TDC Company

The 2022-2023 season will mark TDC Company’s 10th year. The Company was formed to give TDC’s elite dancers performance and leadership opportunities. There are three tiers: Company Apprentice, Company Member, and Company Elite. Each tier has its own class requirements. Past performances include regional competitions in Baltimore, Artscape, Open Marley Night at the Baltimore Theater Project, and the Cherry Blossom Festival in Washington, D.C. During our summer season, Company dancers continue their dance education in New York City during an immersive three-day trip taking master classes at Broadway Dance Center and attending live performances.



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2022-2023 WEEKLY SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY					
STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B				
AFRO-FUSION 2 3:45-5 PM	PRIMARY 3:45-4:45 PM	BALLET 3 & POINTE 1 4-6 PM	BALLET 1 3:45-4:45 PM	JAZZ 3 4-5:30 PM	MUSICAL THEATRE 1 4-5 PM	MUSICAL THEATRE 4/5 4-5 PM	BALLET 2 3:45-5 PM	JUMPS/ LEAPS/ TURNS LEVEL 2 4-5:30 PM	COMPANY REHEARSALS TBD	PRE-PRIMARY 8:30-9:15 AM	BALLET 3/4 AND POINTE 1/2 10-11:45 AM	ACRO 1 10-11 AM	MODERN 10-11 AM				
AFRO-FUSION 1 5-6:30 PM	JAZZ 1 4:45-5:45 PM		BALLET 1A 4:45-5:45 PM		MUSICAL THEATRE 2 5-6 PM	BALLET 4 AND POINTE 2 5-6:30 PM	CONTEMP. 1 5-6:30 PM			COMPANY REHEARSALS TBD				BALLET 1B/2 9:15-10:45 AM	PRE-PRIMARY BALLET 9:15-10 AM	ACRO 2 11 AM-12 PM	PRIMARY BALLET 11 AM-12 PM
	JAZZ 2 6-7 PM		BALLET 1B 5:45-7 PM		MUSICAL THEATRE 3 6-7 PM	BALLET 3 AND POINTE 1 6:30-8 PM	BALLET 3 AND POINTE 1 6:30-8 PM							BALLET REHEARSALS TBD	PRE-POINTE 10:45-11:15 AM	STRETCH & CONDIT. 11:15 AM-12 PM	JUMPS/ LEAPS/TURNS LEVEL 1 12-1 PM
JAZZ 4 6:30-8 PM	TAP 2 7-8 PM		BALLET 4/ POINTE 2 & PARTNER 6-8 PM		LYRICAL 7-8 PM	MODERN 7-8 PM	TAP 3 7-8 PM			CONTEMP. 2 6:30-8 PM				BALLET 3 AND POINTE 1 6:30-8 PM	BALLET REHEARSALS TBD	COMPANY REHEARSALS 12-3 PM	COMPANY REHEARSALS 12-3 PM

All TDC classes are coeducational.

All classes subject to change or may be combined, based on enrollment.

2022-2023

RESIDENT TDC FACULTY



NATASHA C. RHODES
ARTISTIC DIRECTOR, BALLET, TDC COMPANY CO-DIRECTOR
ABT® Certified Teacher, Primary through Level 3
Elon University



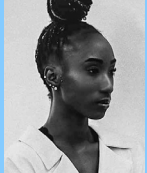
ZENA MADDOX
BALLET, LYRICAL
Motionwear Dancer of the Year
Butler University



SHELBY KOLAR
JAZZ, BALLET, TDC COMPANY CO-DIRECTOR
NFL Washington Commanders Cheerleader
Mercyhurst University



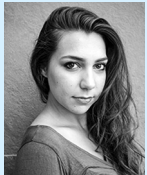
JENNIFER SINGER
ACRO
Acrobatic Arts Certified
Maryland Institute College of Art



LATEISHA MELVIN
CONTEMPORARY, CONDITIONING, TDC COMPANY CO-DIRECTOR
Muve|Meants
Virginia Commonwealth University



LILY MAE SCHRIENER
BALLET, MUSICAL THEATRE
Baltimore Blast Cheerleader
Towson University



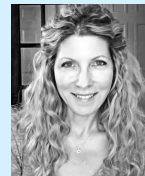
JULIA PIPER
TDC COMPANY CHOREOGRAPHER
Eddie Stockton Dance Arts
Goucher College



KAMALI HILL
MODERN, AFRO-FUSION
MFA Texas Woman's University
Virginia Commonwealth University



ALAINA TARY
BALLET
ABT® Certified Teacher, Primary through Level 3
The Julliard School



LINDA O'BRIEN
BALLET, TAP, MUSICAL THEATRE, JAZZ
ERYT-200 Yoga Instructor
Towson University



JOELLE SZYCHOWSKI
BALLET
Dance and Bmore
Goucher College



TREY GREGG
JAZZ, JUMPS, LEAPS, & TURNS
Ballet Hispanico
Shenandoah University



FALKNER DISCHER
BALLET
ABT® Certified Teacher, Primary through Level 3
Towson University



IMPORTANT DATES

2022-2023

AUGUST

8 (MON) | 4:30-6:30 PM | STUDIO A.....**COMPANY AUDITIONS** (FOLLOWING INTENSIVE 3)
22 (MON) | 5:30-6:30 PM | STUDIO A.....**ORIENTATION** (PARENTS & STUDENTS)
23 (TUES) | 5-7 PM | STUDIO A.....**PLACEMENT CLASS & COMPANY AUDITIONS** (AGES 10-13)
24 (WEDS) | 5-7 PM | STUDIO A.....**PLACEMENT CLASS & COMPANY AUDITIONS** (AGES 14-18)
29 (MON) | 5-7 PM | STUDIO A.....**MAKE-UP PLACEMENT CLASS** (AGES 10-18)
30-1 (TUES-THURS) | TIMES TBD.....**TDC COMPANY CHOREOGRAPHY**

SEPTEMBER

6 (TUES).....**TDC FIRST DAY**
10 (SAT).....**PRE-PRIMARY SESSION 1 BEGINS**
26 (MON).....**ROSH HASHANAH** (CLASSES END AT 5 PM)

OCTOBER

4 (TUES).....**YOM KIPPUR** (NO CLASSES)
10 (MON).....**FALL BREAK** (NO CLASSES)

NOVEMBER

7-13 (MON-SUN).....**OBSERVATION WEEK**
23-27 (WEDS-SUN).....**THANKSGIVING BREAK** (NO CLASSES)
29 (TUES) | 4-6 PM.....**NUTCRACKER TECH REHEARSAL**

DECEMBER

3 (SAT) | 9-10 AM.....**MINI NUTCRACKER** (SELECT CLASSES)
19 (MON).....**WINTER BREAK BEGINS** (NO CLASSES)

JANUARY

2 (MON).....**CLASSES RESUME**
7 (SAT).....**PRE-PRIMARY SESSION 2 BEGINS**
16 (MON).....**MLK OBSERVANCE** (NO CLASSES)

FEBRUARY

20 (MON).....**PRESIDENTS' DAY** (NO CLASSES)
22 (WEDS).....**ASH WEDNESDAY** (CLASSES END AT 5 PM)

MARCH

13-20 (MON-MON).....**SPRING BREAK** (NO CLASSES)

APRIL

7-10 (FRI-MON).....**EASTER BREAK** (NO CLASSES)

MAY

8-14 (MON-SUN).....**ALL CLASSES IN WARD**
15-19 (MON-FRI) | 4-8 PM | THE WARD CENTER.....**TECH/DRESS WEEK**
20 (SAT) | 4 PM | THE WARD CENTER.....**TDC PERFORMANCE** (TICKETS REQUIRED)
21 (SUN) | 2 PM | THE WARD CENTER.....**TDC PERFORMANCE** (TICKETS REQUIRED)
22 (MON) | 4-6 PM | STUDIO A.....**CONCERT VIEWING & COMPANY FAREWELL**



CLASS PRICING

HOURS PER WEEK, BASED ON A 38-WEEK SEASON



PRE-PRIMARY BALLET (COST PER SESSION)	-	\$270
0.5 HOURS (30 MINUTES)	-	\$380
0.75 HOURS (45 MINUTES)	-	\$530
1 HOUR	-	\$700
1.25 HOURS (1 HOUR, 15 MINUTES)	-	\$880
1.5 HOURS (1 HOUR, 30 MINUTES)	-	\$990
2 HOURS	-	\$1,190
2.5 HOURS (2 HOURS, 30 MINUTES)	-	\$1,410
3 HOURS	-	\$1,460
3.5 HOURS (3 HOURS, 30 MINUTES)	-	\$1,560
3.75 HOURS (3 HOURS, 45 MINUTES)	-	\$1,620
4 HOURS	-	\$1,730
5 HOURS	-	\$2,020
INDIVIDUAL UNLIMITED	-	\$2,500
FAMILY UNLIMITED	-	\$3,500



The Dance Conservatory has been designed for beginning through advanced dancers to identify, nurture, develop, and train the Baltimore community's children in the art of dance. The program offers students the opportunity to foster and enrich their dance education through the development of technical proficiency, artistic growth, and creativity.

VISIT US!

We invite you to come tour our facility and talk with the director about the wonderful opportunities and dance education that awaits you.

 [Instagram.com/
TheDanceConservatoryBaltimore](https://www.instagram.com/TheDanceConservatoryBaltimore)

 [Facebook.com/
TheDanceConservatoryBaltimore](https://www.facebook.com/TheDanceConservatoryBaltimore)

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 nrhodes@stpaulsmd.org

 stpaulsmd.org/TDC

The logo for The Dance Conservatory, featuring the letters 'TDC' in a large, white, stylized, cursive font.

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BROOKLANDVILLE, MD 21022