

# Fall Sports Checklist

- **LHS Parent/Coach All Sports Meeting - August 9th @6:00 PM**
  - High School Auditorium - All Sports
    - \*\*\*Any families considering playing a sport during the 2022-23 school year should attend.
  - Fall Sports Individual Team Meetings to follow
- **LMS Parent/Coach All Sports Meeting - August 16th @6:00PM**
  - Middle School Gym
- **First Day of Practice High School**
  - August 11th - Golf
  - August 12th - Football, Volleyball, Soccer, Cross Country, and Cheer
- **First Day of Practice Middle School**
  - August 22nd
- **Documents to complete after July 15th but before the first day of practice**
  - Create a DragonFly account
    - <https://resources.finalseite.net/images/v1650576015/laurelk12mtus/alyh7i2iqz39ugabkp6v/signuphandout.pdf>
    - Dragonfly help will be provided during the Aug. 9th meeting
    - Upload completed forms to DragonFly
  - Chemical Use Policy
    - [https://resources.finalseite.net/images/v1650572081/laurelk12mtus/woviscjwgpu8vp6cvtob/sports\\_form.pdf](https://resources.finalseite.net/images/v1650572081/laurelk12mtus/woviscjwgpu8vp6cvtob/sports_form.pdf)
  - Sports Physical
    - [https://cdn1.sportngin.com/attachments/document/ad7e-1857956/Pre-participationPhysicalForm-2022-23.pdf#\\_ga=2.198884588.253329820.1656623561-556805536.1626472752](https://cdn1.sportngin.com/attachments/document/ad7e-1857956/Pre-participationPhysicalForm-2022-23.pdf#_ga=2.198884588.253329820.1656623561-556805536.1626472752)
  - Concussion Form (Signed)
    - <https://resources.finalseite.net/images/v1650572488/laurelk12mtus/uriluopym2hncnlvo3gq/concussionform.pdf>
  - Locomotive Code of Conduct
    - Signed in DragonFly
  - Turned in by 1<sup>st</sup> practice
- **Activity Participation Fee \*\*\*Paid before 1st practice**
  - LHS - \$50 per sport - no more than \$100 per year
  - LMS - \$35 per sport
  - Season Passes
    - Individual Student - \$35.00
    - Individual Adult - \$65.00
    - Family Pass - \$160.00
      - Two adults and two students
      - \*\*\*Cannot be used towards participation fee
- **Impact Testing for all incoming freshmen and new students**
  - <https://www.impacttestonline.com/htmllauncher>
  - Code: 303ece13fa
  - Completed before the first day of practice
- **Parent Release Form**
  - Arrangements for alternative travel must be made **48** hours in advance.
  - <https://resources.finalseite.net/images/v1650576017/laurelk12mtus/bubc4sfvpxagoapvlen/parentreleaseform.pdf>
- **Fall schedules will be released July 15th**

\*\*\*Please turn in hard copies of forms to your head coach