

8-21-18 eNews

SUBJECT: Edmonds School District News: New Mobile App; Two New School Dedications; Calendar and Family Handbook

Welcome eNews Readers!

Welcome to both new and returning readers of Edmonds School District eNews! Sent bi-weekly from the Communications & Public Relations department, eNews connects our over 20,000 students and families from 34 schools and programs. We strive to involve, inform, celebrate, and recognize student, staff and school accomplishments.



We are very excited to be getting back into the swing of things for this new school season! School buildings are open for registration and kindergarten jump start is underway this week. We look forward to seeing our families at upcoming orientations and back-to-school events. Hopefully students have had a great summer, are fully rested, and ready to get back to learning!

Edmonds PreK: A Family Learning Experience

Join us for a PreK learning experience for children and their caregivers! Edmonds School District offers 8 PreK experiences throughout the district. This program is designed for children and their caregivers to attend together and develop skills to help families succeed in kindergarten. This program is available to ALL families located within the Edmonds School District boundaries. Please contact any of the participating schools for more information.

- FREE 2-hour sessions each week for you and your child
- Fun & engaging educational experiences for your 4-5 year old
- Coaching for you as a parent or caregiver in how to help your child at home
- A chance to connect with other families in your neighborhood
- AM and PM sessions available

For more information, please visit us [online](#).

New Edmonds School District Mobile App for Families

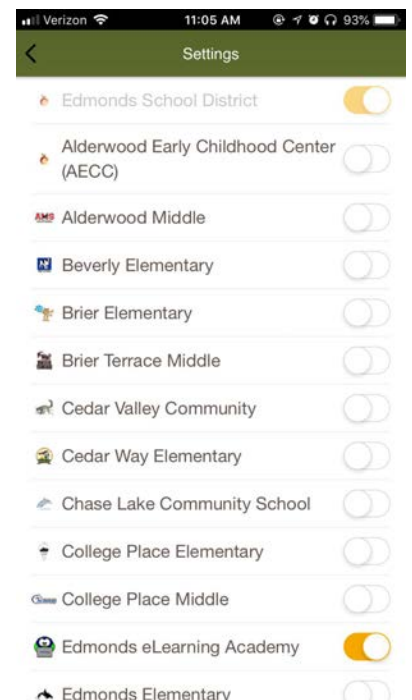
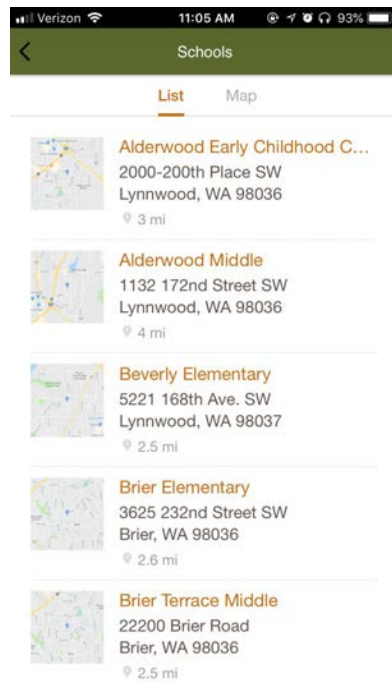
We are thrilled to share our new mobile app, **Edmonds K12**, that is available for download onto your mobile phone or other mobile device. Here you can quickly find school locations, get important notifications, the latest news, lunch menus, and the athletics calendar. The app has quick and easy links to reporting for our safe school alert as well as links to our social media and other class applications. It's information on the go!



- Select one or multiple schools for updates and information
- Get notifications wherever you are
- Easily check Skyward
- View daily lunch menus
- And more...



Download the app today!
[Edmonds K12](#)



Speaking of mobile apps...Our Food & Nutrition Services has just launched a menu and nutrition app for families and students – My School Menus™. Available in the iTunes App Store and Google Play, the My School Menus™ app allows access to nutrition information for the school meal programs on any device.

You can also get the information by visiting the district website or www.MySchoolMenus.com. There, you can easily print nutrition information and district menus for posting at home. The Food Service Department is excited to offer parents and students this new nutrition resource. For further questions regarding My School Menus™, Contact: [Megan de Vries](#) at 425.431.7073.

Features of My School Menus™

- Nutrient Data by Menu item: hovering over a menu item will show nutrient data
- Build-a-Meal Nutrient Data: choose build-a-meal to get totals of individual nutrients for all items chosen by a student
- Ingredient information for certain menu items
- Complete list of all food choices available to students
- Allergen identification: allergen filter to strikethrough foods containing the following allergens: wheat, soy, eggs, fish, peanuts, tree nuts, milk
- Attribute identification: symbols identifying foods as GMO free, kosher, gluten-free, vegan, vegetarian, locally grown, made from scratch
- Translation to 180 languages using Google Translate
- Links to Child Nutrition sites like prepayments, applications and policies
- Information about Child Nutrition
- Picture of foods are also available

[Download from the App Store](#)

[Download from Google Play](#)

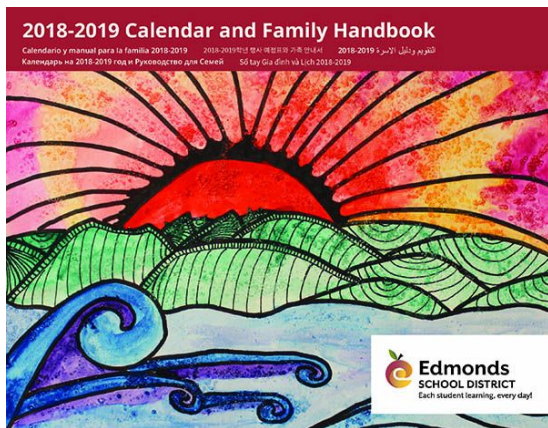


You're Invited! Mountlake Terrace Elementary and Lynnwood Elementary Dedications

You're invited to dedication ceremonies for two new Edmonds School District elementary schools!

Mountlake Terrace Elementary's dedication will be held on Sept. 19 and Lynnwood Elementary's dedication will be held on Sept. 20. Join us for the dedication of the two schools 6-7:30 p.m.

Calendar and Family Handbook On the Way to Mailboxes



The [Edmonds School District Calendar and Family Handbook](#) will be delivered to the Post Office today. That means you should see them in your postal mailboxes starting Thursday, Aug. 23.

This year's Calendar and Family Handbook features artwork from 50 District students. Congratulations to our students on their fantastic work!

Time to Sign Up for Fall Sports

We are excited for the 18-19 school year and want to ensure all incoming students have the necessary information regarding fall sports. Fall sports at the High School level begin BEFORE the first day of school. Below you will find key dates for the fall and eligibility requirements.



We would love to see all incoming freshman participate in at least one sport during the school year, and fall sports, in particular, are a great way to meet new people and make friends before the school year even starts. If your student would like to participate in athletics, yet struggles with feeling confident in his or her abilities, please encourage them to join a non-cut sport. Non-cut sports welcome students of all abilities; if a student wants to participate, work hard, and try to improve, they are on the team. Even though soccer and volleyball are cut sports, they encourage everyone interested to turn out. The non-cut sports for fall are identified below with an *

FALL 2018 SPORTS:

High School – Girls' Soccer, Girls' Swim*, Volleyball, Cross-Country*, Football*, Boys' Tennis*
Middle School – Football* (8th grade only), Fastpitch, Cross-Country*

FALL 2018 SPORT START DATES:

High School Football, Aug. 15
High School Fall Sports, Aug. 20
Middle School Fall Sports, Sept. 6

More information and forms are available online:

<https://edmonds-schools.rankonesport.com/New/Home.aspx>

EpiPen Shortage

There's an EpiPen shortage underway. This is a product used to counter severe allergic reactions, including peanut and other food allergies. It's unclear exactly how long these manufacturing issues will last. Those who rely on EpiPens still have options, however. The FDA points out that competing products are still widely available. The injection methods and epinephrine dosages may be different from the EpiPen, so it's important to ask your doctor or pharmacist about the proper way to use a different device.

Edmonds school district employees are expected to follow the school board policy 8315-Accommodating Students with Life-Threatening Conditions "Prior to attendance at school, each child with a life-threatening health condition shall present a medication or treatment order addressing the condition. A Life Threatening Health Condition means a condition that will put the child in danger of death during the school day if a medication or treatment order providing authority to a registered nurse and nursing plan are not in place. Following submission of the medication or treatment order, a nursing plan shall be developed."

Please plan accordingly so that your student may be able to have a great start to the school year.

English Language Classes for Parents

English classes for parents of children in the Edmonds School District begin on Thursday, Sept. 20, at 7 p.m. at Mountlake Terrace High School, [21801 44th Avenue West](#). Please register for classes on Sept. 20 at 7 p.m. in the school cafeteria.



We have free extending learning time for children 3 to 10 years. Children need to be out of diapers. Please come and enjoy meeting other parents and learning English. This session will meet for 8 weeks. We have beginning and intermediate level classes.

We hope to see you there!

Clases de inglés para padres de niños en el distrito escolar de Edmonds comienzan el jueves, 20 de septiembre, a las 7:00 de la tarde en la cafetería de la escuela secundaria [Mountlake Terrace, 21801 44 Avenue West](#) (avenida oeste). Por favor, regístrese para la clase a las 7:00 de la tarde, el 20 de septiembre, en la cafetería de la escuela. Tenemos tiempo de aprendizaje extendido gratis para niños de 3 a 10 años. Por favor, anote que solamente aceptamos niños que ya no usan pañales. Gracias. Por favor venga y disfrute de conocer a otros padres y aprender inglés. Esta sesión nos encontramos por 8 semanas. Tenemos clases de principiante y de nivel intermedio. ¡Esperamos verlos ahí!

Move 60! Summer Program a Huge Success!



The Move 60! Summer Program at South Lynnwood Park was a huge success! There were an average of 30-40 students in attendance Mondays through Thursdays all summer long. The last day is Thursday, Aug. 23.

Students had the opportunity to eat a free lunch each day which was a partnership with the Summer Meals Program/Nourishing Network and then participate in games and activities at the park. There were soccer games, stations with fun equipment, parachute games, basketball, four square and much more. The Move 60! instructors made it fun each day with a goal of providing an hour of exercise for everyone in attendance.

Thank you to everyone who stopped by this summer!

Back to School Shopping at Clothes for Kids



Students in Snohomish County who qualify for free or reduced meals – mark your calendars! Clothes for Kids opening day for Back-to-School shopping is Wednesday, Aug. 22. Parents, bring your award letter from your child's school. For more information on this great program, visit: <https://clothesforkids.org/>

Life Saving Training for Edmonds District Leaders

South County Fire created a 60 minute model for teaching citizens lifesaving first aid skills and trained over 120 Edmonds School District administrators earlier this month. The new A.C.T. training is a one-hour program that focuses on three skills you can use to save a life in the first five minutes of an emergency.

A.C.T. stands for:

Antidote for suspected opiate overdose

Most people hear the word opiate and think of street drugs like heroin, but it also includes many painkillers prescribed after surgery or injury. Opiate overdose is the leading cause of death for people under 50. A.C.T. teaches you how to administer an antidote nasal spray available without a prescription at many local pharmacies.

CPR and AED for sudden cardiac arrest

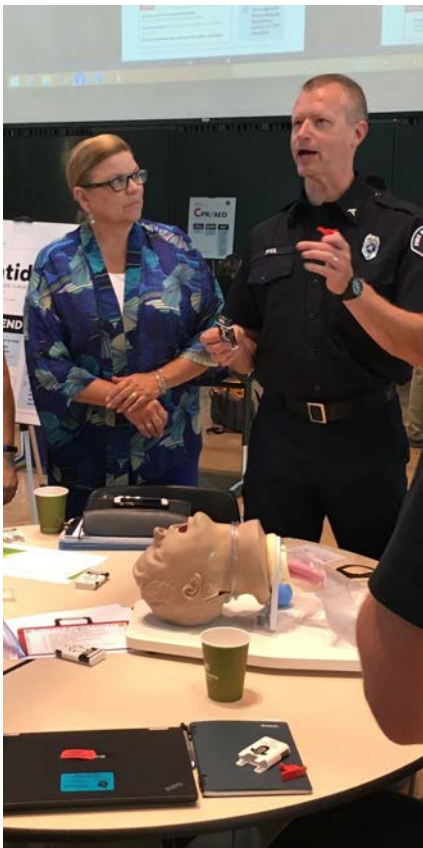
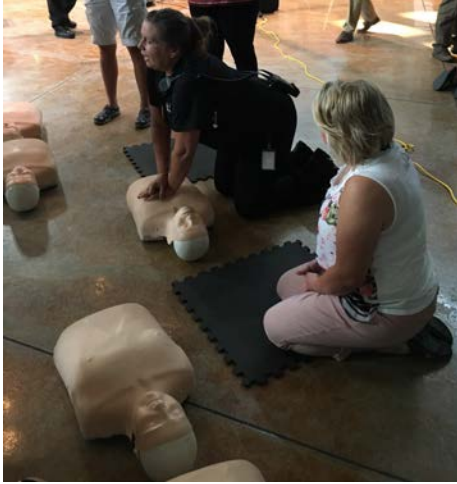
CPR and AED (automated external defibrillator) are both used to treat sudden cardiac arrest, the leading cause of death in the United States. AEDs are located in many public gathering places and can be easily and safely used to administer a shock to restore heartbeat rhythm. CPR and AED use in the first few minutes of sudden cardiac arrest can greatly increase the odds of survival.

Tourniquet for bleeding control

Severe bleeding is the leading cause of death in earthquakes, terror attacks and mass shootings. Applying a tourniquet to an arm or leg injury or packing a torso wound in the first five minutes can be lifesaving.

South County Fire's A.C.T. training is free, but you must register in advance. More information can be found here: <http://www.southsnofire.org/education/a-c-t-first-aid-class>





Employment Opportunities!



Edmonds School District is now hiring Food Service Workers for lunch service and bus drivers!

Paid training offered for bus drivers – no experience necessary – and benefits are included. “It is a challenging job, but an exciting and rewarding position focused on safety,” said Ben Mount, Transportation Director.

For more information, please visit our job postings at:

<https://www2.nwrdc.wa-k12.net/scripts/cgijp.exe/WService=wedmonds71/rappImnu03.w>

Save the Date! Celebrate Schools 5K Run/Walk

Saturday, October 6, 2018 – Celebrate Schools 5K Run/Walk. Proceeds benefit Foundation for Edmonds School District. Register at www.foundationesd.org or call 425-413-7341.



Presents the 10th Annual



CELEBRATE SCHOOLS 5K RUN/WALK

SATURDAY

OCTOBER 6, 2018

ALDERWOOD MALL

RUN/WALK

STROLLER AND PET-FRIENDLY

COSTUME CONTESTS

BATTLE OF THE BANDS



Proceeds benefit
Foundation for
Edmonds School District

REGISTER AT FOUNDATIONESD.ORG

425-431-7341

eFliers

The Edmonds School District supports non-profit community organizations by providing information about program offerings. You may access the latest fliers approved for distribution to our families by clicking on this [Community eFliers](#) link.

Save the Date

- Tuesday, Aug. 21. Students with Life Threatening Conditions – medications due to schools.
- Wednesday, Aug 22. Clothes for Kids Back-to-School shopping.
- Tuesday, Aug. 28. 6:30 p.m. Special School Board Meeting at the Educational Services Center.
- Monday, Sept. 3. Labor Day.
- Tuesday, Sept. 4. Professional Development Day.
- Wednesday, Sept. 5. First Day of School (Grades 1-12).

- Monday, Sept. 10. First Day of Kindergarten.
- Tuesday, Sept. 11, 6:30 p.m. School Board Meeting at the Educational Services Center.
- Monday, Sept. 24. 6:30-8 p.m. Equity Alliance for Achievement Meeting at the Educational Services Center.
- Tuesday, Sept. 25, 6:30 p.m. School Board Meeting at the Educational Services Center.
- Friday, Sept. 28. Early Release (all grades).