



NEW STUDENT SUNRISE

YOU HAVE QUESTIONS, WE HAVE ANSWERS!





NEW STUDENT SUNRISE

SCHEDULE OF EVENTS:

- 8:00-9:10 - Opening Session - Large Gymnasium
- 9:10-9:20 - Snack Time - Breezeway
- 9:20-9:50 - Session 1 - Select from the List
- 10:00-10:30 - Session 2 - Select from the List
- 10:40-11:10 - Session 3 - Select from the List
- 11:15-11:55 - Session 4 - Large Gymnasium
- 11:55 - Closing Words - Large Gymnasium
- 12:00 - Lunch and Tours - Open Campus*

*Upperclassmen and teachers are available to show you where your classes are located.

CHOOSE YOUR SESSIONS:

9:20-9:50 - Session 1

1st Priority: _____

Alternative: _____

10:00-10:30 - Session 2

1st Priority: _____

Alternative: _____

10:40-11:10 - Session 3

1st Priority: _____

Alternative: _____

SESSION TOPICS:

C = Conservatory Building E = Education Building G = Gym Building

*Staff and Students will be positioned all over campus with "Need Help?" Buttons, please ask them for assistance in navigating to your sessions

Community service required hours, where, when and why?	Mr. Galleher Teacher	C307	1,2,3
Homework management, tips for successful test-taking and study skills	Mrs. Danielle Carter Teacher	E216	1,2,3
How do I purchase my books?	Mrs. Judy Fuller	E207	1,2,3
How to live a life of balance? Academics & Extra-Curriculars	Mrs. Haley Eastman Counselor/Alumni	G106	1,3
How do I get involved in spirit weeks? (Homecoming and Warrior Warz)	Mrs. Megan Luper Teacher/Alumni	G130	1,2,3
How to best communicate with your teachers, and students it's time to be empowered.	Ms. Condos Teacher/Alumni	E107	1,2,3
Just because we disagree does not mean we can't be friends. The importance of respecting differing opinions.	Mr. Torode Counselor	C411	1,2,3
Hakuna Matata (How to be happy and healthy)	Mrs. Hernandez Wellness Director	Counseling Board Room	2,3
Living in the iPad world	Mr. Cunningham IT Support	G137	1,2,3
IMPACT (mission trips) how do I get involved?	Cindy Torode IMPACT Director	G126	1,2,3
How to treat one another	Dr. Avilucea Counselor	E206	1,2
How to make the Handbook work for you	Mrs. McKenna Pereira Counselor	E221	2,3
Achieving Success at VCHS as a student of color	Dr. Avilucea Counselor	E206	3
How to Succeed in High School... Well in the Classroom Anyway...	Mr. Reichow Teacher	E109	1,2,3
The Dangers of the comparison Game	Mrs. Amy Smith Counselor	G144	1,2
The importance of making the right kind of friends	Mrs. Hea Jin Thomas Counselor	E302	1,3
Matata Hakuna (What do you do when your not okay)	Mrs. Martinez Wellness Counselor	Testing Center	1,2
Student life at Valley (Student Panel)	Mr. Cannistraci ASB Director/Alumni	Mat Room	1,2,3
What I wish I knew as a freshman (Student Panel)	Mr. Lewis & Mrs. Ortiz Counselor & Teacher	Theatre	1,2,3



NEW STUDENT SUNRISE ROAD MAP FOR THE DAY



Doors Open @ 8am
Check-in from 8-8:20am



Welcome, Prayer, &
Introductions
8:20-8:25am



Objectives for the day
8:25-8:30am



Button Mixer
8:30-8:50am



"Choose to be Here"
Pastor Dang & Dr. McGriff
8:50-9:05am



Find NEED HELP People
for directions to sessions
9:05-9:10am



Session One
9:20-9:50am



Session Two
10:00-10:30am



Session Three
10:40-11:10am



Program Presentations
10 mins. per Program
11:15am-12:00pm

B2S BASH
BACK 2 SCHOOL BASH

