AMERICA’S HISTORIC CITIES OF THE SEA

With Professor Emeritus Lee Cuba
Former Dean of Wellesley College

A Voyage From Atlantic Canada to the Shores of Florida

Aboard the New 152-Guest Expedition Cruise Ship Vega

October 9–21, 2022
Dear Wellesley Alumnae,

We invite you to join a voyage that spans the entire Eastern Seaboard of the United States, sailing from Halifax, Nova Scotia, to the southern shores of Florida. En route you will explore one of the most culturally diverse and historically important regions in the United States as you reflect on the transformation of this coastline from a world of small villages and farms to the home of some of the world's great cities.

As you cruise from port to port, you will revisit five centuries of American history. First explore Native American life at the Abbe Museum in Bar Harbor, Maine. The Colonial period comes to life in Massachusetts and in the living museum of Williamsburg, Virginia. The wealth of the plantation owners of the Antebellum South is on display in New Bern, North Carolina, Charleston, South Carolina, and Savannah, Georgia — as is the very different experience of the enslaved peoples whose labor created that wealth. You will encounter a newer sort of wealth, based on railroads and oil, in the summer "cottages" of New York's elite in Newport, Rhode Island. And in New York City, witness the result of the great waves of immigration of the late 19th and 20th centuries in one of the most culturally diverse cities in the world.

To provide context and to help make some sense of all of this, you will be joined by Wellesley Professor of Sociology Emeritus Lee Cuba. In a series of lectures and discussions drawing on his long interest in how people adapt to new places and how they build identities in changed circumstances, Lee will explore issues like the difference between forced and voluntary relocation, the connection between slavery and mass incarceration, and the criminalization of poverty and homelessness that often accompanies gentrification. And he will engage informally with alumnae throughout the voyage on shore excursions, over meals, and while relaxing aboard ship.

Adding to the appeal of this journey is the ship itself. Built in Finland this year, Vega is a state-of-the-art, new-generation expedition cruise ship that accommodates just 152 guests in superb surroundings that include spacious staterooms and suites, most with private balconies, elegant lounges and other amenities. Vega is also equipped with environmentally friendly technological and mechanical innovations.

It is not often that such a comprehensive voyage of the entire Atlantic coastline is made available. And October, the month that displays the brilliant colors of fall foliage, is perhaps the best time of the year to undertake such a journey. We invite you to join Lee Cuba and Wellesley alumnae to discover and rediscover America's Historic Cities of the Sea.

Warm regards,

Kathryn Mackintosh '03
Executive Director
Wellesley College Alumnae Association

Cover photo: Charleston, South Carolina

Lee Cuba is professor of sociology emeritus at Wellesley College, where he taught from 1981 to 2022. Professor Cuba's research is concerned with the acquisition and meaning of place identities, with a particular focus on how migrants come to feel at home in new places and the role of geographic relocation in the transition to new statuses. He pursued these interests through fieldwork in Anchorage, Alaska, and Cape Cod, Massachusetts, and more recently has explored how college students acquire a sense of "at-homeness" on their campuses. From 2004 to 2014, Professor Cuba served as the principal director of the New England Consortium on Assessment and Student Learning (NECASL), a collaboration involving seven selective liberal arts colleges funded by the Teagle, Spencer and Andrew W. Mellon Foundations. This longitudinal study, involving more than 250 students, informed his co-authored book Practice for Life: Making Decisions in College (Harvard, 2016.)

In addition to faculty appointments in the sociology department, Professor Cuba has held a variety of administrative positions at the College: chair of the sociology department, associate director of the Writing Program, associate dean of the College, and dean of the College. During his time in the dean's office, Cuba played a role in a number of efforts that shape the educational experiences of Wellesley students, including a revision of the curriculum, an expansion of the College's internship programs, and the creation of the Ruhlman and Tanner Conferences. Away from Wellesley, he has served as a consultant to the United Religions Initiative and several liberal arts colleges. In 2020, he was Visiting Wong Ng't Liong Professor and special advisor to the vice president for academic affairs at Yale - National University of Singapore College, one of the first liberal arts colleges in Asia.

A member of Phi Beta Kappa, Professor Cuba received a B.S. degree, summa cum laude, from Southern Methodist University in 1976 and a Ph.D. from Yale University in 1981. He served as the William R. Kenan, Jr. Professor at Wellesley from 2004-2014. His research has been supported by the National Institutes of Health and the Spencer Foundation. Professor Cuba is the recipient of the Pinanski Prize for Excellence in Teaching, the Apgar Prize for Teaching Excellence, and the Alumnae Association Faculty Service Award.

FOR RESERVATIONS AND INFORMATION, PLEASE CALL THALASSA JOURNEYS TOLL-FREE AT 866-633-3611
Currently under construction in Finland and launching in July 2022, Swan Hellenic’s Vega is a new-generation expedition cruise ship. Although at 10,250 tons the ship is large enough to accommodate more than 250 passengers, Vega will accommodate a maximum of 152 guests in 76 spacious staterooms and balcony suites. The low guest density results in one of the most generous indoor and outdoor space-to-guest ratios among cruise ships.

Featuring the latest advances in technology and engineering, Vega is among the world’s first environmentally responsible ships. Equipped with hybrid engines, a system of powerful batteries, and a unique water filtration system, Vega leaves a minimal footprint. For cruising in Polar regions, the ship meets the stringent requirements of the new Polar Code with its high PC5 Category A ice-strengthened hull and other advanced features. A computer-controlled Dynamic Positioning System allows the ship to maintain position without anchoring. Operated by a complement of 120 experienced European officers and international crew members, Vega will carry a fleet of Zodiacs, versatile landing boats, and kayaks. Powerful stabilizers provide a smooth ride.

Vega’s interior spaces exude sophisticated elegance, with most rooms opening to panoramic views of the sea. All staterooms and suites face outside and are equipped with private facilities, climate control, TV, Wi-Fi and USB connections, and other amenities. Of the ship’s 76 staterooms, 60 have balconies. Public areas include a spacious observation lounge equipped with state-of-the-art facilities for lectures and presentations; a club lounge; a restaurant that accommodates all guests at one seating; an outdoor café/bar that surrounds the heated swimming pool; a wellness area with gym, spa, and sauna with an adjoining outdoor jacuzzi; library; beauty salon; and an infirmary that is attended by a full-time doctor and nurse. The ship also features expansive open-deck areas. Two elevators connect all decks. Attentive service is provided on a 24-hour basis. The outstanding cuisine is complemented by fine wines at lunch and dinner.
DAY 1: Sunday, October 9, 2022

USA/HALIFAX, Nova Scotia, Canada: Fly to Halifax. Upon arrival, transfer to the Halifax Marriott Harbourfront Hotel. In the evening, enjoy a welcome reception.

DAY 2: Monday, October 10

HALIFAX/EMBARKATION ON VEGA: Founded in the 18th century, the port city of Halifax is the capital of Nova Scotia and a major economic center of Atlantic Canada. Tour the city’s historic sites, including the Province House, Canada’s oldest house of government and one of the finest examples of Palladian architecture in North America; St. Paul’s church, the oldest building in the city; the Citadel National Historic Site; and the beautiful Public Gardens. After lunch at a local restaurant, transfer to the pier to board Vega and sail.

Meals: B,L,D

DAY 3: Tuesday, October 11

BAR HARBOR, Maine: After a relaxing morning sailing along the dramatic Maine coastline, call at Bar Harbor. Surrounded by the Acadia National Park, this quaint fishing village on Mount Desert Island was a fashionable resort town in the late 1800s. Begin with a visit to the Abbe Museum, whose exhibits chronicle the history and culture of the Wabanaki native peoples, before touring the Wild Gardens of Acadia, showcasing over 300 native plant species.

Meals: B, L, D

DAY 4: Wednesday, October 12

GLOUCESTER, Massachusetts: From the charming old fishing port of Gloucester, you may choose to spend the day in Boston exploring the city’s iconic historic sites, including the Public Garden, Beacon Hill, the Freedom Trail, and the Old North Church. Also visit the superb Isabella Stewart Gardner Museum, which exhibits significant American, European and Asian art. Alternatively, you may wish to discover the North Shore—the ship-building towns of Salem and Marblehead and the stunning Peabody-Essex Museum, with permanent exhibits of Native American, Asian, and Maritime art.

Meals: B, L, D

DAY 5: Thursday, October 13

NEWPORT, Rhode Island: Newport, the one-time summer playground of New York’s wealthiest families, is best known for the grand “cottages” they built here, many of which are now cared for by the Preservation Society of Newport County and open to the public. Visit Rosecliff, designed by architect Stanford White and inspired by the Grand Trianon, the garden retreat of the French kings at Versailles; and Marble House, Alva Vanderbilt’s opulent “temple to the arts,” whose grounds include a Chinese tea house overlooking the sea. Drive through the charming streets of the old port and note the many historic buildings, including Touro Synagogue, a National Historical Site and the oldest synagogue in the United States.

Meals: B, L, D

DAY 6: Friday, October 14

NEW YORK CITY, New York: In the morning, Vega will sail by the Statue of Liberty, around the southern tip of Manhattan to dock at one of the city’s piers on the Hudson River. During our full day in New York, we will offer a choice of excursions that highlight some of the city’s most magnificent and important sites, as well as some beyond its limits. A morning tour of lower Manhattan will include Battery Park, the U.S. Custom House, Fraunces Tavern, Wall Street, Trinity Church, the New York Stock Exchange, and the 9/11 Memorial. Following lunch, you may join an excursion to the Metropolitan Museum of Art, America’s premier museum, or you may spend the afternoon exploring this dynamic city on your own. Another excursion will travel to upper Manhattan to The Cloisters, one of the jewels of the city, which includes a group of medieval chapels and gardens that house medieval art and provide spectacular views of the Hudson River. From The Cloisters, continue to Pocantico Hills, located north of the city, to visit Kykuit, home to four generations of Rockefellers.
where we will visit the mansion, the sculpture garden and the Union Church, which is adorned with art by Matisse and Chagall. Vega will remain in New York until late in the evening.

Meals: B, L, D

DAY 7: Saturday, October 15

AT SEA: Enjoy the ship’s superb facilities and attend lectures as the ship sails along the country’s East Coast.

Meals: B, L, D

DAY 8: Sunday, October 16

NORFOLK & COLONIAL WILLIAMSBURG, Virginia: From Norfolk, drive to Colonial Williamsburg, the capital of the Virginia colony from 1699 to 1780. Today, Williamsburg is a living museum offering a glimpse of 18th-century life. Our guided tour leads past the Capitol, the courthouse, the Governor’s Palace, and Bruton Parish Church, which has held Episcopal services since 1715. Also enjoy time at leisure to explore the museums and stroll the side streets filled with taverns, bakeries, and the restored houses of wheelwrights, coopers, apothecaries, and other tradesmen.

Meals: B, L, D

DAY 9: Monday, October 17

MOREHEAD CITY & NEW BERN, North Carolina: Arrive in Morehead City, home to large encampments of both armies during the Civil War, for an excursion to New Bern. Located on the confluence of two rivers, New Bern was one of the oldest colonial towns in North Carolina, founded in 1710, and the state’s capital in the late 18th century. Its well-preserved historic districts include many homes, stores and other structures that date to the colonial period. Along the waterfront alone are 164 buildings listed in the National Register. After the American Revolution, New Bern attained great wealth and became known for its rich cultural life. Visit some of the stately homes, including Tryon Palace and its gardens, the administrative headquarters and residence of the British governors.

Meals: B, L, D

DAY 10: Tuesday, October 18

CHARLESTON, South Carolina: One of the loveliest cities along the Atlantic coast, Charleston is where the first shots of the Civil War were fired at Fort Sumter. Our exploration of this prosperous and cosmopolitan seaport begins with a drive to historic Middleton Place, a carefully preserved 18th-century plantation that is a National Historic Landmark. Here we focus on the everyday lives of the enslaved people who worked the fields and labored in the stables, before visiting the House Museum and 65 acres of magnificent gardens. Returning to Charleston, tour the extensive historic district, including the 18th-century Heyward-Washington House, featuring an enchanting formal garden; the Calhoun Mansion, noted for its ornate moldings and sweeping stairwell; and the Nathaniel Russell House, one of America’s most superb neoclassical buildings.

Meals: B, L, D

DAY 11: Wednesday, October 19

SAVANNAH, Georgia: Spend the day in Savannah, Georgia’s oldest city, founded by James Oglethorpe in 1733. In 1864, the city fell to Sherman’s troops and was spared destruction when President Lincoln intervened on its behalf. Today the fine avenues and open spaces form the cornerstone of the historic district’s 1,000 Federal and Regency buildings and 21 verdant squares. Explore the historic district, including the elegant Federal-style Davenport House; the opulent Regency-style Owens-Thomas House; and the Romanesque Cotton Exchange. After this guided tour, enjoy free time to stroll Savannah’s lovely streets and squares.

Meals: B, L, D

DAY 12: Thursday, October 20

AT SEA: Cruising along Florida’s coast. Enjoy Vega’s elegant amenities and attend closing lectures.

Meals: B, L, D

DAY 13: Friday, October 21

MIAMI, Florida/DISEMBARKATION: Disembark and transfer to the airport for return flights home.

Meals: B
All accommodations aboard Vega are spacious staterooms and balcony suites. They are elegantly decorated, face outside, affording sea views, and include a queen-size bed that can be arranged as two twin beds, a spacious bathroom, mini-refrigerator, safe, ample closet space, climate control, telephone, TV, Wi-Fi, and USB connections, as well as other amenities.

**BONUS SAVINGS**

Pay in full by August 15th, and **SAVE 5%**

All accommodations aboard Vega are spacious staterooms and balcony suites. They are elegantly decorated, face outside, affording sea views, and include a queen-size bed that can be arranged as two twin beds, a spacious bathroom, mini-refrigerator, safe, ample closet space, climate control, telephone, TV, Wi-Fi, and USB connections, as well as other amenities.

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>DESCRIPTION</th>
<th>RATES PER PERSON / DOUBLE OCCUPANCY</th>
</tr>
</thead>
<tbody>
<tr>
<td>E</td>
<td>Oceanview staterooms with two large oval windows. Deck 4. 206 sq. ft. Staterooms 401–404.</td>
<td>$6,990</td>
</tr>
<tr>
<td>C</td>
<td>Suites with balcony &amp; living room area. Deck 5. 300 sq. ft. Suites 501–504, 530–533.</td>
<td>$7,990</td>
</tr>
<tr>
<td>B</td>
<td>Suites with balcony &amp; living room area. Deck 5. 300 sq. ft. Suites 505–514, 517–529.</td>
<td>$8,390</td>
</tr>
<tr>
<td>A</td>
<td>Suites with balcony and living room area. Deck 6. 300 sq. ft. Suites 601–614, 617–627.</td>
<td>$8,890</td>
</tr>
<tr>
<td>AA</td>
<td>Suites with large balcony, separate bedroom &amp; living room. Decks 5 &amp; 6. 440 sq. ft. Suites 515, 516, 615 &amp; 616.</td>
<td>$10,290</td>
</tr>
</tbody>
</table>

**FOR SOLO TRAVELERS**

A limited number of singles are available at no supplement, after which a 40% supplement applies, as compared to the standard 70% supplement.
RATES ARE ALL-INCLUSIVE
The rates are all-inclusive. There are no hidden costs and no additional charges such as shore excursions and embarkation and port charges. Other than airfare and expenses of a personal nature, everything else is included. Specifically, the rates include:

- One night at the Marriott Harbourfront Hotel, Halifax (or similar).
- Welcome cocktail reception at the hotel.
- 11-night cruise aboard the Vega, as described in the itinerary.
- Airport/hotel/pier transfers and handling of luggage.
- Complete program of tours and excursions ashore.
- Lectures by Wellesley Professor Emeritus Lee Cuba.
- Presentations by on board team of experts.
- All meals aboard the ship, with a selection of wines, beer, and soft drinks during lunch and dinner.
- Welcome and farewell cocktail receptions aboard the ship hosted by the captain.
- Open bar with select alcoholic beverages.
- Coffee, including espresso and cappuccino, tea, and soft drinks throughout the day and night.
- 24-hour room service.
- Gratuities to the ship’s crew and to porters, drivers, and guides.
- Basic Wi-Fi aboard the ship.
- The services of an experienced trip director.
- All local taxes and service charges, including port and embarkation taxes.
- Complete pre-departure material.

NOT INCLUDED: Airfare; travel insurance; expenses of a personal nature; any items not mentioned in the itinerary or the above inclusions.

Covid-19 Protocol
The health and safety of our travelers is of utmost importance to Thalassa Journeys and Swan Hellenic Cruises. We work closely with leading world health authorities in establishing our Covid-19 protocols. The ship’s officers, crew, and all travelers must be fully vaccinated and show proof thereof. Currently guests take an antigen test prior to embarkation, arranged by Swan Hellenic. Vega’s ventilation system utilizes ultraviolet light for continuous air disinfection. Masks may be required on motorcoaches for shore excursions. Amidst ever-evolving circumstances, your health and safety remain at the forefront of our considerations.

RATES ARE ALL-INCLUSIVE
The rates are all-inclusive. There are no hidden costs and no additional charges such as shore excursions and embarkation and port charges. Other than airfare and expenses of a personal nature, everything else is included. Specifically, the rates include:

- One night at the Marriott Harbourfront Hotel, Halifax (or similar).
- Welcome cocktail reception at the hotel.
- 11-night cruise aboard the Vega, as described in the itinerary.
- Airport/hotel/pier transfers and handling of luggage.
- Complete program of tours and excursions ashore.
- Lectures by Wellesley Professor Emeritus Lee Cuba.
- Presentations by on board team of experts.
- All meals aboard the ship, with a selection of wines, beer, and soft drinks during lunch and dinner.
- Welcome and farewell cocktail receptions aboard the ship hosted by the captain.
- Open bar with select alcoholic beverages.
- Coffee, including espresso and cappuccino, tea, and soft drinks throughout the day and night.
- 24-hour room service.
- Gratuities to the ship’s crew and to porters, drivers, and guides.
- Basic Wi-Fi aboard the ship.
- The services of an experienced trip director.
- All local taxes and service charges, including port and embarkation taxes.
- Complete pre-departure material.

NOT INCLUDED: Airfare; travel insurance; expenses of a personal nature; any items not mentioned in the itinerary or the above inclusions.

Covid-19 Protocol
The health and safety of our travelers is of utmost importance to Thalassa Journeys and Swan Hellenic Cruises. We work closely with leading world health authorities in establishing our Covid-19 protocols. The ship’s officers, crew, and all travelers must be fully vaccinated and show proof thereof. Currently guests take an antigen test prior to embarkation, arranged by Swan Hellenic. Vega’s ventilation system utilizes ultraviolet light for continuous air disinfection. Masks may be required on motorcoaches for shore excursions. Amidst ever-evolving circumstances, your health and safety remain at the forefront of our considerations.