Chester Community Charter School

Lice Letter for Parents

Date_____

Dear Parent/Guardian,

Several cases of head lice have recently been detected in our school. Lice infestation can happen to anyone. In fact, lice most often occur on clean heads rather than on dirty ones. Lice is not a public health hazard and do not spread disease. Lice ***do not jump or fly*** and will not live off a human for more than a day or two, as they need warmth and blood to survive.

The American Academy of Pediatrics, Centers for Disease Control, and the National Association of School Nurses, do not support exclusion from school for lice or nits.

BY FOLLOWING THE GUIDELINES BELOW, YOU CAN STOP THE SPREAD OF LICE IN YOUR FAMILY AND THE CCCS COMMUNITY.

PREVENTATIVE MEASURES

- Check your child's hair using a good light source or flashlight and magnifying glass if needed. Begin at the neckline and proceed throughout the entire head looking for signs of white/grayish specks (nits) or for live crawling lice. (*White specks that easily from the hair shaft is dandruff. Nits tightly embed on the hair shaft.)*
- Impress upon your child **not to share combs, hair barrettes, scrungies, hats scarves, helmets, or coats.**

ACTIVE MEASURES WHEN YOU OBSERVE NITS OR LIVE LICE

- **IF PREGNANT OR NURSING CALL YOUR HEALTH CARE PROVIDER PRIOR TO TREATMENT FOR INSTRUCTIONS.**
- Use an appropriate lice treatment such as:
- *Rid- safe for children 2 years of age and older. Second treatment recommended 9-10 days after initial
- treatment.
- *Nix- safe for children 2 months of age and older. Second treatment recommended on day 9 after initial treatment.

  It is important to follow directions EXACTLY AS STATED ON THE BOX as some children with hair longer than shoulder length may require two boxes to treat.
- ***DO NOT USE A COMBINATION SHAMPOO/CONDITIONER OR CONDITIONER BEFORE USING LICE MEDICINE. DO NOT RE-WASH THE HAIR FOR 1-2 DAYS AFTER THE LICE MEDICINE IS REMOVED.***

(Please Turn Over)

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- **Do not treat an infested person more than 2-3 times with the same medication if you continue to see live lice. Consult your Health Care Provider, as your child may be resistant to the medication**.
- Remove ALL lice and nits from the hair with the fine-toothed comb provided in your kit**.**
- Soak all household combs and brushes in hot water (at least 130 degrees F) for at least 5-10 minutes.
- Use the fine-toothed comb for the next 2-3 weeks to comb your child's hair, soaking it in hot water after each use.
- Machine wash and dry clothing, bed lines, and other items that the infested person wore or used during the 2 days before treatment using the (hot water 130 degrees F) laundry cycle and the high heat drying cycle. Clothing and items that are not washable may be dry-cleaned or sealed in a plastic bag and stored for 2 weeks.
- Vacuum the floor and furniture, particularly where the infested person sat or lay.
- Inform family members, day care centers, and others who are in close contact with your child, to help prevent further lice infestation.
- Upon your child returning to school, send the medication box top, store receipt of medication, or description of treatment to the nurse.

Best Regards,

Health Services

CDC: Centers for Disease
Control & Prevention