



TIGER TALES



JANUARY 19, 2018

Middle School Dance

Grades 6-8
Friday, January 19th at DCS
6:00 - 8:30pm
Cost \$5.00

Current Last Day of School

There has been some confusion about the last day of school. Currently the last day of school is scheduled for **Thursday, June 21, 2018.**

Please note that date will change if there are additional snow days.

REMINDERS

Just a reminder that the exterior doors are locked daily from 9:00am - 2:45pm so when you arrive at school during those times you will need to press the call button on the box located outside the main door which will ring to the office staff. Please note that this call box also has a camera attached so that the main office can see who is entering the building. Please stand in front of the call box until you hear the door unlock.

Reminder that if your child is going to be late or absent to school please call the school office at 353-9333 by 9:00am. This really helps us to make sure that all of our students are safe either here at school or at home.

Outing Club

grades 5-8

Skating at

Thompson's Point - Portland

January 25

Departure: 3:00pm

Bus return arrival: 6:15pm

Activity fee: \$9.00 per person for fee and rental

Snacks are available to purchase (bring your own money)

Equipment :
comfortable outdoor clothes, skates if you have them. If not they may be obtained from the skating rink.

Please return permission slip and money to school by Tuesday, January 23.



Outing Club Volunteers Needed

We are looking for parent volunteers that would be interested in chaperoning Outing Club events. We usually need 1 or 2 adults who would be willing to ride the bus and help out during the activity. Your entrance and rental fees will be covered by our club.

If you would like to volunteer please contact Mrs. Daniels at danielsb@rsu5.org

We look forward to your support

Beth Daniels



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YEARBOOK NEWS



Got Baby Pictures?

Attention 8th Grade Students:

The Yearbook staff is collecting baby pictures for the Yearbook (Please note, we only need one copy). If you have a digital copy, please email it to: kimber1572@gmail.com and if you have a photo that needs to be scanned, just drop off the photo at the office and make sure that the students name is included with the photo. We will return it to you as soon as we have scanned the image and uploaded it to the publication.

Thank You

Deadline: February 28th

Middle School Basketball

Monday, January 22

Girls A @ St. Dom 3:30pm
Boys A @ St. Doms 4:30pm

Wednesday, January 24

Boys B @ NYA 4:00pm
Girls B home vs NYA 4:00pm

Thursday, January 25

Girls A @ St. Johns 4:00pm
Boys A @ St. Johns 5:15pm

Freeport High School Transition Activities

**January 30 and February 1
9:15-11:15am**

8th grade tour and informational session at Freeport High School
All 8th grade students will attend a tour and informational session at FHS. Students will be bussed over from DCS

You will be notified which day your child will be attending this activity.

Study Support

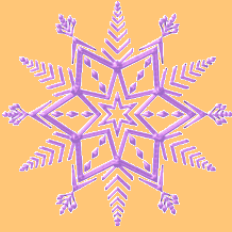
Study support is available for grades 6, 7, & 8. This is a great opportunity to get extra help with classwork or homework, get caught up if you have missed school, or have a quiet place to work.

*Mondays through Fridays 8:00 - 8:30am

Any questions?

Contact Mrs. Freeman at
freemand@rsu5.org





RSU 5 Community Programs

Phone: 865-6171

17 West St, Freeport (Central Office)

Upcoming Youth Classes with RSU5 Community Programs!

To register for classes:

By Phone: 865-6171 Online: www.rsu5cp.org

In Person: 17 West St, Freeport (Central Office)

JUMP INTO THE FUTURE

We are very excited to announce that we will be bringing Mad Science to Mast Landing this month, after it has been so successful at Morse Street and Durham. Our next class is "Jump Into the Future," which examines all sorts of technology including renewable energy, robotics and programming. This program now runs for 8 weeks per session instead of 6 as it has in the past.

https://apm.activecommunities.com/rsu5rce/Activity_Search?txtActivitySearch=mad%20science

ANNUAL STARLIGHT COTILLION

Also, the 29th Annual Starlight Cotillion Father/Daughter Dance will be held at the Harraseeket Inn on February 19th.

Tickets are available at the Community Programs office.

MIND, BODY and SLOPES

Tae Kwon Do, Chess and Clay, Clay, Clay! also return, and there is still room in our Mt. Abram Ski Program, which was postponed to begin on January 14th!

https://apm.activecommunities.com/rsu5rce/Activity_Search?txtActivitySearch=&applyFiltersDefaultValue=true&cat=Programs



Hip Hop & Dance Classes



F17-126

F17-122

F17-124

HIP HOP DANCE

HIPPITY HOP

SPINNING SPROUTS

Mondays

Friday's

Friday's

MLS Cafeteria 3:15 - 4:30

MSS Cafeteria 3:15 - 4:00

MSS Cafeteria 4:15 - 5:00

Jan 22 - Feb 12

Jan 19 - Feb 16

Jan 19 - Feb 16

\$59

\$59

\$59



Community Programs

Kate Andreu, Instructor

There will be another class in Durham in March!

Sign up online RSU5cp.org or call the Community Programs Office at 865-6171 x0

Peaceful Bus



**Durham Community School
Winter
Writing Contest**



Eligibility

Any student in grades 5 -8. The contest is open now but the deadline is Thursday February 15th (this is just before February vacation).

There will be a winner from each grade, as well as an overall winner. Certificates for each participants and token rewards for the winners.

Submit entries to Mr. Hickey in room 102 or his mail box in the main office.

Category Description: Letters About Literature.

1. select a book about which you have strong feelings
2. Image sitting down with the author and sharing your personal thoughts. More like a private conversation rather than a book report or a fan letter.
3. Share specific details about the book and about your reaction to the book.
4. Keep in mind that this is a reflective writing contest and that means you need to think about what you read and the meaning you gleaned from the author's words.
5. Type your entry.

Activity model after the Library of Congress - Read. Be Inspired. Write Back.

Forward any questions to Mr. Hickey at hickeyt@rsu5.org

Thank you and Good luck.

Seasonal Illness Note From The Nurse

Over the last several weeks, Durham Community School has been experiencing some illnesses. We have had some confirmed cases of Strep Throat in both elementary/middle school grades. We have only had a couple of confirmed influenza cases. The symptoms have been complaints of dizziness, nausea/vomiting, headaches, low grade fever and sore throat, which may be mild or severe. Here are some helpful tips to try to remember and hopefully help to keep us all healthy.

- Increase your fluid intake, especially water. I know it is easier to drink fluids in the summer when it is hot but in the winter we also lose a lot of water from our bodies just by turning on the heat in our homes. Fluids can also help to flush your system of those nasty germs. Sorry....this does not include sodas!
- Be sure to get plenty of rest so your body does not get run down and tired which increases your chances of getting sick because your body is too tired to fight those viruses or infections. If you do get sick, increasing your rest will help your body fight back.
- Be sure to eat a healthy diet. Those colored foods...fruits and veggies! A lot of your fruits and some veggies naturally have vitamin C and antioxidants which helps to boost your immune system.
- The BEST line of defense against those nasty germs is good old fashion hand washing. Please help remind your child the importance of hand washing and when to wash their hands.
- Please also help to remind your child to cough and cover. When coughing or sneezing, instead of using their hands, they can "cover" it with their arm or tissue and then throw away the tissue.
- Please keep your child home until he/ she is:
 - Fever free (without medication) for 24 hours.
 - Free of acute symptoms (vomiting, diarrhea, stomach ache) for 24 hours.
 - able to participate in a school work day
- Please call the school, my direct line is 353-8249, when your child is absent and report your child's symptoms:
 - Respiratory (cough, sore throat)
 - Gastrointestinal (stomach ache, vomiting, diarrhea)
 - Rash (blotchy, itchy skin)
 - Other (headache, fever, body aches)
- If you do take your child to the physician and he/she tested positive for strep throat or Influenza, Please notify the school nurse. This way we can monitor the illnesses and keep track of how fast it may be spreading or not.
- If your child has a fever or has started on an antibiotic, Please keep your child home for 24 hours after he/she is fever free and feeling well. If your child is on antibiotics, he/she can not return to school until at least 24 hours after the first dose of antibiotics and he or she is feeling well.

Thank you for your cooperation! We just want to keep everyone as healthy as we can during this winter season. If you have any concerns or questions, please feel free to call or email me at gormelyk@rsu5.org.

Thanks again and stay healthy!
Kim