

Blues on Call

A 24-Hour Nurse Line

Medical concerns during off hours? Just call the phone number on the back of your member ID card or from the Highmark app to get support from a registered nurse or a health coach.

1-888-BLUE-428



With a free 24 hour nurse line, you can call any time to get answers to your health questions and address concerns such as:

- Symptoms
- Medications and side effects
- When to see your doctor
- When to go to the emergency room
- Local doctors, specialists, and hospitals

Give us a ring—we're here to help.

Highmark Blue Cross Blue Shield is an independent licensee of the Blue Cross and Blue Shield Association.

The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，可向您提供免费语言协助服务。请拨打您的身份证背面的号码（TTY：711）。

