



We can help you
or a family member:

“When it seemed like nothing was working, **Teladoc Medical Experts** showed me that there was another cause for my problem. This made me happy and hopeful!”



Get an Expert Medical Opinion

Are unsure about a diagnosis or need help deciding on a treatment option



Find a Doctor

Need help finding a doctor who specializes in your condition



Get Critical Case Support

Have been admitted into the hospital and want Medical Expert guidance



Ask the Expert

Have medical questions or concerns and want a leading expert's advice



Use Mental Health Navigator

Need guidance on a mental health condition or treatment that isn't improving

How it works

- 1 Contact us, and we'll listen to your concerns and gather all of your necessary information.
- 2 An expert who specializes in your condition will review your concerns and medical history to give you clear medical advice.
- 3 Your physician will update you every step of the way and walk you through the expert's findings.

All services are provided at no cost.

We're here to help. Call us today.
1-800-TELADOC (835-2362)

Visit [Teladoc.com/Enter](https://www.teladoc.com/Enter) | Download the app



Teladoc complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.
Para obtener ayuda en su idioma, llame sin costo alguno al número que aparece en su tarjeta de identificación. (TTY: 1-855-636-1578)
如需以您使用語言的協助，請撥打 ID 卡上所列的免付費號碼。(TTY: 1-855-636-1578)

Due to COVID-19, some employers have elected to waive member cost sharing. To obtain information about your cost sharing, please contact Highmark member service at the telephone number on the back of your ID Card.
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